Integrated Health Management at the Heart of Texas Community Health Center

JOB TITLE: Primary Care Clinical Social Worker (Integrated Behavioral Health Professional)

HOURS: M - F 8:00 AM to 5:00 PM

SUPERVISOR: Director of Behavioral Health

POSITION DUTIES/RESPONSIBILITIES: Working within a transdisciplinary primary care team, provide integrated behavioral health care and advanced care management for patients with chronic conditions. As a highly valued member of the core team, support and closely coordinate mental health care with the patient’s primary care provider; screen, assess and offer focused treatment within the primary care setting for patients with common mental health and substance abuse disorders. Deliver time-limited, target-based treatments such as brief cognitive-behavioral therapy and solution-focused therapy. Common interventions include behavioral activation, problem-solving therapy, stimulus control therapy, sleep hygiene, acceptance-based strategies, psychoeducation, relaxation training, motivational interviewing, and parent training. Advanced care management tasks include pre-visit planning, patient education, registry monitoring and patient self-management training. Additionally, provide care coordination services to address short- and long-term medical and behavioral health treatment goals. Communicate with physician and care team members about relevant patient needs or changes. Identify cost-effective protocols and care paths for improving population health, and participate in developing guidelines for care.

REQUIRED EDUCATION or LICENSURE: LCSW

REQUIRED EXPERIENCE OR SKILLS: Basic understanding of mental disorders and principles of psychotherapy. Ability to navigate health care systems. General knowledge of chronic health care conditions and needs. Ability to communicate across disciplines.