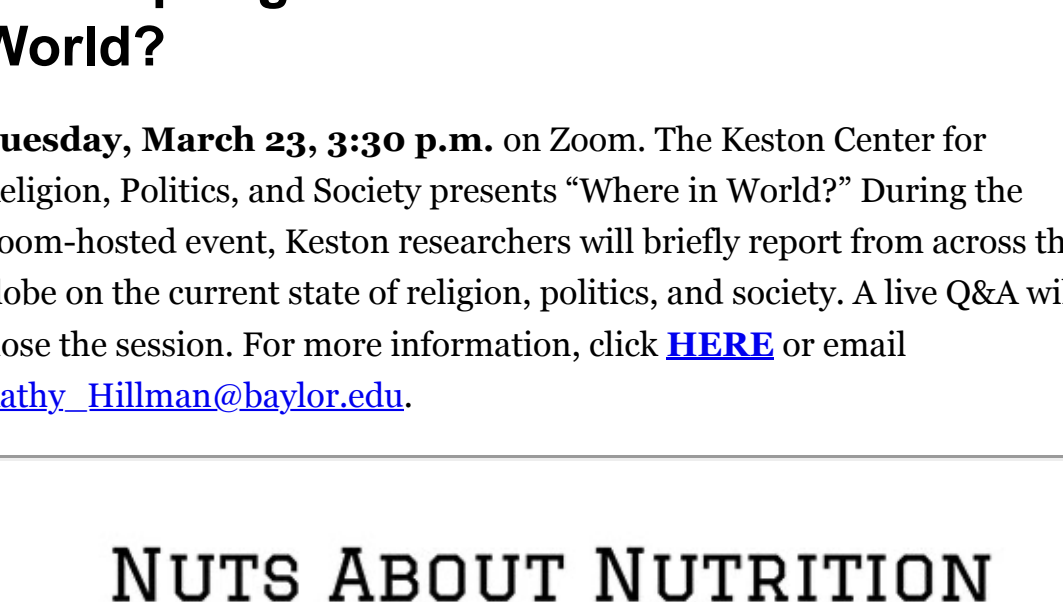


WHAT'S NEW



March 22, 2021

TUESDAY



Dr Pepper Hour

Tuesday, March 23, 3-5 p.m. in the Barfield Drawing Room of the SUB. Since 1953, Dr Pepper Hour has been a long-standing tradition of the Student Union. This year we will be offering Dr Pepper Hour in a "Grab and Go" style to accommodate social distancing. Click [here](#) to learn about the Dr Pepper Hour Club! Don't miss the chance to earn your DP Hour Mug.

2021 Spring Keston Panel: Where in the World?

Tuesday, March 23, 3:30 p.m. on Zoom. The Keston Center for Religion, Politics, and Society presents "Where in World?" During the Zoom-hosted event, Keston researchers will briefly report from across the globe on the current state of religion, politics, and society. A live Q&A will close the session. For more information, click [HERE](#) or email Kathy_Hillman@baylor.edu.

NUTS ABOUT NUTRITION ZOOM SEMINAR

JOIN LINSEY TUESDAY @ 7 P.M. TO TALK ABOUT HOW... MYTH BUSTING: A CRASH COURSE ON FOOD LABEL TRICKERY

ZOOM INFO
MEETING ID: 841 6043 7662
PASSWORD: 698911
SEE CAPTION FOR MORE INFO AND THE MEETING LINK

BAYLOR FITWELL
NUTRITION ADVISOR

LINSEY RODRIGUEZ
NUTRITION ADVISOR

Nuts About Nutrition Zoom Session

Tuesday, March 23, 7 p.m. on Zoom. Join Linsey Rodriguez, a Baylor Nutrition Advisor, this Tuesday for a special Nuts About Nutrition Zoom Session. The topic for this week is *Myth Busting: A Crash Course on Food Label Trickery*. Join this quick lesson and Q&A to learn about which terms on food labels are meaningful, which can be misleading, and the meaning of many words you may encounter in the grocery store. For additional information, email Van_Davis@baylor.edu.

<https://baylor.zoom.us/j/84160437662?pwd=R1ZBTlNObnRheio1d05qNmI5cFNUU0o>
Meeting ID: 841 6043 7662
Passcode: 698911

Baylor Symphony Orchestra Concert

Tuesday, March 23, 7:30-8:30 p.m. This concert will be held virtually on Baylor School of Music's streaming platform [HERE](#).

WEDNESDAY

Naloxone Overdose Prevention Training

Wednesday, March 24, 4:30-6 p.m. on Zoom. Hosted by the Beauchamp Addiction Recovery Center (BARC). Naloxone is a life-saving medication that rapidly reverses an opioid overdose. Come and learn how to detect an opioid overdose and administer Naloxone. RSVP for this life-saving training at baylor.edu/barc. For questions, email barc@baylor.edu.

BAYLOR FITWELL PRESENTS WELLNESS WEDNESDAY YOGA WORKOUT

Relax with us at 6:30pm in Barfield, SUB
March 24th 2021
It's free! Bring yourself, a yoga mat, a water bottle, and a mask!

PI BETA PHI | Baylor University DEPARTMENT OF WELLNESS | FITWELL

Wellness Wednesday Workout

Wednesday, March 24, 6:30-7:15 p.m. Join Baylor FitWell and Pi Phi for a special Yoga Workout this Wednesday at the Barfield Drawing Room at the SUB. Bring your mat or a blanket and water to drink. Twenty mats will also be available on a first come first served basis. For more information, email Van_Davis@baylor.edu.

THURSDAY

Baylor Free Farmers Market

Thursday, March 25, 10 a.m.-4 p.m. on Fountain Mall across from Moody Library. Stop by the Baylor Free Farmers Market for FREE fresh fruits and veggies! The BFFM is open to all Baylor students. Questions? Interested in volunteering? Contact Natalie_Mudd@baylor.edu.

FRIDAY

Observing Lent Midday Prayers

Friday, March 26, 12:15 p.m. on Burleson Quad. Baylor Spiritual Life invites the Baylor community to join midday prayers. These short services will include prayers from the Psalms, moments of confession and intercession, as well as readings from different Christian traditions. For more information, click [HERE](#).

Baylor Volleyball vs. Texas

Friday, March 26, 6 p.m. at Ferrell Center. For more information, click [HERE](#).

Sundown Sessions

Friday, March 26, 9 p.m.-1 a.m. in the SUB. Hosted/Sponsored by Union Board and Student Union staff. Hang out in the SUB and enjoy free blacklight bowling with friends in the Baylor Gameroom! Follow [@baylorunionboard](https://www.instagram.com/baylorunionboard) on Instagram. For additional information, call 254-710-2819 for Baylor Gameroom or contact Sarah_Patterson1@baylor.edu for Sundown Sessions.

SATURDAY

2021 84 Runners/Bush's Chicken Run
March 27th 8:30am
Proceeds benefit Midway ISD's Hunger Free Initiative!

Distance: 5k & 1 mile
\$25 entry fee through March 24th
\$35 entry fee day of
Register at www.firstwoodway.org/84R

Sponsored by Texell Credit Union, Korman Math & Reading Center of Waco, & ATPE

2021 84 Runners/Bush's Chicken Run

Saturday, March 27, 8:30 a.m. Come out and support an excellent local cause as you get some fresh air and improve your health. Proceeds benefit Midway ISD's Hunger Free Initiative! There are two runs, a 5k and a 1 mile option. Entry is \$25 through March 24 and \$35 on the day of the event. For more information and to register, click [HERE](#).

Baylor Soccer vs. Louisiana

Saturday, March 27, 1 p.m. at Betty Lou Mays Soccer Field. For more information, click [HERE](#).

Baylor Acrobatics & Tumbling vs. Hawaii Pacific

Saturday, March 27, 5 p.m. at Ferrell Center. For more information, click [HERE](#).

Sundown Sessions: GIANT Easter Egg Hunt

Saturday, March 27, 9 p.m.-1 a.m. in the SUB's Barfield Drawing Room. Hosted/Sponsored by Union Board. You're never too old for an Easter Egg Hunt! Join us at 9pm, 10pm, 11pm, or 12am to search high and low, avoid an upset bunny (seriously!), and gather the most eggs to win GIANT prizes each hour! Blacklight bowling is also available in the Baylor Gameroom! Follow [@baylorunionboard](https://www.instagram.com/baylorunionboard) on Instagram. For additional information, watch Baylor Student Activities social media this week, call 254-710-2819 for Baylor Gameroom or contact Sarah_Patterson1@baylor.edu for Sundown Sessions.

OPPORTUNITIES

Get Ready for Steppin Out 2021!

Steppin' Out Day of Service is coming April 10! Check here next week for the registration link. Click [HERE](#) for more information about Steppin Out or contact CES@baylor.edu for more information.

JOIN THE RESIDENCE HALL ASSOCIATION EXECUTIVE BOARD

Do you love community and coming up with ideas to better our Residence Halls?
Sign up to join the RHA Executive Board!!!
APPLICATIONS ARE OPEN MARCH 3RD-MARCH 30TH
Follow the QR link to apply TODAY!!!!
If you have questions please email Alexis Lee at rha_cll@baylor.edu

[@baylor_rha](https://www.instagram.com/baylor_rha)
RHA_CLL@baylor.edu

Residence Hall Association (RHA) Executive Board Application

The Residence Hall Association (RHA) is looking to recruit new members for its Executive Board. The Executive Board leads RHA in planning large scale events, making space for students' voices to be heard, recognizing great things that are happening on campus, and developing better leadership skills by attending conferences. Currently all positions are open for you to apply by Tuesday, March 30. In order to apply for a position, log into Connect first then click this link: <https://baylor.campuslabs.com/engage/submitter/form/start/408657>.

Student Foundation Membership Application

Student Foundation's General Membership Application is open for the 2021-2022 school year!! All Sophomores and Juniors are eligible to apply and applications close on March 29 at 11:59 PM! Earn your stripes and serve Baylor's past, present, and future!! Click [HERE](#) to apply.

Fitwell For All

If you are looking fun & fit ways to relieve your stress and improve your physical and mental well-being, look no further than our FREE FitWell for All program! The program includes 35 classes of Zumba, YOGA, Bear Cycle, Refit, Bollywood, Kickboxing, Taekwondo, Muscle Up, Tabata, and more. Classes are designed for all fitness levels. To register, click [HERE](#). For more information, email Van_Davis@baylor.edu.

COVID Discount Special for Baylor Fitwell Personal Training Program

Are you ready to kick start your fitness level but not quite sure how? This is a perfect time to hire a Baylor NASM certified personal trainer to assist you with your fitness goals? Starting March 22 to April 16, first time clients will receive a special COVID discount of \$15 per training session, a savings of \$5 per session. For more information or to register for a personal training program, email Austin_Gustovich2@baylor.edu.

CALL FOR PERFORMERS: Sundown Sessions Acoustic Café Sign up

The event will take place **Saturday, April 17, 9 p.m.-1 a.m.** in the SUB's Barfield Drawing Room. Hosted/Sponsored by Union Board. Before there was Sundown Sessions, Union Board hosted Acoustic Café—a night full of talent and good vibes in the SUB! Join us for an Acoustic Café throwback where you can share your musical, dance, art, spoken word, or comedic talents! For those interested in signing up to perform, email Sarah_Patterson1@baylor.edu with information about your performance. Video submissions or Zoom performances will also be considered. Follow [@baylorunionboard](https://www.instagram.com/baylorunionboard) on Instagram for updates.

Baylor Students on the Spectrum (SOS)

In the year 2000, there was one person out of every 150 on the autism spectrum. Today that ratio is 1 out of 54 people. If this ratio were applied to Baylor, it would mean that there are ~330 Baylor students on the spectrum.

If you or someone you know is on the autism spectrum and you/they would like to meet and get to know fellow students on the spectrum, please contact one of our informal supports: Licia_Duncan@baylor.edu, or Jeff_Doyle@baylor.edu or 254.640.2791.

Complete a quick survey about your voice!

Undergraduates 18-35 y/o are invited to take a 11- to 20-minute survey about voice use, how you take care of your voice, and if you have any problems with your voice. All participants may choose to be entered into a raffle to win one \$50 Visa gift card or one of five \$10 Visa gift cards. For more information, click [HERE](#) or contact brittany_perrine@baylor.edu. Sponsored by the Baylor Vocal Health and Voice Physiology Lab in the CSD Department.

Wellness Tip of the Week

Take some time to organize your space. If this task seems too daunting, try only tackling one area a day. Having a clean, organized space is great for relieving stress and anxiety.

SUPPORT

Academic Support Programs

All services in [Academic Support Programs](#) will be available for all students, regardless of course delivery method. Make sure you make a strong academic start by taking advantage of these resources:

- **Supplemental Instruction (SI)** will be fully online.
- Tutoring will be online at www.baylor.edu/tutoring.
- **Learning Lab** will be offered both online and in-person, Monday-Thursday, 1-4 p.m.
- **Mentoring** will be offered both online and in-person.



The Store at Baylor

Don't go hungry this semester. If you can't afford food, The Store is here to help. As part of Student Success Initiatives, The Store is open in Sid Rich 047 (8 a.m.-5 p.m., Monday-Friday). Students will need to register with The Store once a year before they shop. You can do this the same day they plan to shop. Remember to bring your student ID and a mask to shop. You can reach our team at theStore@baylor.edu for any questions or concerns! Click [here](#) for more information.

STAY CONNECTED

Spiritual Life



Student Activities



Multicultural Affairs

Counseling Center

Health Services

Baylor Wellness

Campus Recreation

Bears of Baylor

Campus Living and Learning

If you have items you would like to see appear in What's New BU, submit them for consideration by Wednesday at 8 a.m. by emailing them to WhatsNew@baylor.edu.

Stay connected with Student Life

