Getting sick is never convenient, and finding time to get to the doctor can be hard. Blue Cross and Blue Shield of Texas (BCBSTX) provides you and your covered dependents access to care for non-emergency medical issues and behavioral health needs through MDLIVE.

Whether you’re at home or traveling, access to a board-certified doctor is available 24 hours a day, seven days a week. You can speak to a doctor immediately or schedule an appointment based on your availability. Virtual visits can also be a better alternative than going to the emergency room or urgent care center.¹

MDLIVE doctors or therapists can help treat the following conditions and more:

**General Health**
- Allergies
- Asthma
- Nausea
- Sinus infections

**Pediatric Care**
- Cold
- Flu
- Ear problems
- Pinkeye

**Behavioral Health**
- Anxiety/depression
- Child behavior/learning issues
- Marriage problems

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¹ Virtual visits are not intended to replace emergency medical care. They should be used for non-emergency medical issues and behavioral health needs. If you have a medical emergency, call 911 or go to the nearest emergency room.