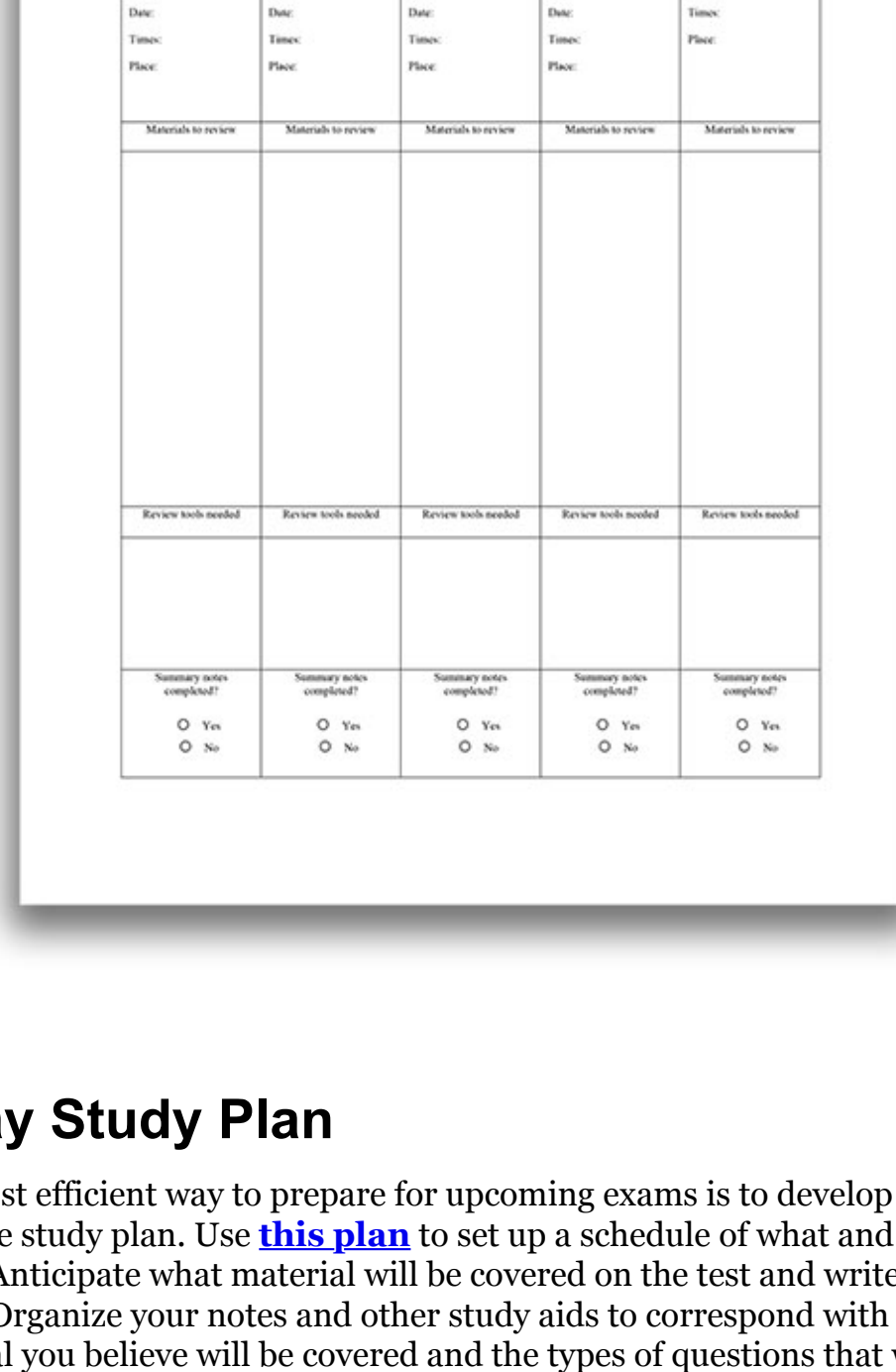


# WHAT'S NEW BU



June 14, 2021

## ACADEMIC SUPPORT



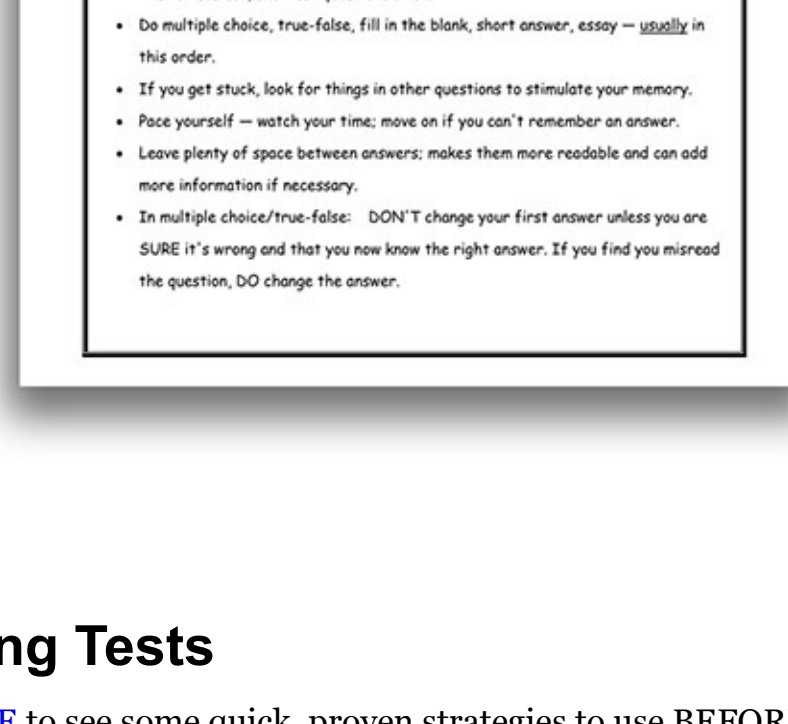
### 5 Day Study Plan

The most efficient way to prepare for upcoming exams is to develop an effective study plan. Use [this plan](#) to set up a schedule of what and when to study. Anticipate what material will be covered on the test and write it down. Organize your notes and other study aids to correspond with the material you believe will be covered and the types of questions that will be asked. Then schedule when you plan to study. For each day you planned, develop a list of all material you need to cover on that day. As you accomplish each item sufficiently, check it off so you see progress and know what you have left to study for the exam.

Another beneficial key to test preparation is managing your review time. The greatest benefit of reviewing is that facts have time to "roam around in your head" and create relationships that show up when needed. A great deal of learning can take place when you are not even "studying."

There are three types of productive reviewing when preparing for tests: (1) a daily review of material will help you remember material you have just learned more quickly; (2) a weekly review will allow you to practice and summarize material; (3) a comprehensive review will assist in integrating concepts and making connections so that there is a deep understanding of material prior to the test.

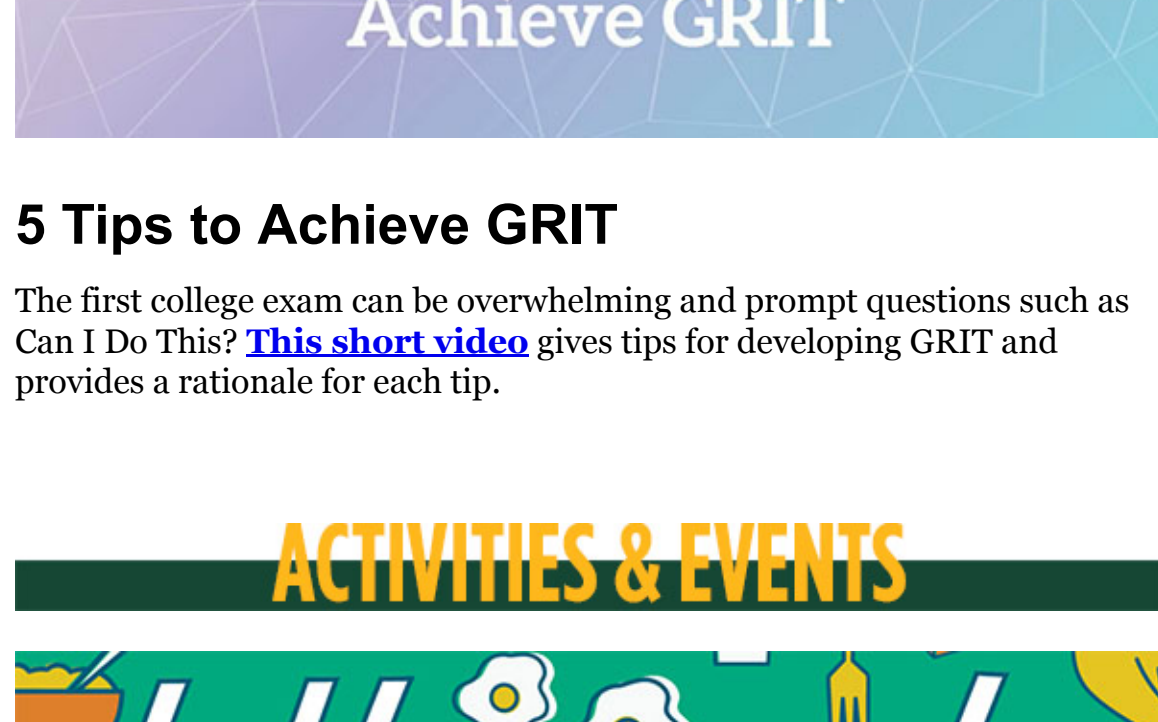
More information regarding test preparation and test taking can be found on the Academic Support Programs website at [www.baylor.edu/support\\_programs](http://www.baylor.edu/support_programs).



### Tackling Tests

Click [HERE](#) to see some quick, proven strategies to use BEFORE and DURING your tests to make you more successful!

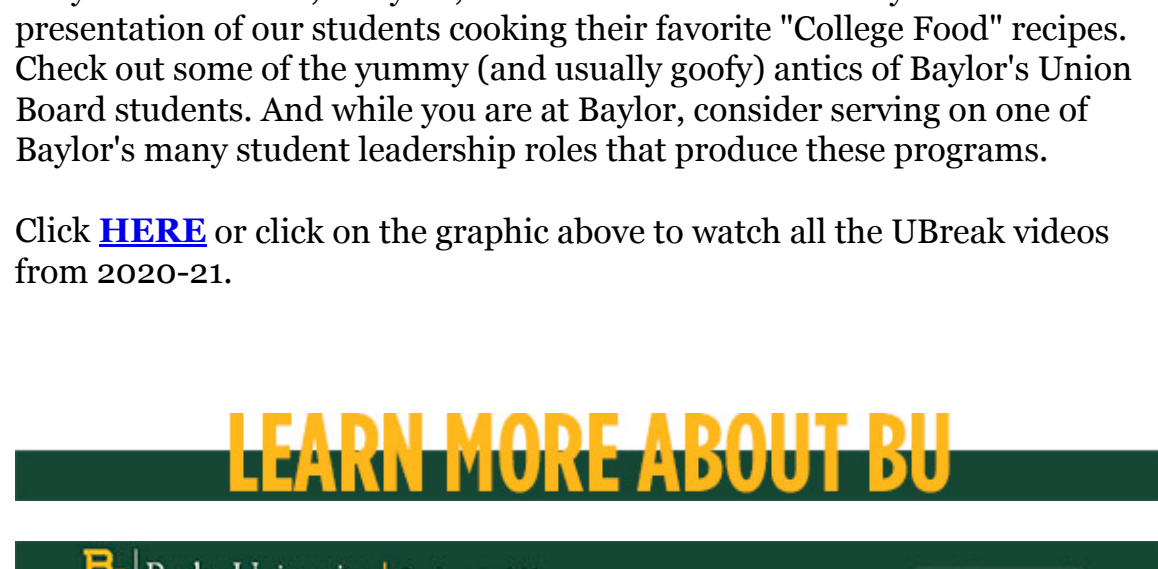
## CARE SUPPORT



### 5 Tips to Achieve GRIT

The first college exam can be overwhelming and prompt questions such as Can I Do This? [This short video](#) gives tips for developing GRIT and provides a rationale for each tip.

## ACTIVITIES & EVENTS



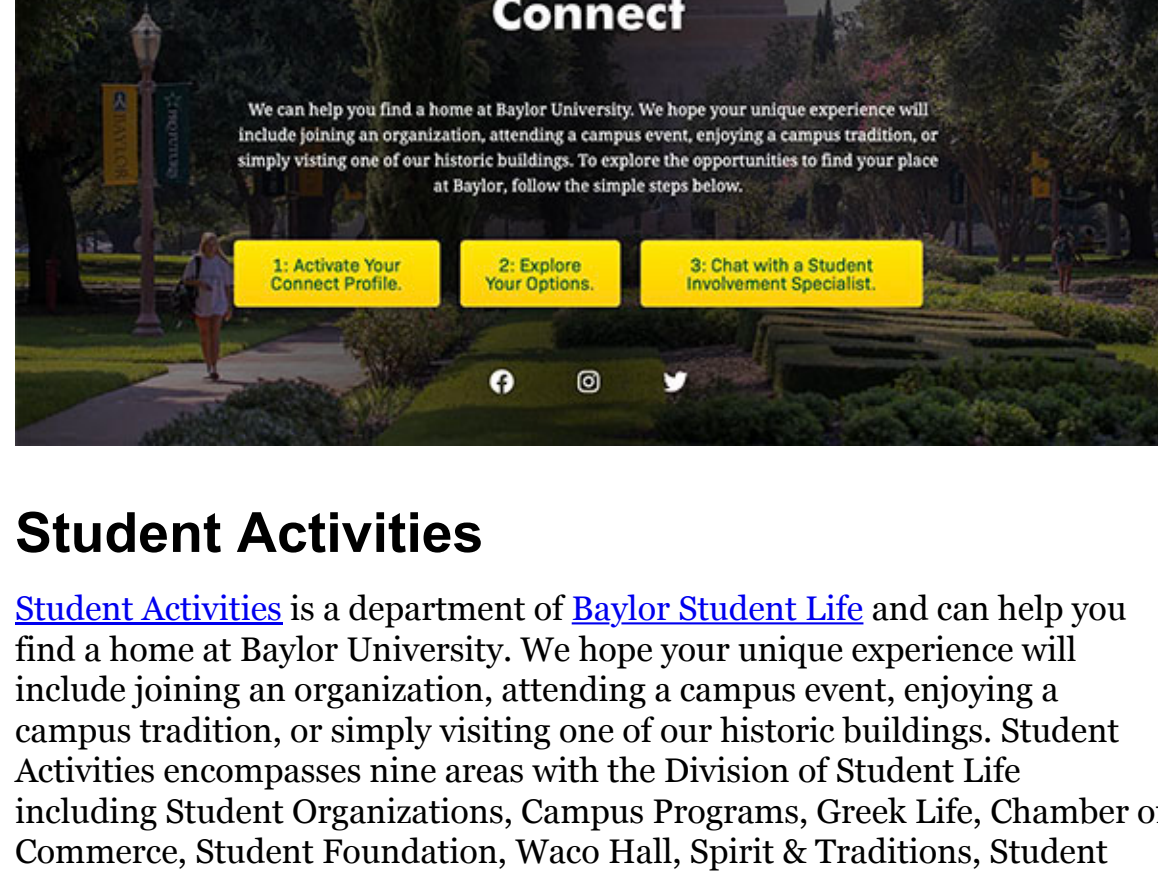
### Baylor Union Board UBreak

The Ubreak program strives to remind students the importance of taking a break in the midst of your busy schedules to be in community with each other. During the school year, Baylor Union Board sets up on the first floor of the Bill Daniel Student Center every other Friday and serves breakfast to students who are moving between classes.

This past year, due to COVID-19, Union Board had to rethink what UBreak would look like because so many in-person activities needed to canceled for the year. As a result, last year, UBreak existed as a biweekly video presentation of our students cooking their favorite "College Food" recipes. Check out some of the yummy (and usually goofy) antics of Baylor's Union Board students. And while you are at Baylor, consider serving on one of Baylor's many student leadership roles that produce these programs.

Click [HERE](#) or click on the graphic above to watch all the UBreak videos from 2020-21.

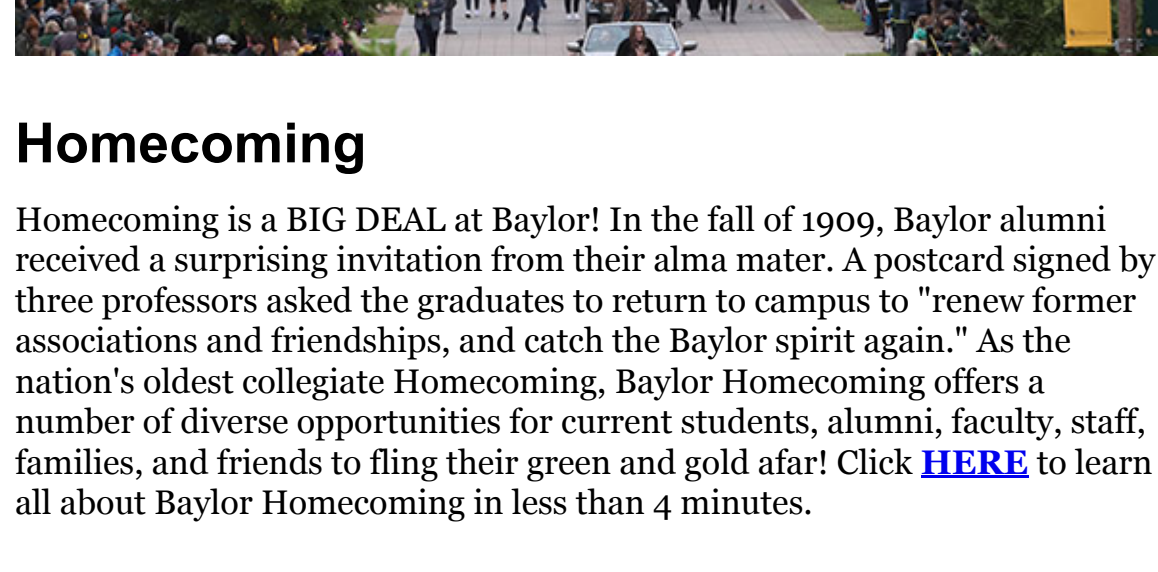
## LEARN MORE ABOUT BU



### Student Activities

[Student Activities](#) is a department of [Baylor Student Life](#) and can help you find a home at Baylor University. We hope your unique experience will include joining an organization, attending a campus event, enjoying a campus tradition, or simply visiting one of our historic buildings. To explore the opportunities to find your place at Baylor, follow the simple steps below:

## BAYLOR TRADITION



### Homecoming

Homecoming is a BIG DEAL at Baylor! In the fall of 1909, Baylor alumni received a surprising invitation from their alma mater. A postcard signed by three professors asked the graduates to return to campus to "renew former associations and friendships, and catch the Baylor spirit again." As the nation's oldest collegiate Homecoming, Baylor Homecoming offers a number of diverse opportunities for current students, alumni, faculty, staff, families, and friends to fling their green and gold afar! Click [HERE](#) to learn all about Baylor Homecoming in less than 4 minutes.

## STAY CONNECTED

### Spiritual Life



### Student Activities



### Multicultural Affairs



### Counseling Center



### Health Services



### Baylor Wellness



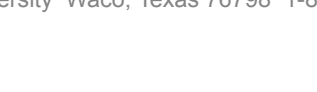
### Campus Recreation



### Bears of Baylor



### Campus Living and Learning



If you have items you would like to see appear in What's New BU, submit them for consideration by Wednesday at 8 a.m. by emailing them to [WhatsNew@baylor.edu](mailto:WhatsNew@baylor.edu).

Stay connected with Student Life

