



WHAT'S NEW

BROUGHT TO YOU BY BAYLOR UNIVERSITY STUDENT LIFE

February 27 - March 5, 2017

MONDAY

Monday Healthy Tip from Monday Campaigns



Feel the positive energy stream through your body as you start the week with the "Sun Salutation," a yoga exercise that stimulates both body and mind. It's a series of poses that stretch, flex and tone your muscles, while you meditate on calm, uplifting thoughts. Begin each day with the power and optimism of a bright morning sunrise. Try it now. (www.destressmonday.org/sun-salutation/)

GRIT Workshops



Do you have GRIT? Remember there are multiple pathways to success, know when and how to ask for help, work hard even when you fail or want to quit, and stay passionate about your purpose. Join to learn more ways that you can get gritty and achieve your goals. Each week will cover different topics. The next session, held on *Monday, February 27*, is titled, "Relationships and Grit: Learn how to resolve conflict, fight fair, and build healthy relationships." All sessions will be held in the Wellness Office, 2nd floor of the McLane Student Life Center, at 3 p.m. For additional information, contact Sarah_Ritter@baylor.edu or Teran_Yaklin@baylor.edu.



Men's Tennis vs. UCF

Monday, February 27, 3 p.m., Hurd Tennis Center



Men's Basketball vs. West Virginia

Monday, February 27, 6 p.m., Ferrell Center

Baylor School of Music Events



Monday, February 27, 6:15 p.m. Lyceum Series: Lecture with Bradley Kent, UIL state director, in Meadows Recital Hall. For additional information, visit www.baylor.edu/music or call 254-710-3571.

Movie Mondays at the Hippodrome



Monday, February 27, 7 p.m. at the Waco Hippodrome. Join for a filmmaker Q&A and screening of the powerful film: *Not Black Enough*. Free tickets for entry are available at www.baylor.edu/tickets. For additional information and future screenings, visit www.baylor.edu/studentactivities/ or contact student_union@baylor.edu.

TUESDAY



Baseball vs. Arkansas-Pine Bluff

Tuesday, February 28, 4 p.m., Baylor Ballpark

Relay for Life: McAlister's Chari-Tea Night



Tuesday, February 28, 5-10 p.m. Join Baylor's Relay for Life at McAlister's to support the American Cancer Society pay for patient treatment and innovative research. For additional information, contact baylorrelay@gmail.com.

Baylor School of Music Events



Tuesday, February 28, 7:30 p.m. Symphonic Band and Wind Ensemble: Isaiah Odajima and J. Eric Wilson (conductors) in Jones Concert Hall. For additional information, visit www.baylor.edu/music or call 254-710-3571.

WEDNESDAY

Baylor School of Music Events



Wednesday, March 1 Lyceum Series: Master Classes with Frank Morelli (bassoon), 11:15 a.m. in Jones Concert Hall, and 5 p.m. and 8 p.m. in Roxy Grove Hall. For additional information, visit www.baylor.edu/music or call 254-710-3571.

THURSDAY

Baylor School of Music Events

Thursday, March 2 Lyceum Series:



- Master Class with Frank Morelli (bassoon), 11 a.m. in Meadows Recital Hall
- Master Class with Kimberly Luevano (clarinet), 3:30 p.m. in Jones Concert Hall
- Bella Voce: Lynne Gacke (conductor), 7:30 p.m. in Roxy Grove Hall

For additional information, visit www.baylor.edu/music or call 254-710-3571.

Mobile Food Pantry



Thursday, March 2, 11 a.m.-2 p.m. at the Mobile Food Pantry located at 7th and James Baptist Church. Regardless of your budget, fresh produce is expensive. Come for free fruits and vegetables. Parking lot behind the Bobo Spiritual Life Center. In order to reduce waste, feel free to bring your own reusable grocery bag. For additional information, contact Cara_Cliburn@baylor.edu.



Women's Tennis vs. Old Dominion

Thursday, March 2, 5 p.m., Hurd Tennis Center

FRIDAY



Equestrian vs. Auburn

Friday, March 3, 1 p.m., Willis Family Equestrian Center

SATURDAY



Women's Tennis vs. UCLA

Saturday, March 4, 1 p.m., Hurd Tennis Center

OTHER EVENTS AND INFORMATION

Register for Intramural Sports



You may register online at www.imleagues.com. The deadline to register and pay for the golf tournament is *Wednesday, March 1, at 4:30 p.m.* For additional information, contact Intramural_Sports@baylor.edu.

Baylor Pharmacy Announcement



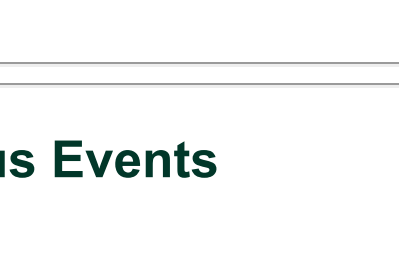
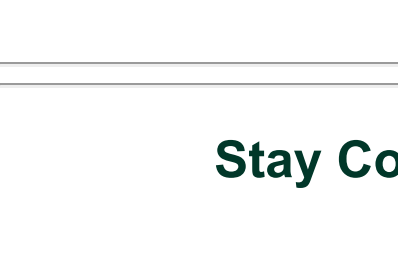
The Baylor Pharmacy is ready to fill your prescriptions – from the Baylor Health Center, Waco, and your hometown prescribers (even those out of state) – right here on campus with fast, friendly service conveniently located on the 2nd floor of the McLane Student Life Center. Most prescriptions previously filled at another pharmacy can easily be transferred by our pharmacist so you can pick them up on campus. Make sure your refill is ready when you arrive by calling ahead or directly from your mobile device using our Rx 2 Go app. The Baylor Pharmacy is contracted with most prescription insurance plans, so you can bill them directly and your charges are conveniently billed to your student account. If you are looking for something they don't stock, they can order it for next day delivery. Call or come by – the pharmacy staff are delighted to assist with your prescription needs.

My HEALTH



My HEALTH is your online portal for access to the Health Center. Go to www.baylor.edu/health_center and click on MY HEALTH in the upper right corner. Log in using your Bear ID (firstname_lastname) to make appointments, receive secure messages, print immunization records, and sign up to receive a reminder text message one hour before your next appointment. Give it a try today.

Stay Connected to Campus Events



If you have items you would like to see appear in What's New BU, submit them for consideration by Wednesday at 8 a.m. to WhatsNew@baylor.edu. View past issues of What's New BU/On the Baylor Horizon at http://www.baylor.edu/student_life/index.php?id=83704.