NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE

Including local information on SNAP/Food Stamps, Meals for Kids, Senior Meals, Soup Kitchens, Food Pantries, Farmers’ Markets, and more...

LUBBOCK EDITION

2014-2015
ABOUT

This guide was produced by the Texas Hunger Initiative along with the NYC Coalition Against Hunger to connect those in need with free community resources. We hope it proves useful to you.

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Neighborhood Guide to Food and Assistance - Lubbock Edition
SNAP/FOOD STAMPS

SNAP benefits, the new name for food stamps, can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers’ markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

WHAT SHOULD I KNOW?

- Employment does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.
- Average SNAP benefits are over $100 per person per month, and $200 or more for families. That means that SNAP benefits for the average family receiving them totals more than $2,400 worth of food support each year.
- Some farmers’ markets accept SNAP benefits, so you can purchase fresh produce using your benefits.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but households that have members who are disabled or elderly (60 or older), or have out-of-pocket expenses for child care or dependent care, can have higher incomes and still be eligible.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (ages 18 or under).

Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

Immigration status is not negatively affected if you apply for or receive SNAP benefits.

HOW TO APPLY

Call 2-1-1 for more information about qualifications, guidelines and applications.

You can also go to www.yourtexasbenefits.gov to see if you may be eligible for benefits and to begin an online application.
COMMUNITY PARTNER PROGRAM

The Community Partner Program is a network of community-based organizations which help Texans to apply for and renew social service benefits online. Each Community Partner provides a computer and assistance to help applicants access and complete the online application at www.yourtexasbenefits.com.

To learn more about the program and locate the Community Partner nearest you, visit www.texascommunitypartnerprogram.com.

AVAILABLE PUBLIC BENEFITS

- Supplemental Nutrition Assistance Program (SNAP)
- Temporary Assistance For Needy Families (TANF)
- Medicaid
- Long-term Case Services Program (LTC)
- Children's Health Insurance Program (CHIP)

COMMUNITY PARTNERS

Listed below are the Community Partner Sites open to the public as of 23 Jan. 2014. Check www.texascommunitypartnerprogram.com for updates.

1. South Plains Food Bank
   4612 Locust Avenue, 79404
   806.763.3003
   Assistance Site
   Mon.-Fri. 9:00am - 5:00pm

2. Larry Combest Community Health and Wellness Center
   301 40th Street, 79404
   806.743.9355
   Self Service Site
   Mon. - Fri. 8:00am - 5:00pm

3. Hope Community of Shalom
   2005 Avenue D, 79411
   806.762.0829
   Assistance Site
   Mon. - Fri. 8:00am - 4:00pm

4. St. Johns United Methodist Church
   1501 University Avenue (15th Street & University), 79401
   806.762.0123
   Assistance Site
   Mon. - Fri. 8:30am - 4:30pm, closed from noon - 1:00pm
FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

QUICK FACTS

- WIC is for low-income pregnant women, breast-feeding women, and children up to the age of five.
- You can work and still get WIC.
- You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.

HOW TO APPLY

Call 866.942.3678 to find a WIC office close to you; or visit these local WIC offices.

1 Central Lubbock WIC Clinic
   1946 Avenue Q, 79413
   Mon 10:00am-7:00pm; Tues, Wed & Thurs 8:00am - 6:00pm;
   1st Wed 1:30pm - 6:00pm; Fri 7:30am-12:30pm

2 Freedom WIC Clinic
   1301 50th Space 10, 79412
   Mon 10:00am - 7:00pm; Tues, Wed & Thurs 8:00am - 6:00pm; Fri
   7:30am - 12:30pm; Sat 8:00am - 1:00pm; closed first working day of
   the month.

3 Celia Ann WIC Clinic
   602 West Loop 289 Suite 100, 79416
   Mon 10:00am - 7:00pm; Tue, Wed & Thurs 8:00am - 6:00pm; Fri
   7:30am - 12:30pm

4 Parkway WIC Clinic
   8110 Parkway Drive, 79403
   Mon 10:00am - 7:00pm; Tues, Wed & Thurs 8:00am - 6:00pm; Fri
   7:30am - 12:30pm; 4th Sat of the month 8:00am - 1:00pm; closed
   first working day of the month.

SCHOOL & SUMMER MEALS

QUICK FACTS

- During the school year, many Lubbock public school students are also eligible for free or reduced price lunch. An application may be required. For more information or for an application contact your child’s school or visit http://www.mealsense.org/LISD/how-to-apply.aspx.
- Immigration status does not impact eligibility for school meals.
- In June, July and August, lunch and breakfast are served for free to all kids and teens 18 and under at certain public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Text FOODTX to 877-877, visit www.summerfood.org or call 2-1-1 to find sites near you!
MEALS-ON-WHEELS PROGRAM

If you are homebound, unable to prepare a well-balanced meal each day and you do not have anyone who is available to prepare meals for you, you may be eligible to receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY
Anyone can make a referral by calling the Lubbock Meals on Wheels' office at 806.792.7971. Office hours are 8:00am - 4:30pm, Mon-Fri. A home visit and assessment will be completed by a licensed master level social worker to obtain necessary information.

MEALS AT SENIOR CENTERS

Hot nutritious meals are served weekdays at noon at all five senior sites. Monthly lunch menus are available at each site and in each monthly edition of the Golden Gazzette. Ages 60+ suggested donation: $3; Guests under age 60 mandatory charge of $5 per person.

1 Maggie Trejo Supercenter
   806.767.2705
   3200 Amherst St, 79415

2 Mae Simmons Community and Senior Centers
   806.767.2708
   2004 Oak Ave, 79404

3 Rawlings Community Center
   806.767.2704
   213 40th St, 79404

4 Lubbock Senior Center
   806.767.2710
   2001 19th St., 79401

5 Homestead Senior Program
   806.687.7898
   5401 56th St. (inside Homestead Apts.)
FOOD BANK

Food banks are private organizations that distribute food to partnering agencies. The food they distribute is either donated or bought at a wholesale price in large quantities.

SOUTH PLAINS FOOD BANK

The South Plains Food Bank is located at 4612 Locust Avenue, 79404. At this location you can redeem food vouchers for food boxes and find assistance in signing up for public benefits, such as SNAP. For more information about the food bank or to sign up to volunteer call 806.763.3003 or visit their website at www.spfb.org.

GRUB FARM

The South Plains Food Bank operates a unique program called GRUB (Growing Recruits in Urban Business). The program is designed to teach youth life and work skills. Through their work on the farm, youth learn about farming and gardening, as well as marketing and small business operations.

PANTRY PROGRAM

The South Plains Food Bank and non-profit agencies partner as part of the food pantry program. Agencies stock their shelves with food from the food bank and then distribute it to persons who qualify for food assistance.

FOOD VOUCHER PROGRAM

The food voucher program is also a partnership between the South Plains Food Bank and a non-profit agency. Agencies screen clients for eligibility and then issue a voucher redeemable for a box of food at the food bank.

A list of food pantries and soup kitchens in Lubbock can be found on pp. 14 - 19.

MOBILE PANTRY

The South Plains Food Bank delivers premade boxes of food to rural communities where it is difficult for agencies to maintain a traditional pantry.
SOUP KITCHENS & FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the soup kitchen or food pantry before going to confirm their schedule. Some agencies require a referral, ID, or proof of address.

1 Catholic Charities, Diocese of Lubbock
   102 Avenue J, 79401
   806.765.8475
   Food Pantry: By appointment only

2 Green Lawn Church of Christ
   5701 19th Street, 79407
   806.795.4466
   Food Pantry: Mon 1:30pm-3:00pm; Thurs 9:00am-11:00am
   For pantry: photo ID and Social Security Card required

3 Hope Community of Shalom
   2005 Avenue T, 79411
   806.762.0829
   Food Pantry: Sun 4:00pm - 5:30pm
   Fiesta Domingo (Soup Kitchen): Sun 5:30pm

4 Mission Lubbock
   1711 Upland, 79416
   Food Pantry: Tues & Wed 10:30am - 4:00pm

5 St. John's United Methodist Church
   1501 University Avenue (15th Street & University), 79401
   806.762.0123
   Food Pantry: Mon, Tues, Wed & Thurs 8:30am - noon & 1:00pm - 4:30pm, Fri 8:30 - noon
   For pantry: photo ID required
   Voucher: Tues 1:30pm - 2:30pm
   For voucher: photo ID, Social Security Card for each family member, & proof of address with a piece of mail recieved within the last 30 days.

6 Carpenter's Church
   806.687.2453
   1916 13th Street, 79401
   Community Meal: Wed 5:30pm

7 Carpenter's Kitchen
   1810 Main Street (Main Street & Avenue S), 79401
   Soup Kitchen: Sun noon
8 First United Methodist Church - Outreach Center  
1520 13th Street (13th Street & Avenue O), 79401  
806.763.4607  
Soup Kitchen: Tues, Thurs & Sat 11:00am - noon

9 Jacob's Ladder  
1701 Buddy Holly Avenue, 79401  
806.438.9598  
Soup Kitchen: Mon - Fri noon - 1:00pm; Tues 6:30 pm

10 Lubbock Impact, Inc.  
2707 34th Street (34th Street & Boston), 79401  
806.799.4329  
Soup Kitchen: Mon 5:30pm  
Voucher: Wed 1:00pm - 4:00pm  
For voucher: photo ID, Social Security Card for each family member, current utility bill, proof of income & proof of address with a piece of mail received within the last 30 days

11 St. Benedict's Chapel  
1308 Broadway, 79401  
806.771.9152  
Soup Kitchen: Mon - Sat 5:00pm; Sunday worship service at 8:30am followed by breakfast

12 St. Paul's Episcopal Church  
1510 Avenue X (15th Street & Avenue X), 79423  
806.762.2893  
Soup Kitchen: Thurs 6:30am - closed during summer months

13 The Bridge  
1301 Redbud Avenue, 79404  
806.687.0772  
Soup Kitchen: Mon, Wed & Fri 12:00-1:00pm

14 Salvation Army  
1614 Avenue J, 79401  
806.765.9434  
Soup Kitchen: Daily 6:30am & 5:30pm  
Voucher: by appointment  
For voucher: must have referral from another agency

15 First United Methodist Church  
1411 Broadway, 79401  
806.763.4607  
Voucher: Mon 11:00am - 12:30pm; sign in begins at 8:00am  
For voucher: photo ID, Social Security Card for all household members & proof of address with a piece of mail received within the last 30 days

16 Indiana Baptist Church  
8315 Indiana Avenue, 79423  
806.797.9704  
Voucher: Thurs 1:30pm - 2:30pm  
For voucher: photo ID & proof of address with a piece of mail received within the last 30 days

17 Lakeridge United Methodist Church  
4701 82nd Street, 79424  
806.794.4015  
Voucher: Wed 10:00am  
For voucher: call to make sure a voucher is available, requires photo ID & proof of address with a piece of mail received within the last 30 days

18 Lutheran Social Services  
1318 Broadway, 79401  
806.741.0459  
Voucher: Mon - Thurs 1:00pm limited daily
19 New Millennium Baptist Church
101 East Queens Street, 79403
806.632.1367
Voucher: Tues & Thurs 10:00am - 1:00pm
For voucher: photo ID, Social Security Card & proof of address with a piece of mail received within the last 30 days

20 St. Lukes United Methodist Church
3708 45th Street, 79413
806.797.4393
Voucher: Thurs 9:30am - 11:30 am
For voucher: photo ID, Social Security Card & proof of address with a piece of mail received within the last 30 days

21 Sunset Church of Christ
3723 34th Street, 79410
806.792.5191
Voucher: Tues 2:00pm - 4:00pm to complete application
For voucher: photo ID, Social Security Card & proof of address within the last 30 days

22 Westminster Presbyterian Church
3308 34th Street, 79401
806.789.1340
Voucher: Thurs 2:00pm - 4:00pm, registration begins at 1:30pm
For voucher: photo ID, Social Security Card and proof of address with a piece of mail received within the last 30 days

23 Broadway Church of Christ
Main Street & Avenue S, 79402
806.763.0464
Soup Kitchen: Sun 11:30am

A map of the various locations is provided in the end of this guide. An interactive map with up-to-date information is available at: https://goo.gl/maps/BZ9wv
Lubbock residents can access food straight from the farm in two ways: farmers’ markets and community supported agriculture programs or CSAs. CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, or allow some members to pay week to week.

FARMERS’ MARKETS

1. Lubbock Downtown Farmers Market  
   19th Street & Buddy Holly Avenue, 79401  
   2nd & 4th Sunday 9:00am - 3:00pm; June - October

2. Apple Country Farmers Market  
   12206 East Hwy 62 Lubbock, TX 79329  
   Mon - Sat 9:00am - 6:00pm; open year round

3. Southwest Farmers Market  
   90th St & Brownfield Hwy  
   Tues, Thurs & Sat 8:00am - 5:00pm

4. Sunburst Farms Market  
   East 88th & MLK Blvd, 79404  
   Tues - Sat 9:00am - 5:00pm; June - September

CSA PROGRAMS

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted.

1. South Plains Food Bank GRUB Farm  
   304 76th Street (Corner of 76th Street and Avenue B),  
   79404  
   806.763.3003

2. Pullen Produce  
   2204 Alcove, 79407  
   Tues, Thurs & Sat 10:00am - 6:00pm  
   806.928.3318

3. Crazy Hoe Farms  
   Weekly Pick-Up in Lubbock  
   806.759.0148

4. From the Garden  
   Sells to clients separately  
   806.794.1054
OTHER ASSISTANCE

Additional organizations in your neighborhood can assist you with matters other than food support. A comprehensive and up-to-date supportive services list can be found at www.spconsortium.org

MEDICAL CARE

Community Health Center of Lubbock (CHCL)
Various Locations
806.765.2611

Sick Children’s Clinic
1002 Avenue A, 79401
806.762.1805

University Medical Center
602 Indiana Avenue, 79408
806.775.8200

Texas Department of State Health Services (DSHS)
6302 Iola Avenue, 79424
806.744.3577
Call for more information & appointment

TTUHSC Larry Combest Community Health and Wellness Center
301 40th Street, 79404
806.743.9355
Call for more information & appointment

Lubbock Impact, Inc
2707 34th St (34th St. & Boston), 79401
806.799.4329
Medical clinic each Wednesday 6:00pm

EMERGENCY NUMBERS

Police, Fire or Ambulance: 9-1-1
Crisis Line: 800.687.7581
Center for Disease Control: 800.232.4636
Poison Control: 800.222.1222
AIDS Hotline: 800.541.AIDS
AIDS Hotline (Spanish): 800.233.7432
Alcoholics Anonymous: 806.741.8780
Narcotics Anonymous: 888.955.8822
Domestic Violence Hotline: 800.621.4673
Women’s Protective Services Hotline: 806.747.6491
Rape Crisis Line: 806.763.3232
Child Abuse Hotline: 800.252.5400
Missing & Exploited Children: 800.843.5678
Runaway Hotline: 800.508.4357
Crime Victim Hotline: 806.741.1000 or 800.621.4673
Suicide Hotline: 800.273.8255
National Crisis Line: 800.999.9999

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FOOD STAMPS

FOOD STAMPS

SOUTHWEST LUBBOCK

Food Voucher Location

Senior Center

Soup Kitchen

Community Partner

Food Voucher Location
WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

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<th>Category</th>
<th>Programs</th>
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<tbody>
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<td>PEOPLE WITH CHILDREN</td>
<td>Meals at Seniors Centers, Home-delivered Meals, WIC Packages, School Breakfast, School Lunch, SNAP/Food Stamp Benefits</td>
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<tr>
<td>PEOPLE WITHOUT CHILDREN</td>
<td>Groceries at Food Pantries, Meals at Soup Kitchens</td>
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<td>HOMELESS INDIVIDUALS</td>
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<tr>
<td>SENIOR CITIZENS</td>
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Have any suggestions on how to make this Guide better? Email thilubbock@gmail.com.