### Bachelor of Science in Education - Health, Kinesiology & Leisure Studies (HKLS)

#### A Suggested Sequence of Required Courses (2017-2018 Catalog)

<table>
<thead>
<tr>
<th>Freshman Year</th>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>Chapel (CHA 1088/UNV 1000)</td>
<td>0</td>
</tr>
<tr>
<td>1</td>
<td>PUBH 1145 Health and Human Behavior</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>REL 1310 The Christian Scriptures</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>SOC 1305 Introduction to Sociology* (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>MTH 1301 Ideas in Mathematics* (see reverse)</td>
<td>3</td>
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<tr>
<td>3</td>
<td>ENG 1302 Thinking and Writing</td>
<td>3</td>
</tr>
<tr>
<td>2-3</td>
<td>Fine Arts (art, music or theater arts)</td>
<td>1</td>
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Total: 15-16

<table>
<thead>
<tr>
<th>Sophomore Year</th>
<th>Fall</th>
<th>Spring</th>
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<tbody>
<tr>
<td>3</td>
<td>ENG 2301 British Literature</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>CSS 1301 or 1302 Public Communication</td>
<td>4</td>
</tr>
<tr>
<td>4</td>
<td>HP 1420 Human Anatomy</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>History* (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>2</td>
<td>General Elective*** (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>1</td>
<td>LF 11_</td>
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Total: 16

<table>
<thead>
<tr>
<th>Junior Year</th>
<th>Fall</th>
<th>Spring</th>
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</thead>
<tbody>
<tr>
<td>3</td>
<td>PUBH Elective** (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>HP Elective* (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>RLS Elective** (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>HHPR Elective** (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>General Elective*** (see reverse)</td>
<td>3</td>
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</table>

Total: 15

<table>
<thead>
<tr>
<th>Senior Year</th>
<th>Fall</th>
<th>Spring</th>
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</thead>
<tbody>
<tr>
<td>3</td>
<td>PUBH Elective** (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>HP Elective** (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>RLS Elective** (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>General Elective*** (see reverse)</td>
<td>3</td>
</tr>
<tr>
<td>3</td>
<td>General Elective*** (see reverse)</td>
<td>3</td>
</tr>
</tbody>
</table>

Total: 15

All students must graduate with a minimum of 124 hours, 36 of which must be at the 3000/4000 level.

Please see reverse side for important information on general requirements. Updated 05/2017
HKLS in HHPR Notes

* Basic Notes:

Computer Science - Choose from the following courses
- BUS 1305 Intro. to Inform. Technology & Processing
- CSI 1430 Intro. to Computer Science I with Lab.
- CSI 3303 Information Technology

History - Choose from the following courses
- HIS 1305 World History thru the Fourteenth Century
- HIS 1306 World History from 1400-1750
- HIS 1307 Modern World Civilization since 1750

Laboratory Science - Choose from the following courses
- BIO 1401 General Biology
- CHE 1405 Chemistry and Society
- ENV 1301 Introduction to Environmental Studies
- GEO 1401 Earthquakes and Other Natural Disasters
- GEO 1403 Environmental Geology
- GEO 1405 The Dynamic Earth
- AND ENV 1101 Env. Studies Lab
- PHY 1405 General Physics
- PHY 1455 Descriptive Astronomy

Mathematics - Choose from the following courses
- MTH 1301 Ideas in Mathematics
- MTH 1308 Pre-Calculus for Business Students
- MTH 1320 Pre-Calculus Mathematics
- MTH 1321 Calculus I

**Major Notes:

PUBH Recommendations (choose 9 hours from the following courses)
- PUBH 2313 Consumer Health (spring)
- PUBH 3313 OR NUTR 3314 Consumer Health
- PUBH 3314 Environmental Health
- PUBH 3317 Mood-Modifying Substances
- PUBH 3320 Stress Management
- PUBH 3321 Human Sexuality
- PUBH 4321 Human Sexuality
- PUBH 4327 Dying and Death Education
- PUBH 4331 Wellness Intervention & Health Promotion (fall)

HP Recommendations (Choose 9 hours from the following courses)
- HP 2304 Advanced First Aid
- HP 2306 Kinesiology
- HP 2420 Exercise Physiology
- HP 3346 Elementary School Human Performance
- HP 3368 Adapted Human Performance (fall)
- HP 3381 Fundamentals of Human Performance (fall)
- HP 3382 Risk Management in HHPR (spring)
- HP 4368 Motor Learning and Motor Development (spring)
- HP 4369 Psychology of Coaching
- HP 4370 Successful Coaching
- HP 4372 Sociology of Sport
- HP 4393 Facilities and Equipment in HHPR
- HP 4396 Religion and Sport

RLS Recommendations (Choose 9 hours from the following courses)
- RLS 1396 Introduction to Leisure Services
- RLS 2301 Camp Counseling and Administration (fall)
- RLS 2388 Leisure and Lifestyle Well-being (fall)
- RLS 2389 Lead & Facilitation in Leisure Serv. (fall)
- RLS 3301 Outdoor Adventure Activities (spring)
- RLS 3302 Prog. Planning in Leisure Services (fall)
- RLS 3382 Risk Management in HHPR (spring)
- RLS 4301 Outdoor Education (fall)
- RLS 4331 Meanings, Culture, and Philosophy of Am. Landscapes
- RLS 4391 Leisure Service Management (fall)
- RLS 4393 Facilities and Equipment
- RLS 4395 Principles of Church Recreation (spring)
- RLS 4396 Leisure Services for Persons w/ Disabilities (spring)

HHP Electives (Choose 9 hours of professional courses within the HHPR Department)
Any courses within PUBH, HP, RLS.  Students should use these courses to explore other areas within the department that are not already included in the options above.

***General Elective Notes:
31-32 semester hours to be taken from any academic unit in the University excluding HHPR.  Minor courses can be incorporated into Elective credits.