

# EMILY S. ENGLISH, DrPH, MPS

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## EDUCATION

**UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES, COLLEGE OF PUBLIC HEALTH**  
*Doctorate in Public Health Leadership* (Little Rock, AR • May 2018)

**UNIVERSITY OF ARKANSAS CLINTON SCHOOL OF PUBLIC SERVICE**  
*Master of Public Service* (Little Rock, AR • December 2009)

**UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES, COLLEGE OF PUBLIC HEALTH**  
*Master of Public Health* (Little Rock, AR • December 2009)

**HENDRIX COLLEGE** (Conway, AR • Sept. 1998 - June 2002)  
*B.A. in Interdisciplinary Studies: "Sustainability, Culture and Environment"*

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## ACADEMIC APPOINTMENT

**UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES** (Little Rock, AR • July 2018 - Present)  
ASSISTANT PROFESSOR, DEPARTMENT OF PEDIATRICS, CENTER FOR APPLIED RESEARCH AND EVALUATION  
DIRECTOR, ACCESS TO HEALTHY FOODS RESEARCH GROUP, ARKANSAS CHILDREN'S RESEARCH INSTITUTE

## OTHER POSITIONS/APPOINTMENTS

**NATIONAL FARM TO SCHOOL NETWORK** (Arkansas • January 2017 - Present)  
ARKANSAS STATE CORE PARTNER

**HEALTHY ACTIVE ARKANSAS** (Arkansas • January 2017 - Present)  
CO-CHAIR, ACCESS TO HEALTHY FOODS TEAM

**ARKANSAS COALITION FOR OBESITY PREVENTION** (Arkansas • November 2013 - Present)  
GROWING HEALTHY FOODS ADVISOR TO THE BOARD

**UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES** (Little Rock, AR • October 2017 - July 2018)  
RESEARCH DIRECTOR, DEPARTMENT OF PEDIATRICS,  
ACCESS TO HEALTHY FOODS RESEARCH GROUP AT ARKANSAS CHILDREN'S RESEARCH INSTITUTE

**JOINT OVERSIGHT COMMITTEE: AR DEPARTMENT OF HEALTH - UAMS COLLEGE OF PUBLIC HEALTH**  
APPOINTED STUDENT REPRESENTATIVE (Little Rock, Arkansas • Fall 2015 - Summer 2018)

**UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES** (Little Rock, AR • June 2012 - September 2017)  
PROGRAM ADMINISTRATOR, DEPARTMENT OF PEDIATRICS,  
CHILDHOOD OBESITY PREVENTION RESEARCH PROGRAM ARKANSAS CHILDREN'S RESEARCH INSTITUTE

**MOTHER EARTH LIVING MAGAZINE** (Fall 2013 - Fall 2017)  
FREELANCE CONTRIBUTOR

**PEACEWORK DEVELOPMENT FUND** (Arkansas/Belize/Vietnam/St. Lucia • June 2008 - 2014)  
COMMUNITY GARDEN CONSULTANT, PROGRAM FACILITATOR

**UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES** (Little Rock, AR • January 2010 - June 2012)  
PROGRAM MANAGER, DEPARTMENT OF PEDIATRICS, COLLEGE OF MEDICINE  
CHILDHOOD OBESITY PREVENTION RESEARCH PROGRAM AT ARKANSAS CHILDREN'S HOSPITAL RESEARCH INSTITUTE

**THE PEOPLE TREE, INC.** (North Little Rock, Arkansas • January 2012 - September 2016)  
BOARD MEMBER

**ARKANSAS FARM TO SCHOOL CONFERENCE PLANNING AND STEERING COMMITTEE**  
ORGANIZER/FACILITATOR (Arkansas • November 2009 - January 2012)

**ARKANSAS FOOD POLICY COUNCIL** (Arkansas • December 2008 - January 2012)  
VICE PRESIDENT

**HOA AN BIODIVERSITY, APPLICATION, AND RESEARCH CENTER** (Hoa An, Vietnam • May - August 2008)  
RESEARCHER ASSOCIATE

**ARKANSAS DEPARTMENT OF HUMAN SERVICES** (Little Rock, AR • August 2007 - March 2008)  
ARKANSAS CHILDREN'S MENTAL HEALTH CARE SYSTEM EVALUATOR

**HEIFER INTERNATIONAL RANCH** (Perryville, AR • Feb. 2006 - Nov. 2006, May 2002 - November 2003)  
MANAGER, ORGANIC COMMUNITY SUPPORTED AGRICULTURE (CSA) SMALL FARMS INITIATIVE

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### PROFESSIONAL ASSOCIATIONS

AMERICAN PUBLIC HEALTH ASSOCIATION	2011-PRESENT
DELTA OMEGA PUBLIC HEALTH HONORARY SOCIETY	2009-PRESENT
COMMUNITY FOOD SECURITY COALITION	2011-2014
AMERICAN HORTICULTURE SOCIETY	2010-2014

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### REVIEWER

#### JOURNAL

Advances in Nutrition: An International Review Journal

#### CONFERENCE

American Public Health Association - Film Reviewer

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### WRITTEN WORK

English, ES. Community Food Center Planning Guide. Dissertation. 2018

DeBruyn J, Hellthaler N, Stewart A, English ES, Rhodes JR, Weber JL. Arkansas Farm to School Groundbreaker Profiles. April 2018.

Weber J, English ES, Rhodes J, Wenzel E. Executive Summary - Health Impact Assessment: Arkansas Farm to School. Access to Healthy Food Research Group, Arkansas Children's Research Institute. October 2017

English ES, Campos C, Chaisson M, Stevens N, Weber J. Arkansas GardenCorps: Five Years of Serving School and Community Gardens in Arkansas. Access to Healthy Foods Research Group, Arkansas Children's Research Institute. 2017

English ES. Friend or Foe: A Guide to Beneficial Insects and Pests. Mother Earth Living Magazine, July/August 2017.

English ES. Herbs That Grow Well Indoors. Mother Earth Living Magazine, Nov/December 2015.

**English ES.** Big or Small: Grow a Greens Garden This Fall. Mother Earth Living Magazine, Sep/Oct 2015.

**English ES.** Building a Food Community. Mother Earth Living Magazine, March/April 2014.

**English ES.** Cover Crops for Small Gardens. Mother Earth Living Magazine, January/February 2014.

**English, ES.** Arkansas Farm to School Informational Toolkit. Masters Capstone Project. May 2009

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## POSTERS AND PRESENTATIONS

**English, ES.** University-Community Partnerships to Improve Access to Healthy Foods. Oral presentation at Together at the Table Hunger and Poverty Summit at Baylor University, hosted by the Texas Hunger Initiative. November 7, 2018.

Rhodes JR, **English ES**, Langley M, Veit-Edington J. Growing Head Start Success with Farm to Early Care and Education. Oral presentation at Arkansas Early Childhood Education Annual Conference. October 25, 2018.

**English, ES** with National Farm to School Network staff and fellow state core partner. Webinar. Farm to School State Proclamations. September 20, 2018.

**English, ES.** Bridging the Gap in Rural and Urban Areas: Farm to School. Oral presentation at Farm Bureau Arkansas Officers and Leaders Conference. July 23, 2018.

**English ES,** Weber JL. Farm to School. Oral presentation at the Chronic Disease Forum annual conference. Little Rock, AR. May 11, 2018.

**English ES.** Arkansas GardenCorps. Oral presentation at University of Alabama at Birmingham. June 18, 2018.

Weber JL, **English ES**, Rhodes J, Wenzel E. Health Impact Assessment: Arkansas Farm to School. Poster presentation at the National Farm to Cafeteria Conference. Cincinnati, Ohio. April 25, 2018.

Wallace D, **English ES**, Rhodes JR, Weber, JL. Indication of Best Practice Research for Garden-Based Cooking Matters Supplement through Key Informant Surveys. Poster presentation at Arkansas Dietetics Association annual conference. April 19, 2018

Brown, M. Rhodes JR, **English ES**, Weber, JL. Best Practices Exploration to Inform an Arkansas Farm to School Toolkit. Poster presentation at Arkansas Dietetics Association annual conference. April 19, 2018

Weber JL, **English ES**, Rhodes J, Wenzel E. Health Impact Assessment: Arkansas Farm to School. Poster presentation at the Arkansas Biosciences Annual Meeting. Fayetteville, Arkansas. October 25, 2017.

Weber JL, **English ES**, Moore P, Robbins J, Schichtl R, Ward W, Whiteside-Mansell L, Williams E. A Science-Based School Garden Program Improves Students' Dietary Intakes and Academic Achievement. Poster presentation at the Southern Sustainable Agriculture Working Group's 25th Annual Conference. Lexington, Kentucky. January 27-30, 2016.

Weber JL, Bai S, Carberry A, **English ES**, Rhodes J, Hu Z, Thompson K, Delfos L. Strategies for Building Farm to School Capacity that Led to Increased Consumption of Fruits and Vegetables in School Lunch: the Arkansas Grow Healthy Study. Poster presentation at the Southern Sustainable Agriculture Working Group's 25th Annual Conference. Lexington, Kentucky. January 27-30, 2016.

Carberry A, **English ES**, Schichtl R, Swearingen CJ, Weber JL. Market Potential for Farm to School in Arkansas. Southern Sustainable Agriculture Working Group Conference, Little Rock, AR. January, 2013

Carberry A, **English ES**, Schichtl R, Thompson K, Swearingen CJ, Weber JL. Farm to School Capacity in Arkansas. Horticulture Industries Show, Ft. Smith, AR. January, 2013

Brownell K, **English ES**, Carberry A, Weber JL. Middle School Garden to Cafeteria Pilot Project. Poster presented at the 6th National Farm to Cafeteria Conference. Burlington, VT. August 2-5, 2012.

Weber JL, **English ES**, Schichtl R, Harden L, Carberry A. The Delta Garden Study. Oral presentation to the Arkansas Public Health Association Annual Meeting. Hot Springs, AR. May 11, 2012.

Johnson, C, Carberry, A, **English, ES**. Bridging the Gap Between Community Food Projects and Community Health Initiatives. Oral presentation at the Southern Sustainable Agriculture Working Group's 21st annual conference. Little Rock, AR. January 20, 2012.

**English, ES**, Carberry, A, Weber, JL School Garden and Farm to School Research and Development in Arkansas. Poster presentation at the Community Food Security Coalition's 15th annual Conference. Oakland, CA, November 5-8, 2011.

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### ACTIVE RESEARCH and PRACTICE SUPPORT

English (PI) 09/01/2017 - 08/31/2018

Funding Agency: Arkansas Children's Research Institute

Title: *Arkansas GardenCorps*

Total Cost: \$25,000

Purpose: To support Arkansas GardenCorps and its mission to leverage community volunteers to build and/or maintain school or community gardens in both rural and urban locations in support of environmentally-conscious practices and to address issues of childhood obesity.

Role: **Assistant Professor**

English (PI) 09/01/2017 - 08/31/2018

Funding Agency: Lindsey Robison Endowment, a fund of the Arkansas Community Foundation

Title: *Arkansas Farm to School*

Total Cost: \$25,000

Purpose: To support VISTA cost share for service members supporting Arkansas Farm to School, Arkansas GardenCorps, and other food-related objectives of the Access to Healthy Foods Research Group.

Role: **Assistant Professor**

Weber (PI), English (Acting PI) 9/1/2017 - 8/31/2019

Funding Agency: Kohl's Foundation

Title: *Education, Outreach and Implementation of Arkansas Farm to School*

Total Cost: \$169,921

Purpose: To support development and testing of garden-based culinary curriculum, development and delivery of a new digital communication platform, and development and delivery of Arkansas Farm to School Toolkit.

Role: **Assistant Professor**

Weber (PI), English (Acting PI) 4/1/2017 - 3/31/2020

Funding Agency: National Farm to School Network

Title: *National Farm to School Network 2017-2019 Core Partner Application*

Total Cost: \$12,000

Purpose: To serve as the Arkansas State Core Partner for the National Farm to School Network, working to build capacity and develop a statewide network to support and expand farm to school practices in Arkansas.

Role: **Assistant Professor**

Weber (PI), English (Acting PI) 9/1/2017-8/31/2018  
Funding Agency: Brown Foundation  
Title: *Arkansas Farm to School Initiative*  
Total Cost: \$75,000  
Purpose: To build the infrastructure for a comprehensive and statewide farm to school initiative.  
Role: **Assistant Professor**

Weber (PI) 6/1/15 - 8/31/2018  
Funding Agency: Bank of America Foundation  
Title: *Banking on School Gardens to Grow Food Security*  
Total Cost: \$25,000  
Purpose: To enhance families access to fresh produce and nutrition education through the delivery of Cooking Matters culinary and nutrition education courses by Arkansas GardenCorps service members.  
Role: **Assistant Professor**

Weber (PI) 7/1/2017-6/30/2018  
Funding Agency: USDA Office of Community Food Systems via Arkansas Agriculture Department  
Title: *Building Cross Sector Farm to School Leadership in Arkansas*  
Total Cost: \$10,000  
Purpose: To build farm to school knowledge and leadership in the Arkansas Agriculture Department through the development and delivery of co-hosted trainings for farmers, producers, distributors, and value chain facilitators.  
Role: **Research Director**

Award # 15-SCBG-P-AR0052  
Weber (PI) 03/01/2016 - 11/30/2018  
Funding Agency: Arkansas Agriculture Department, USDA  
Title: *Providing Technical Assistance to Increase the Use of Farm to School Practices*  
Total Cost: \$69,359  
Purpose: To provide technical assistance to schools and famers to increase capacity for farm to school. This assistance will focus on USDA Good Agricultural Practices (GAP) workshops and certifications, and Arkansas Grown Membership for farmers, as well as local food procurement workshops and technical assistance for schools.  
Role: **Research Director**

Weber (PI) 09/01/2012 - 08/31/2018  
Funding Agency: Corporation for National and Community Service - AmeriCorps (Continuation)  
Title: *Arkansas GardenCorps*  
Total Cost: \$1,427,065  
Purpose: To leverage community volunteers to build and/or maintain school or community gardens in both rural and urban locations in support of environmentally-conscious practices and to address issues of childhood obesity.  
Role: **Research Director**

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### COMPLETED RESEARCH SUPPORT

Weber (PI) 03/01/2016 - 02/28/2017  
Funding Agency: Arkansas Biosciences Institute  
Title: *Health Impact Assessment of Farm to School on Childhood Obesity Rates in Arkansas*  
Total Cost: \$55,000  
Purpose: To use a Health Impact Assessment process for evaluating the potential health impact on childhood obesity rates, and other nutrition related health impacts, of establishing a state farm to school (F2S) coordinator position in Arkansas.  
Role: **Program Administrator**

Award # 2011-68001-30014

Nayga/Weber (Co-PI)

02/01/2011 - 01/31/2016

Funding Agency: United States Department of Agriculture, National Institute of Food and Agriculture

Title: *Intervention for obesity prevention targeting young children in at-risk environments: an integrated approach: The Arkansas Grow Healthy Study*

Purpose: To improve the diets of young children, especially through improving access to fresh fruits and vegetables; to conduct a statewide food shed assessment for the promotion and facilitation of farm-to-school initiatives; and to ensure that tomorrow's educators, childcare providers, and other practitioners are able to make a meaningful impact on the childhood obesity crisis throughout their professional lives.

Role: **Program Administrator**

Award # 58-6251-8039

Weber (PI)

10/01/2009 - 09/30/2013

Funding Agency: United States Department of Agriculture, Agricultural Research Service

Title: *Increasing school bonding through gardening to reduce obesity and other risk behaviors in the Delta: The Delta Garden Study*

Purpose: To increase school bonding and teacher connectedness in middle school students at high risk for deleterious social and health behaviors/conditions such as absenteeism, violent outbursts and assaults, substance abuse, and obesity by producing a change in the school environment through the establishment of school gardens.

Role: **Program Administrator**