**WHAT'S NEW**

**November 25, 2019**

**Events**

- **International Student for Hunger in America Mission Trip**
  - Departure: November 30
  - Information: Click here

- **Baylor Homecoming Football Game**
  - Date: November 23
  - Time: 7:30 p.m.

- **Hippodrome Christmas Show**
  - Date: December 8
  - Time: 7:30 p.m.

- **Baylor Family Weekend**
  - Dates: November 22-24
  - Activities: Click here

**Connect**

- **FitWell Tip of the Week**
  - Topic: Hydration
  - Tip: Drink water throughout the day to stay hydrated.

**Get Plugged In**

- **Opportunities to Join a Group**
  - Click here for more information

**Campus Tips**

- **Crime Prevention Tips for the Thanksgiving Break**
  - Do not advertise when you are away.
  - Use an inexpensive light timer.
  - Don't advertise.
  - Always lock doors and windows.

- **Your Vehicle**
  - Carry only the credit cards you need.
  - Avoid carrying large amounts of cash.
  - Check the ATM for external "skimmers.

**Collectibles**

- **Student Recycle Bin**
  - Location: Student Union

**Businesses**

- **Baylor Health Center and Pharmacy**
  - Hours: Monday-Friday, 8 a.m.-5 p.m.

- **Moody Starbucks**
  - Hours: Monday-Friday, 7 a.m.-4 p.m.

- **Bill Daniel Student Center (SUB)**
  - Hours: Sunday, 4-10 p.m.

- **Moody/Jones Libraries**
  - Hours: Sunday, 12 noon-9 p.m.

- **Panda Express**
  - Hours: Monday-Saturday, 10 a.m.-9 p.m.

- **Au Bon Pain, Sic' em Snacks (SUB), Terrace Café**
  - Hours: Monday-Saturday, 7 a.m.-10 p.m.

**Register Now**

- **Panhel Recruitment Registration**
  - Closing Date: December 1

- **Baylor Athletics Information**
  - Click here for more information

- **The Hunger in America Mission Trip**
  - Information: Click here

**Wellness**

- **FitWell**
  - Tip of the Week: Consider eating a protein-packed snack when you're hungry (aka a banana, peanuts, or a small handful of trail mix). That way when you're in a rush to grab a snack or hunger pangs strike, you can rest assured in fueling your body well! For additional information or for schedule, visit here.

- **Baylor Athletics**
  - Information: Click here

- **Monday Night Meditation**
  - Date: November 25
  - Time: 8 p.m.

- **Mama's Bar**
  - Date: November 26
  - Time: 7 p.m.

- **Wellness Program**
  - Date: November 25
  - Time: 12 noon

**Ticket Information**

- **Hamilton: Unstoppable**
  - Date: Saturday, January

- **Waco Hippodrome**
  - Date: November 23
  - Time: 7 p.m.

- **Bobo Spiritual Life Center**
  - Date: Monday, November 25
  - Time: 5 p.m.