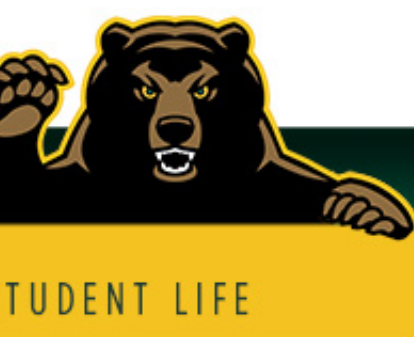




WHAT'S NEW BU



BROUGHT TO YOU BY BAYLOR UNIVERSITY STUDENT LIFE

January 14, 2019

MONDAY

Martin House Monday



Monday, January 14, 1-3 p.m. at Martin House. Hosted by The Academy for Leadership Development. Stop by to meet our staff, enjoy some Freebirds burritos and queso, and learn how you can get involved in service and leadership here at Baylor! For more information, contact shiniqua_sterling@baylor.edu.

FitWell Tip of the Week by Baylor Wellness



Research has shown that students with a GPA of 3.5 or higher are three times more likely to exercise than those with a lower GPA. Register for the Spring FitWell program today for a fit, fun, and academic successful semester!

TUESDAY

FitWell Featured Workouts of the Day!



Tuesday, January 15, 12:15-1 p.m. and 6:45-7:45 p.m. Yoga, and 5:30-6:30 p.m. Barre at the Bearobics Studio, located on the 3rd floor of the McLane Student Life Center. Hosted/sponsored by Baylor Wellness. These special featured workouts are for all fitness levels and are FREE for all students, faculty, and staff. Please bring water to drink and a workout towel. For additional information, contact Van_Davis@baylor.edu.

Dr Pepper Hour



Tuesday, January 15, 3-4 p.m. in the SUB (Bill Daniel Student Center). Since 1953, Dr Pepper Hour has been a long-standing tradition of the Student Union. For those in Robinson Tower, you can enjoy Dr Pepper Hour in the Atrium on the 6th floor. Sponsored by BU Union Board. Click [here](#) to learn about the Dr Pepper Hour Club! Don't miss the chance to earn your DP Hour Mug.

WEDNESDAY

FitWell Featured Workouts of the Day!



Wednesday, January 16, 5:30-6:30 p.m. and 6:45-7:45 p.m. Bear Cycle & MMA Conditioning, and 8-9 p.m. Boxing Conditioning. Russell Gym Bear Cave for Cycling and Russell Gym Balcony for MMA/Boxing Conditioning. Hosted/sponsored by Baylor Wellness. These special featured workouts are for all fitness levels and are FREE for all students, faculty, and staff. Please bring water to drink and a workout towel. For additional information, contact Van_Davis@baylor.edu.

THURSDAY

Jemar Tisby: "Navigating a Predominantly White Christian University as an African American of Faith"



Thursday, January 17, 10:30 a.m. -12 noon at the Barfield Drawing Room in the SUB. Sponsored by Student Learning & Engagement. Join us for an opportunity to learn from author Jemar Tisby about his experiences as an African American of faith attending a predominantly white Christian university. Jemar Tisby is the president of *The Witness: A Black Christian Collective* where he writes about race, religion, and culture. For more information, contact Heather_Foit@baylor.edu.

FitWell Featured F45 Workouts of the Day!



Thursday, January 17, 6:15-7 a.m., 12:15-1 p.m., 5:30-6:30 p.m., and 6:45-7:45 p.m., at the McLane Student Life Center, 3rd floor end of the track. Hosted/sponsored by Baylor Wellness. These special featured workouts are for all fitness levels and are FREE for all students, faculty, and staff. Please bring water to drink and a workout towel. There is a limit of 27 participants each session on a first come, first served basis. For additional information, contact Van_Davis@baylor.edu.

FRIDAY

Men's Tennis vs. UT Arlington



Friday, January 18, 2 p.m., Hurd Tennis Center. For Baylor Athletics information, click [here](#).

Men's Tennis vs. Prairie View A&M



Friday, January 18, 6 p.m., Hurd Tennis Center. For Baylor Athletics information, click [here](#).

Sundown Sessions: Robin Hood



Friday, January 18, 9 p.m.-1 a.m. at the SUB Den. Hosted/sponsored by the Union Board. Welcome back, Bears! Sundown Sessions is making its grand return with the 2018 version of *Robin Hood* (9 p.m. and 11 p.m.) Free blacklight bowling in the Baylor Gameroom, too! For additional information, contact Alex_Jantz@baylor.edu.

SATURDAY

Women's Tennis vs. UTRGV



Saturday, January 19, 11 a.m., Hurd Tennis Center. For Baylor Athletics information, click [here](#).

Women's Tennis vs. New Mexico



Saturday, January 19, 4 p.m., Hurd Tennis Center. For Baylor Athletics information, click [here](#).

Men's Basketball vs. Texas Tech



Saturday, January 19, 5 p.m., Ferrell Center. For Baylor Athletics information, click [here](#).

Sundown Sessions: Laser Tag in the SUB



Saturday, January 19, 9 p.m.-1 a.m. in the Barfield Drawing Room of the SUB. Hosted/sponsored by the Union Board. PEW! PEW! PEW! Get ready for Laser Tag in the Barfield! FREE blacklight bowling in the Baylor Gameroom, too! For additional information, contact Alex_Jantz@baylor.edu.

SUNDAY

Perspectives on the World Christian Movement



Starting **Sunday, January 20, 4 p.m.** at the Great Hall in Truett Seminary. This is an excellent opportunity for those interested in thinking seriously about missions and how to integrate vocation and faith. The first two weeks of the 15-week course are absolutely FREE! For additional information, contact Charles_Ramsey@baylor.edu.

Women's Basketball vs. West Virginia



Sunday, January 20, 4 p.m., Ferrell Center. For Baylor Athletics information, click [here](#).

OTHER EVENTS

TICKET SALES

Sing

CURRENT BAYLOR STUDENTS:
JANUARY 24

GENERAL PUBLIC: JANUARY 25

WWW.BAYLOR.EDU/TICKETS

Spring Break Trip Registration



Spring Break trip registration opens on **Monday, January 21, 6 a.m.** This trip, hosted/sponsored by Outdoor Adventure, will be held on **Saturday, March 9, to Saturday, March 16.** The cost of \$550 includes equipment, transportation, lodging, guiding, and food on the trail. Trip prerequisites: physically active and able to run the Bear Trail in under 25 minutes. You may sign up at the McLane Student Life Center front desk. To register, click [here](#). For additional information, contact Jeremy_Yarbrough@baylor.edu.

Spring 2019 FitWell Classes Registration



FitWell classes, hosted/sponsored by Baylor Wellness, begin on **Tuesday, January 22, 6:15 a.m. to 9 p.m.** at the McLane Student Life Center and Russell Gym. All classes this week are FREE! The cost is only \$50/semester, including F45 and GX classes. For a copy of the FitWell schedule, click [here](#). To register, click [here](#). For additional information, contact Van_Davis@baylor.edu.

MLK Day of Service Volunteer registration is open until 1/17/19 at noon



MLK Day of Service is an opportunity to honor the legacy of the late Rev. Dr. Martin Luther King, Jr. by drawing from a garden metaphor of planting seeds. As Dr. King crossed barriers to plant seeds of change and hope in the United States, the Baylor and Waco communities gather together to bridge the gaps that divide us. We commemorate Dr. King's life by honoring his legacy of service, and his dream of freedom and justice for all. To register, click [here](#). Interested in becoming a team leader, click [here](#). For additional information, contact Doriann_Beverly@baylor.edu.

Need Money? Apply to the Telecounseling Center!



The Telecounseling Center is hiring! Telecounselors call prospective students to guide them through the admissions process and answer questions they may have about Baylor, student and campus life. You must have completed two semesters at Baylor. For additional information or an application, contact Alecxis_Glass@baylor.edu.

EMERGE Leadership Retreat Registration



This retreat, hosted by the Academy for Leadership Development, will be held on **Friday, January 25, and Saturday, January 26,** at Latham Springs Camp. Are you a leader? Or, do you want to learn more about leadership? If you answered "yes" to either question, this event is for you! This overnight retreat is for any freshman or sophomore Baylor student who wants to explore concepts of leadership in a fun and engaging way. And best of all, it's FREE! To register, click [here](#). For additional information, contact Lamar_Bryant@baylor.edu.

STAY CONNECTED

Join a Student Organization today!

With more than 300 student organizations to choose from, there is a place for YOU! Click on the graphic above or [here](#) to see the full list, then message the organization contact for more information. If you'd like to meet with a Student Involvement Specialist to talk about opportunities to join a group, click [here](#).

