2022 COL Douglas A. Kersey
Advanced Clinical & Operational Practice Course
Monday, 25 April 2022 – Friday, 29 April 2022

Medical Center of Excellence
Post-Professional Short Course Series
Hosted by William Beaumont Army Medical Center, Fort Bliss, TX
Advanced Clinical and Practical Operational Course

COURSE DESCRIPTION

An intensive 5-day course on advanced clinical practice in neuromusculoskeletal physical therapy for Physical Therapists serving the military community. Emphasis is placed on evidenced-based practice from the clinic to the battlefield in the evolving strategic environment. This course offers participants an advanced level of understanding and application of neuromusculoskeletal physical therapy as it pertains to the unique mission of the military. Course content will emphasize evidence-based practice, interactive patient case scenarios, and extensive laboratory experience. Methodology will include lecture, demonstration, and lab exercises.

FEATURES FOR 2022

- On-line “Foundations” module covering diagnostic imaging, pharmacology, medical screening & primary care, pain science, and lab values.
- Course curriculum integrates regional clinical case scenarios with hands-on laboratory experience.
- Breakout sessions for more refined training in orthopaedic manual therapy, integrated functional exercise, and performance optimization.
- Lecture and hands on lab offered by highly respected academic faculty and graduates of the Army Baylor Sports Medicine Fellowship Program at West Point and the Army Baylor Orthopedic Manual Therapy Fellowship at Brooke Army Medical Center.

COURSE TOPICS

- Emerging Topics for Physical Therapists serving the Military Population
- Regional Evidence Based Practice
- Regional Case Scenarios and Clinical Reasoning
- Region Specific Advanced Interventions in Manual Therapy
- Advanced Musculoskeletal Imaging
- Injury Prevention / Performance Optimization
- Principles of Strength & Conditioning
- Olympic Powerlifting and Exercise

COL Douglas Kersey was a pioneer in Army Physical Therapy. Today’s Army PT is a respected member of the health care team and serves as a neuromuscular physician extender and as a unit fitness/wellness consultant. This status is a direct result of COL Kersey’s passion for preventative health and dedication to advancing the professional role of the Army PT.

COL Kersey founded the “Neuromusculoskeletal Evaluation Post-professional Short Course” in 1979. The course was named after him upon his passing in 1988, as a tribute to his incredible leadership, clinical expertise, and unparalleled impact on the field of military physical therapy.

Mr. Jerry Sisler, a member of the 67th Evauation Hospital at QuiNhon Vietnam recently wrote us and shared this about Doug Kersey:

“I knew Doug Kersey quite well professionally as he did his PT thing helping patients with ambulation etc. He had a knack for orthotics and did wonders with our amputee and polio children using sheer ingenuity…”
WHO SHOULD ATTEND?

You should apply to attend if you are a Physical Therapist working with the military or DOD community and interested in:

- Increasing knowledge of evidence-based practice and emerging topics in neuromusculoskeletal physical therapy
- Improving fundamental musculoskeletal examination and intervention skills (including joint mobilization and soft tissue techniques)
- Refining knowledge on evidence-based utilization and interpretation of diagnostic imaging
- Advancing clinical reasoning and musculoskeletal manual therapy/intervention skills
- Improving integrative skills of injury prevention, functional exercise, and performance optimization for our Holistic Health and Fitness (H2F) population.

WHO IS ELIGIBLE TO ATTEND?

The course is continually being revised and updated to meet the mission of military physical therapists. Participants are welcome to attend the course more than one time but must wait a minimum of three years after completing either Kersey or OZO before being eligible to apply. If you attended Kersey or OZO in 2019, 2020, or 2021 you will be accommodated on a space available basis only.

HOW TO APPLY?

Criteria for selection will vary by service. Interested applicants should contact the point of contact for their respective service. Applicants will complete and send a DA3838 to their POC. Examples can be found at https://www.milsuite.mil/book/groups/army-physical-therapy.

AD Army - LTC Jacob Morrow: milmskresidency@gmail.com or jacob.c.morrow.mil@mail.mil

USAR/ANG - COL Brian Hatler: brian.s.hatler.civ@army.mil

USN - LCDR Bradley Wells: bradley.s.wells3.mil@mail.mil

USAF - Maj Danielle Anderson: danielle.n.anderson@nasa.gov

USPH - CDR Charles Rainey: c1rainey@bop.gov or LCDR Christopher Wharton: c1rainey@bop.gov

VA - Mark Havran: mark.havran@va.gov

For additional information, please check the US Army-Baylor DPT web page at https://www.baylor.edu/graduate/pt/index.php?id=27023
TRAVEL INFORMATION

Plan to arrive at Fort Bliss on 24 April with the course starting 0800 on 25 April. Course will dismiss at 1650 on Friday, 29 April. Plan to fly out the morning of 30 April.

APPROPRIATE ATTIRE

- Military: Physical Training Uniform. Civilian change of clothes needed for those desiring to leave post or eat on post for lunch break.
- Civilian: Appropriate Lab Clothes.
- Name Tags: To be issued and worn throughout course while in lab.
- Females should wear a tank top or sports bra for lab.

For further information, please visit the website
https://www.baylor.edu/graduate/pt/index.php?id=27023 or contact:

MAJ Shawn Stoute: shawn.m.stoute@mail.mil or 915-742-1511

LTC Jacob Morrow: milmskresidency@gmail.com

SFC Erick Rodriguez: erick.e.rodriguezsigala.mil@army.mil

Course Coordinators: MAJ Shawn Stute and LTC Jacob C. Morrow