# On the Baylor Horizon....a publication of the

# Division of Student Life

# Baylor Fitness Fall Into Fitness GX and OSO Fit Special

Beginning today, *October 24*, the Baylor Group Exercise (GX) and Faculty/Staff OSO Fit memberships will be \$30 for the remainder of this semester. Take advantage of over 45 plus classes including Zumba, Tabata, Hip Hop, Country Line Dancing, Yoga, Turbo Kick, Pilates, Water Aerobics, and Bear Cycle. To register,

visit www.baylor.edu/wellness/index.php?id=929285, and click on Group Exercise for students and OSO Fit for faculty and staff.

# **Register for Medical Humanities Symposium**

You may register at

https://www1.baylor.edu/ers/upay.php?event\_id=106157&action=register. The Medical Humanities Symposium, hosted by the Medical Humanities Department, will be held on *Saturday, October 29*, 9 a.m.-2 p.m. Guest speakers will talk about topics such as medical ethics, anatomical imagery, and medicine and literature. Lunch will be provided. The last day to RSVP is *Friday, October 28*. For additional information, contact Sue\_Mock@baylor.edu.

# Zeta Tau Alpha Presents Think Pink Week and Big Man On Campus

*Monday, October 24, to Friday, October 28*: Think Pink Week, 11 a.m.-1 p.m. at the Vara Martin Daniel Plaza

*Wednesday, October 26*: Big Man on Campus, 7-10 p.m. in Waco Hall. Doors open at 6:30 p.m.

For additional information, visit http://bigmanoncampus.wixsite.com/baylor or contact Meggan\_Noggle@baylor.edu.

#### Movie Mondays at the Hippodrome

Join for a screening of the documentary film *Landfill Harmonic* on *Monday, October 24*, 7 p.m. at the Waco Hippodrome. Free tickets for entry are available at www.baylor.edu/tickets. For additional information and future screenings, visit www.baylor.edu/studentactivities/campusprograms/index.php?id=925876 or contact student\_union@baylor.edu.

#### **Baylor School of Music Events**

*Monday, October 24*: Guest Recital: Dan Haerle Quartet, jazz combo, 7:30 p.m. in Jones Concert Hall

*Tuesday, October 25*: Concert Choir and Bella Voce: Lynne Gackle (conductor), 7:30 p.m. in Jones Concert Hall

Wednesday, October 26: Guest Recital: Øystein Baadsvik (tuba), 7:30 p.m. in Roxy Grove Hall

*Thursday, October 27*: Lyceum Series: Wind Ensemble, J. Eric Wilson (conductor) featuring Michael Colgrass (composer), 7:30 p.m. in Jones Concert Hall

Friday, October 28: Faculty Recital: Charlotte Daniel (flute), 7:30 p.m. in Roxy Grove Hall

For additional information, visit www.baylor/music or call 254-710-3571.

#### **Flu Shot Clinics**

- Tuesday, October 25, 3-4 p.m. in the Barfield Drawing Room of the SUB
- Friday, October 28, 2-4 p.m. on the first floor racquetball court #2 of the McLane Student Life Center

The cost of \$25 will be billed to your student account. These clinics are sponsored by the Baylor University Health Center.

## **Sing Alliance Interest Meeting**

Tuesday, October 25, 6 p.m. in the Baines Room of the SUB. For additional information, contact Rachel\_Moore3@baylor.edu.

# **Baylor Intramural Sports**

Signup for CoRec Doubles Tennis by *Wednesday, October 26*, at 4:30 p.m. in the Campus Recreation Office of the McLane Student Life Center. The cost is \$10 per team. Contact Brendan\_Camp@baylor.edu with any questions. Intramurals is hiring officials for Basketball. Visit www.baylor.edu/campusrec/ for an application.

Don't forget to download the Rec\*It App to stay current with everything Intramural Sports.

# **Hispanic Heritage Month Banquet**

Wednesday, October 26, 7 p.m. in Cashion, 5th Floor. Event will feature Rick Najera, a nationally acclaimed speaker and award-winning screenwriter, performer, author, and comedian with credits in film, television, theatre, Broadway, and new media. Tickets may be purchased at the SUB Ticket Office for \$10 (students) and \$20 (general). For additional information, contact Denise\_Lopez\_Cruz@baylor.edu.

#### **Bear Faire**

Thursday, October 27, 12 noon-6 p.m. in the Stone Room of the Ferrell Center. For additional information, contact Lois\_Ferguson@baylor.edu.

## **GRIT Workshop**

Do you have GRIT? Grit is remembering there are multiple pathways to success, knowing when and how to ask for help, working hard even after you experience failure, or feel like quitting and staying passionate about your purpose even when it is hard. Join to learn more ways that you can get gritty and achieve your goals. Each week will cover different topics. This first session will be held on *Thursday*, *October 27*, 4 p.m. in the McLane Student Life Center, Room 308. The session will cover finding multiple pathways to success, how to have a growth mindset when you are feeling overwhelmed. For additional information, contact Sarah\_Ritter@baylor.edu or Teran\_Yaklin@baylor.edu.

# Baylor School of Social Work's MSW Preview Day

Friday, October 28, 10 a.m.-3:30 p.m. at 811 Washington Avenue. For additional information or to RSVP, visit <a href="http://www.baylor.edu/social\_work/index.php?id=929953">http://www.baylor.edu/social\_work/index.php?id=929953</a>.

# Phi Iota Alpha Lemon-AID Fundraiser

Friday, October 28, 11 a.m.-2 p.m. in the SUB Bowl. This event will promote women's rights and awareness. Lemonade and cookies will be on sale. All proceeds will go towards funding Miss Phi I A Scholarship Pageant. For additional information, contact Joshua\_Rizzo@baylor.edu.

## My HEALTH

My HEALTH is your online portal for access to the Health Center. Go to <a href="https://www.baylor.edu/health\_center">www.baylor.edu/health\_center</a> and click on MY HEALTH in the upper right corner. Log in using your Bear ID (firstname\_lastname) to make appointments, receive secure messages, print immunization records, and sign up to receive a reminder text message one hour before your next appointment. Give it a try today.

## Monday Healthy Tip from Monday Campaigns

You don't have to spend a ton of money to get fit. Forget those fancy bikes and expensive gym fees. Excellent equipment and workout accessories can be found right in your own home. Read more on their blog at <a href="https://www.moveitmonday.org/8-cheap-ways-exercise/">www.moveitmonday.org/8-cheap-ways-exercise/</a>.

#### This Week in Student Government

#### **Vacancies**

Get involved! There are vacancies in junior and senior classes. For additional information, contact Joel\_Polvado@baylor.edu or visit www.baylor.edu/student\_government.

# **Hot Opportunities**

#### **Diversity Enhancement Grant**

Is your organization planning an event that celebrates diversity on campus? Individuals (students, staff, and faculty), organizations, and programs are invited to submit grant proposals that would strengthen and promote respect for diversity through innovative leadership and service, or policies, practices, events, and programs designed to enhance a climate of understanding and respect throughout the campus community. For additional information, visit www.baylor.edu/diversity/index.php?id=72055.

# **Upperclassmen Mentors Needed for Teens in the Juvenile Justice System**

Volunteers are needed to serve as mentors with the Urban Missions Juvenile Justice Team, which focuses on building relationships with youth in the McLennan County Justice Center. The team carpools Wednesday evenings from the Bobo to the Justice Center, where volunteers interact with and encourage detained teens. Applicants must be at least 21 years old and of exemplary moral character. The Justice Center is currently in particular need of male mentors; however, all eligible students are encouraged to apply. For additional information and for an application, contact Matthew\_Siegle@baylor.edu.

# **SUPPORT BAYLOR ATHLETICS**

# Equestrian vs. SMU

Saturday, October 29, 11 a.m., Willis Family Equestrian Center

For additional information on gameday for students, including Baylor student tickets, visit www.baylor.edu/students/gameday/index.php?id=867021.

# Sic 'em Bears!

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Wednesday at 8 a.m.* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at http://www.baylor.edu/calendar/.

View past issues of *On the Baylor Horizon* at http://www.baylor.edu/student\_life/index.php?id=83704.