The 2021 edition of Pepper Hour Club! Don't miss the chance to earn your DP Hour Mug. Submit your ideas to What's New@baylor.edu by Wednesday at 8 a.m. If you have items you would like to see appear in What's New BU, submit them for consideration by Wednesday at 8 a.m. by emailing them to What's New@baylor.edu.

All services in Academic Support Programs will be available for Fall 2021. The Student Involvement Specialist (SIS) is charged with supporting their organization. If you're interested in joining this team, visit www.baylor.edu/tutoring for more information.

The Department of Wellness is hiring FitWell Instructors. We are looking for Certified Personal Trainers, Instructors (Zumba, Jazz, Hip-Hop, etc.), Indoor Cycling Instructors, and the following positions: Yoga Instructors (experience needed), Dance Instructors, and Certified Nutritionists. Apply online at www.baylor.edu/fitwell.

Practice good sleep hygiene. Try setting a consistent sleep schedule and sticking to it. Avoid naps in the late afternoon to avoid disrupting your sleep. Get at least 7-9 hours of sleep per night. If you have trouble sleeping, you can find resources on the Baylor Health Services website.

Who's Ready For Free Fit and Fun Study Breaks? Sign up for the FitWell Team for FREE outstanding finals week! Join the FitWell Team during finals week for FREE outstanding study breaks. For a copy of the latest study breaks schedule, visit www.baylor.edu/fitwell.

SLC. Make sure to wear your mask and bring water to drink. For a copy of the latest study breaks schedule, visit www.baylor.edu/fitwell. Please note that all services in Academic Support Programs will be offered both online and in-person, Monday-Thursday, 8 a.m.-4:30 p.m., and Friday, 8 a.m.-12:30 p. Exercise and Finals Prep: How Hitting the Gym Can Help Your Grades this Tuesday, April 27 at 7 p.m. For more information, email Cat_Lowry1@baylor.edu.

Dr Pepper Hour: Last for the Semester. Bears of Baylor, it's time to celebrate one last Dr Pepper Hour for the semester! Come out to the Bears of Baylor celebration, Thursday, April 29, at Baylor Ballpark. For more information, click HERE. This special event is for first year students and will include slime party games, free Dr Peppers, free snacks, and live music! Can Help Your Grades this Tuesday, April 27 at 7 p.m. Please note that all services in Academic Support Programs will be offered both online and in-person, Monday-Thursday, 8 a.m.-4:30 p.m., and Friday, 8 a.m.-12:30 p.m. Refit workout with special Zumba and Bollywood dance breaks. Door prizes will be given away. Rainout location will be Marrs McLean Gym. The workout will feature a "FANTABULOUS" 80's REFIT Dance Party Wellness Wednesday Workout. FitWell staff and National Panhellenic Council for an "AWESOME & FANTABULOUS" 80's REFIT Dance Party Wellness Wednesday Workout. For more information, click HERE.

Plan NOW to get vaccinated and report your vaccination. Seventy percent of our campus is vaccinated. Decisions will be made based on vaccinated and unvaccinated students. Some events and activities this Fall will depend highly on what percentage of our campus is vaccinated. Stay safe as we work to return to a more normal Fall semester. Join us on Monday, April 26 at 3:30 over zoom to tune in and maybe ask Dr. Stern some questions! Zoom ID: 871 7728 1347 Passcode: 346625. Students: You have done an incredible job this Spring to mitigate the spread of COVID-19. We have reached a turning point in the pandemic, and this fall will be different from other semesters. Stay safe as we work to return to a more normal Fall semester. Join us on Monday, April 26, 7:30-8:30 p.m. for a COVID-19 information social event for online-only students, has planned a COVID-19 information social event.

WHAT'S NEW at Baylor University

Scientia: Your Baylor Undergraduate Research Journal of Science and Technology. Read the Latest Edition of Scientific Reports on our website. You can read more about the amazing research conducted by Baylor students. In addition, we publish supported by the Baylor College of Arts and Sciences. In

Student Union. This year we will be offering Dr Pepper Hour in a "Grab and Go" style to accommodate social distancing. Click here to learn more about Dr Pepper Hour: Last for the Semester.

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