Keep your family safe by using the following tips for using and storing cleaners and disinfectants in your home.

**DO NOT:**
- Mix bleach with household cleaners.
- Wash food products with bleach or disinfectants.
- Inhale, ingest, or apply bleach, household cleaners, or disinfectants to bare skin.

**DO:**
- Store household chemicals and cleaners in their original containers.
- Follow all product label instructions carefully.
- Keep cleaners and other poisonous chemicals out of reach of children.

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1. Call 9-1-1 if the person is unconscious or has trouble breathing.
2. Call Poison Help (1-800-222-1222) to connect to your local poison center.
3. Stay calm—most poisoning emergencies can be resolved quickly.
Hand Sanitizers

More than 90% of poisonings happen inside the home. Household cleaners and disinfectants are one of the leading causes of household poisonings.

Poison Help calls related to hand sanitizers went up by 79% in 2020.

HAND SANITIZER SAFETY

Hand sanitizer is regulated by the FDA as an over-the-counter drug so you should always follow all product label instructions and warnings. Follow these additional tips to help keep your family safe and germ free.

Do not drink hand sanitizer.

Keep hand sanitizer out of your eyes.

Do not use hand sanitizer on pets.

Always supervise children using hand sanitizer.

Keep hand sanitizer away from open flames.

Do not attempt to make your own hand sanitizer.

Always use hand sanitizer in a well-ventilated area.

HAND SANITIZERS & CHILDREN

A majority of Poison Center calls related to hand sanitizer exposure involved children 5 and younger. Colorful bottles, scents, and flavors may entice children to drink hand sanitizer. Even a small amount can cause alcohol poisoning in young children.

- Always supervise children using hand sanitizer.
- Keep hand sanitizer bottles out of reach of children.
- If your child ingests hand sanitizer, call the Poison Help line (1-800-222-1222) immediately.

BEWARE OF METHANOL

Some hand sanitizer products contain methanol, a substance often used to make fuel and antifreeze that can be life-threatening if ingested or absorbed through the skin.

Consult the FDA’s list of recalled hand sanitizer products at www.fda.gov/handsanitizerlist.

For more information about potential poisons, or if you’re experiencing a poison emergency...

Don’t Guess. Make the Call.

1 Call 9-1-1 if the person is unconscious or has trouble breathing.
2 Call Poison Help (1-800-222-1222) to connect to your local poison center.
3 Stay calm—most poisoning emergencies can be resolved quickly.