COURSE DESCRIPTION

An intensive 9-day course on advanced clinical practice in neuromusculoskeletal physical therapy for Physical Therapists serving the military community. Emphasis is placed on evidenced-based practice from the clinic to the battlefield in the evolving strategic environment. This course offers participants an advanced level of understanding and application of neuromusculoskeletal physical therapy as it pertains to the unique mission of the military. Course content will emphasize evidence based practice, interactive patient case scenarios, and extensive laboratory experience. Methodology will include lecture, demonstration, and lab exercises.

FEATURES FOR 2018

- On-line “Foundations” module covering diagnostic imaging, pharmacology, medical screening & primary care, pain science, and lab values.
- Course curriculum integrates regional clinical case scenarios with hands-on laboratory experience.
- Breakout sessions for more refined training in orthopaedic manual therapy, trigger point dry needling, musculoskeletal diagnostic ultrasound, anatomy lab and prosections, integrated functional exercise and performance optimization.
- Lecture and hands on lab offered by highly respected academic faculty and graduates and current fellows of both the Army Baylor Orthopedic Manual Therapy Fellowship at Brooke Army Medical Center and the Army Baylor Sports Medicine Fellowship Program at West Point.

COURSE TOPICS

- Emerging Topics for Physical Therapists serving the Military Population
- Regional Evidence Based Practice
- Updates of Post-Operative Management and Rehabilitation
- Regional Case Scenarios and Clinical Reasoning
- Region Specific Advanced Interventions in Manual Therapy
- Musculoskeletal Diagnostic Ultrasound Techniques
- Blood Flow Restriction Training
- Basic and Advanced Trigger Point Dry Needling
- Integration of Anatomy Labs with Advanced Intervention Skills
- Injury Prevention / Performance Optimization
- Olympic Powerlifting and Exercise
- Performance Triad
Lodging Information

Participants may select various options for lodging off post. However, a block of 75 single-bed rooms is reserved at the Candlewood Suites on JBSA Fort Sam Houston. This building is a 10 min walk from the Kersey classrooms and received excellent reviews from 2017 participants.

To book reservations, please e-mail:
Leslie.penuelaz@IHG.com
OR
Raffy.Mellado@IHG.com
OR
Call: (210) 357-2705
Reservation Block Code: “KSX”

Rate: $121.00/night (standard booking)

Please call to reserve your room ASAP. The credit card provided to officially reserve the room does not have to be the same card that pays the balance.

Any rooms not reserved by 20 October will open for public booking.

Training Location:

AMEDD Center & School
Building #2841 (Willis Hall); Room 3112/3113
3599 Scott Road
Fort Sam Houston, TX 78234

WHO SHOULD ATTEND?

You should apply to attend if you are a Physical Therapist working with the military or DOD community and interested in:

- Increasing knowledge of evidence based practice and emerging topics in neuromusculoskeletal physical therapy
- Improving basic musculoskeletal intervention skills (including manual therapy skills thrust and non-thrust techniques, soft tissue interventions)
- Attaining knowledge and hands on skills in trigger point dry needling
- Refining knowledge of anatomy and diagnostic imaging skills
- Advancing clinical reasoning and musculoskeletal manual therapy/intervention skills
- Improving integrative skills of injury prevention, functional exercise and performance optimization of our warrior-athlete population.

WHO IS ELIGIBLE TO ATTEND?

The course is continually being revised and updated to meet the mission of military physical therapists. Participants are welcome to attend the course more than 1 time but must wait a minimum of 3 years after completing either Kersey or OZO before being eligible to apply. If you attended Kersey or OZO in 2014, 2015, 2016, or 2017 you will be accommodated on a space available basis only.

HOW TO APPLY

Criteria for selection will vary on each service. Interested applicants should visit the respective links below for more details and service point of contact information.

AD Army – http://www.baylor.edu/graduate/pt/index.php?id=75975
USAR/ANG – http://www.baylor.edu/graduate/pt/index.php?id=31456
USN – http://www.baylor.edu/graduate/pt/index.php?id=66188
USAF – http://www.baylor.edu/graduate/pt/index.php?id=28285
USPH – http://www.baylor.edu/graduate/pt/index.php?id=28595
VA – http://www.baylor.edu/graduate/pt/index.php?id=75977
TRAVEL INFORMATION

Plan to arrive in San Antonio on 28 November with the course starting 0800 on 29 November. Plan to fly out late afternoon (after 1400) on 7 December as the morning curriculum is mandatory to receive credit for the course.

APPROPRIATE ATTIRE

- Military: Physical Training Uniform. Civilian change of clothes needed for those desiring to leave post or eat on post for lunch break.
- Civilian: Appropriate Lab Clothes.
- Name Tags: To be issued and worn throughout course while in lab.
- Recommend bringing a jacket and wind pants as the lab can be cold.
- Females should wear a tank top or sports bra for lab.

THINGS TO DO IN SAN ANTONIO

Social Gathering: 3 December (Monday at 1830). Location: TBD

San Antonio Official Guide Book:

Visit the Alamo: http://thealamo.org/main/index.php

For Further Information, please visit the website
http://www.baylor.edu/graduate/pt/index.php?id=28104 or contact:

SSG Kelvin Bailey kelvin.l.bailey.mil@mail.mil

Course Coordinator: Maj Robert A. Briggs