

The Heart of a Caregiver

By Paula J. Fox

In the world of pain and suffering,
True heroes can be found...
Providing special comfort and relief.

They choose to make a difference,
Regardless of the cost...
Always willing to help others in their grief.

It's hard to persevere at times
A Caregiver's job is tough!
It takes extra strength and courage to get through.

But God designed a HEART for them
To handle every challenge...
So they can DO what others cannot do.

He made this HEART much STRONGER
Just to handle all the weight...
Of the many burdens it must bear.

And He covered it with SOFTNESS
To help cushion all the hurt...
With Empathy and tender loving Care.

He also made it FLEXIBLE
To bend but not break...
When things don't always go the way they're planned.

And it had to be SELF-HEALING
When hurtful things are said...
By those who just don't seem to understand.

He gave it more RESILIENCE
To bounce back and not get crushed...
When disappointment battles against hope.

And He knew a SENSE OF HUMOR
Would be needed every day...
To give laughter and provide the strength to cope.

He made it with a battery
That never runs down...
For a Caregiver's day will never end.

It just keeps going...and keeps going,
Always one more thing to do...
With another crisis just around the bend.

And of course, this HEART's an upgrade
In so many ways...
He made it Kinder...more Unselfish than the rest.

With more Patience...and Compassion
And a Love that never ends.
Compared to all the others...

IT'S THE BEST!