



WHAT'S NEW BU

BROUGHT TO YOU BY BAYLOR UNIVERSITY STUDENT LIFE

May 1-7, 2017

MONDAY

Monday Healthy Tip from Monday Campaigns



A recent study published in the Mental Health and Physical Activity Journal demonstrates how important regular exercise is for improving your overall quality of sleep. A nationally representative sample of more than 2,600 men and women, ages 18-85, found that 150 minutes of moderate to vigorous activity a week (which is the national guideline) provided a 65% improvement in sleep quality. People also said they felt less sleepy during the day, compared to those with less physical activity. Learn more at <https://sleepfoundation.org/sleep-news/study-physical-activity-impacts-overall-quality-sleep>.

Moonlight Extravaganza



Monday, May 1, 10 p.m.-12 midnight at Penland Dining Hall. Take a break from studying for finals and join for a pre-finals celebration. There will be food, music, carnival games, and more! No meal swipe required. For more info, contact Megan_Harper@baylor.edu.

TUESDAY

Special Study Day & Finals Schedule



Tuesday, May 2, is the designated special study day before final exams begins. Check out the complete finals schedule at www.baylor.edu/registrar/index.php?id=84416.

Yoga with the Bears



Tuesday, May 2, 7 p.m., hosted by Baylor Wellness, clear your mind and energize with FREE yoga on Fountain Mall. Email van_davis@baylor.edu to reserve your spot (and a mat!).

WEDNESDAY

Angel Paws Therapy Dogs



Wednesday, May 3, 7-9 p.m. at Moody Library. De-stress during finals week with the therapy dogs of Angel Paws Waco.

THURSDAY

Mobile Food Pantry



Thursday, May 4, 10:30 a.m.-1:30 p.m. at 7th and James Baptist Church parking lot behind the Bobo Spiritual Life Center. Regardless of your budget, fresh produce is expensive. Visit the Mobile Food Pantry for FREE fruits and vegetables. In order to reduce waste, feel free to bring your own reusable grocery bag. For more info, contact Cara_Cilburn@baylor.edu.

Angel Paws Therapy Dogs



Thursday, May 4, 7-9 p.m. at Moody Library. De-stress during finals week with the therapy dogs of Angel Paws Waco.

FRIDAY

Softball Vs. Texas



Friday, May 5, 6:05 p.m. at Getterman Stadium.

OTHER EVENTS AND INFORMATION

Commencement



Friday, May 12, and Saturday, May 13, at the Ferrell Center. For a complete schedule, visit www.baylor.edu/commencement/.

Paid Summer Counselor Opportunity



Sign up to be counselor for the Christian Leadership Institute! You will serve as a mentor for high school students looking to grow in a multitude of ways. The program takes place *Tuesday, June 27, to Friday, June 30*. All expenses paid (lodging and meals) in addition to a \$200 compensation for your service. For additional information or to request an application, contact Leadership@baylor.edu.

The Lone Star Institute (LSI)



Sunday, May 21-Friday, May 26, LSI is a joint leadership development experience with our colleagues at SMU and TCU. Each respective school sends 20 students to participate in this unique and rewarding program. This year, the Lone Star Institute will be held at Glen Lake Family Camp on Sunday, May 21, to Friday, May 26. LSI is a dynamic leadership emersion experience consisting of six intense days of dialogue and interactive self-discovery in a supportive Learning Community. For more info, contact Lamar_Bryant@baylor.edu.

Move-In 2017



Move-In volunteer signups begin *Thursday, July 6*. For more info, visit www.baylor.edu/cll/move2bu.

My HEALTH



My HEALTH gives you easy online access to the Health Center at the SLC. Go to www.baylor.edu/health_center, click on MY HEALTH in the upper right corner and log in using your Bear ID.

Work for the School You Love



Do you love Baylor? Do you know all there is to know about the SUB? Do you have what it takes to carry on the legacy of the Bill Daniel Student Center? Join in serving the Baylor community within the Student Union Building. Applications are available now on Baylor Connect. Search Student Union Operations Team underneath the Student Activities Portal. For more info, contact Tranquility_Gordon@baylor.edu.

SPECIAL SCHEDULE

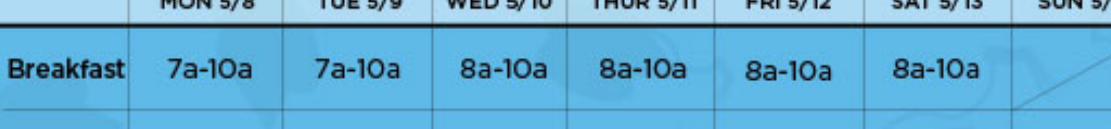
Final Exam and Commencement Library Hours

EXTENDED FINALS HOURS	
Moody Memorial Library • Jones Library • GRC Incubator	
Monday 5/1	7 AM - 1 AM
Tuesday 5/2-Thursday 5/4	7 AM - 3 AM
Friday 5/5	7 AM - 1 AM
Saturday 5/6	9 AM - 1 AM
Sunday 5/7	1 PM - 3 AM
Monday 5/8-Thursday 5/11	8 AM - 10 PM
Friday 5/12	9 AM - 6 PM
Saturday 5/13	9 AM - 6 PM
Sunday 5/14	1 PM - 10 PM

Final Exam and Commencement Dining Hours

Final and Commencement Residential Hours of Operation							
	MON 5/1	TUE 5/2	WED 5/3	THURS 5/4	FRI 5/5	SAT 5/6	SUN 5/7
East Village Commons	Breakfast	7a-10a	7a-10a	7a-10a	7a-10a		
	Lunch	10:45a-3p	10:45a-3p	10:45a-3p	10:45a-3p		
	Dinner	4:30p-8:30p	4:30p-8:30p	4:30p-8:30p	4:30p-8:30p		5p-9p
Brooks College	Breakfast	7a-10a	7a-10a	7a-10a	7a-10a		
	Lunch	11a-2p	11a-2p	11a-2p	11a-2p		
	Dinner	5p-8p	5p-8p	5p-8p	5p-8p		
The Penland Crossroads	Breakfast	7a-10a	7a-10a	7a-10a	7a-10a		
	Lunch	10:45a-2p	10:45a-2p	10:45a-3p	10:45a-3p	10:30a-7:30p	10:30a-2p
	Dinner	4:30p-9:00p	4:30p-12:30a	4:30p-12:30a	4:30p-12:30a	4:30p-7:30p	5p-7:30p
1845 at Memorial	Breakfast	7a-10a	7a-10a	7a-10a	7a-10a		
	Lunch	11a-2p	11a-2p	11a-2p	11a-2p		
	Dinner	5p-8p	5p-8p	5p-8p	5p-8p		

Goodluck on finals and Congratulations Class of 2017!



Finals and Commencement Residential Hours of Operation

	MON 5/8	TUE 5/9	WED 5/10	THUR 5/11	FRI 5/12	SAT 5/13	SUN 5/14
1845 at Memorial	Breakfast	7a-10a	7a-10a	7a-10a	7a-10a	7a-10a	
	Lunch	11a-3:00p	11a-1:30p	11a-1:30p	11a-1:30p	11a-1:30p	
	Dinner	5p-8p	5p-8p	5p-7p	5p-7p	5p-7p	

Goodluck on finals and Congratulations Class of 2017!



Finals and Commencement Retail Hours of Operation

	Mon 5/8	Tues 5/9	Wed 5/10	Thur 5/11	Fri 5/12	Sat 5/13	Sun 5/14
BSB Food Court	Starbucks	7:30a-5p	7:30a-3p	7:30a-3p	7:30a-3p	Closed	Closed
	Pepperoni	10:30a-3p	Closed	Closed	Closed	Closed	Closed
	Pepperoni	10:30a-3p	Closed	Closed	Closed	Closed	Closed
The SUB	Pepperoni	8a-3p	8a-3p	8a-3p	8a-3p	Closed	Closed
	Pepperoni	10:30a-3p	Closed	Closed	Closed	Closed	Closed
	Pepperoni	10:30a-5p	10:30a-4p	10:30a-4p	10:30a-4p	Closed	Closed
Paul L. Foster Business Building	Pepperoni	Closed	Closed	Closed	Closed	Closed	Closed
	Pepperoni	7a-3p	Closed	Closed	Closed	Closed	Closed
	Pepperoni	Closed	Closed	Closed	Closed	Closed	Closed
Moody Starbucks	Starbucks	7a-10p	8a-5p	8a-5p	8a-5p	8a-5p	Closed
	Starbucks	7a-10p	8a-5p	8a-5p	8a-5p	8a-5p	Closed
	Starbucks	7a-10p	8a-5p	8a-5p	8a-5p	8a-5p	Closed
Terrace/Law School Cafe	Pepperoni	8a-2p	8a-2p	8a-2p	8a-2p	Closed	Closed
	Pepperoni	8a-2p	8a-2p	8a-2p	8a-2p	Closed	Closed
	Pepperoni	8a-2p	8a-2p	8a-2p	8a-2p	Closed	Closed

Goodluck on finals and Congratulations Class of 2017!



Stay Connected to Campus Events



If you have items you would like to see appear in What's New BU, submit them for consideration by Wednesday at 8 a.m. to WhatsNew@baylor.edu. View past issues of What's New BU on the Baylor Horizon at http://www.baylor.edu/student_life/index.php?id=83704.