

This guide offers a recommended course sequence for students preparing for OT school. The courses listed indicate only the **MINIMUM requirements** for many OT schools and is **not designed for any specific major**. Students who plan to apply for OT school bear the ultimate responsibility of determining specific coursework required for their application and must fulfill the requirements for their degree and major in order to graduate.

FRESHMAN	
FALL	SPRING
CHE 1300-Intro. Chemistry or CHE 1301-Basic Prin. Of Mod. Chemistry	SOC 1305 (any semester)
PSY 1305 (any semester)	Statistics <sup>1</sup>

<sup>1</sup> Statistics requirements vary by OT school. Verify requirements with the schools to which you plan to apply and with your academic advisor as to whether a course counts toward your degree and major requirements.

SOPHOMORE	
FALL	SPRING
BIO 2401-Human Anatomy & Physiology -or- BIO 3322-Human Physiology <sup>2</sup>	BIO 2402-Human Anatomy & Physiology -or- BIO 4432-Human Anatomy <sup>2</sup>
Biomechanics, Kinesiology or Physics <sup>3</sup>	CLA 3381-Medical Terminology (any semester)

<sup>2</sup> Some OT schools accept **BIO 2401 & 2402**, which will not count toward a degree in a science major. Students should check with OT schools to which they plan to apply to determine which courses are accepted.

<sup>3</sup> Many OT schools require Biomechanics (**HP 2307**) or Kinesiology (**HP 2306**) while some may require Physics (**PHY 1405, 1408 or 1420**). Students should check on the expectations of the schools to which they plan to apply.

JUNIOR	
FALL	SPRING
PSY 3321 -or- 3330-Abnormal Psychology or Psychopathology	PSY 3341 -or- PSY 3350-Developmental Psychology

SENIOR	
FALL	SPRING
Complete Degree Requirements	Complete Degree Requirements & Graduate

Additional recommended courses: Introduction to Neuroscience (**NSC 1306**), Introduction to Anthropology (**ANT 1305**), Technical Writing (**PWR 3300**).

**Students should research OT schools to which they plan to apply and verify they have completed the requirements. Each OT school has its own required courses.**

Connect with other Pre-OT students by joining [Student Physical and Occupational Therapy Association \(SPOTA\)](#)

**Important Websites:**

[tota.org](http://tota.org)

[OTCAS](#)