

Laura Ruth Irvin, DO
Primary Care Sports Medicine

5925 Caldwell St, Waco, TX 76710 | (214)-457-1417 | laurairvin0901@gmail.com

EDUCATION

Southwest Sports Medicine and Orthopedics- <i>Sports Medicine Fellowship</i> -Waco, TX	July 2018-June 2019
Methodist Charlton Medical Center – <i>Family Medicine Residency</i> – Dallas, TX	July 2015-June 2018
UNTHSC-TCOM- <i>Doctor of Osteopathy</i> - Fort Worth, TX	July 2011-May 2015
Abilene Christian University- <i>B.S. in Biochemistry</i> - Abilene, TX	August 2007-May 2011

CERTIFICATIONS & LICENSURE

Family Medicine Board Certified	May 2018
Texas State Medical Licensure	May 2017-May 2019
ACLS, BLS	Valid until May 2019
The Improvement Academy-Bronze Certification	May 2017
Integrative Medicine Residency Tract	July 2017-June 2018

EXPERIENCE

UTSA Tennis Tournament Coverage- <i>Team Physician</i> - Waco, TX	October 2018
Mass Participation Coverage- <i>Medical Volunteer</i> - Waco, TX <ul style="list-style-type: none">• TriWaco- July 2018• Ironman Waco 70.3- October 2018	
Baylor University Women's Soccer- <i>Team Physician</i> - Waco, TX	July 2018- Present
Mclennan Community College- <i>Team Physician</i> - Waco, TX	July 2018- Present
Waco High School- <i>Team Physician</i> - Waco, TX.	July 2018-Present
City Doc Urgent Care- <i>Locum Tenes Physician</i> - Dallas, TX	July 2017- June 2018
Duncanville Independent School District- <i>Team Physician</i>	September 2016- June 2018
Event/Sport Coverage- <i>Medical Volunteer</i> - Dallas, TX <ul style="list-style-type: none">• Lone Star Marathon- April 2017• High School Sport Physicals (Duncanville- April 2017, Mansfield- April 2017)	
Agape Clinic- <i>Medical Volunteer</i> - Dallas, TX <ul style="list-style-type: none">• Free medical care for underserved population	October 2016
Medical/Dental Mission Trips <ul style="list-style-type: none">• Guatemala• Panama• Nicaragua• Guatemala	February 2018 August 2017 2009, 2012, 2013 March 2008

LEADERSHIP

Waco Primary Care Sports Medicine Fellowship-

<ul style="list-style-type: none"> • <i>MCMERF Board- Fellow representative</i> • <i>GMEC- Fellow representative</i> 	<p>July 2018- Present July 2018- Present</p>
<p>Methodist Charlton Family Practice Residency Program-</p> <ul style="list-style-type: none"> • <i>Chief Resident</i> • <i>Recruitment Committee Co-chair</i> • <i>Resident Wellness Committee Co-chair</i> 	<p>March 2017-June 2018 July 2016- June 2018 July 2016- June 2018</p>
<p>Methodist Charlton Medical Center- Resident Representative- Dallas, TX</p> <ul style="list-style-type: none"> • <i>GMEC Annual Meeting</i> • <i>GEM Committee</i> 	<p>June 2016 June 2016-Present</p>
<p>UNTHSC-TCOM –Student Ambassador- Fort Worth, TX</p>	<p>July 2012-May 2015</p>
<p>UNTHSC-TCOM Christian Medical Association- Vice President- Fort Worth, TX</p>	<p>July 2012-June 2013</p>
<p>Medical Mission Trip Leader</p> <ul style="list-style-type: none"> • <i>Nicaragua</i> • <i>Nicaragua</i> 	<p>October 2012-March 2013 October 2008-March 2009</p>
<p>ACU Christian Medical and Dental Association-Student Representative- Abilene, TX</p>	<p>August 2009-May 2011</p>

RESEARCH & CLINICAL PROJECTS

<p><i>Irvin DO, Laura; AMSSM Fellowship Case Report "More Than Just A Bump"</i></p>	<p>July 2018- Present</p>
<p><i>Green MD, Ronya; Irvin DO, Laura; Love DO, Brittany; Salmon BHS, Theresa; "How Does Resident Physician Wellness Affect the Patient-Physician Relationship?"</i></p>	<p>August 2016-June 2018</p>
<p>Improving Vaccine Administration in Adult Patients- Clinical QI Project</p>	<p>October 2016-February 2017</p>
<p>Improving Patient Education in a Clinical Setting- Clinical QI Project</p>	<p>October 2015-February 2016</p>

PRESENTATIONS

<p><i>Irvin DO, Laura; Waco Sports Medicine Fellowship</i></p> <ul style="list-style-type: none"> • <i>Children and Exercise</i> • <i>Relative Energy Deficiency in Collegiate Athletes</i> • <i>Entrapment Neuropathies</i> • <i>Preparticipation Physical Examinations</i> • <i>Upper Extremity Examination and Common Injuries</i> 	<p>July 2018- Present</p>
<p><i>Irvin DO, Laura; Osteopathic Manipulative Treatment Workshop</i></p> <ul style="list-style-type: none"> • <i>HEENT OMT</i> • <i>Chapman's Reflexes</i> 	<p>May 2017, November 2017</p>
<p><i>Irvin DO, Laura; Generations Senior Services Community Outreach</i></p> <ul style="list-style-type: none"> • <i>Chronic Pain and Alternative Therapies</i> • <i>Adult Vaccinations; Shingles Vaccine</i> 	<p>October 2016-June 2017</p>
<p><i>Irvin DO, Laura; Methodist Charlton Family Practice Residency</i></p> <ul style="list-style-type: none"> • <i>The Crying Infant</i> • <i>Hypertensive Emergency- Intern Survival Series</i> • <i>Nutrition Series</i> 	<p>July 2016-June 2018</p>

CONFERENCE ATTENDANCE

<p>Emergency Sideline Seminar- Baylor University- Waco, TX</p>	<p>July 2018</p>
<p>MSKUS Joint Injection Procedure Course- UNTHSC- Fort Worth, TX</p>	<p>July 2018</p>
<p>AMSSM Annual Conference- Orlando, FL</p>	<p>April 2017</p>

Laura Ruth Irvin DO

COMMUNITY INVOLVEMENT

Fellowship of Christian Athletes-Volunteer- Waco, TX	October 2018-Present
Gateway Church-Youth Group Small Group Leader- North Richland Hills, TX	August 2013-October 2014
Mission Arlington-Volunteer- Arlington, TX	October 2012
Global Samaritan Resources- Volunteer- Abilene, TX	August 2009-May 2011
Big Brother, Big Sister- Volunteer- Abilene, TX	August 2008-May 2009

PROFESSIONAL INTERESTS

Sports medicine, osteopathic manipulative medicine, preventative medicine, mental health, adolescent care

Affiliations: American Academy of Family Physicians, American Medical Society for Sports Medicine, American Osteopathic Association, Texas Academy of Family Physicians

PERSONAL INTERESTS

Spending time with my husband and 2 boys (Joseph and Joshua)
Playing and watching sports.
Anything outdoors, exercise, music and crafts.

Laura Ruth Irvin DO