

**Baylor Scott and White Health**

**Job Title: Behavioral Health Specialist in Primary Care**

**Patient Care: Direct**

**Job Qualifications: LCSW**

## **JOB SUMMARY**

The Behavioral Health Specialist is responsible for delivery of direct patient care within the family medicine clinic. This care would consist of provision of evidence based treatments or collaboration with other mental health specialists when further specialty treatment is required. This professional would be integrated within a large family medicine clinic and responsible for providing both psychotherapy and behavior management to the patients from within this practice suffering from mental illness, substance abuse and or co-occurring mental health and physical health conditions.

## **ESSENTIAL FUNCTION/ROLE**

The Behavioral Health Specialist would need to collaborate with various medical professionals to assist in the treatment of their patient's physical and mental health needs. They would serve as a lead contact in screening and treatment of mental health and substance use disorders. They would provide a wide range of services from psychoeducation, brief interventions, group and individual psychotherapy. Services may be provided both in person and/or virtually. This individual needs to be comfortable with various evidence based treatments to include but are not limited to Behavioral Activation, Problem Solving Therapy, Motivational Interviewing and Cognitive Behavioral Therapy. The Behavioral Health Specialist should be comfortable with a fast paced environment that is varied based on the needs of the providers as well as the patients. This provider should have strong communication skills and inter disciplinary team experience.

## **KEY SUCCESS FACTORS**

**Ability to collaborate effectively in a team setting.**

**Ability to maintain effective and professional relationship with patients and other members of the care team.**

**Strong communication skills.**

**Ability to effectively engage patients in a therapeutic relationship.**

**Ability to work with patient in person and virtually.**

**Experience with screening, assessment and treatment of a variety of mental health and substance use disorders**

**Working Knowledge of differential diagnosis of common mental health and or chronic diseases. Working knowledge of evidence based psychosocial treatment for common mental health condition and their impact on health.**

**Basic knowledge of psychopharmacology for common mental health disorder that is within appropriate scope of practice for type of provider.**

**Serious inquires please contact:**

**Amy Adcock, PhD.**

**Baylor Scott and White Health**

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