

# Baylor Body I.Q. Advisory Committee Presents

## FROM RECOVERY TO FREEDOM

Goodbye Ed, Hello Me®  
Recover from Your Eating Disorder  
and Fall in Love with Life



with Jenni Schaefer

Jenni's books *Life Without Ed* and *Goodbye Ed, Hello Me: Recover from your eating disorder and fall in love with life* have helped change the face of recovery from eating disorders. She has appeared on television shows such as Dr. Phil and Entertainment Tonight and has been recognized in publications including The New York Times, Cosmopolitan, the Chicago Tribune, The Washington Post and Woman's World.

Date: Tuesday, March 6th

Time: 7-8:15 p.m.

Place: Waco Hall

FREE event for Baylor and Waco community

Sponsored by the Division of Student Life in conjunction with:  
Campus Recreation, Health Services, Counseling Services,  
Baylor Panhellenic, Multicultural Affairs and Creekside Garden  
Bed and Breakfast



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