On the Baylor Horizon....a publication of the

Division of Student Life

Alpha Phi Omega and Carter BloodCare's Fall Semester Blood Drive

Monday, October 7, to Thursday, October 10, 9 a.m.-6 p.m. at Fountain Mall and Bobo Spiritual Life Center. Stop by one of Carter BloodCare's two donation buses and donate blood/attempt to donate blood, and get a free t-shirt. For your safety, be sure to be fully hydrated and eat a nutritious meal prior to donating. For additional information, contact Sultana_Aruba@baylor.edu.

Go Global with Baylor Global Missions: Interest Meeting and Applications

Monday, October 7, 5:30-7:30 p.m. at the Bobo Spiritual Life Center. Thinking about going on a mission trip with Baylor in 2014? Whether it's Ghana or Washington, DC, come learn more about opportunities for you to serve in discipline-specific missions all around the world. Come hear from past student participants, meet team leaders, and learn more about Baylor Missions. Applications are available now. For additional information or help applying, contact missions@baylor.edu. Applications and 2014 trips are available online at www.baylor.edu/missions.

2013 Seasonal Flu Shot Clinics

Tuesday, October 8, 9-11 a.m. on the 1st Floor Study Area of Sid Richardson *Thursday, October 10*, 11 a.m.-1 p.m. at the Collins Residence Hall TV Lounge The cost of \$20 will be billed to your student account. This clinic is sponsored by the Baylor University Health Center.

Career and Professional Development Sponsoring University-Wide Majors Fair Tuesday, October 8, 2:30-4 p.m. on the 2nd floor of the SUB. This is an opportunity to meet with professors from departments across campus to discuss major and minors. For additional information, contact Pat_Weaver@baylor.edu.

The ONE Campaign Interest Meeting

Tuesday, October 8, 5-5:30 p.m. at the Martin House (brick building next to Collins). The ONE Campaign is a national advocacy organization taking action to end extreme poverty and preventable disease. Come learn what the ONE and Baylor's Office of Community Engagement and Service are doing on Baylor's campus. For additional information, contact Alexis_Carlsson@baylor.edu.

Mortar Board's International Student Mixer

Tuesday, October 8, 5-7 p.m. at the Baylor Marina. This is a time where international students are able to meet other people who are studying abroad. For additional information, contact Ashley_Woo@baylor.edu.

Panhellenic Meet and Greet

Wednesday, October 9, 5-6 p.m. at the Stacy Riddle Forum. This is a great time to come and tour the various sorority suites and the Stacy Riddle Forum. You will learn more about the different chapters and what they have to offer. The Panhellenic Council and

Gamma Chis will be there to answer any questions you might have regarding Panhellenic recruitment and the registration process. For additional information, contact Tam_Dunn@baylor.edu.

Baylor Spiritual Life Announces 2nd Year Retreat, November 8-10

The retreat is an excellent way to unwind, reflect, rest, and breathe. We will be visiting Camp Eagle buried in the hill country. There are miles of hiking trails, a lake for kayaking and canoeing, and an abundance of beautiful scenery. If you need to take a break, a breath, or want to come enjoy yourself in nature, contact Ray_Small@baylor.edu, stop by the Bobo Spiritual Life Center, or visit

www.baylor.edu/spirituallife/index.php?id=93673.

Campus Recreation Offering Three-Day Lifeguard Certification Course

You may register at the McLane Student Life Center front desk. The cost of \$75 includes a two-year certification including lifeguarding, CPR for the Professional Rescuer, and first aid. A 300-yard swim test will be administered the first day of class. A smart phone or laptop will be needed during class for the student manual used in class. Class enrollment maximum is 16 students. For additional information, visit

www.baylor.edu/campusrec/aquatics/index.php?id=73697.

The classes will be held on the following days:

Thursday, October 10, 5-10 p.m.

Friday, October 11, and Saturday, October 12, 10 a.m.-6 p.m.

My HEALTH

My HEALTH is your online portal for access to the Health Center. Go to www.baylor.edu/health_center and click on MY HEALTH in the upper right corner. Log in using your Bear ID (firstname_lastname) and you can make appointments, receive secure messages, print immunization records, and sign up to receive a reminder text message one hour before your next appointment. Give it a try today!

THIS WEEK IN STUDENT GOVERNMENT

Student Government Vacancies

There is a Student Senate vacancy in both the junior and senior classes. Applications are available online at www.baylor.edu/sg and should be mailed to Dominic_Edwards@baylor.edu. For additional information, contact Dominic_Edwards@baylor.edu.

Programming Leadership Committee (PLC) Applications

Applications are available online at www.baylor.edu/sg. Want to get involved with Student Government? This committee serves a variety of student organizations and activities, meaning it's a perfect way to find your place in the Baylor Line. PLC will allow you to work closely with student leaders around campus and provide the opportunity to coordinate events, tailgating, and more. Applications are due on Wednesday, October 9, to Dominic_Edwards@baylor.edu. For additional information, contact Dominic_Edwards@baylor.edu.

Monday Healthy Tip

Talk it out. Although it can be hard to discuss stressful situations, keeping perspective and coming up with potential solutions is an important part of remaining calm and moving forward. Friends or coworkers, who are often facing similar issues or have advice from past experiences, can provide the perfect support system to help you do just that. If you feel stressed this week, ask friends or family to lend an ear. They may be able to offer insight that you wouldn't have seen otherwise.

SUPPORT BAYLOR ATHLETICS

Soccer vs. Texas Tech

Sunday, October 13, 1 p.m., Betty Lou Mays Field

Log onto www.BaylorBears.com for all the latest information about Baylor Athletics.

Sic 'em Bears!

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Wednesday at 8 a.m.* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at http://www.baylor.edu/calendar/.

View past issues of *On the Baylor Horizon* at http://www.baylor.edu/student_life/index.php?id=34626.