

# 59<sup>th</sup> Medical Wing

---



**The US Military  
Dietetic Internship  
Consortium  
Air Force Training Site**

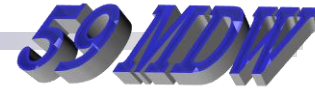
**U.S. AIR FORCE**

---

*Integrity - Service - Excellence*



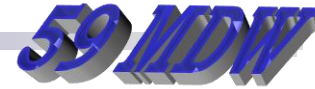
# US Military Dietetic Internship Consortium



Our goal is to develop innovative military dietitians, who are leaders in their individual environments, to assume the diverse responsibilities of medical nutrition therapy, health promotion, nutrition education, and foodservice management required by the readiness mission of the Air Force.



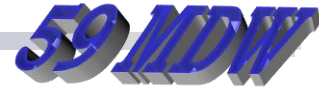
# US Military Dietetic Internship Consortium



- 40-week generalist program with military emphasis
  - 327 hours of Food Service Systems
  - 436 hours of Medical Nutrition Therapy
  - 96 hours of Community Nutrition
- Accredited by the American Dietetic Association
- In existence since 1972
- 100% pass rate on the RD exam
- Located in San Antonio, Texas at Wilford Hall Medical Center



# Wilford Hall Medical Center

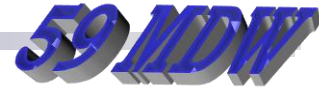


## Lackland AFB San Antonio, Texas





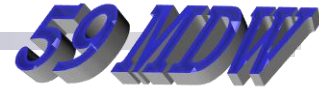
# Wilford Hall Medical Center



- US Air Force “flagship” for medical care
  - Largest USAF hospital in the world
- Level 1 trauma center
- Largest USAF Graduate Medical Education program
  - Trains residents and fellows in 45 specialties
- 25,000 inpatient admissions per year
- 800,000 outpatient visits per year



# Nutritional Medicine Staff



- Diagnostics and Therapeutics Squadron Commander\*\*
- Deputy Commander\*\*
- Medical Food Management Flight Commander\*\*
- Director, Dietetic Internship / Clinical Nutrition Flight Commander\*\*
- Clinical Dietitians\*\*
- Over 115 support personnel

\*\*All are Registered Dietitians and members of the American Dietetic Association



# Curriculum



- Medical Nutrition Therapy
  - Cardiology, surgery, medicine, critical care, pediatrics, obstetrics, renal, thermal injury, preventive nutrition, and administrative dietetics
- Food Service Systems
  - Production planning, patient tray service, storeroom and supply, staff training, customer service, supervision and administration
- Community Nutrition
  - Outpatient nutrition clinic, Health and Wellness Center



# Medical Nutrition Therapy

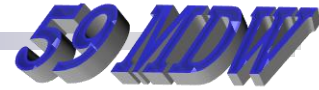


- Patient Interviews
- Nutrition Care Plans
- Multidisciplinary Care Rounds
- Nutrition Support Team
- Apply and Participate in Research
- Special Patient Populations





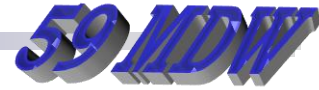
# Food Service Systems



- Inventory
- Fiscal Accounting
- Quantity Food Production
- Menu Planning and Forecasting
- Cost Analysis
- Supervision and Management
- Customer Service
- Theme meals



# Preventive and Community Nutrition



- Individual Counseling
- Group Classes
- Health Promotion Education Programs
- On-Site Nutrition Experience
  - Worksites
  - Child Development Centers/Youth Centers
  - Schools
  - More
- Diet Technician Training



# Field Observations



- Prime Vendor
- Headquarters Air Force Services
- Headquarters Air Education and Training Command
- Long Term Care Facility
- WIC
- Corporate Wellness Center
- American Botanical Council
- Community Food Bank
- School Foodservice



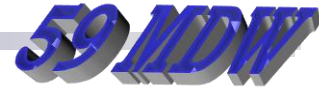
# Additional Experiences



- Joint Field Nutrition Operations Course
  - Field environment with hands-on training for medical field feeding and readiness
- Small Military Community Hospital
  - Various sites for week-long observation
- ADA Public Policy Workshop (if schedule permits)



# Projects



- Journal Club
- Facility Design
- Patient care review
- Theme Meal
- Equipment Purchase
- National Nutrition Month
- Patient Care Research
- Professional Portfolio
- Health Promotion
- Menu Planning
- Cultural Meal
- Performance Improvement



# Common Assignments after Completion of Internship

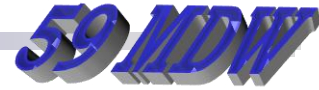


Alaska	-	Elmendorf AFB
California	-	<b>Travis AFB</b>
Florida	-	Eglin AFB
Mississippi	-	<b>Keesler AFB</b>
Maryland	-	Andrews AFB
Nevada	-	Nellis AFB
Texas	-	<b>Lackland AFB</b>
Virginia	-	Langley AFB
Ohio	-	Wright-Patterson AFB

While these are possible first assignments, it doesn't include all possible assignments for Air Force RDs. The bases in bold have been the most common first assignment locations.



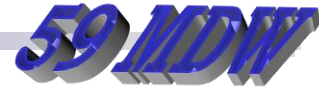
# Job Opportunities for RDs in the AF



- Clinical Dietitian
- Nutritional Medicine Flight Commander
- Outpatient Dietitian
- Dietetic Internship Instructor
- Regional Consultant
- Health Promotion Manager
- Squadron Commander



# USAF Benefits



- 30 days leave & 10 holidays per year
- Medical and dental benefits
- One-time uniform allowance
- Excellent salary
- Potential educational benefits
- Commissary and base exchange privileges
- Travel opportunities
- Job security for 3 years following internship graduation





# Educational Opportunities



- Air Force Institute of Technology
  - “Short Courses” for continuing education
  - MS or PhD
    - 1-2 approved and funded per year
    - Approved degrees such as:
      - Nutrition Education
      - Clinical Nutrition
      - Institution Management
      - Public Health
- Annual Continuing Education



# Base Amenities



- **SERVICES**

- Garage & Service Station
- Barber Shop
- Beauty Shop
- Credit Union
- Commissary
- Base Exchange
- Optical Shop
- Florist
- Library

- **RECREATION**

- Flying Club
- Movie Theater
- Picnic Areas
- Hobby Shops
- Bowling Center
- Swimming Pool
- Fitness Centers
- Golf Courses
- Base Chapel Programs



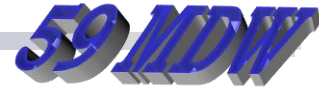
# Selection Process



- AF Health Professions Recruiter compiles package
  - Includes Recruiting Flight Commander interview
  - Dietetics consultant interview
- Package meets accession board
- Applicants must also participate in computer matching process with D & D Digital
- Must be accessed by the Air Force



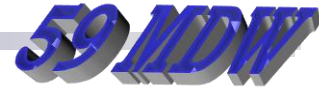
# Eligibility Requirements



- Graduate from accredited didactic program
- Current GRE scores with minimum of 1000 combined verbal and quantitative
- Overall GPA 3.0
- U.S citizen or lawfully entered U.S. as permanent resident
- Meet age, medical, and physical requirements
- Favorable security investigation



# “Whole Person” Concept



- Excellence in academic performance
- Dietetics-related work experience
- Good letters of reference
- Participation in extracurricular activities
- Leadership
- Professional qualities
- Specific achievements



# US Air Force Health Professions Recruiter



- Contact your USAF Health Professions Recruiter today at
- 1-800-423-USAFA
- <http://www.airforce.com/contact-us/recruiter-locator/>



***Integrity - Service - Excellence***