

On the Baylor Horizon.....a publication of the Division of Student Life

RSVP for Service Roundtable

For additional information or to RSVP, contact Tomeka_Morrison@baylor.edu. The Service Roundtable Luncheon, hosted by the Office of Community Engagement and Service, will be held on *Wednesday, October 15*, 12 noon-1 p.m. This is an event for student leaders who have some responsibilities within their organization regarding service; this includes all leadership of volunteer organizations and presidents and/or service chairs of student organizations and LLC programs. This month's topic is fundraising. The last day to RSVP is *Monday, October 13*.

Reminder: Tickets on Sale for the 27th Annual Hispanic Heritage Banquet

Monday, October 20, is the last day to purchase your ticket. Tickets are \$10 (students), and \$20 (general) – cost includes a meal during the event. The Hispanic Student Association, in conjunction with the Department of Multicultural Affairs, presents the 27th Annual Hispanic Heritage Month featuring John Quiñones ("What Would You Do?" T.V. Show) as the guest speaker. The event will be held on *Wednesday, October 22*, 7 p.m. on the 5th floor of Cashion. For additional information, contact Bryan_Tehrani@baylor.edu.

The Baylor Energy Madness Competition October 13-24

The competition continues among all of the residence halls to see which one can save the most energy. Halls earn bonus points through various activities. See your respective hall director for details. Energy Awareness Day is *Wednesday, October 15*, with Dark Hour from 1-2 p.m., and a Light Bulb Exchange at the Energy Awareness table in the SUB. For additional information, contact Tyson-Stefanie@aramark.com.

Register for Rethink Your Drink, 5K Run and Walk

You may register online at www.baylor.edu/wellness/index.php?id=868515 or stop by the Wellness Office located on the 2nd Floor of the McLane Student Life Center. The Wellness Department is hosting this event for Alcohol Awareness Week. The cost of \$5 includes a t-shirt. For additional information, contact Gabriela_Olaguibel@baylor.edu.

Medical Service Organization's Love Thy Neighbor Donation Drive

Wednesday, October 15 is the last day for the drive. Collection boxes are located on either side of the atrium. Items needed include canned goods, boxed goods, rice, and beans. All donations support the Martin Luther King, Jr. Community Clinic and our Waco neighbors struggling with food insecurity. For additional information, contact Brittany_Calder@baylor.edu.

Go Pink for Breast Cancer Awareness

Monday, October 13, 7 p.m. in the Barfield Drawing Room of the SUB. Refreshments will be provided. Wear pink to support the cause. This event is hosted by Multicultural Affairs and the Waco Alumnae Chapter of Delta Sigma Theta Sorority, Inc., in conjunction with Alpha Kappa Alpha Sorority, Inc., Delta Alpha Omega Waco Alumnae Chapter, Sigma Gamma Rho Sorority, Inc., Alpha Rho Sigma Waco Alumnae Chapter, Zeta Phi Beta Sorority, Inc., Nu Iota Baylor Chapter, Zeta Phi Beta Sorority, Inc., and Delta Upsilon Zeta Waco Alumnae Chapter. The sponsors for this event are Multicultural

Affairs, Community Engagement and Service, and the Wellness Department. For additional information, contact Kelley_Kimple@baylor.edu.

2014 Flu Shot Clinic

Tuesday, October 14, 9-11 a.m. on the 1st Floor Study Area of Sid Richardson. The cost of \$20 will be billed to your student account. This clinic is sponsored by the Baylor University Health Center.

Career and Professional Development Workshop-Ace the Interview

Tuesday, October 14, 5-6 p.m. in the Marrs McLean Science Building, Room 301. An interview is your opportunity to convince a potential employer that you are the right person for the position. Learn how to prepare for the interview by knowing yourself, researching the employer, practicing, and more. The presenter will be Katie Paskvan, College Recruiter with The PathMaker Group. There will be free pizza and prizes. For additional information, contact Carolyn_Muska@baylor.edu.

Sigma Iota Alpha Informational

Tuesday, October 14, 7 p.m. in the Fentress Room of the SUB. All ladies interested are welcome to attend. For additional information, contact Baylor_SIA@yahoo.com.

Hispanic Heritage Month Committee and Multicultural Affairs Present: Stereotype Forum

Wednesday, October 15, 7:30 p.m. in the SUB Den. Come hear a conversation-based forum with the purpose of uniting Hispanics, Latinos/Latinas, and other minorities talk about the difficulties they've had to face at Baylor and in life. For additional information, contact Thalina_Garcia@baylor.edu.

Student Foundation Hosting Fall Festival

Tuesday, October 21, 6-9 p.m. at Burleson Quadrangle. Come enjoy food, games, and pumpkin painting. There will also be a costume and best fall treat baking contest. It cost \$5 to enter the baking contest with up to five members on a team. The deadline to enter is *Monday, October 20*, at 6 p.m. Bring loose change to vote for your favorite costume. All proceeds go towards scholarships. For additional information about the baking contest, contact Amy_Feind@baylor.edu. For additional information about the costume contest, contact Kamille_Martin@baylor.edu.

Baylor University Intramural Sports

Whether you are a gifted athlete or just want to play for fun, Baylor Intramurals has a place for you. Singles Tennis and Almost Golf registration ends *Wednesday, November 5*. For additional information or if you would like to register, come by the McLane Student Life Center.

My HEALTH

My HEALTH is your online portal for access to the Health Center. Go to www.baylor.edu/health_center and click on MY HEALTH in the upper right corner. Log in using your Bear ID (firstname_lastname) to make appointments, receive secure messages, print immunization records, and sign up to receive a reminder text message one hour before your next appointment. Give it a try today.

THIS WEEK IN STUDENT GOVERNMENT

Student Senate Vacancies

There are vacancies in Student Senate for each class. Student Senate meets every Thursday, 5:30 p.m. For additional information, contact Lawren_Kinghorn@baylor.edu or stop by the Student Government office in the SUB.

Monday Healthy Tip from Monday Campaigns

Beat stress with relaxing methods. Indigestion, changes in appetite, muscle tension, problems sleeping, a racing heart, dizziness, a clenched jaw, headaches, and aches and pains are all signs of stress. Giving yourself time to pause and breathe deeply when you encounter these stress signals can help you discover their cause and reduce their impact in the future. If you begin to notice any of these symptoms this week, slow down. Pause for a moment and focus on ten deep breaths. Remember that most stress triggers are manageable, and there are plenty of tools at your disposal.

Hot Opportunities

Baylor Line Camp Leader Applications

Applications are available online at <http://baylor.edu/nsp/apply>. Are you interested in serving incoming Baylor students at Orientation and Baylor Line Campus this summer? For additional information, contact nsp@baylor.edu or call 254-710-7240.

SUPPORT BAYLOR ATHLETICS

Women's Volleyball vs. UL Lafayette

Tuesday, October 14, 7 p.m., Ferrell Center

Women's Equestrian vs. Oklahoma State

Saturday, October 18, 10 a.m., Willis Family Equestrian Center

Log onto www.BaylorBears.com for all the latest information about Baylor Athletics.

For additional information on gameday for students, including Baylor student tickets, visit www.baylor.edu/students/gameday/index.php?id=867021.

Sic 'em Bears!

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Wednesday at 8 a.m.* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at <http://www.baylor.edu/calendar/>.

View past issues of *On the Baylor Horizon* at
http://www.baylor.edu/student_life/index.php?id=34626.