AHS GRADUATE SCHOOL
2013 SCHOLARLY ACTIVITY REPORT

I. The following is a summary for the scholarly activity report:

A. Publications:


B. Platform Presentations:


Carlson, A. Diet, Physical Activity, and Bone Density in Soldiers Before and After Deployment. April 2013. Presented at Madigan Army Medical Center Research Day; Tacoma, WA.

Meyer, SA. Let Their Voices Be Heard: Barriers to Early Prenatal Care for Low-Income Non-Hispanic Black Women. September 2013. Presented at CityMatCH Leaders Conference; Savannah, GA.

C. Poster Presentations:


D. Grant Activity: includes all studies currently funded, newly funded, or in review
Meyer S, Cole RE, Carlson A. Title: An Assessment of the Overweight/Obesity and Body Fat Status of Soldiers Entering the Army MOVE! Program. Retired Army Medical Specialist Corps Association Endowment. ($724.90 Intramural). Progress: Funded- Pending IRB Approval (projected start September/October 2013). Funding #: NA. Specific Aims: To describe the extent to which Soldiers attending MOVE! at Madigan, or a unit level MOVE! Class taught by a Madigan dietitian, exceed Army weight for height and body fat standards established in AR 600-9; to describe the Soldiers’ eating habits and motivation to eat; and to describe the proportion of these Soldiers who possess three of the five components for the diagnosis of metabolic syndrome.

Cole RE, Kieffer A, Stote K, Madanat H. Title: “My Body Knows When” Intuitive Eating Program – A Comparison of Face-to-Face and Telehealth Delivery. Patient-Centered Outcomes Research Initiative (PCORI). Funding#: In Review. Specific Aims: 1) Assess the effectiveness of both the face-to-face and the electronic version of the MBKW intuitive eating weight management program in comparison to the standard individual nutrition counseling (60 minute initial and 30 minute follow up visit). 2) Compare the effectiveness of the mode of delivery (face-to-face vs. electronic) of the MBKW intuitive eating weight management program. 3) To shift participant motivation for eating (MFE) towards intuitive eating (IE) behaviors to foster long-term weight loss, prevent weight regain and improve nutrition-related health outcomes. 4) Determine if the electronic telehealth version of the MBKW is feasible to implement, improves patient satisfaction and accessibility to nutrition and weight management assistance

E. Invited Lectures:

Rogers R. Performance Nutrition. In: Evaluation and Treatment of Upper Extremities Center for the Intrepid; 2012 October; San Antonio, TX.

Rogers R. Obesity and Performance Nutrition. In: IPAP Course; 2012 November, 2013 January & April; San Antonio, TX.


Rogers R. Body Composition Assessment. In: DPT Program; 2013 February; San Antonio, TX.

Rogers R. Exercise Testing. In: DPT Program; 2013 February; San Antonio, TX.

Storey, K. Nutrition in Disaster Relief; In: Military Medical Humanitarian Assistance Course; 2013 Mar; San Antonio, TX.

Rogers R. Role of the Army Dietitian. In: University of Texas-San Antonio, Health and Kinesiology Class, April 2013; San Antonio, TX.

Rogers R. Performance Nutrition and Dietary Supplements. In: Joint Operations Deployment Course for Physical Therapists; 2013 April; San Antonio, TX.

Ruibal J. What’s in Your Brown Bag. In: Preventive Health Week; 2013 April; San Antonio, TX.
Daigle, K. Deployment Performance Nutrition. In: Joint Operational Deployment Course (JODC); 2013 Apr; San Antonio, TX.

Daigle K. Hydration and Electrolytes for Military Personnel. In: DPT Program; 2013 Jun; San Antonio, TX.

Clark HL. Understanding the Basics of Medical Nutrition Therapy. In: DcsOT Program; 2013 July; San Antonio, TX.

Daigle K. Dietary Supplements, Regulations and Patterns of Military Use. In: DcsOT Program; 2013 July; San Antonio, TX.

Cole RE. Behavioral Issues Related to Weight Management. In: DcsOT Program; 2013 July; San Antonio, TX.


F. Academic or Research Awards: