

# The Baylor Lariat www.baylorlariat.com

**SPORTS** Page 5

## Taking care of business

The Lady Bears defeat Texas A&M for the second time this season, winning 67-58 at the Ferrell Center

## **NEWS** Page 3

## Fitness and energy tips

Improving the overall impact of a workout starts with eating a small meal before exercising

## A&E Page 4

## A night of spectacle, surprise

In a surprising turn at the Grammys, Lady Antebellum won five awards and the Arcade Fire won best album



#### In Print

>> Too hot to handle The Lady Bears softball team is off to a blazing start, racing to 5-0 after winning the Getterman crown

Page 5

>> Too little, too late Men's basketball falls to Texas despite LaceDarius Dunn's 22 second half points

Page 5

>> Guest speaker A Harvard law professor will visit campus to discuss politics today

Page 6

#### On the Web



Lariat confidential

Go behind the scenes in the Lariat newsroom to see how the newspaper comes together each day

baylorlariat.com

## **Viewpoints**

"As a private Christian university founded at the tail end of the days of the Republic of *Texas, we have* much heritage to preserve. The move to include other Christian denominations on our governing board shows progress and commitment to our Christian foundation."

Page 2

## Board opened to non-Baptist Christians

## Regents amend university bylaws

By Sara Tirrito STAFF WRITER

Practicing Christians of non-Baptist faiths can now make up one quarter of the Baylor Board of Regents, as decided by a vote to amend the university's bylaws at Friday's meeting.

Also approved were the cre-

ation of a new center for Baptist research, a plan to provide more scholarship money to students whose parents are Baptist ministers or missionaries, and the decision to hire an architectural firm that will design the East Village Residential Community — a proposed project to provide more on-campus housing for students.

The amendment to the university's bylaws came as a result of the increasing number of nondenominational Christian members

of the Baylor family, Dary Stone, chair of the board of regents, said.

"[This] generation specifically is in a post-denominational mood and mode, so statistically for instance, this year's freshmen class is not even one-third Baptist. So what we saw in our leadership governing rules was the fact that we were excluding two-thirds of our future leaders who all chose Baylor because of its Baptist heritage, its Christian mission and loved Baylor and want to contribute to it," Stone

"We felt like as demographic trends continued, it was incumbent upon us to make sure that what has turned out to be the vast majority of the Baylor family was not disqualified from leadership at the university."

Despite the amendment, only the Baptist regents will be able to vote on actions determining what the religious qualifications of future regents will be. They

will also be the only members eligible to vote on actions concerning theological aspects of the George W. Truett Seminary. According to a statement released by Baylor marketing, Drayton McLane Jr., regent emeritus, said including regents of other denominations would only be beneficial to the university.

"Since the time Baylor was founded in 1845, the university

SEE **REGENTS**, page 6

## Foreign students bond on SLC court

By CAITLIN GIDDENS REPORTER

When you're at the basketball court's 3-point line, it doesn't matter what your first language is or where you were born. There's one value that spans across foreign waters: the importance of teamwork.

In an effort to integrate international students into extra-curricular activities, the Center for International Education has created an international basketball team called the CIE Bears.

"The international department hasn't ever ventured over to the SLC," said Melanie Smith, international student relations coordinator at Baylor. "But a student came to me and said he wanted to make a team for international students. That's what I love about Baylor. Students can come here and lead, even if they're from a different country."

SEE BASKETBALL, page 6



## Diamond in the rough

From left: Kingwood sophomore Elizabeth Christensen, Magnolia senior Josh Ben-Rajab, Waco senior Leah Kemerling, Garland sophomore Rebecca Harris and Wichita, Kan., junior Tori Schaulis take black and white pictures of each other's hands for their Photography II class on Monday near the Baylor Sciences Building bridge

## In hectic college lives, sleep often neglected



By Molly Dunn REPORTER

In a life full of activities, obligations and responsibilities, most college students put sleep at the bottom of the priorities list. Lori Genous, director for Baylor's department of wellness, encourages students to value their time to

'When you are involved in so many things, it's kind of hard to turn off sometimes and really just decompress and get that quality rest they really need," she said.

Genous said students must get an adequate amount of sleep because without it academics and decision-making skills can be negatively affected.

"I think that, long term, you [students] are looking at not being as academically prepared as you could be, or should be," Ge-

Genous' graduate assistant for the department of wellness, Will Lopez, said too often students put off sleep when things get hectic.

"We don't properly account for how much time something takes.

If you look at your schedule and it is packed with classes, activities, working out, eating and hanging out with friends, the easiest thing

to cut is sleep," Lopez said. When students do not get enough sleep, they end up oversleeping on weekends, or acquiring lost hours by sleeping longer on different days. Genous said students should get the same amount of quality sleep each night in order to maintain a bal-

SEE **SLEEP**, page 6

The place to go to know the places to go

## Salsa spectacular

Sigma Alpha Epsilon's annual Salsa Fest will be held from 6 to 9 p.m. March 3 at Traditions Plaza. To participate in the festival, register online at www.baylor.edu/ studentactivities. The cost of \$25 per team includes T-shirts. The limit is four people per team.

## Medical ethics talk

The Baylor Medical Ethics Discussion Society will meet at 6 p.m. today in C105 Baylor Sciences Building.

## **Bear Briefs**

By Brian Skoloff and Harry R. Weber ASSOCIATED PRESS

> NEW ORLEANS — President Barack Obama vowed during a White House speech last June that the \$20 billion he helped coax out of BP for an oil spill compensation fund would take care of victims "as quickly, as fairly and as transparently as possible."

> Eight months later, that's not how things look to many people along the Gulf Coast.

> Tens of thousands of fishermen, oyster shuckers, business owners, hotel operators and hairdressers still await payment. Many others whose claims have been turned down question the evenhandedness. And without the data to determine who is right, attorneys general and members of Congress question the openness.

An Associated Press review that included interviews with legal experts, government officials and more than 300 Gulf residents found a process beset by red tape and delay, and at the center of it all a fund administrator whose ties to BP have raised questions about his independence.

Now, the dissatisfaction has reached a fever pitch: Lawmakers in Washington are demanding the White House step in, the Louisiana governor and others want a federal judge to intervene and the people most affected by the Deepwater Horizon disaster are threatening to line the courthouse steps if they don't get the changes they seek from administrator Kenneth Feinberg.

"A lot of promises were made by Feinberg and President Obama that this would be a very open process, and I just don't feel that's the case," said Rep. Steve Scalise, a Louisiana Republican.

Feinberg, the Washington

lawyer who runs the fund and was lauded for his work overseeing the compensation fund for 9/11 victims, has insisted he is being fair.

Oil spill victims wait as BP compensation delayed

He has acknowledged that the system is clogged by the sheer volume of oil spill claims, along with inflated or outlandish requests. Among them: One person filed a claim for the entire \$20 billion, while another asked for \$10 billion; a boat captain sought reimbursement for lost income for himself and four deckhands, but it turns out he didn't have any deckhands; and a fisherman claimed he lost a month on the water, but his boat had a hole in it and was dry-docked even before

Feinberg recently said he believes the Gulf of Mexico should largely recover from BP's oil spill by the end of next year, and he doesn't think the entire \$20 bil-



Dr. Brian Stacy, NOAA Fisheries Lead Sea Turtle Pathologist for the Deepwater Horizon Oil Spill, releases a green turtle into federal waters off of Louisiana. Thousands of oil spill victims are waiting for compensation.

lion will be needed to compensate victims. Only half of that should suffice, he said. "Overall, I think the program

has worked well," Feinberg told

The fund and Feinberg's agen-

been fairly transparent."

the AP. "I think the program has

SEE OIL SPILL page 6

Newspaper of the Year | Texas APME

## Huffington Post, AOL discard basic journalism values

I don't remember the last time I got a piece of information from AOL. When I think AOL, I think two things: "You've got mail!" and screeching beeps coupled with a long waiting period until you can use your dialup Internet. I don't think of AOL



as a major news provider — and recent events tell me that I never

The company bought The Huffington Post last week for \$315 million. Granted, I have never liked the Huffington Post you can picture a little man inside of my head that screams 'biased!' at the very mention of The Huffington Post — because every time I hear the name, that is what I think. It's biased and so far left it didn't even try to masquerade as something else.

Don't think this is a journalist's rant on objectivity. After all, this is a free country (at times). Read what you will and write the way you want. I just have a hard time reading something knowing an important detail is being left out to make the story too perfect for one side of the aisle.

AOL is suffering in the pageviews section of online competition and, to put it frankly, CEO Tim Armstrong knows he has little time to solve that problem before AOL goes the way of dialup — down.

AOL acquired the blog Tech-Crunch in September of last year and Armstrong said he is looking to cut across devices and interests when buying new companies. Boasting more than 40 million page views a month, The Huffington Post won't disappoint and should bring many eyes to the

now AOL site each month. However, the larger picture for online media is a doom and gloom one as another corporation gives a hefty, \$315 million pat on the back of biased journalism. Wellknow leftist pundit and founder of The Huffington Post, Arianna Huffington, will now make all editorial decisions for the news side. Her personal biases are apparent — through her past and the blog she just sold — so as AOL looks to increase readership it will also be promoting a style of journalism that does nothing but mar the face of an industry once full of morally sound (though crude and ink-stained) free press

mixed with her liberal bias isn't the only reason the company has no sense of ethical journalism. The Business Insider leaked a document, The AOL Way, about Armstrong's goals for the news side of AOL. To sum it up shortly: Produce more, produce it faster and make more money.

itors to decide on a story's necessity based on the traffic it could bring to the site, the revenue potential and the turn-around time. A "profitability consideration" is what the company wants editors to use when deciding on the coverage of a story.

in-depth expose that takes time, hard work and a knack for the job. AOL could not care less for the true point of journalism.

To AOL, news stories are merely frames around which to place revenue-increasing advertisements. The actual words and their meaning for this world are of no worth. Their new acquisition may bring along a batch of journalists with some moral fiber analysis to wholesome analysis. Either way, if the new "way" is the standard for AOL then the dialup screeching was their swan song and we will all begin to see messy, uninteresting and inaccurate news from the behind-thetimes company using unethical means to grasp at some sense of

Nick Dean is a junior journalism and political science major from Austin. He is the editor-in-

## Letters to the editor

I write in response to the comments by Dannie Dinh, public relations officer of Baylor Democrats, concerning Texas Senate Bill 16.

The bill in question requires that every woman who elects to have an abortion in Texas will have the option to see a sonogram of her baby before the

procedure is performed. Ms. Dinh is opposed to the bill because she says it is expanding state control over women's privacy.

She says that requiring abortion facilities to show a woman the sonogram of her baby is "an intrusion between the doctorpatient relationship." However, I fail to see the grounds for Ms. Dinh's objection to the bill. How can offering a woman the opportunity to see her baby in a private medical room possibly intrude between the doctor and the patient?

There will be no other people present when the sonogram is shown—it is simply a matter of turning the monitor towards the patient so that she may see the object of the procedure, the part of her that is about to be

This is not about increasing control of government if the woman has the power to opt out of seeing the sonogram. In fact, this is part of the move in medicine towards full disclosure to the patient.

Therefore the claim by Ms. Dinh that S.B. 16 is an intrusion between the doctor-patient relationship and that this is an attempt for the State to assert more control over women's health are wrong.

I urge all that agree with Ms. Dinh to re-evaluate their stance against the right of women to see a sonogram before having an abortion. It is truly in the best interest of the patient.

Amanda Beck Lecturer in Spanish Department of Modern

Foreign Language

However, Huff's new job

The new plan teaches their ed-

Thrown to the wind is the

— and some who prefer liberal

chief of the Lariat.

# BAPTISTS FRIENDS BOARD OF REGENTS

## Regents' religious diversity could benefit, unify BU

#### **Editorial**

On Friday the Baylor Board of Regents announced a change to its bylaws that now allows 25 percent of the board to be composed of non-Baptist Christians.

The change dictates that those regents who are actively involved with Baptist churches will be the sole voters on actions by the board that apply to theological matters of Baylor's George W. Truett Theological Seminary.

The Baptist members' exclusive right to vote on the theological questions of the school's seminary is not only fair, but necessary to avoid major conflict when deciding on details, often ritualistic in nature, that create fissures through the body of Christ.

Only the Baptist regents get full voting rights on the affiliation qualifications of future regents - meaning any future changes to the board's composition are in the hands of the Baptist members

In the coming years, there are sure to be divisive arguments between the wholly Baptist members of the board and the remain-

ing non-Baptist members. We wonder how the future board will affect decision-making. Adding diversity on the board means more voices. It also means more debate and possibly slowing down the progress of the university. However, it could mean changes that better represent the Baylor community as a whole.

While we have a clear Baptist heritage, the university has been a major center of higher education for other Christian denominations, too. Baylor Institutional Research and Testing reported that as of fall 2010, the Baylor undergraduate population was 35 percent Baptist. A close race for second highest affiliations were Catholic and non-denominational — each making up nearly 15 percent of the population.

Ultimately, the move will benefit the university in that it begins to further incorporate Christians of different denominations in its mission. Baylor's mission is this: To educate men and women for worldwide leadership and service by integrating academic excellence and Christian commitment within a caring community.

As regents seek to mold our of God. If we share in this kind

university, it is safe to say that the various rituals non-Baptists may differ on will not have a bearing on the one truth that we all agree on — that Christ is our savior.

We strive to be academically excellent and committed to Christianity. In these times many think that impossible. But we are not a community of little faith. Our God will provide — the one God we all believe in with full faith. In our academic endeavors, He will provide. In our missional efforts, His hand will move. In this time of transition it is easy for people to misunderstand the intentions and subvert the truth of the Gospel by blatant ignorance for its truth.

Respected and influential Christian author C.S. Lewis wrote in "Mere Christianity" of the life we all — as Christians — come to

"Now the whole offer which Christianity makes is this: that we can, if we let God have His way, come to share in the life of Christ. If we do, we shall then be sharing a life, which was begotten, not made, which always existed and always will exist. Christ is the Son

of life we also shall be sons of God. We shall love the Father as He does and the Holy Ghost will arise in us. He came to this world and became a man in order to spread to other men the kind of life He has — by what I call 'good infection.' Every Christian is to become a little Christ. The whole purpose of becoming a Christian is simply nothing else."

As a private Christian university founded at the tail end of the days of the Republic of Texas, we have much heritage to preserve. The move to include other Christian denominations on our governing board shows progress and commitment to our Christian foundation.

How we handle the disputes that are sure to arise will illustrate how much faith we have in our Provider. The change allows those members of other denominations that have received much from Baylor to give back in a small way.

More progress can be made, and in years to come this move will be seen as the first step toward a journey of unifying a body of believers looking to honor the one true God in academia

## Current generation possesses complacency

Once upon a time, there lived a stupid giant.

The giant had not always been stupid. Or, perhaps it is more accurate to say the giant had once revered intelligence, reason and the byproducts thereof. Indeed, the giant was renowned for an ingenuity and standard of living that made it the envy of the

But much of the world did more than envy the giant. Much of the world admired and respected it. Its basic decency, along with its strength and intelligence, set it apart. There came a time, however, when, though the giant retained its strength and arguably even its decency, it lost its intelligence.

No one can say exactly how and when the loss occurred. There was no great blast of thunder and lightning to herald it, no sudden instant when the giant's intelligence plummeted dramatically from the instant before.

No, stupidity crept over the



giant with the stealth of twilight, a product less of one abrupt moment than of a thousand moments of complacency, of resting on laurels, of allowing curiosity to be teased and bullied out of bright children, of dumbing down textbooks so kids could get better grades with less work, of using "elite" like a curse word.

And, of behaving as if knowing things, and being able to extrapolate from and otherwise make critical use of, the things one knows, was a betrayal of some fundamental human authenticity - some need to keep

Stupidity stole over the giant until it could no longer tell science from faith, or conventional wisdom from actual wisdom and in any event, valued ideological purity above them all.

Stupidity snaked over the giant until science teachers shrank from teaching science, history books contained history that wasn't history, late-night comics got easy laughs from people on the street who could not say when the War of 1812 was fought, political leaders told outright lies with blithe smiles and no fear of being caught, and you would not have been surprised to hear that someone had fixed mathematics, so that 2+2 could now equal 17, thus preserving the all-important self-esteem of second-grade kids.

Some regarded the giant's stupidity as a danger. They reasoned that when one is so big that one's merest movement or slightest utterance affects the entire world, it's a good idea if those movements and utterances are animated by something more than autonomic function.

Others saw the giant's stupidity as an opportunity. They learned eagerly until they surpassed the giant's intellect. They grew until they rivaled the giant's size and strength. They did not attempt to match the giant's decency. They considered decency a hindrance.

And the giant? It sat on its haunches in the mud as the world changed about it and new giants rose and shook their fists. The giant did not notice. It was watching "The Jersey Shore" on MTV.

And it lived obliviously ever

Leonard Pitts Jr., winner of the 2004 Pulitzer Prize for commentary, is a columnist for the Miami

## **Baylor Lariat** | STAFF LIST

**Editor** in chief Nick Dean\*

City editor Caty Hirst\*

News editor James Byers

Assistant city editor Carmen Galvan\*

Copy desk chief Amanda Earp

A&E editor

Jessica Acklen\* Sports editor

Chris Derrett\*

Photo editor Jed Dean

Web editor Jonathan Angel

Multimedia producer Ted Harrison

Copy editor Amy Heard

Copy editor Wakeelah Crutison

**Staff writer** Sara Tirrito

Staff writer Jade Mardirosian Staff writer

Ariadne Aberin

Sports writer Matt Larsen

Sports writer Krista Pirtle

Photographer Nick Berryman Photographer

Makenzie Mason Photographer Matt Hellman

**Editorial Cartoonist** Esteban Diaz

Ad Salesperson *Trent Cryer* 

Ad Salesperson Victoria Carrol

Ad Salesperson Keyheira Keys Ad Salesperson

Simone Mascarenhas

**Delivery** Sarah Kroll

Delivery John Estrada

\* denotes member of the editorial board

Opinion The Baylor Lariat

welcomes reader viewpoints through letters to the editor and guest columns. Opinions expressed in the Lariat are not necessarily those of the Baylor administration, the Baylor Board of Regents or the Student Publications Board.

## Proper diet, thorough stretching needed for best workout results

REPORTER

Eating the right food at the right time and properly preparing the muscles for a certain activity allows people to get the most out of their workout.

The first step to improving the overall impact a workout has on the body is to eat a small meal, Clint Patterson, fitness coordinator at the McLane Student Life Center, said. Small meals help the body complete the workout by providing fuel for the muscles.

"Before you go in to work out, you should eat something beforehand, probably just a light meal, about 30 minutes to an hour before you work out so you have something in your system," Patterson said."Whenever you go and workout, you're going to push yourself, so you want to be energized."

Protein and carbohydrates are the best food sources of energy for the body prior to a workout, Van Davis, assistant director for fitness and nutrition education at the McLane Student Life Center, said. "About two hours before, maybe get some carbohydrates, a combination of carbs and protein. You want to have something that is easily digestible, not something that is going to be too heavy," Davis said. 'You want something like an egg, a protein shake."

Not only do carbohydrates and protein work together to fuel the body, but the body needs fluids as

"You definitely want to stay hydrated," Patterson said. "A good recommendation is to carry a water bottle with you and fill it up throughout the day. You for sure don't want to do any workout, specifically cardio, if you're not fully

In addition to eating a light meal packed with carbohydrates and protein, a proper warmup is necessary to prevent injury during

"You definitely want to respect your body," Patterson said. "Just based off of resources, books and experience, some of the top forms of injuries caused during a workout are from bad form and no

Davis said that performing an

active warm-up similar to the exercise about to be done is the best way to prepare the muscles to engage in physical activity.

'You want to mirror the activity that you're actually going to be doing, but in a lighter form," Davis said. For example, before a run, someone could warm up by walking, or before bench pressing, someone could do the same movement but with no weight or a small amount of weight.

"Warming up is going to be an activity that is going to increase the person's core temperature and heart rate," she said.

Davis added that static stretching, unlike an active warm-up, should mainly occur after a workout because stretching cold muscles can lead to injuries.

"When you pull a cold rubber band, it could snap. If your muscle is cold and you go ahead and stretch it, you could really injure yourself, so always warm up first," Davis said.

Finally, it is crucial to cool down and replenish the body with protein, carbs and water within an hour after working out.

Patterson said that providing the body with proper nutrients and an adequate amount of sleep gives the body time to recover after ex-

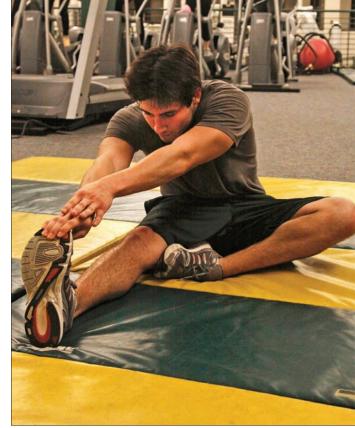
"During the workout, you tear your muscles up; you cause stress during the workout on your muscles," Patterson said. "If you sleep well afterwards and eat well soon following your workout, that gives you time for the muscles to mend as well as to build them up."

Anne Janine, who is certified in sports medicine and human performance and a contributor to livestrong.com — a website offering expert advice about nutrition, health and fitness - offered suggestions of healthy workout habits through an article with post workout food options.

"Choose whole foods, rather than supplements, to reap the benefits of not only carbohydrates and protein, but also essential vitamins and minerals," Janine said.

Some of these post-workout meals include peanut butter and graham crackers or an egg with a glass of juice.

"As soon as you finish whatever



MATT HELLMAN | LARIAT PHOTOGRAPHER

Houston freshman David Giraldi stretches after working out Monday in the Student Life Center.

you're doing, the last 10 minutes of your workout should be spent static stretching on improving your flexibility," Davis said. "That window of opportunity happens right after you finish your exercise."

The McLane Student Life Cen-

ter has fitness staff available to inform, educate and guide people as they work out in the fitness center.

"If you're looking to start, they can guide you through the machines and proper form as well,"

# Murderer denied appeal, will be first executed this year

By MICHAEL GRACZYK ASSOCIATED PRESS

Michael Wayne Hall is set to be executed today exactly 13 years to the day since 19-year-old Amy Robinson was abducted as she rode her bike to work at an Arlington supermarket. He would be the first convicted killer executed this year in Texas. Robert Neville, Hall's partner in the crime, was put to death five years ago.

Lawyers for Hall argued that he was mentally impaired and ineligible for lethal injection, but courts rejected the appeals. A new appeal, focusing again on what attorneys said was Hall's mental impairment, was turned down Monday by the Texas Court of Criminal Appeals. Last week, the Texas Board of Pardons and Paroles rejected a clem-

Hall was 18 when the slaying occurred and a ninth-grade dropout. Neville, 23, had been on parole for about eight months after serving two years of a 10-year sentence for burglary. Both had been fired from jobs at the Kroger store where

Evidence at their trials showed they decided to kill someone and targeted Robinson. She had the genetic disorder Turner's syndrome, a rare chromosome condition found only in women and characterized by short stature and lack of sexual development at puberty.

"She was suffering anyway," Hall told investigators. "So I guess we just gave her a back door."

Prosecutors described Robinson as "easy prey." Neville and Hall told reporters they laughed as Robinson pleaded for her life.

Two weeks after their arrests, Neville told the Fort Worth Star-Telegram he and Hall wanted to become serial killers whose victims were racial minorities.

"We had a bet going to see who could shoot and kill the most people between the two of us ... Anybody as long as they weren't our color,"Neville said.

Robinson was part Native American. The day she was killed, the pair went to the Kroger store, learned Robinson was due in shortly, then went to find her along the bike route they knew she always took from home. Offered a ride the rest of the way to work, she

Instead, the evidence showed that they drove her about 12 miles to a remote area of Tarrant County where Neville shot at her repeatedly with a crossbow but missed, Hall shot her in the leg with the pellet gun and Neville shot her in the chest with the rifle. Hall added several more pellet gun shots to her chest before Neville shot her in the head because Hall worried someone would hear the loud noises their victim was making.

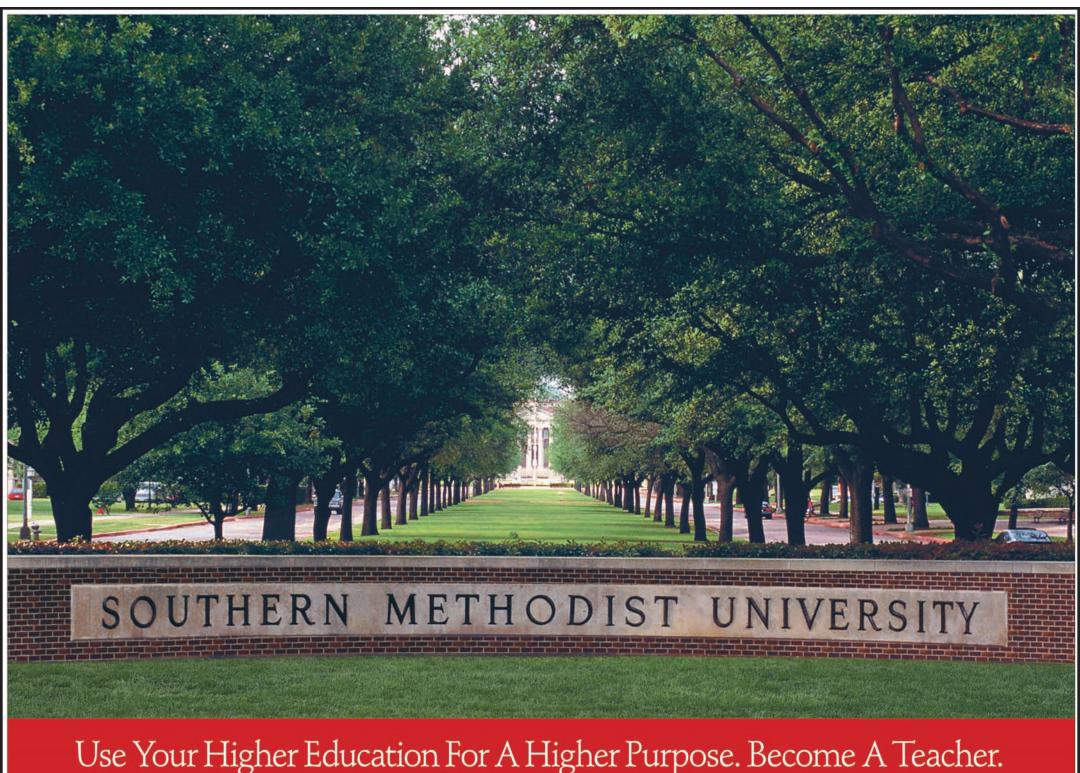
Hall and Neville were arrested at a customs checkpoint near Eagle Pass as they tried to cross into Mexico. They told authorities where to find Robinson's body.

At Hall's trial, prosecutors

played the TV video of him describing the slaying.

"He talked about the killing of this young woman the way a kid might talk about having the toughest football team, kind of braggadocio and matter-of-fact," Bill Harris, one of Hall's trial lawyers recalled. "I watched the jury . . . You could just see the door slamming shut. From the standpoint of a human being, I can understand."

Harris, however, said he was convinced Hall was mentally impaired, looked up to Neville and went along with a scheme Harris believed was concocted by Neville.



## Become an SMU teacher.

Earn a Teaching Certificate or complete your Master's degree at SMU. Authentic field experience opportunities ensure that you are well prepared to make the grade. Learn evidence-based practices from active researchers who discover and develop classroom practices.

smu.edu/teacher.



## Gaga wasn't the only shell-shocker at Grammys

By Geoff Boucher Los Angeles Times

LOS ANGELES - Pop provocateurs Lady Gaga and Eminem may have brought more compelling career stories to the 53rd annual Grammy Awards, but on a shocking night the big trophies went home Sunday with Southern trio Lady Antebellum and Montreal indie-rock band Arcade Fire.

Lady Antebellum's "Need You Now," a harmony hit of yearning, was named record and song of the year (the former is for best overall track; the latter is specifically for song writing), while the best album honors went to Arcade Fire's "The Suburbs," the third studio album from the seven-member band led by the married couple Win Butler and Regine Chassagne.

A dizzying string of envelope surprises at Staples Center began with perhaps the biggest shock of all: Esperanza Spalding, the 26-year-old jazz bassist and vocalist from Portland, Ore., was named best new artist, beating out far more famous nominees, among them kid-pop sensation Justin Bieber and rapper-singer Drake.

Spalding is the first jazz artist to win the coveted best new artist award, but her win recalled the 2008 show when Herbie Hancock took home the album of the year

"I take this honor to heart so sincerely, and I'll do my damnedest to make great music for all of you. It's such an honor, and God bless," said a shocked Spalding, who released her third album, "The Chamber Music Society," last year.

Taken collectively, the honors for Spalding, Arcade Fire and Lady Antebellum were vivid reminders that the 13,000 voters of the Recording Academy aren't marching to the same beat as music consumers or even music critics.

The Antebellum victories they won in five of the six categories in which they were nominated show the consolidated power of the industry's country-rooted constituency that has powered major category upsets in recent years for

the Dixie Chicks, Taylor Swift and the twang-informed duo of Robert Plant and Alison Krauss.

Formed in Nashville in 2006, the trio of Hillary Scott, Dave Haywood and Charles Kelley saw a bookend quality to their Staples Center success on Sunday. As they pointed out during their acceptance speech, their performance of "Need You Now" on last year's Grammy Awards was a key turning point in the single's success.

"We just cried our eyes out backstage," Kelley said.

The audience at Staples Center seemed incredulous as the winners were announced - these days most award shows are the stuff of predictable ritual, not roller-coaster surprise \_ and there will be considerable debate whether the academy's choices were boldly out of the box or blatantly out of touch with the hip-hop generation.

The night continued a grim Grammy tradition for Eminem, who has won 13 of the trophies in his career but none in the top four categories despite seven nomi-



Pop diva Lady Gaga did not fail to puzzle fans with her unconventional entrance. The singer, who won Best Pop Vocal Album, made a statement in a pearlescent egg, accompanied by her bizzarely dressed entourage.

nations. The rapper may now be regretting a spiky lyric from his first single, "My Name Is," in 1999: "You think I give a damn about a

There were plenty of other unexpected moments during the

The CBS broadcast was marked by silences enforced by network censors when performers such as Cee Lo Green and Eminem dropped F-bombs during their songs and also when Gaga let loose with an especially ripe exclamation of surprise when accepting one of her three awards from her album "The Fame Monster."

Presenter Seth Rogen, famed for his bong-hit films, veered off his scripted teleprompter patter to make a joke about smoking pot with Miley Cyrus backstage and, far more upsetting, a dancer fell hard from a riser during Bieber's number with Usher and Jaden Smith. By all appearances, the performer appeared only temporarily dazed by the tumble; he continued performing after his fall.

In a couple of other historic benchmarks, a Grammy for the first time went to a composition written for a video game: Christopher Tin's "Baba Yetu," which was named best instrumental recording; and the version of Train's song "Hey, Soul Sister" that won best pop performance by a duo or group was from the iTunes Session EP, the first time iTunes original content has won a Grammy.

The Grammy show is billed as "music's biggest night," but the next-day discussion will be just as much about the visuals - Cee Lo decked out like a funky peacock and surrounded by puppets, Bieber dancing with stackable ninjas and Gaga's show-stealing stage arrival inside something resembling an intergalactic egg and then her performance of her song "Born This Way" while wearing a yoke-yellow

As far as performances, the show was a mix of major stars of the past, present and, perhaps, the future. All five nominees in the best new artist category performed, and three icons whose recording careers date to the early 1960s took turns at the microphone: Bob Dylan sang "Maggie's Farm," Barbra Streisand performed "Evergreen" and Mick Jagger tore through a version of "Everybody Needs Somebody" as a tribute to the late Solomon Burke.

The show opened with a squadron of siren voices \_ Christina Aguilera, Yolanda Adams, Jennifer Hudson, Martina McBride and Florence Welch - performing a medley of hits associated with Aretha Franklin, the soul queen who has been ailing in recent months. A video message from Franklin followed the number, and the 68-year-old said she hoped to make it to the show in person "next

The final surprise was an unprecedented encore at the end of the show. After their acceptance speech, Arcade Fire members returned to their instruments and launched into "Ready to Start," their second number of the night.

Some in the audience thought that it was a punk-spirited coup of the microphone, but Grammy executive producer Ken Erhlich said in recent days that he would let the band do an extra song if the show was running ahead of schedule.

Country trio Lady Antebellum wowed crowds with five high-profile wins, including Record of the Year and Song

of the Year, for their soulful hit "Need You Now." Above, the band rehearsed Thursday for its Grammy perfor-

1 Hearts, e.g.

5 Soft pats 9 Physicist Enrico

14 Sink cleaner

15 Straddling 16 Hipbone-related

17 It's quite a story

18 Kind of nut

19 Bridal path

20 Bounty, to the hunted

23 "Cheerio!" 24 2011 Rose Bowl champs

Abbr. 25 From A

28 Fox-sighting cry

31 Dallas hoopster, for short

34 "Tosca" or "Pagliacci"

36 Hawaiian neckwear

37 Gradually lose color 38 Examine quickly

42 Strong as \_

43 Wall climber 44 Skating jumps

45 One of a D.C. 100

46 Golfer Craig known as "the Walrus"

49 Once called, in wedding notices

50 Disco \_\_ of "The Simpsons" 51 Followers: Suf.

53 Frolic vigorously

61 Being not from 41-Down 62 Silents actress Negri 63 Appeal

64 Meas. of the cereal without the box

65 Helen of

66 Run \_\_: go wild 67 Lock of hair

68 Cuts, as logs

69 With "in," what can follow the

phrase formed by the ends of

20-. 38- and 53-Across

Down 1 [Heavens!] 2 Cracked open

Object: Each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. By The Mepham Group SAMURAI OF PUZZLES

# 65

3 Nativity trio

4 Right on the money 5 Former territory where Mount

Rushmore is 6 Lacking a musical key

7 Western necktie 8 Time period

9 Total flop 10 College benefactor Yale

11 Greet the judge

\_\_ fide: in bad faith 13 Topped a cupcake

21 Really bug 22 Set of moral principles

25 Colosseum garments 26 Think aloud

27 "Werewolves of London"

singer Warren\_

29 Architect Frank \_\_ Wright

30 ltch 31 Expert

32 Fred's dancing sister 33 Limericks and such

35 Stout of whodunits

37 Sly critter

39 Asked boldly, as for money 40 Actress Longoria

41 Planet nearest Mars, usually

46 Daring feats

47 Stay out of sight 48 Blue book exams

50 Depicts unfairly, as data 52 Flower leaf

53 "Critique of Pure Reason" writer

54 Robert of "The Sopranos" 55 Refer to

56 Chooses (to) 57 Nick Charles's wife

58 Sailor's patron saint 59 Pope before Sergius III

60 "For Pete's \_\_!"

3 5 6 6 6 4 7 8 9 3 5 6 8 8 4 9 4 3 9

# Better fries. Naturally.





©2011 Oldemark LLC. The Wendy's name, design and logo are registered trademarks of Oldemark LLC and are licensed to Wendy's International, Inc. The marks of the Baylor Bears are used with permission

Buy any Premium Sandwich and receive a FREE Small Fry



Valid at participating Waco Wendy's restaurants. Please present coupon before ordering. Limit one coupon per customer per visit. Not valid with any other offer or combo meal discount. Tax extra. Offer expires 5/31/2011. © 2011 Oldemark LLC.

LIMITED TIME OFFER

# Women edge A&M, stay perfect in Big 12



A&M Monday in the Ferrell Center. The Lady Bears won, 67-58, improving to 11-0 in the Big 12 and extending their winning streak to 21 games.

No. 1 sophomore Kimetria Hayden performs a lay-up against Texas

By Krista Pirtle SPORTS WRITER

The Lady Bears added yet another to the win column, extending their NCAA Div I winning streak to 21 as they persevered through a nailbiter with Texas A&M, landing on top 67-58.

With the game rolling to a close in the second half, Baylor converted on every opportunity while A&M struggled. With encouragement from each other and the 10,299 in attendance, the Lady Bears were able to prevail.

"When the game is on the line, you better make sure the right people touch the ball," Baylor head coach Kim Mulkey said. "I think we found out who needs to touch

That was sophomore Brittney Griner, who scored 26 to lead Baylor. Team captain Melissa Jones, however, said it was a team effort. "I think it was something real

special with the team, but everyone was just pulling for each other," Baylor senior Melissa Jones said. "We all have each others' backs. You get the ball to the player tha needs to make the big plays at the end, and we got it to Brittney."

**Baylor** Monday, Feb. 14 67 40.7% (22-54)

14

With just over three minutes

Odyssey Sims got the ball and

left in the half, A&M was up 56-55.

was pushing it down the court, and

as she looked up, there was Griner,

ahead of everyone down the floor,

open for an easy two-point layup.

good," Baylor freshman Sims said.

lor run to end the game.

Gary Blair said.

That layup sparked a 12-2 Bay-

"We played the best team in the

Shooting was not the high

country," Texas A&M head coach

point of this game, as both teams

struggled to find the bottom of the

net all over the court; however the

**Ferrell Center** 

58 Field Goals 31.0% (22-71)

67.7% (21-31) Free Throws 78.6% (11-14) Off. Rebounds 20

of the game.

31 Def. Rebounds B. Griner, 26 **Lead Scorer T. White, 29** 

defense, as expected, took control

TX A&M

24

"I think that those of you who follow basketball very closely had to appreciate the defense," Mulkey said. "I thought both teams guard you. We had trouble running our offense, and they had trouble with "It was unexpected because she was running the floor pretty dang their scorers against our defense."

> Texas A&M effectively shut down Griner and seemingly all passing lanes toward her in the first half. She only scored 3 points.

It took Baylor until after halftime to find the Griner, as she scored 23 in the second half, helping lift Baylor to take over the lead with 3 minutes left in the game, and remain on top.

"I did everything trying to get to the rim," Griner said.

Griner recorded yet another double double, bringing in 11

Odyssey Sims had an impact on the matchup as well, scoring 22.

Destiny Williams recorded 7 points for the Lady Bears, but her defense on A&M's Danielle Adams was a much-needed asset for

"Destiny Williams did an outstanding job on Adams," Mulkey

For A&M, Tyra White was on fire, scoring 29 points, 19 of which came in the second half as she scored 13 straight points to lead her team after the half.

The Baylor Lady Bears have five games left of conference play as hopes of going undefeated through the Big 12 becomes more possible.

"Winning the game tonight didn't win us the Big 12 Championship," Mulkey said. "We just have a bit more separation. We still have 3 on the road and 2 at home. We will focus on the next

That next game is 12:30 p.m. Saturday on the road at Texas Tech.

## BU comeback falls short at Texas

By Chris Derrett SPORTS EDITOR

Late in Saturday's game against No. 3 Texas at the Erwin Center, Baylor needed a Herculean performance from somebody if it wanted any chance at scoring the upset. Senior LaceDarius Dunn gave the Bears just that with 22 second half points, but his team's late comeback fell short in a 69-60 loss to the

Dunn pulled the Bears within four points at 61-57 with just over four minutes left in the game, part of 10 straight points Dunn scored

The Longhorns, however, proved

why they were the No. 3 team in the nation and connected when it counted most. Despite a dismal 59 percent free throw shooting night, Texas nailed six free throws in the final 1:34 that sealed the game.

"I thought we really competed and played a lot better in the second half. We gave ourselves a chance to win on the road," coach Scott Drew said.

Tristian Thompson and Jordan Hamilton each scored 17 points for the Longhorns. Gary Johnson was the third of five Texas players in double figures with 13 points.

Texas was too big, too fast and too strong early in the game. After a slow start from both teams, the Longhorns mounted an 18-6 run that forced a Baylor timeout when J'Covan Brown's 3-pointer pushed the lead to 23-11. "Texas showed why they've been

tough all year. They were dominant, really got after us. We didn't respond well. I thought the coaching staff could have done better in using a couple more timeouts, maybe trying to change some things up early in the game," Drew said.

Offensively the Bears sputtered. Dunn and freshman Perry Jones III were each 2 of 7 at halftime, combining for zero assists and five

"In the first half, I did a bad job of taking bad shots," Dunn said. "In

to me, and we took our time. I think that made it a different ball game."

Conversely, Hamilton and Thompson had no problem getting to the basket, beating a Baylor zone defense that has been subject to exploitation in the Bears' losses. By halftime, the Longhorns racked up 20 points in the paint. The layups, dunks and uncontested jump shots were enough for Drew to switch to man-to-man defense.

"In the man, we did a better job guarding," Dunn said.

The difference was evident in the second half. Texas scored just six more points in the paint in the final 20 minutes and went 6 of 22 in the period.

On the other end, Jones III warmed to 4 of 6 second-half shooting to finish with 13 points.

Where Texas saw huge improvement, though, was getting to the free throw line.

Had the Longhorns hit more than 18 of their 31 second-half free throws, the game could have been margin of victory in conference play this year. As it stands, the Bears are the only Big 12 team to be within 10 at the final buzzer.

Before Dunn's layup to cut the lead to 61-57, Texas had seven twoshot opportunities at the charity stripe. It made 1 of 2 on every trip.

The tradeoff between easy buckets and free throws, Drew said, still might have been difficult for the Bears had he made a defensive switch earlier in the game.

"If we played man the whole game, I don't know if we would have had any players left. And you wouldn't have wanted to see me play," Drew said.

The Bears next play NAIA opponent Wayland Baptist at 7 p.m. today Dunn needs 11 points to break Terry Teagle's school-record 2,189 career points. Dunn, though appreciative of the record, said Monday that wins mean more than records.

"To tell you the truth, I've never seen the record," Dunn said. "I don't even know how many points



Senior No. 24 LaceDarius Dunn shoots over Texas' Dogus Balbay in Saturday's game between Baylor and No. 3 ranked Texas. Texas won, 69-60, despite a 22-point, 9 of 19 second-half effort from Dunn

## Softball beats ranked visitor en route to tournament championship

SPORTS WRITER AND DANIEL WALLACE REPORTER

Thanks to Whitney Canion's dominance in the circle and senior Dani Leal's power in the box, the Baylor Lady Bears softball team defeated No. 24 Illinois for the Getterman Classic crown, going 5-0 on the weekend, the best start to the season since starting

The Lady Bears took a 1-0 lead in the first, as junior Megan Turk stole second and the shortstop couldn't handle the throw from the catcher, allowing junior Kayce Walker to score from third.

Baylor struck again in the second inning when sophomore Kathy Shelton singled with the bases loaded, scoring junior Sydney Wilson to go up by two.

Then Leal knocked her fourth ball of the weekend over the left field wall for a 3-0 lead.

Such power, coach Glenn Moore said, is something he expected from his team this season.

"We worked on hitting, emphasized hitting and being more aggressive, probably going to little bit more of a power game than the short game," Moore said.

Illinois finally got a runner home in the fifth, after two singles and a hit by pitch which brought in the unearned run, the score 3-1.

After that error, Canion went to work the rest of the game, as only one of the nine final batters she faced reached base.

## Friday's strong start

True to his self-proclaimed belief in playing tough opponents early in the season, Moore led his team in a season opening matchup with the ranked Illini.

Canion overcame a rocky start, including two singles and a hit batter in the first, to strike out 14 batters in seven innings as the Bears won, 4-1.

"This year I think I've matured in knowing when to back off a little bit and try to get that strike,"

Canion said. "I also have been working a lot on my rise and also my drop, because I want to try to

change planes more." Illinois reached base only three more times in the final six innings, and costly errors ultimately

decided the game. Baylor got on the scoreboard with a bases-loaded walk in the second inning. Another two runs came across when Illinois mishandled Walker's bases-loaded

grounder to first. Repka handled the nightcap against McNeese State, surrendering two earned runs over seven innings in the Lady Bears' 7-2 win. Leal stroked two home runs as part of a 2 for 3, two RBI night.

Power nitting on Saturday

Whether it was on the mound or at the plate, the Lady Bears were in full control Saturday. In its second of two games, Baylor breezed by McNeese State, 8-1, on timely

hitting and solid pitching. The scoring started in the third inning on a Shelton double that brought Walker home from third. After a single by Turk, Leal cleared the bases, belting a monster-shot 3-run home run over the left-center field fence.

The blast gave Baylor a 4-0 lead, and it would never look back.

Sophomore pitcher Courtney Repka earned her second victory of the season, striking out six and allowing just one earned run

through six innings. Head coach Glenn Moore was satisfied with the pitching staff in

the game. 'I am pleased our pitchers were as well tuned as we thought they'd

be," Moore said. Alicia Vasquez relieved Repka in the seventh inning, allowing just one hit and no runs, putting the

finishing touches on a strong day on the mound for the Bears. Earlier in the day freshman Liz Paul made her pitching debut

against UTSA in a 4-3 Baylor win. Paul went 5.2 innings and was

relieved by Repka, who allowed one inherited runner to score before closing out the game.

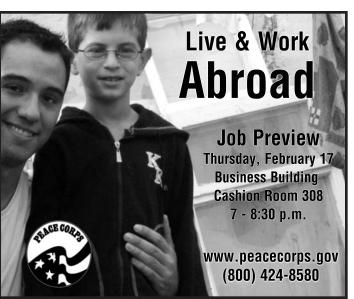




University Rentals 754-1436 \* 1111 Speight \* 752-5691 ALL BILLS PAID! FURNISHED! 1 BR FROM \$450 \* 2 BR FROM \$700 MON-FRI 9-6, SAT 10-4, SUN 2-4

Baylor Arms \* Casa Linda \* Casa Royale \* University Plaza Tree House \* University Terrace \* Houses \* Duplex Apts





## PART TIME HELP WANTED Hankamer Underclassman Preferred

Bookkeeper - Daily Deposit & Data Entry

Payroll & Accounts Payable & Other Light Office Work

Flexible Schedule - 2-3 hours/day - 3 days/week

Open 8:30-6 p.m. - Flexible hours to meet your schedule

Pay - \$9.00/hr - 8 minutes from Baylor

Off weekends OK - Off 2 weeks in summer OK

You must possess good math skills. Only modest computer skills required. Lots of 10-key calculator work. Bookkeeping experience is not required. We will train. Learning curve is fast.

This work is detail oriented. Cash handling is necessary. Your accuracy and honesty required.

This job has been held by a Baylor student for the past 4 years. This is a great job for a student who requires "Banker's Hours." Your resume will be greatly enhanced with this position. Call or come by to discuss.



**Brett Boyd** (Baylor BBA 1980) 1312 N. New Road

Near Corner of New Road & Bosque 776-2400 greenlife@aol.com

## Professor set to speak on importance of politics

By Jade Mardirosian STAFF WRITER

Baylor's Phi Beta Kappa will host its annual Roy B. Albaugh lecture, presented by Harvard Law School's Learned Hand Professor of Law, Dr. Mary Ann Glendon, at 7:30 p.m. today in Cashion Academic Center.

Dr. Michael Foley, associate professor of patristics and chair of the committee that selects the speaker for each year's lecture, said Glendon is a distinguished scholar, a Harvard Law professor, a former United States Ambassador to the Vatican, one of the 50

most influential women lawyers in America and a person of great integrity and kindness.

Foley said Glendon will speak on the notion of politics as a vocation according to Cicero and Ed-

"Both Cicero and Burke were eminent philosophers who took statesmanship seriously," Foley said. "They are perfectly positioned to remind us of the importance of politics to human flourishing and the need for good men and women to serve their country as wise public leaders."

Foley explained how Glendon

"We really want [speakers] to be the best of the best, usually nationally or internationally known for some contribution they have made to the world of scholarship, or art or politics," Foley said. "We are very excited about having Ambassador Glendon come, because she really embodies the very best of what Phi Beta Kappa values as well as Baylor University. She is a first-rate scholar and also a committed Christian."

Dr. Jennifer Good, associate professor of German and president of Phi Beta Kappa at Baylor, further explained Glendon's current work as a professor of law.

"Mary Ann Glendon is highly regarded for her scholarly work. She is currently at Harvard Law School where she teaches on ethics, constitutional law and human rights, particularly in the international law arena," Good said.

Glendon has also authored a number of books, including her forthcoming book from Oxford University Press, "The Forum and the Tower: Politicians and Philosophers in Conflict, Compromise, and Collaboration," which will be the topic of her lecture. Foley said students who attend

the lecture will gain two things.

"They will definitely learn

Ann Glendon is an excellent speaker. But they will also be able to see a first-rate thinker in action and that is always a privilege." Good also said this lecture is

about the subject matter; Mary

instrumental and will serve students as well as the Baylor com-

"I think this lecture presents a unique opportunity for the Baylor community to engage with artists, scholars and intellectuals critical to our time. The speakers are chosen for their ability to cross disciplines and find common and uncommon places in need of discussion," Good said. "In this lecture particularly, Mary Ann Glendon will be speaking from a perspective of law and international service on how politics does and will matter - how we need to expect a great deal from our leaders - which means that we need to expect a great deal more from ourselves as we elect them."

The Roy B. Albaugh Phi Beta Kappa Lectureship was endowed in the late 1970s by Mrs. Oma Buchanan Albaugh in memory of her late husband, a Waco business and civic leader from his move to Waco in 1920 until his death in 1964. The lectures have been held annually ever since.

## Men's tennis mauls Horned Frogs Rv Will POTTER

REPORTER

The year was different but the results were the same, as the ninthranked Baylor men's tennis team handily defeated the No. 52 TCU Horned Frogs on Saturday.

Baylor won nearly every match at the Baylor Tennis Center, except for one which was lost when the victory had already been decided. The Bears cruised to a 6-1 dual match victory which was the 11th victory in a row over the Horned

The win was big for the Baylor men because it marked the first dual match victory over a ranked opponent this season just days after suffering a heartbreaking 4-3 loss to UCLA at home.

While the athletes were not available for comment after the win, coach Matt Knoll echoed his

team's sentiment after getting back in the win column.

"I wanted the guys to come out and be more disciplined and compete more consistently, and I thought we did that," head coach Matt Knoll said. "The thing today was that I felt our poise was excellent. I didn't see our guys getting off track, and that is what we wanted."

Baylor gained an early edge on TCU by sweeping the doubles matches and earning a 1-0 edge heading into singles play.

At No. 3 doubles, the undefeated tandem of Julian Bley and Luis Grangeiro got things rolling with an 8-5 win over Zach Nichols and Daniel Sanchez from TCU and improved their record together to

Next on the court for the Bears at No. 1 doubles was Roberto Maytin and John Peers after an 8-4 drubbing of 55th nationally ranked duo of Emanuel Brighiu and Christopher Price. Maytin and Peers have only one loss on the year and have won their last three in a row improving the record on the year to 4-1.

At No. 2 doubles, the Baylor pair Jordan Rux and Sergio Ramirez needed a tiebreaker to defeat Soren Goritzka and Cameron Nash and pulled their match out 9-8 (3), to ice the doubles point and roll into singles with momen-

"All of the doubles matches were very close," Knoll said. "We didn't really take control until late, but I thought we did a good job to sustain some momentum and stay focused to get through those

After the loss to UCLA the previous week, head coach Matt Knoll made some changes in the lineup and inserted freshman Dennis Lengsfeld into the No. 2 spot for singles play.

Lengsfeld did not disappoint as he dismantled Goritzka dropping only two games in the first set and shutting him out in the second set

"Dennis only lost two games at No. 2," Knoll said. "That is hard to beat. He is one of our best players. He is very excited for the opportunity and today, of course, he came through for us."

Baylor swept through all of the singles matches except for at the sixth spot where Julian Bley suffered a third set defeat only after the match was secured by the

Next up for the Bears will be a trip to Dallas to face the SMU Mustangs Sunday at noon. Baylor has won 14 straight versus SMU and will look to continue that streak this weekend.

## REGENTS from Page 1

has represented superior higher Christian education with the core values of the Texas Baptist faith," McLane said.

"Having the ability to bring in additional board members to make contributions to the leadership with their time, talent and financial means will only enhance Baylor's ability to move the university forward."

The Baptist Studies Center for Research, which was also approved at the meeting and will be part of the university's religion department, is intended to be a place where Baptist history can be studied and preserved.

"In terms of going forward as a center for learning, for scholarship, for archival work, Baylor University is the place on the planet to house this center, and so I am, on behalf of the administration, very thankful that the board of regents took this action today," President Ken Starr said.

The scholarship plan endorsed by the regents and slated to begin this fall is hoped to increase scholarship funds for students whose parents are Baptist ministers or missionaries. The proposed increase of more than 300 percent would mean this group would receive more than half a million dollars in scholarship money each

At the meeting, it was also approved that the East Village Residential Community would be designed by Hanbury, Evans, Wright, Vlattas and Company together with Overland Partners.

"This is only a very preliminary step," Starr said.

"The concept has been approved by the board and now the concept is viewed with such favor that the board has determined that we take it to the next step, which is to engage the architectural firm. So we're right where we want and need to be."

## SLEEP from Page 1

anced sleep cycle.

"You can't ever make up for lost sleep. The thing with sleep is that you have to be consistent with the number of hours you sleep every day," Genous said. "You can be tempted to sleep in on the weekends, but it's not the best choice to

Instead of oversleeping on weekends or on random days, Genous and Lopez recommend quick naps during the day.

"Taking naps may work because sometimes all you need is 20 minutes or 30 minutes to re-energize and kind of get that next second wind or the ability to go on," Genous said.

Lopez said also being conscious of where a student's free time is spent can potentially provide more time to sleep.

"I'm a big proponent of taking short naps, 30-minute naps," Lopez said. "If you take an inventory of what you do every day, like how much time you spend on the Internet, just some of the stuff that you don't necessarily need to do, just try to cut that out of your life so you can have more time to sleep." Without a sufficient amount of

sleep, students can become ill, fall behind in academics, break commitments or lose control of their daily routine.

Dr. Timothy Morgenthaler of the Mayo Clinic explained the effect lack of sleep can have on the body in an online article published

by the clinic. "Lack of sleep can af-

fect your immune system," Morgenthaler said. "Lack of sleep can also affect how fast you recover if you do get sick." Genous encourages students

to value the importance of getting adequate rest because of its overall effect on their lives. "Sleep is a time where everything gets back in rhythm and

there is a homeostatic mechanism at work there and it gets everything in balance," she said. "Those things can be thrown off in that process if you don't get enough sleep." Genous said exercising and eating healthy in addition to getting

quality rest can help students lead healthier lives. Without enough sleep, students cannot function properly.

"I want students to make healthy choices and definitely getting enough sleep and quality sleep is a healthy choice for students," Genous said. "I know it's difficult. I know we have a lot of stuff going on, but just think about long-term effects of not giving your body what it needs. It can be detrimen-

Baylor subscribes to Student Health 101, a newsletter that can be found throughout the Baylor website on the Wellness, Counseling Center, Health Services and the Baylor Horizon. January's edition offers an article on getting quality rest as a college student. The current issue can be found at http://readsh101.com/baylor.

html?id=567782ec.

## OIL SPILL from Page 1

cy, the Gulf Coast Claims Facility, were an extraordinary response to an extraordinary situation more than 200 million gallons of cupation, and amounts requested oil spewing from a well a mile beversus amounts granted. neath the Gulf of Mexico, fouling the coastline from Florida to Texas. The normal course in an oil spill is for the responsible party — in this case  $\mathrm{BP}$  — to pay claims directly.

BP was doing that until August, when it turned over the process to Feinberg as part of the president's promise that payments would now be "administered by an impartial, independent third party."

So far, nearly 490,000 claims have been filed, and roughly half have been turned down. The fund has handed out \$3.4 billion to 169,000 claimants. Nearly all the money dispensed so far has been in the form of either emergency payments for short-term losses or one-time checks handed out in exchange for a promise not to sue.

To date only two final settlements for long-term losses - including a \$10 million payment to a BP associate the fund refuses to identify — have been paid out.

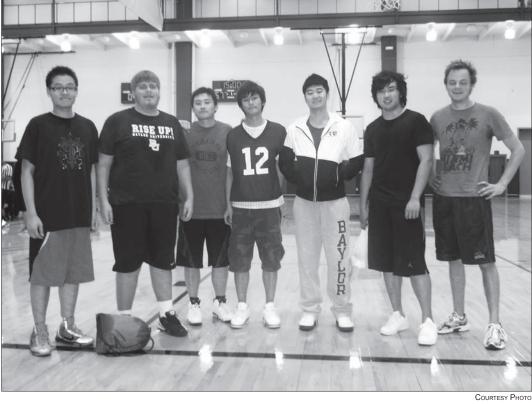
While the government helped force BP's hand to set up the fund, it did not include a mechanism to oversee Feinberg's operations, which are not subject to state or federal open records laws. Citing confidentiality requirements, Feinberg refused requests by the AP for information about who is getting the money, broken down not by name or address but by county, oc-

"I have to strike a very careful balance between the public's right to know and the confidentiality of data submitted to the GCCF in the strictest confidence," Feinberg said.

Without that information, there is no way to independently verify if the total amount paid so far is too little, whether those receiving money are the ones who need it most, whether the funds are being distributed equitably or whether BP is unduly influencing the process. There are suspicions in some quarters that the oil giant may be doing just that: Feinberg told AP the fund did not review the \$10 million claim paid to the BP associate, even though he has insisted that everyone else's claim be reviewed. He said BP asked him to make the payment, and he did. He would not further explain why

he handled it that way. Earlier this month, a federal judge in New Orleans ordered Feinberg to stop saying he is independent of the oil giant, writing that the administrator is "acting for and on behalf of BP." Until last month, Feinberg's firm was receiving \$850,000 a month from BP, and it is now negotiating a new fee package with the company.

BASKETBALL from Page 1



The CIE Bears, an intramural basketball team of international students, hopes to participate in other sports.

Binzhou, China, sophomore DK Sun serves as captain of the CIE Bears starting the team after transferring to Baylor just seven

months ago. "He just got to Baylor, but DK saw an opportunity and took the initiative to get the team together," Smith said. "He's a motivator."

The CIE Bears compete against other intramural teams, including residential halls and fraternity organizations.

"We play in the competitive league, which was a little above our caliber in the beginning of the semester," Melbourne, Australia, senior Alex Cittadini said. "We lost our first two games, and we're waiting to see who we play next. I haven't played basketball since I was in elementary school in Australia. But we're having fun, and that's what is most important."

While all the team members are

international students from China and Australia, Sun said the best part of the CIE Bears is the fans: a melting pot of foreign and Baylor students supporting the team.

"I've met people through the CIE, but I saw there had never been an international sports team," Sun

"We all know basketball is popular in America, but it's played all over the world. And it's not about winning or losing. It's about making friends with international students and other Baylor students who we play or who watch the games."

While working with the CIE, Smith has seen the struggle international students face at Baylor. She's hopeful the formation of the international basketball team will help students feel more involved on

campus.

"In other countries, all social networking is done in the classroom," Smith said.

"So when international students come here, they feel isolated because students don't find their social lives in the classrooms. They feel left out and ignored when students call their friends after class is

The CIE Bears have laid the foundation for more international sports teams. Sun and Cittadini have discussed forming an international or exchange student soccer team later in the semester.

"Our basketball team is going to play next year, too," Sun said. "And we hope to make more teams, like with the soccer team. There are more international students at Baylor. And that's just more friends to

## **CLASSIFIEDS**

## **HOUSING**

Two BR Units. Walk to Class. Cypress Point Apartments. Rent: \$550/mo. Sign a 12 month lease before 2/28/11 and get off the summer rent! Call 754-4834.

DUPLEX FOR RENT. 2 BR / 1 bath. W/D included! Walk to 701 Wood Call 754-Class! 4834.

4BR/2BA large brick duplex apartments. Days: 315-3827, evenings 799-8480.

#### Schedule Your Classified Ad Today! weekends. Apply 1111 Spei-One BR Units. Walk to Class!

Clean, Well-kept. \$350/month. Sign a 12 month lease before 2/28/11 and get off the summer rent! Call 754-4834.

Huge 1 Bedroom for \$325.00 per month! Ready for Move In, Free Wifi, minutes from campus. Call (254)759-8002 Duplex for rent now. 1622 S.

10th. New amenities. 254-715-0359 **EMPLOYMENT** 

Part-time Leasing Agent Need-

ed. Flexible hours including

We can help you reach the Baylor Students, Faculty and Staff.

## **MISCELLANEOUS**

Commercial space available March 1, 2011. Heavy traffic, perfect for salon or retail, \$450 per month with one year lease. 1101 Speight 754-1436. Spring Beak Rental: 3br/ 2bth

condo (sleeps 8) on south padre island at saida towers. \$375/night \$2250/week (+ cleaning & taxes) www.vrbo. com/78244 901-854-2539. Mention Baylor for these prices.

Just Call (254) 710-3407

HARRY POTTER: HALLOWS (PG13) (12:00)

12:30 3:00 3:30 6:00 6:30 9:00 9:30 FASTER (R) (2:00) 4:30 7:15 9:45 MEGAMIND (PG) (1:00) 3:45 6:30 9:00 HOW DO YOU KNOW (R) (1:15) 4:15 7:00 9:4 MEGAMIND (PG) (1:00) 3:45 6:30 9:00 GULLIVER'S TRAVELS (PG13) (1:00) 4:00 CHRONICLES OF NARNIA: DAWN TREADER (PG) (1:15) 4:15 7:15 9:45

() - only valid Friday - Sunday Movie Hotline: (254) 772-2225

