AlwaysOn Takes Wellness On the Go

Well onTarget® makes it easy to fit wellness into your schedule with the AlwaysOn Wellness app.

Meet Your Wellness Needs
The AlwaysOn Wellness mobile app has a wide variety of easy-to-use, features that allow you to:

• Take your Health Assessment* 
• Set personal health and wellness goals and track your progress
• Take an online educational program
• View your Blue Points℠** balance
• Track data synced from more than 80 fitness devices and apps

Seamless Integration with the Member Portal
The app is fully integrated with the Well onTarget portal. Plus, it automatically syncs Well onTarget activity.

To get started, just follow these steps:
1. If you haven’t registered on the Well onTarget Portal, go to wellontarget.com and register.
2. Download the AlwaysOn Wellness mobile app in the Apple or Google store.
3. Open the app and click on “New User Registration.”
4. Follow the prompts to verify information from your member ID card.

Questions about the app or the Well onTarget program?
Call Customer Service at 877-806-9380.

The mobile app is available for iPhone® and Android™ smartphones. It can help you regularly connect with your wellness program, work on goals and stay inspired — anytime and anywhere.