## On the Baylor Horizon....a publication of the

## Division of Student Life

## **Outdoor Adventure Programs**

*Tuesday, January 21, and Wednesday, January 22*: Spring Break Trip Interest Meetings, 6-7 p.m. in the Campus Recreation Conference Room of the McLane Student Life Center. Come find out more about the three trips over spring break on *Saturday, March 8*, to *Saturday, March 15*. The costs are as follows:

- 1. Paddling and Camping Expedition, Moab, Utah: \$550
- 2. Backpacking Buckskin Gulch and Paria Canyon, Arizona and Utah: \$550
- 3. Backpacking in the Grand Canyon, Arizona: \$550

Monday, January 27: Newcomer Night at the Rock, 6-9 p.m. Looking for the right time to learn about climbing? This is an introduction class for students with little to no experience climbing. Staff will walk you through each step. This event is free. Wednesday, January 29: Intro to Sport Climbing. You may register at the McLane Student Life Center by 2 p.m. on Tuesday, January 28. The cost is \$10. For more Outdoor Adventure opportunities and registration info, visit www.baylor.edu/campusrec/oa.

### Sign up for Baylor Religious Hour Choir Auditions

For additional information or for an audition time, contact Bailey\_Gates@baylor.edu. Auditions will be held *on Thursday, January 23*.

Association of Black Students Annual Black Heritage Banquet Tickets on Sale! Tickets are on sale for \$15 (students), and \$20 (general admission) at the SUB Ticket Office. The banquet, which will include an inspiring message from actress Tamera Mowry-Housley, will be held on *Tuesday, February 11*, 7 p.m. on the 5th Floor of Cashion. For additional information, contact abs@baylor.edu.

RSVP for Baylor School of Social Work's Master of Social Work Preview Day You may RSVP online at www.baylor.edu/social\_work/index.php?id=65297. Preview Day will be held on *Friday*, *February 21*, 8:30 a.m.-3 p.m. at the School of Social Work, located at 811 Washington Avenue. Preview Day is an opportunity for prospective students to learn more about Baylor University's masters in social work program. The event includes information about the program, different degree options, school of social work initiatives, the admissions process, financial assistance, housing options, and the opportunity for students to hear and ask questions to current students in the program. For additional information, contact SWO@baylor.edu.

# **Baylor National Association for the Advancement of Colored People (NAACP) Meeting**

Tuesday, January 21, 7 p.m. in Cashion, Room 110. Baylor NAACP promotes issues of racial and social equality on Baylor's campus, locally, and nationally. For additional information, contact Katherine\_Regalado@baylor.edu.

#### Campus Recreation's Four-Day Certification Course for Red Cross Lifeguarding

Wednesday, January 22, 5 p.m. at the McLane Student Life Center. Participants may register at the McLane Student Life Center's front service desk. For additional information or for cost and requirements, visit

www.baylor.edu/campusrec/aquatics/index.php?id=73697.

#### **Baylor National Pan-Hellenic Council Hosting Greek 101**

Thursday, January 23, 7 p.m. in the SUB Den. Come see what the Divine 9 is all about and meet current members. Free food and drinks will be served. For additional information, contact Sophia\_Shain@baylor.edu.

#### **Baylor Cricket Club First Meeting**

Saturday, January 25, 3-5 p.m. in the Marrs McLean Tennis Court. All students are welcome. No experience necessary. For additional information, contact Akshay\_Chhana@baylor.edu.

#### Baylor Counseling Center's Walk-In Clinic

New students (non-crisis or crisis) no longer need to make an appointment to obtain an "initial assessment;" they just have to walk-in during our Walk-In Clinic Hours: (\*arrive no later than 3:30 p.m.)

*Monday, Wednesday, and Thursday,* 9 a.m.-12 noon, and 1-4 p.m.\* *Tuesday,* 10 a.m.-12 noon, and 1-4 p.m.\*

This will make initial appointments more accessible to our students. During these hours, students can just walk in, and fill out their paperwork, and sit down, and a clinician will be available to administer an "initial assessment." This is not for returning students who already have a therapist, but for students who are new to the Counseling Center and for those who are returning but have not been seen for a few semesters. For answers to frequently asked questions, visit www.baylor.edu/counseling\_center/ or www.facebook.com/baylorcounselingcenter.

#### **Career and Professional Development Events**

Friday, February 7, and Tuesday, February 18: Mock interviews with college recruiters. A mock interview is one of the very best ways to prepare for an actual employment interview and a way you can improve the way you present yourself. These 30-minute interviews are meant to be as realistic as possible. You will be asked interview questions that would be asked by actual employers. You will need to upload a resume into your HireABear account prior to signing up for a mock interview.

**On-Campus Interviews**: College recruiters will be on campus this fall semester from January to April to interview Baylor students for full-time positions and internships in their organizations. You may sign-up for interviews in your HireABear account.

Walk-in Assistance for Resume Review: Sid Richardson Building, Room 132

- Monday, 1:30-4:30 p.m.
- Tuesday 9: 30 a.m.-12: 30 p.m.
- Wednesday, 9:30 a.m.-12 noon
- Thursday, 12 noon-3:30 p.m.
- Friday, 10:30 a.m.-1:30 p.m.

#### My HEALTH

My HEALTH is your online portal for access to the Health Center. Go to <a href="https://www.baylor.edu/health\_center">www.baylor.edu/health\_center</a> and click on MY HEALTH in the upper right corner. Log in using your Bear ID (firstname\_lastname) to make appointments, receive secure messages, print immunization records, and sign up to receive a reminder text message one hour before your next appointment. Give it a try today!

#### THIS WEEK IN STUDENT GOVERNMENT

#### **Student Government Vacancies**

There are vacancies in the freshman, sophomore, junior, and senior classes of Student Senate. Applications are available online at

www.baylor.edu/student\_government/doc.php/207828.pdf. Applications are due to Dominic\_Edwards@baylor.edu.

#### 2014 All-University Housing Fair

Tuesday, January 21, 2-4 p.m. in the Barfield Drawing Room of the SUB. Students will be able to learn about housing opportunities around campus, as well as take advantage of available offers and prizes. This event is hosted by the Sophomore Class Officers.

#### **Passport Waco**

The Office of the External Vice President is sponsoring Passport Waco until March. Come by the Student Government office to pick up a passport. Visit businesses and restaurants around Waco to be entered to win an iPad.

#### Monday Healthy Tip From Monday Campaigns

Believe in your buds. Did you enjoy long naps, nice cardigans, yoga, or tax rebates as a toddler? How many of those do you enjoy now? Time changes us, and our taste buds, as we grow older. Embrace your adulthood this week by trying a vegetable that you wouldn't have touched as a child. Start slowly by adding it to a favorite dish. If it's still not love at first bite, congratulate yourself for giving it a try anyway.

#### SUPPORT BAYLOR ATHLETICS

## Women's Basketball vs. Kansas State

Wednesday, January 22, 7 p.m., Ferrell Center

#### Men's Tennis vs. Boise State-ITA Kickoff Weekend

Saturday, January 25, 12 noon, Hurd Tennis Center

## Men's Basketball vs. Texas

Saturday, January 25, 12:30 p.m., Ferrell Center

#### Women's Tennis vs. Penn State

Saturday, January 25, 7 p.m., Hurd Tennis Center

#### Men's Tennis vs. Auburn or Drake- ITA Kickoff Weekend

Sunday, January 26, TBA, Hurd Tennis Center

Log onto www.BaylorBears.com for all the latest information about Baylor Athletics.

#### Sic 'em Bears!

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Wednesday at 8 a.m.* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at http://www.baylor.edu/calendar/.

View past issues of *On the Baylor Horizon* at http://www.baylor.edu/student\_life/index.php?id=34626.