

FREE

ON-SITE HEALTH CHECKUPS

SIGN UP TODAY

www.TimeConfirm.com/baylor

You must schedule an appointment in advance using the above web address.

WHY PARTICIPATE?

Know your health status related to diabetes, heart disease and stroke. Lab-accurate results are produced in minutes. Review your results with a board certified Nurse Practitioner and develop a personal action plan.

IT'S FREE

Your preventive care is covered at 100%. No out-of-pocket copays or coinsurance.

IT'S PRIVATE

Your personal results are not shared with your employer. However, with your permission your results are sent securely to your Primary Care Provider.

IT'S EASY

Choose a time that works for you. The checkup requires approximately 30 minutes and is available at or near where you work.

SERVICES: Onsite Preventives Checkups

DATES:

January 22nd & 23rd
February 20th & 21st
March 19th & 20th

LOCATION:

Student Life Center, Room 314
Reynolds Conference Room
Cashion Building, 502

WHO: Faculty, Staff, Dependents over 18 covered on the Baylor University Medical Plan

INCLUDED IN EACH CHECKUP:

- + Total Cholesterol
- + HDL
- + LDL
- + Triglycerides
- + Personal Action Plan
- + History of Past Results
- + ALT and AST (Liver Tests)
- + Weight
- + Body Mass Index
- + Comprehensive Personal Health Report
- + Glucose
- + A1c (for known diabetics)
- + One-on-One Consult with Nurse Practitioner

Catapult
HEALTH