**MONDAY**

**Monday Healthy Tip from Monday Campaigns**

Everyone knows that exercise is a vital part of a healthy lifestyle. Not everyone realizes how important it is to start exercising on a daily basis. Here’s a tip to make it easier: create a schedule. There are a few tips to making this a habit and before you know it, you’ll find ways to fill in all of your spare time with beneficial activity. (Maybe not all of it.) Motivate yourself this Monday to make time for a workout – and continue through the rest of the week. Visit www.moveitmonday.org/fitting-schedule/. There are a few tricks to making exercise a daily practice and before you realize it, you’ll find ways to fill in all of your spare time with beneficial activity. (Maybe not all of it.)

**Register for Intramural Sports**

Whether gifted or just want to play, Baylor Intramural Sports is the place for you. Visit Monday Campaigns to register. October 23rd. For more information, click here.

**Summer Camp Fair**

Hosted by Career and Professional Development. Interested in working at a camp this summer? Visit the Camp Fair to meet and greet with recruiters and learn about positions. To register for the fair, click here.

**NNO Night Out**

Baylor Police Department Invites You to Join at NNO Night Out

Tuesday, October 10, 6:30-9 p.m., at Fountain Mall. There will be door prizes, food, beverages, games, and much more! Winner of the corn hole tournament will receive a $15 gift certificate. For additional information, click here.

**Flu Shot Clinic**

Tuesday, October 10, 12:30-2 p.m., at Paul L. Foster Success Center, on the First Floor. The cost of $25 will be billed to your student account. This clinic is sponsored by the Baylor University Health Center.

**Flu Shot Clinic**

Tuesday, October 10, 3:30-5 p.m., at MGSS, Room 301. Hosted by Career and Professional Development. Interested in working at a camp this summer? Visit the Camp Fair to meet and greet with recruiters and learn about positions. To register for the fair, click here.

**School of Music: Jazz Ensemble with Alex Parker (Director)**

Tuesday, October 10, 7:30 p.m., in Jones Concert Hall. For additional information, visit www.berklee.edu and call 787-3761.

**Other Events**

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