

**BETH A. LANNING, Ph.D., M.C.H.E.S.**

Curriculum Vitae

Baylor University  
Dept. of Health Human Performance,  
and Recreation  
One Bear Place #97313  
Waco, Texas 76798-7313  
254-710-4027

**PROFESSIONAL STUDIES**

Ph.D. in Health Education. Texas A&M University, College Station, TX.  
September 1993- December 1997.

M. S. in Education, Baylor University, Waco, TX, Concentrations in Exercise Physiology and Health/Wellness. January 1990-May 1991.

B. S. in Education, Baylor University, Waco, TX Major: Corporate Fitness/Wellness. January 1988-December 1989.

University of Utah, Salt Lake City, Utah. Courses included pre-med studies and corporate fitness studies. January 1985-September 1987.

Utah State University, Logan, Utah. Courses included pre-vet studies and engineering classes. September 1983-May 1984.

**CERTIFICATIONS**

Master Certified Health Education Specialist. National Commission for Health Education Credentialing, 2011-present.

Certified Health Education Specialist. National Commission for Health Education Credentialing, 1998-2011.

**PROFESSIONAL EXPERIENCE**

August 2006—**Baylor University, Waco, TX. Associate Professor.** Community Health Education Undergraduate Director. Teach a variety of health classes both undergraduate and graduate.

August 2000-2006--**Baylor University, Waco, TX. Assistant Professor.** Awarded Tenure in 2006. Taught a variety of health classes both undergraduate and graduate.

Sept. 1992- August 2000--**Baylor University, Waco, TX. Health Education Lecturer.** Taught several sections of Human Sexuality. Responsible for helping increase the number of sections taught per semester. Taught Health and Human Behavior. Coordinated the health graduate teaching assistants program and all Health and Human Behavior classes. Involved in curriculum development and selection of material used in the health courses.

May 1995- 1998—**Youth Connection, Inc., Waco, TX. Program Coordinator.** Help coordinate a teen pregnancy prevention club for the Lighted School program at G. L. Wiley Middle School, University Middle School and Lake Air Middle School. Teach adolescents within the club. Work collaboratively with The Heart of Texas Council on Alcoholism and Drug Abuse, McLennan County Youth Collaboration and area middle schools. Involved in grant writing, implementation, and administration.

April 1995 & February 1994--**McLennan Community College, Continuing Education.** Taught a continuing education course for nurses called "Nurturing Your Inner & Outer Self". (February 19 & 26, 1994, April 23, 1995)

Sept. 1991-May 1994-- **McLennan Community College. Waco, TX. Wellness Coordinator/Instructor.** Director of the employee wellness program. Duties included: designing, implementing, and evaluating all aspects of the program (fitness, lectures, health fairs, mini-programs, etc.) and program budget. Taught a variety of courses.

Summer II 1991-- **University of Texas at San Antonio, San Antonio, TX. Teaching Associate.** Taught two courses: Drug Education & Human Sexuality.

Jan. 1990-May 1991-- **Baylor University, Waco, TX. Graduate Teaching Assistant.** Taught for three semesters. Classes included Health and Human Behavior, Fitness Theory, Weight Control, & Intermediate Aerobics.

May 1989-May 1991-- **Hillcrest Hospital, Waco, TX. Fitness specialist for the Optifast Program.** Taught various aspects of nutrition, exercise physiology, and behavior modification. Group leader and assistant group leader.

Jan. 1992-1999-- **Waco Family Y. Aerobic Instructor.** Taught high/low and bench aerobic classes.

## **TEACHING AND MENTORSHIP**

### **Current Teaching Responsibilities**

HED 2230 Introduction to Community/Public Health- Undergraduate Course  
 HED 4331 Intervention Strategies in Health Education  
 HED 4333 Program Evaluation in Health Education  
 HED 4321 Human Sexuality  
 HED 5334 Introduction to Community/Public Health - Graduate Course  
 HED 5329 Current Health Issues- Graduate Course

### **Overview of course taught at Baylor University, 1989-present**

HED 2331 Health Concepts and Competencies  
 HED 1145 Health and Human Behavior  
 HED 4321 Human Sexuality  
 HED 2230 Introduction to Community Health  
 HED 4331 Intervention Strategies in Health Education  
 HP 1134 Fitness Theory  
 HP 1192 Weight Control  
 HP 1107 Intermediate Aerobics  
 HED 5334 Community Health Education- Graduate Course  
 HED 5329 Current Health Issues- Graduate Course

### **Courses taught at University of Texas in San Antonio, Summer 1991**

Human Sexuality  
 Drug Education

### **Courses taught at McLennan Community College, 1991-1994**

Contemporary Health Issues  
 Volleyball  
 Racquetball  
 Study Skills  
 Weight Training  
 Aerobics

## **GRADUATE DISSERTATION/THESIS**

Dissertation Advisement/Committee

1. Clayson, Kelsi A. *A multimethod Examination of the Relevance of Executive Control to Disgust and Mental Contamination among Female Sexual Assault Survivors*. PhD Psychology. June 2017. (committee member).

2. Wheless, Nancy. *The Attention Training Techniques and Worry: Testing Theoretical Underpinnings*. PhD Psychology, June 2017. (committee member).
3. Rigby, Rhett. *Cardiorespiratory and biomechanical changes with hippotherapy in children with and without cerebral palsy*. PhD Exercise, Nutrition, and Preventive Health, May 2014. (Committee member)
4. Fredrick, Karen. *Understanding the Impact of Equine-Assisted Learning on Levels of Hope in At-Risk Adolescents*. PhD Educational Psychology, June, 2012. (Committee member)

#### Master Thesis Advisement

1. Benton, Erin. Predictive factors of dating violence in college students. Tentative title, Masters of Public Health, projected graduation date May 2018. (Chair).
2. Duval, Alicia. *Evaluating the Risk Factors of Dating Violence among Undergraduates Attending a Faith-Based University* – Masters of Public Health, May 2017. (Chair)
3. Nelon, Jordan. *Efficacy of simulated equine movement as a therapy modality for children with Autism: A single case design*. Masters of Public Health, May 2016 (Chair) Converted to a graduate project not a thesis.
4. Farmer, Ashley A. *From Their Eyes: A Deeper Analysis on Career and Technical Education During Secondary School*. Master of Arts, May 2015. (Outside committee member)
5. Stroope, Jessica L. *Macro Level Modifiable Variables Affecting Breastfeeding Rates*. MPH, May, 2012. (Committee member)
6. Graham, Crystal. *The Untold War: A Reflection*. Graduate Project. MSW, May 2012. (Project Director)
7. Dillon, Kimber. *A Theory-Based Investigation Of Weight Change And Nutrition Behaviors Among College Students*. MPH, May, 2012. (Committee member)
8. Reno, Jenna. *Organizational Influences on Sorority Members' Body Esteem*. M.A Communication Studies, 2010. (Committee member)
9. Spangler, E. *Reducing Rape and Sexual Violence within College Campuses by Reaching College Fraternities and Male Collegiate Athletes*. B.S.Ed. Community Health Education, 2009. (Committee member)
10. Garcia, L. *Using Photovoice as a PAR/CBPR Qualitative Data Collection Tool for the Health of Women Participating in AVANCE-El Paso Programs*. B.S.Ed. Health Education. 2009 (Chair).

11. Neason, J. *Associations Between Heart Rate Threshold, Lactate Threshold and Muscle Tissue Oxygen Desaturation in Elite Female Cyclists*. B.S.Ed. Exercise Physiology. 2003. (Co-Chair)

Honors Thesis (Undergraduate)

1. Larsen, Alexa- *Association of health literacy levels and alcohol and drug use in low-income population*. May 2018. (Chair).
2. Buchanan, Kelsey. *Equine Assisted Activities for Children Diagnosed with Dravet Syndrome: Case Study*. May 2016. (Chair)
3. Kim, Sarah. *Multidimensional Meta-analysis of Psychotherapy for Veterans with PTSD*. May 2013. (Chair)
4. Sommers, S. *Childhood Obesity and Type II Diabetes*. 2009. (Chair)

## **PEER-REVIEWED PUBLICATIONS:**

### **International/National:**

1. Melton, K. & **Lanning, B. A.** (2017 in press). Family-centered approach to teen-driving program: Program evaluation of parental behavioral outcomes. *Journal of Adolescent and Family Health*.
2. **Lanning, B.A.**, Golman, M. & Crosslin, K. Improving human papillomavirus vaccination uptake in college students: a socio-ecological perspective. *American Journal of Health Education*, 48 (2), 116-128. Doi: 10.1080/19325037.2016.1271753.
3. **Lanning, B. A.**, Wilson, A. L., Krenek, N., Beaujean, A. A. (2017). Using therapeutic riding as an intervention for combat veterans: An International Classification of Functioning, Disability, and Health (ICF) approach. *Occupational Therapy in Mental Health*. <http://dx.doi.org/10.1080/0164212X.2017.1283282>
4. Rigby, B. R., Gloeckner, A. R., Sussums, S., **Lanning, B. A.**, & Grandjean, P. W. (2017). Changes in cardiorespiratory responses and kinematics with hippotherapy in youth with and without cerebral palsy. *Research Quarterly for Exercise and Sport*. doi: 10.1080/02701367.2016.1266458.

5. Frederick, K.E., Ivey-Hatz, J., **Lanning, B.** (2015). Not just horsing around: The impact of equine-assisted learning on levels of hope and depression in at-risk adolescents. *Community Mental Health Journal*, 51(7), 809-817. doi 10.1007/s10597-015-9836-x.
6. **Lanning, B.A.**, Baier, M.E., Ivey-Hatz, J., Krenek, N., Tubbs, J.D. (2014). Effects of Equine assisted activities on Autism Spectrum Disorder. *Journal of Autism and Developmental Disorders*, 44(8), 1897-1907. Doi 10.1007/s10803-014-2062-5.
7. Hatz, J. & **Lanning, B.A.** (2014). Extreme autism camps: Parental perceptions and Reasons for enrolling. *Autism Quarterly*, (spring), 11-12.
8. **Lanning, B. A.** , & Krenek, N. (2013). Examining effects of equine-assisted activities to help combat veterans improve quality of life. *Journal of Rehabilitation Research and Development*. 50(8):xv-xxii. <http://dx.doi.org/10.1682/JRRD.2013.07.0159>.
9. **Lanning, B. A.** & Doyle, E.I. (2010). Health literacy: Developing a practical framework for effective health communication. *Journal of American Medical Writers Association*; 25(4):155-161.
10. Bowden, R. G., **Lanning, B. A.**, Doyle, E. I., Slonaker, B., Johnston, H M., Scanes, G. (2008). The effects of weight loss attempts, exercise initiation, and dietary practices on health related quality of life. *Applied Research Quality Life*, 3: 149-160.
11. Lutz, R. S., Lockbaum, M. R., **Lanning, B. A.**, Stinson, L. G., Brewer, R. (2007). Cross-lagged relationships among leisure-time exercise and perceived stress in blue collar workers. *Journal of Sport and Exercise Psychology*, 29 (6), 687-705.
12. Bowden, R. G., **Lanning, B.A.**, Doyle, E. I., Johnston, H. M., Slonaker, B., Scanes, G. (2007). Systemic glucose level changes with a carbohydrate restricted and higher protein diet combined with exercise. *Journal of American College Health*, 56(2), 147-152.
13. **Lanning, B.A.**, & Massey-Stokes, M. (2006). Child abuse prevention programs in Texas accredited non-public schools. *The American Journal of Health Studies*, 21 (1) 36-43.
14. Bowden, R.G, **Lanning, B.A.**, Doyle, E.I., Johnston, H. M., Slonaker, B., Scanes, G., Casey, P. (2006). Effects of a two dietary approaches combined with exercise on lipid levels. *American Journal of Health Studies*, 21(1). 20-27.
15. Bowden, R.G., Herbert, S., Wilson, R., Gentile, M., **Lanning, B. A.** (2006). A cholesterol primer for health professionals. *California Journal of Health Promotion*, 4(1), 12-21.
16. Bowden, R. G., **Lanning, B.A.**, Doyle, E. I., Johnston, H. M., Slonaker, B., Scanes, G. (2005). Lipid levels in a cohort of sedentary university students. *Internet Journal of Cardiovascular Research*, (online), 2(2). 1-12.

17. Bowden, R. G., **Lanning, B. A.**, Doyle, E. I., Johnston, H. M., Nassar, E., Slonaker, B., Scanes, G. (2005). Comparison of body composition measures to dual-energy x-ray absorptiometry. *Journal of Exercise Physiology (online)*, 8(2), 1-9.
18. Massey-Stokes, M. & **Lanning, B. A.** (2005). School health and family and community involvement: Making a difference in the prevention of child abuse and neglect. *Adolescent & Family Health*, 3(4), 154.
19. Doyle, E. I., Coggin, C., & **Lanning, B.** (2004). Writing for publication in health education. *American Journal of Health Studies* 19(2), 100-109.
20. **Lanning, B. A.**, Bowden, R.G., Owens, R. & Massey-Stokes, M. (2004). The influences of gender, age, perceived fitness, and aerobic activity on social physique anxiety and self-esteem in adults sixty and older. *Psychological Reports*, 95, 761-766.
21. Massey-Stokes, M. & **Lanning, B.** (2004). The role of CSHPs in preventing child abuse and neglect. *Journal of School Health*, 74(6), 193-194.
22. Bowden, R., **Lanning, B.**, Pippin, G., Tanner, J. (2003) The effects of teachers' attitudes on the presentation of abstinence-only sex education curricula. *Education*; 123(4): 780-790.
23. Massey-Stokes, M. & **Lanning, B.** (2002). Childhood cancer and environmental toxins: The debate continues. An interview with W. Paul Bowman, MD, Melanie Oblender, MD, Kevin C. Oeffinger, MD, and Jonathan Ward, PhD. *Journal of Family and Community Health*; 24(4): 27-38.
24. **Lanning, B.** (2001). Spirituality, the center of health. *Baylor Educator*; 20 (1): 8-9.
25. Bowden, R. & **Lanning, B.** (2001). The reemergence of public and community health. *Baylor Educator*; 20 (1): 4-5.
26. **Lanning, B.**, Ballard, D. J., Robinson III, J. (1999). Child sexual abuse prevention programs in Texas public elementary schools. *Journal of School Health*; 69 (1): 3-8.

### **INTERNATIONAL/NATIONAL PUBLICATIONS UNDER REVIEW:**

1. Wilson, A. L. & **Lanning, B.A.** Therapeutic benefits of equine-assisted activities for combat veterans with PTSD. *Human Animal Interaction Journal*. (Revised-resubmitted).
2. Ylitalo, K., **Lanning, B. A.**, Umstadd-Meyer, R. Simple screening tools to identify limited health literacy in a low-income patient population. *Annals of Family Medicine*. (Submitted)

3. **Lanning, B. A.** & Melton, K. The Impact of a Supplemental Drivers' Education Program on Teenage Risk Perception and Driving Behaviors. *Transportation Research Part F: Psychology and Behaviour*. (Submitted).

## PEER-REVIEWED PUBLISHED ABSTRACTS

### National/International

1. Bowden, RG, **Lanning, BA**, Doyle, EI, \*Slonaker, BR, \*Johnston, HM, Scanes, G. (2009). Health Related Quality of Life Improvements Associated with Exercise and Diet Changes. *Research Quarterly for Exercise and Sport*. 80(S1): A-22.
2. Davis, M, **Lanning, BA**, E Nassar, Long, L, Opusunju, J, Bowden, RG, et al. (2007). Effects of the Curves® fitness & weight loss program VII: body image & self esteem. *The Federation of American Societies of Experimental Biology Journal*. 21:233.
3. Bowden, RG, Hebert, S, Wilson, RL, Gentile, M, **Lanning, BA**. (2007). Comparison of Low Density Lipoprotein (LDL) Cholesterol Levels and LDL Cholesterol Concentration and Size on Risk Stratification. *Research Quarterly for Exercise and Sport*. 78(1):A-41-A-42.
4. Bowden, RG, **Lanning, BA**, Doyle EI, Slonaker, B, Johnston, H, Scanes, G. (2007). Effects of a High Protein Diet and Exercise on Lipid Levels. *Research Quarterly for Exercise and Sport*. 78(1): A-25.
5. Bowden, RG, **Lanning, BA**, Doyle EI, Johnston, H, Slonaker, B, Scanes, G. (2006). Demonstrating the Need for Lipid Screening on University Campuses: Evidentiary Support from a Cohort of University Students. *Research Quarterly for Exercise and Sport*. 77(1): A-37.
6. Nassar EI, Bowden RG, **Lanning BA**, Doyle EI, Johnston, H, Slonaker, B, Scanes, G., Rasmussen, C., Kerksick, C. (2004). The efficacy of body mass index as a health status indicator. *Sports Nutrition Review Journal*. 1 (1):S1-14.
7. Long, L, **Lanning, BA**, Bowden, RG, Nassar, EI, et.al. (2005). Effects of the Curves Fitness & Weight Loss Program VI: Body Image. *The Federation of American Societies of Experimental Biology Journal*. LBA56.
8. Bowden, RG, **B. Lanning**, H. Johnston, C. Rasmussen, C. Kerksick, et.al. (2004). Effects of the Curves® Fitness & Weight Loss Program VII: Quality of Life. *The Federation of American Societies of Experimental Biology Journal*. LBA58.



9. **Lanning, BA**, Bowden, RG, H. Johnston, C. Rasmussen, C. Kerksick, et.al. (2004). Effects of the Curves® Fitness & Weight Loss Program VIII: Body Image. *The Federation of American Societies of Experimental Biology Journal*. LBA58-59.
10. Nassar EI, Bowden RG, **Lanning BA**, Doyle EI, Johnston, H, Slonaker, B, Scanes, G., Rasmussen, C., Kerksick, C. (2004). The Efficacy of Body Mass Index as a Health Status Indicator. *Sports Nutrition Review Journal*. 1 (1):S1-14.
11. **Lanning, B.**, & Massey-Stokes, M. (2004). Examination of child sexual abuse prevention programs in Texas private schools. *Research Quarterly for Exercise and Sport*, 75(1): A-27.
12. Bowden, R., **Lanning, B**, Irons, L. & Briggs, J. (2002). Gender comparisons of social physique anxiety and perceived fitness in a college population. *Research Quarterly For Exercise and Sport*; 73 (1): 87.

### State:

13. **Lanning, B. A.**, Bowden, R.G., Owens, R. & Massey-Stokes, M. (2003). The influences of gender, age, perceived fitness, and aerobic activity on social physique anxiety and self-esteem in adults sixty and older. *2003 Abstracts: Research and Health Division, No. 16. 80<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance Convention*, Galveston, TX.
14. **Lanning, B** . (2002). Learning by doing: Serving the needs of the community through a health fair. *2002 Abstracts: Research and Health Division, No. 9. 79<sup>th</sup> Annual Texas Association for Health, Physical Education, Recreation and Dance Convention*, Fort Worth, TX.

## CONFERENCE PROCEEDINGS

### International/National:

1. Lanning, B.A. (2015). Effects of equine-veteran interactions on quality of life and depression symptoms. *2015 International Society of Anthrozoology International Conference Proceedings*.
2. Frederick, K., **Lanning, B.A.**, Hatz, J. (2014). The Impact of Equine- Assisted Learning on Levels of Hope and Depression in At-Risk Adolescents. *Society for Public Health Education National Conference Proceeding*.
3. Dillon, K., **Lanning, B.A.**, Umstatted-Meyer, R. (2012). A theory-based investigation of weight change and nutrition behaviors among college students. *Society for Public Health Education (SOPHE) Conference Proceedings*.

4. Stroupe, J., **Lanning, B.A.**, Bowden, R. (2012). Macro-level modifiable variables affecting breastfeeding rates. *Society for Public Health Education (SOPHE) Conference Proceedings*.
5. Doyle, E. I., **Lanning, B. A.** , Griffith, A. H., Solano-Salas, M. (2012). Fine-tuning the approach: Culturally-appropriate assessment and health promotion methods for low-literacy adults. *Society for Public Health Education (SOPHE) Mid-Year Conference Proceedings*, P,
6. **Lanning, B.A.**, Irons, L. (2009). A look at primary prevention methods for reducing sexual violence. *Society for Public Health Education (SOPHE) Conference Proceedings*, P. 31.
7. Doyle, EI, **Lanning, BA**, Walton, J, Long, C. (2007). Culturally appropriate methods for conducting face-to-face interviews among low-literacy adults. *Society for Public Health Education Conference Proceedings*, P. 56.
8. Bowden, RG, **Lanning, BA**, Doyle, EI, Slonaker, BR, Johnston, HM, Scanes, G. (2007). Effects of A High Protein Diet and Exercise Initiation on Lipid Levels. *American Academy of Health Behavior Scientific Conference Proceedings*.
9. Bowden, RG, **Lanning, BA**, Doyle, EI, Slonaker, BR, Johnston, HM, Scanes, G. (2007). The Effects of Two Dietary Approaches and Exercise Initiation on Health Related Quality of Life. *American Academy of Health Behavior Scientific Conference Proceedings*.
10. Bowden, RG, **Lanning, BA**, Doyle EI, Johnston, H, Slonaker, B, Scanes, G. (2006). The Effects of Carbohydrate Restriction and Increased Protein Intake Combined with Exercise on Systemic Glucose Levels. *American Academy of Health Behavior Scientific Conference Proceedings*, p. 29.
11. Bowden, RG, Nassar, EI, **Lanning, BA**, Doyle, EI, Johnston, HM, Slonaker, B, Scanes, G, Rasmussen, C, Kerksick, C. (2005). Comparison of Body Composition Measures to Dual-Energy X-Ray Absorptiometry. *American Association for Health Education*.
12. Bowden, RG, **Lanning, BA**, Doyle, EI, Johnston, HM, Slonaker, B, Scanes, G, Casey, P. (2005). Effects of moderate protein and high carbohydrate diets on lipid levels. *American Academy of Health Behavior Scientific Conference Proceedings*. P. 36
13. Nassar, EI, Long, L, Bowden, RG, **Lanning, BA**, Zimmerman, A, Beckman, J, Fogt, D, Rasmussen, C, Greenwood, M, Willoughby, D, Kreider, R. (2005). Effects of the Curves fitness & weight loss program V: Quality of life. *Annual Federation of American Societies of Experimental Biology Meeting Proceedings*.
14. Long, L, **Lanning, BA**, Bowden, RG, Nassar, EI, Zimmerman, A, Beckman, J, Fogt, D, Rasmussen, C, Greenwood, M, Willoughby, D, Kreider, R. (2005). Effects of the Curves fitness & weight loss program VI: Body image. *Annual Federation of American Societies of Experimental Biology Meeting Proceedings*.

15. Bowden, RG, **B. Lanning**, H. Johnston, C. Rasmussen, C. Kerksick, R. Kreider, C. Earnest. (2004). Effects of the Curves® fitness & weight loss program VII: Quality of life. *Annual Federation of American Societies of Experimental Biology Meeting Proceedings*. A58.
16. **Lanning, BA**, Bowden, RG, H. Johnston, C. Rasmussen, C. Kerksick, R. Kreider, C. Earnest. (2004). Effects of the Curves® fitness & weight loss program VIII: Body image. *Annual Federation of American Societies of Experimental Biology Meeting Proceedings*. A58-A59.

## EXTERNAL GRANTS AND FUNDING

1. Krey, K. (PI), Lanning, B. A. (co-PI), & Ylitalo, K. (co-PI). Health Impact Project. *The PEW Charitable Trust*. Submitted September 22, 2017. **\$100,000**.
2. Johnson, R. (PI) & Lanning, B.A. (PI). Therapeutic horseback riding in children with Autism Spectrum Disorder: Motor proficiency and behavior. *HAI-NIH R21*. Submitted July 1, 2016. **\$377,000**. Not Funded.
3. Lanning, B.A. (PI), Garner, B., Ivey-Hatz, J., Beaujean, A. Equine Movement as a Mechanism of Therapeutic Change in Children with ASD Related Motor Deficiencies. *NIH R21*. Submitted February 15, 2015. **\$250,000.00**. Not Funded.
4. Lanning, BA (PI) & Melton, K. Evaluation of the Texas Reality Education for Drivers program. *TXDOT/Scott & White/Hillcrest*. Contract. **\$9,500.00**. February 1, 2015.
5. Lanning, B.A. (PI). Examination of the effects of equine assisted activities on PTSD symptoms, quality of life and participation in combat veterans. *Horses and Humans Research Foundation*. Funded December 2014. **\$50,000.00**.
6. Lanning, B.A. (PI). Examination of the effects of equine assisted activities on PTSD symptoms, quality of life, functioning and participation in combat veteran *ISAZ/WALTHAM® Collaborative Research Award*. Submitted January 10, 2014. **\$45,000.00**. Not funded.
7. Lanning, B.A. (PI). Examination of the effects of equine assisted activities on PTSD symptoms, quality of life and participation in combat veterans using the international classification of functioning, disability and health (ICF) as a conceptual model. *Horses and Humans Research Foundation*. Submitted June 15, 2013. **\$50,000.00**. Not funded.
8. Lanning, B.A. (PI). Assessment of therapeutic riding as an intervention for children with autism spectrum disorders. *Organization for Autism Research*. Submitted April 2012. **\$30,000.00**. Not funded.

9. Lanning, B.A. (PI). Assessment of therapeutic riding as an intervention for children with autism spectrum disorders. *NIH R15-Accademic Research Enhancement Award*. Submitted October 2011. **\$215,561.00**. Not funded.
10. Lanning, BA. (Co-investigator). *Texas Resources For Iraq-Afghanistan Deployment Fund (TRIAD) Dallas Foundation*. Awarded to Ride On Center for Kids. Funded 2009. Total award to ROCK **\$31,276.00**.
11. Irons, L. & **Lanning, B. A.** (2009) Stage 2. (co-PI) Sexual assault risk factor identification and community needs assessment. *Attorney General's Office and Advocacy Center for Crime Victims and Children in Waco*. Funded July 2009. **\$14,000.00**.
12. Irons, L. & **Lanning, B. A.** (co-PI) Sexual assault risk factor identification and community needs assessment. *Attorney General's Office and Advocacy Center for Crime Victims and Children in Waco*. Funded July 2008. **\$14,000.00**.
13. **Lanning, BA.** (Co-investigator). *Texas Resources For Iraq-Afghanistan Deployment Fund (TRIAD) San Antonio Foundation*. Awarded to Ride On Center for Kids. Funded 2007. Total award to ROCK **\$89,200.00**.
14. Doyle, E. & **Lanning, B** (co PI). Community based participatory research: a health promotion pilot in Roseland Homes, East Dallas. *Institute of Faith Health Research of Dallas*. Funded April 2005. **\$97,446.00**.
15. Kreider, R. (PI), Lanning, B.A. (Co-investigator: Body Image Analysis). Effects of the Curves for Women® Fitness and Weight Loss Program on Body Composition, Metabolism, and Exercise Capacity in Sedentary Overweight Females – 1 Year-Follow-Up. *Curves International*. Funded May, 2004. **\$385,000**
16. Doyle, E. & Lanning, B. Faith in Action grant for Potter's Vessel Ministries, Inc. Total award to Potter's Vessel Ministries, **\$35,000**. *Robert Woods Foundations*. Funded December, 2002.
17. Lanning, B. & Doyle, E. CHRISTUS grant for Potter's Vessel Ministries, Inc. Total award to Potter's Vessel Ministries, **\$39,000**, *CHRISTUS Fund*. Funded December, 2002.
18. Kreider, R. (PI)., Lanning, B. (Co-investigator: Body Image Analysis). Effects of the Curvesfor Women® Fitness and Weight Loss Program on Body Composition, Metabolism, and Exercise Capacity in Sedentary Overweight Females. *Curves International*. Funded. November, 2002. **\$373,510.00**.
19. Kreider, R. (PI)., Lanning, B. (Co-investigator: Body Image Analysis). Effects of a NonEphedra Thermogenic Supplement on Body Composition and Markers of Health. *Muscletec Research and Development* Funded October, 2002. **\$55,625.00**.

## INTERNAL GRANTS AND FUNDING

20. Lanning, B.A. (PI). Examination of the effects of equine assisted activities on PTSD symptoms, quality of life and participation in combat veterans using the international classification of functioning, disability and health (ICF) as a conceptual model. *University Research Council Grant*. **\$6,750.00**. Funded December 2013.
21. Lanning, B.A. (PI), Ivey, J. Assessing Quality of Life Changes in Children with Autism who participate in an Equine-Assisted Therapy Program. *Faculty Research Investment Program Grant*. **\$25,000**. Baylor University. Funded June 2010.
22. Ivey, J., Lanning, B.A., (Co-PI). The Effect of Extreme Camps on Self-Efficacy, Self-Perceptions, and Behaviors of Youth with Autism Spectrum Disorders. *University Research Council Grant*. **\$6,499.00**. Baylor University. Funded June 2010.
23. Lanning, B. and Bowden, R. (Co-PI's). Comparison of High Carbohydrate and High Protein Diets Combined with Exercise on Anthropometric Measures and Blood Profiles in Sedentary College Students. *Faculty Research Investment Program Grant*. **\$25,000**. Baylor University. Funded January 2004.
24. Lanning, B. (PI), Irons, L., Bowden, R.G. The Influences of Social Physique Anxiety. *University Research Council Grant*, Baylor University. Funded April, 2002. **\$1,210.00**

## INVITED PROFESSIONAL PRESENTATIONS

1. **Lanning, B.A.** *Equine-Assisted Activities: Can a horse help a veteran heal?* Horses and Human Research Foundation Board Annual Meeting. Houston, Texas. November 14, 2015.
2. **Lanning, B.A.** *How are we doing? Understanding the research.* REACH Seminar for mental health care professionals. November 12, 2015.
3. **Lanning, B.A.** *Are we making progress validating the effectiveness of EAAT?* Professional Association of Therapeutic Horsemanship, Region 8 annual conference. College Station, Texas. August 8, 2015.
4. **Lanning, B.A.** *Understanding EAAT research with combat veterans.* Professional Association of Therapeutic Horsemanship, International (PATHInt.) national conference. Pre-conference veterans session. San Diego, CA. October 29, 2014.
5. **Lanning, B.A.** *Veteran Equine Research Studies and Collaborations.* Providing with Purpose: Serving Veterans to the Best of Our Abilities. Annual national conference. Popular Grove, Illinois. August 23, 2014.
6. **Lanning, B.A. Keynote Speaker.** *Developing research partnerships in EAAT.* Uniting Equine

Assisted Activities and Therapies with Higher Education Conference. Murfreesboro, Tennessee. August 7, 2014.

7. **Lanning, B.A.**, Doyle, E.I., Sumrall, J., Sayers, A. *Using the socio-ecological model to develop effective interventions aimed at reducing food insecurity and related community health issues.* Hunger Summit. Waco, Texas. October 2013.

## PEER-REVIEWED PROFESSIONAL PRESENTATIONS

### International/National:

1. Duval, A., Patterson, M., **Lanning, B. A.**, Ylitalo, K., & Melton, K. *Evaluating Risk Factors of Sexual Violence on a College Campus.* American Academy of Health Behavior Annual Conference. 2018. Submitted.
2. **Lanning, B.A.** & Nelon, J. *Efficacy of Simulated Equine Movement as a Therapy Modality for Children with Autism: A Cross-over Trial.* Professional Association of Therapeutic Horsemanship, Internatinal Conference. San Antonio, Texas. Nov. 9-12, 2017.
3. Ylitalo, K., Hapgood, J., During, C., Limbers, C., & **Lanning, B. A.** “Veggie Van”: *Nutrition Self-Efficacy of Mobile Produce Market Users.* American Public Health Associatin Annual Meeting & Expo. Nov. 4- Nov. 8, 2017.
4. **Lanning, B.A.**, & Krenek, N. *The Effects of Therapeutic Riding on Functioning and Quality of Life of Veterans: An ICF Perspective.* Professional Association of Therapeutic Horsemanship International Annual Meeting, Williamsburg, VA. November 5, 2016. Oral presentation.
5. Abel, N., & **Lanning, B.A.** *A Collaborative Empowerment Approach to Improve Urban Health Literacy* poster presentation, Society for Public Health Education 67<sup>th</sup> Annual Meeting, Charlotte, North Carolina. March 30-April 1, 2016.
6. **Lanning, B.A.** *Effects of equine-veteran interactions on quality of life and depression symptoms* Presentation. International Society of Anthrozoology Annual Conference. Saratoga Springs, NY. July 7-9, 2015. Oral Presentation.
7. **Lanning, B. A.**, Golman, M. & Crosslin, K. *Predictive characteristics of college students initiating Human Papilloma Virus vaccination.* Poster Presentation. American Academy of Health Behavior National Conference. San Antonio, TX. March 2015.
8. Golman, M., Crosslin, K., **Lanning, B.A.** *Informing a Campaign to Increase HPV Vaccination Rates among College Students.* Poster presentation Society for Public Health Education National Meeting, Portland, OR., April 2015.

9. Crosslin, K., **Lanning, B.A.** *Gender-based perceptions of the HPV vaccine for males.* 142<sup>nd</sup> Poster presentation. APHA Annual Meeting and Exposition. New Orleans, LA. November 15-19, 2014.
10. Frederick, K., **Lanning, B.A.**, Hatz, J. *The Impact of Equine- Assisted Learning on Levels of Hope and Depression in At-Risk Adolescents.* Presentation. Society for Public Health Education National Meeting, Baltimore, MD., March 2014.
11. **Lanning, B.A.**, Krenek, N., Ivey-Hatz, J., Muir-Boudreaux, J. *The Efficacy of EAA/EAT as a Treatment Modality for Children with ASD.* Presentation. Professional Association of Therapeutic Horsemanship International Annual Meeting, Bellevue, WA., October 2012.
12. **Lanning, B.A.**, Krenek, N., Sjule, S. *Post traumatic growth versus PTSD treatment: The role of equine assisted activities in the growth process.* Presentation. Professional Association of Therapeutic Horsemanship International Annual Meeting, Bellevue, WA., October 2012.
13. Dillon, K., **Lanning, B.A.**, Umstatt-Meyer, R. *A Theory-Based Investigation of Weight Change and Nutrition Behaviors Among College Students.* Poster session presented at annual meeting of Society for Public Health Education, San Francisco, CA. October, 2012.
14. Stroupe, J., **Lanning, B.A.**, Bowden, R. *Macro-Level Modifiable Variables Affecting Breastfeeding Rates.* Poster session presented at annual meeting of Society for Public Health Education, San Francisco, CA. October, 2012.
15. Doyle, E. I., **Lanning, B. A.**, Griffith, A. H., Solano-Salas, M. *Fine-Tuning the Approach: Culturally-Appropriate Assessment and Health Promotion Methods for Low-Literacy Adults* Poster session presented at mid-year meeting of the Society for Public Health Education, Nashville, TN. April, 2012.
16. **Lanning, B. A.**, *NARHA Horses for Heroes Research.* NARHA National Conference and Annual Meeting. Fort Worth, Texas. November 18-21, 2009.
17. **Lanning, B. A.** *Healing with horses: NARHA Horses for Heroes program.* Poster session presented at the annual meeting of the Society for Public Health Education, Philadelphia, Pennsylvania. November, 2009.
18. **Lanning, B.A.**, Irons, L. *A look at primary prevention methods for reducing sexual violence.* Society for Public Health Education (SOPHE) 60<sup>th</sup> Annual Meeting, Philadelphia, Pennsylvania. November 4-7, 2009.
19. **Lanning, B. A.**, O'Meara Krenek, N., Schroeder, J., Reese, S. *Changes in quality of life indicators using the NARHA Horses for Heroes program: A preliminary report.* 2008 NARHA National Meeting, Hartford, Connecticut. October 29-November 1, 2008.

20. Doyle, E. I., Doyle, R.D., Deike, E., Hartman, J., & **Lanning, B.A.** *Using the Global School-Based Student Health Survey among Brazilian adolescents.* Society for Public Health Education's (SOPHE) 59<sup>th</sup> Annual Meeting, San Diego, CA. October 23-25, 2008.
21. **Lanning, B.A.**, Garner, B., Alford, K. *Equine Therapy and Quality of Life: Finding the Evidence.* 2007 North American Riding for the Handicapped Association (NARHA) National Meeting, Anaheim, CA. November 14-17, 2007.
22. Doyle, E. I., **Lanning, B.A.**, Walton, J., Long, C. *Culturally Appropriate Methods for Conducting Face-to-Face Interviews among Low-literacy Adults.* The Annual Convention of the Society for Public Health Education, Alexandria, Virginia, November 1-3, 2007.
23. Doyle, E. I., **Lanning, B.A.**, Walton, J., Crosslin, K., Long, C. & Long, L. *Testing Community-Based Participatory Research Methods for Health Promotion Outcomes in a Faith-Based Setting.* The Annual Convention of the American Alliance for Health, Physical Education, Recreation and Dance, Baltimore, MD, March 13-17, 2007.
24. **Lanning, B.A.**, Massey-Stokes, M., Tanner, J. *Effects of Abstinence Education on the Sexually Abused.* 2nd Annual Abstinence Education Evaluation Conference, Baltimore, MD. March 19-20, 2007.
25. Bowden, R.G., **Lanning, B.A.**, Doyle, E.I., Johnston, H., Slonaker, B., Scanes, G. *Effects of a High Protein Diet and Exercise Initiation on Lipid Levels.* American Academy of Health Behaviors. Savannah, GA. March 2007.
26. Bowden, R.G., **Lanning, B.A.**, Doyle, E.I., Johnston, H., Slonaker, B., Scanes, G. *The Effects of Two Dietary Approaches and Exercise Initiation on Health Related Quality of Life.* American Academy of Health Behaviors. Savannah, GA. March 2007.
27. Davis, M., **Lanning, B. A.**, Nassar, E. , Long, L. Opusunju, J. , Bowden, R., Beckham-Dove, J., Wismann, J. , Galbreath, M., Campbell, B. , Harvey, T. Kerksick, C., LaBounty, P., Ferreira, M., Wilborn, C., Crixell, J., Iosia, M., Cooke, M, Rasmussen, C., Kreider, R. *Effects of the Curves Fitness & Weight Loss Program VII: Body Image and Self Esteem.* Annual Federation of American Societies of Experimental Biology Meeting. Washington, DC, 2007.
28. Harvey, T., Nassar, E., Bowden, R., Davis, M., Long, L., Opusunju, J., **Lanning, B.**, Beckham-Dove, J., Wismann, J. , Galbreath, M., Campbell, B., Kerksick, C., LaBounty, P., Ferreira, M., Wilborn, C., Crixell, J., Iosia, M., Cooke, M., Rasmussen, C., Kreider, R. *Effects of the Curves Fitness and Weight Loss Program VI: Quality of Life.* Annual Federation of American Societies of Experimental Biology Meeting. Washington, DC, 2007.



29. **Lanning, BA.**, Alford, K., Tietjen-Smith, T., Gardner, B. *Research Forum: Research in the Field of Equine Assisted Therapy*. North American Riding for the Handicapped Association National Conference. Indianapolis, IN. November 2006.
30. Bowden, RG., **Lanning, BA**, Doyle, EI, Johnston, H., Slonaker, B., Scanes, G. *Demonstrating the Need for Lipid Screening on University Campuses: Evidentiary Support from a Cohort of University Students*. AAHPERD National Conference. Salt Lake City, Utah. April 2006.
31. **Lanning, BA**, Irons, L., Massey-Stokes, M. *The Animal/Human Bond: Improving Health*. AAHPERD National Conference. Salt Lake City, Utah. April 2006.
32. Bowden, RG., **Lanning, BA**, Doyle, EI, Johnston, H., Slonaker, B., Scanes, G. *The Effects of Carbohydrate Restriction and Increased Protein Intake Combined with Exercise on Systemic Glucose Levels*. American Academy of Health Behaviors. Carmel, CA. March 2006.
33. Bowden, RG, **Lanning, BA**, Doyle, EI, Johnston, BS, Slonaker, BS, Scanes, BS. *Effects of Moderate Protein and High Carbohydrate Diets on Lipid Levels*. American Academy of Health Behavior Scientific Conference. Charleston, South Carolina. 2005.
34. Long, L, , Bowden, RG, **Lanning, BA**, Nassar, EI, Zimmerman, A, Beckman, J, Fogt, D, Rasmussen, C, Greenwood, M, Willoughby, D, Kreider, R. *Effects of the Curves Fitness & Weight Loss Program V: Quality of Life*. Annual Federation of American Societies of Experimental Biology Meeting. Washington, DC, 2005.
35. Long, L, **Lanning, BA**, Bowden, RG, Nassar, EI, Zimmerman, A, Beckman, J, Fogt, D, Rasmussen, C, Greenwood, M, Willoughby, D, Kreider, R. *Effects of the Curves Fitness & Weight Loss Program VI: Body Image*. Annual Federation of American Societies of Experimental Biology Meeting. Washington, DC, 2005.
36. **Lanning, B.** , Massey-Stokes, M. and Williams, L. *Where's the Fat?* Poster Presentation. AAHPERD National Conference. Chicago, Illinois. April 2005.
37. Bowden, R. & **Lanning, B.** *Comparison of Body Composition Measures to Dual Energy X Ray Absorptiometry*. Presentation. AAHPERD National Conference. Chicago, Illinois. April 2005.
38. Nassar, E.I., Bowden, R.G., **Lanning, B.A.**, Johnston, H. Slonaker, B., Scanes, G., Rasmussen, C., & Kerksick, C. *The efficacy of body mass index as a health status indicator*. Presentation. International Society of Sport Nutrition Conference. Las Vegas, Nevada. June 2004

39. **Lanning, B.** and Massey-Stokes, M. *Assessment of Child Sexual Abuse Prevention Programs in Texas K-12 Private Schools*. Poster Presentation. AAHPERD National Conference. New Orleans, LA. April 2004.
40. **Lanning, B.**, Bowden, R., Johnston, H., Rasmussen, C., Kerksick, C., Magrans, T., Campbell, B., Baer, J., Thomas, A., Slonaker, B., Pfau, E., Grimstvedt, M., Wilborn, C., Marcello, B., Fogt, D., Taylor, L., Mulligan, C., Rohle, D., Vacanti, A., Ounpraseuth, S., Casey, P., Wilson, R., Greenwood, M., Kreider, R., Earnest, C. *Effects of the Curves® fitness and weight loss program VIII: Body image*. Poster presentation. Experimental Biology Annual Meeting, Washington, DC. April 2004
41. Bowden, RG, **Lanning, B.**, Johnston, H., Rasmussen, C., Kerksick, T., Magrans, B., Campbell, J., Baer, A., Thomas, B., Slonaker, E., Pfau, M., Grimstvedt, C., Wilborn, B., Marcello, D., Fogt, L., Taylor, C., Mulligan, D., Rohle, A., Vacanti, S., Ounpraseuth, P., Casey, R., Wilson, M., Greenwood, R., Kreider, C., Earnest. *Effects of the Curves® Fitness & Weight Loss Program VII: Quality of Life*. Poster presentation. Experimental Biology Annual Meeting, Washington, DC. April 2004
42. Massey-Stokes, M. & **Lanning, B.** *The Role of the Coordinated School Health Program in Preventing Child Abuse and Neglect*. The American School Health Association's 77<sup>th</sup> National School Health Conference, El Paso, TX. October 2003.
43. Bowden, R., **Lanning, B.**, Irons, L. and Briggs, J. *Gender Comparisons of Social Physique Anxiety and Perceived Fitness in a College Population*. Poster presentation. AAPHERD National Convention, San Diego, CA. April 2002
44. **Lanning, B.** and Doyle, E. *Student Mentoring and Community Partnership Building: A "Win-Win" Combination*.- Society for Public Health Association (SOPHE) annual Conference. Atlanta, GA, October 2001.
45. **Lanning, B.** *Enhancing Relationships and Gender Communication*. SDAHPERD Convention, Biloxi, MS- February 1998.

**State:**

1. **Lanning, B.** *Horses for Heroes Program-Preliminary Findings*. Presentation. NARHA Regional Conference. Houston, Texas. August 1, 2009.
2. **Lanning, B.**, Irons, L., and Williams, L. *Continuum of Healthy Sexuality*. Presentation. TAHPERD State Conference. December 2005.
3. Long, L, Nassar, E, Bowden, RG, **Lanning, BA**, Zimmerman, A, Fogt, D, Greenwood, M, Wilson, R, Kreider, R. *Effects of the Curves fitness & weight loss program V: Quality of Life & VI: Body image*. Texas, American College of Sports Medicine. 2005.

4. **Lanning, B.** and Williams, L. *Barriers to Children's Health Issues –Part 2*. Presentation. TAHPERD State Conference. Arlington, Texas. December 2004.
5. **Lanning, B.**, Bowden, R., Doyle, E., Johnston, H., Slonaker, B., and Scanes, G. *Serum Cholesterol Levels in Sedentary College Students*. Presentation. TAHPERD State Conference, Arlington, Texas. December 2004.
6. **Lanning, B.** and Williams, L. *Barriers to Children's Health Issues*. Presentation. TAHPERD Summer Conference. Waco, Texas. July 2004
7. **Lanning, B.**, Bowden, R., Owens, R., and Massey-Stokes, M. *The Influences of Gender, Age, Perceived Fitness and Aerobic Activity on Social Physique Anxiety and Self-Esteem in Adults Sixty and Older*. Poster Presentation. TAHPERD State Conference, Galveston, TX. December 2003
8. Bowden, R., **Lanning, B.**, and Irons, L. *Body Image and Disease*. Presentation. TAHPERD State Conference, Galveston, TX. December 2003.
9. **Lanning, B.**, Bowden, R., and Irons, L. *Who Cares What I Look Like—I Do*. Presentation TAHPERD State Conference, Fort Worth, TX. December 2002.
10. **Lanning, B.** *Learning by Doing: Serving the Needs of the Community Through a Health Fair*. Poster presentation, TAHPERD State Conference, Fort Worth, TX. December 2002.
11. **Lanning, B.** and Bowden, R. *Assessing Teachers' Attitudes About Teaching an Abstinence-Only Sex Education Curriculum*. TAHPERD Convention, Corpus Christi, TX, December 2001.
12. **Lanning, B.** *How to Be An "Askable" Parent/Teacher*. TAHPERD Summer conference. Waco, TX. July 1998.
13. **Lanning, B.** *Developing & Implementing Behavior Change Projects in College Health Courses*. TAHPERD Convention. Houston, Texas- December 1998.
14. **Lanning, B.** *Child Sexual Abuse Prevention Programs and the School Environment*. TAHPERD Convention, Fort Worth, Texas- December 1997.
15. **Lanning, B.** *Sex Education- "What do they want to know?" Easy ways to handle hard to ask questions*. TAHPERD Convention, Dallas, Texas- December 1995.

## INVITED PROFESSIONAL COMMUNITY PRESENTATIONS

1. **Lanning, B.A.** *Sexual assault prevention on college campuses: Let's listen, talk and act.* Mary Hardin Baylor University. Campus leaders training. June 2014.
2. **Lanning, B.A.** *Sexuality: Issues and concerns. Parenting in today's world.* Lorena Middle School. February 21, 2014.
3. **Lanning, B.A., & Irons, L.** *Healthy Sexuality.* Midway Middle School, Waco, Texas. May 2013, 2012, 2011, 2010.
4. **Lanning, B.A.** *Eliminating Health Disparities: A Panel Discussion.* Waco, Texas. April 2004.
5. **Lanning, B. A., & Irons, L.** *Stress management techniques.* Advocacy Center for Crime Victims and Children. Waco, Texas. April 2004.
6. **Lanning, B. A.** *Health education and the health connection.* Presentation. Answering Your Call to Health Ministries- Potter's Vessel Ministries day conference. Waco, Texas. March 2004
7. **Lanning, B.** and Hanks, T. *HIV/AIDS: A Local and Global Picture.* Baylor Interdisciplinary Core Health Class. October 2, 2003.
8. **Lanning, B.** *Understanding How to Evaluate Our Programs.* Mission Waco Board/Staff Retreat. Waco, TX. August 11, 2003.
9. **Lanning, B.** *Health Education and the Health Connection.* Potter's Vessel Ministries Faith in Action Seminar. Waco, TX. March 22, 2003.
10. **Lanning, B. & Hanks, T.** *HIV/AIDS in Our World and Community.* Baylor Interdisciplinary Core Health Class. October 31, 2002.
11. **Lanning, B.** *Talking to Your Children About Sexuality: A Parent's Guide.* Robinson PTA, Waco, TX, February 2002.
12. **Lanning, B.** - *Christianity: The Center of Health.* Columbus Avenue Baptist Church, Waco, TX, March 2001. Three week seminar.
13. **Lanning, B.** *Using the Classroom to Reduce Environmental Risk Factors for Teen Pregnancy.* Central Texas Regional Texas Association Concerned with School Age Parenthood, Waco, TX. April 2001.
14. **Lanning, B.** *Talking to Your Children About Sexuality.* Meadowbrook Baptist Church, Waco, TX, September 2001.

15. **Lanning, B.** and Hanks, T. *Getting the Facts About HIV/AIDS*. Baylor Interdisciplinary Core Wellness Class, Baylor University, Waco, TX, October 2001.
16. **Lanning, B.** *Spiritual Health*. Baylor University Wellness, Waco, TX, October 2001.
17. **Lanning, B.** *Talking With Your Kids About Sexuality Issues*. Hillcrest Medical Center Women's Health Seminar, Waco, TX.- March 1999.
18. **Lanning, B.** *Sexuality: How to answer those "hard to answer" questions*. Central Texas Regional Texas Association Concerned with School Age Parenthood, Waco, TX. April 1998.

Speaking engagements: Northwest Kiwanis , Rotary Club, Huaco Chapter of American Business Women's Association and United Methodist Women's Group, Advocacy Center Support Groups, Waco Family Y. Topics covered include: stress management, fitness, child sexual abuse, healthy relationships, nutrition, etc.

## **PROFESSIONAL SERVICE**

### **Reviewer, Consultant, Community Involvement, Professional Organizations:**

2015-present Chair, PATHInt. Health and Education Advisory Committee

2013-present Reviewer for Global Journal of Health Education and Promotion

2012-present Reviewer for Health Promotion Practice Journal

2012-present Reviewer for the Journal of Animal-Human Interaction

2012-present Reviewer for the American Nurse Today Journal.

2004-present Reviewer for Psychological Reports/Perceptual and Motor Skills.

- May 2016-  
August 2016 Chair, Horses and Humans Research Foundation research task force.
- 2014-2015 SABPAC site accreditation team.
- 2013-2014 Committee member, PATHInt. Health and Education Advisory Committee
- 2014 Program reviewer for the Society of Public Health Educators National Conference
- 2012-2013 Beta testing task force for the Society of Public Health Educators' Knowledge Center.
- 2006-2011 Reviewer for the International Journal of Health Education
- 2012 Program reviewer for the Society of Public Health Educators National Conference
- Summer 2008 Conducted a competency development workshop for Shannon Health and Wellness, Right Choices for Youth Program personnel. San Angelo, Texas.
- 2007-2009 Teacher Evaluator for Shannon Health and Wellness, Right Choices for Youth Program, San Angelo, Texas.
- 2004 Reviewer for the International Journal of Child Abuse & Neglect
- 2004 Reviewer for Sex Matters For College Students- Prentice Hall: publisher
- 2003-2007 Committee member—American Association for Health Education (AAHE) national committee on Professional Development
- 1998-2005 Consultant. Youth Connection, Inc., Waco, TX.
- 2003 Presider- TAHPERD State Convention, December
- 2003 Secretary for the Community Health Division of TAHPERD
- 2002 Secretary for the Professional Health Division of TAHPERD
- 2001 Presider- two sessions. AAHPERD National Convention
- 2001 Reviewer for AAHE-AAHPERD National Convention presentations
- 2001 Chair of the nominating committee for Vice President of Health, TAHPERD
- 2000 Delegate- Region 12, Representative Assembly for TAHPERD

- 2000           Reviewer for AAHE-AAHPERD National Convention presentations.
- 1999           Reviewer for Concepts in Health: Test Bank. Mayfield Publishing Company
- 1998           Reviewer for Cox's The AIDS Booklet. McGraw-Hill Publisher.
- 1996           Reviewer- TAhPERD Journal articles
- 1995           Reviewer for An Invitation to Health. 7<sup>th</sup> Edition Dianne Hales. Brooks/Cole Publishers

## **UNIVERSITY SERVICE**

### **Thesis/Dissertation Committees:**

See Dissertation/Thesis above

### **Committee Assignments, University Involvement:**

- 2006-present   Director, Public Health Undergraduate Program
- 2007-present   Member, Department Curriculum Committee
- 2000-present   Member, Baylor University Graduate Faculty
- 2016-present   Member, Assistant/Association Faculty in Health Scienc Studies Faculty search committee
- 2015- 2016     Chair, Clinical Assistant/Associate Faculty in Health Science Studies faculty search committee
- 2005-2015     Member, Baylor Interdisciplinary Poverty Initiative
- 2014-2015     Member, Degree Revision Committee for the College of Health and Human Sciences
- 2012-2015     Member, Louise Herrington School of Nursing tenure committee.
- 2014-2015     Member, MPH epidemiology faculty search committee.
- 2006-2014     Faculty Advisory, Epsilon Alpha Chapter of Eta Sigma Gamma
- 2007-2014     Member, School of Education Enrollment Management Committee

- 2012- 2014 Chair, the University Invitation to Excellence committee for the School of Education
- 2012-2013 Chair, search committee for the Full-Time Lecturer in Community Health Education position
- 2012-2013 Member, the University Informed Engagement Committee and related community engagement sub-committee.
- 2010-2011 Chair, University Health Committee
- 2009-2011 Member, Student Disciplinary Committee
- 2009-2011 Member, Health Educator Search Committee
- 2009-2011 Member, Faculty Tenure Committee for Julie Ivey
- 2008-2010 Member, University Health Committee
- 2008-2009 Member, Director of Health Studies Search Committee
- 2008-2009 Member, Director of Wellness Search Committee
- 2006-2007 Member, Clinical Faculty Search Committee
- 2005-2007 Member, Baylor Task Force on Poverty
- 2004-2006 Member, University Health Committee
- 2004-2005 Member, University Equestrian Advisory Committee
- 2002-2005 Co-Director, HHPR Community Outreach
- 2001 Member, Faculty Search Committee
- 2000-2001 Member, SOE Awards Committee

## **HONORS & AWARDS**

- 2014 Baylor University Service Award-15 years.
- 2013 Honored Faculty, Mortar Board



2012	Baylor Fellows
2006	Tenured Faculty Member.
2005	Summer Research Sabbatical, Baylor University
2004	Non-Tenured Tenure-Track Outstanding Scholarship Award- School of Education Representative.
2003	Summer Research Sabbatical, Baylor University
2001	Non-Tenured Tenured Track Outstanding Teaching Award- School of Education representative.
1995	Honored Baylor faculty member-by The Brotherhood of Phi Kappa Chi and the Department of Denominational Ministries-

## **PROFESSIONAL AFFILIATIONS/MEMBERSHIPS**

2013- present	American Academy of Health Behavior
2013-present	The International Society for Anthrozoology (ISAZ)
2010-present	M.C.H.E.S. (Master Certified Health Education Specialist).
2000-present	SOPHE (Society of Public Health Education)
2006-present	PATHIntl. (Formely the North American Riding for the Handicapped Association)
2006-present	Eta Sigma Gamma- Honorary Health Educators Society
1998-2010.	C.H.E.S. (Certified Health Education Specialist).
1997-2009	AAPHERD (American Alliance of Health, Physical Education, Recreation, and Dance).
1990-2009	TAHPERD (Texas Association of Health, Physical Education, Recreation, and Dance)
2003-2010	Pony Club of America- Sponsor/corporate member.
1997-2002	Delta Kappa Gamma. Member. Society for women educators.
1988-2002	ACE formerly IDEA (International Dance-Exercise Association) certified instructor
1992-1994	Member of the Board of Directors for the American Heart Association.
1991-1992	AAHPERD (American Alliance of Health, Physical Education, Recreation, and Dance)
1992-1993	Member of the Board of Directors for McLennan County AIDS Research and Educational Services.
1987-present	Certified Scuba Diver
1992-present	Private Pilot's License

## CHURCH AFFILIATION AND SERVICE

- 2015-present Attending First Woodway Baptist Church, Woodway, Texas.
- 1999-2012 Columbus Avenue Baptist Church, Waco, TX. Member. Bible study teacher for the Young Adult IV class.
- 2003-2007 Columbus Avenue Baptist Church, Waco, TX. Cell Group Leader for the Young Adult IV class
- 2000-2007 AWANA – Teacher for the 3<sup>rd</sup> grade group. First Woodway Baptist Church, Waco, TX.
- 2004 Vacation Bible School- Director for the 3<sup>rd</sup> grade. Columbus Avenue Baptist Church
- 2003 Vacation Bible School- Teacher for the 1<sup>st</sup> grade group. Columbus Avenue Baptist Church.
- 2001 Vacation Bible School- Teacher for the 2<sup>nd</sup> grade group. Columbus Avenue Baptist Church.

## VOLUNTEER WORK/COMMUNITY ACTIVITIES

- 2002-present Mission Waco- organize health fair for the homeless
- 2013 Member, Community Health Initiative Program, City of Waco.
- 2003-2010 DC- Huaco Pony Club- educational director and instructor.
- 2002-2005 Board Member of Potter's Vessel Ministries
- 2002-2005 Mission Waco- help organize mini "health talks" for the homeless Friday morning breakfast program
- 1997 First Baptist Church of Waco-Speaker for college series on relationships.
- 1996 Teen Pregnancy Prevention Council, Waco, TX.-- fund-raising events.
- 1992-1994 American Heart Association, Waco, TX.-- organized main fund-raiser events.
- 1983-1987 Good Shepherd Lutheran Church, Sandy, Utah. Campus Life youth leader. Helped lead and organize a bike trip from Salt Lake City, Utah to Yellowstone National Park. Also helped lead a bike trip down the coast of Oregon.