Nutrition Sciences Minor 2021-2022

Recommended to begin no later than fall junior year. Allow 4 semesters. Please note significant sequence of prerequisites.

The Nutrition Science Minor requires 19 semester hours.

A. Required core courses:
   NUTR 1401 Introduction to Food Science
   NUTR 2351 Nutrition
      Prerequisites: A minimum grade of C in CHE 1300 or 1301 or 1405; or BIO 1305 or 1401 or 1405.

B. Twelve semester hours of Family and Consumer Sciences from:
   NUTR 2380 Introduction to Food Delivery Systems
      Prerequisites: A minimum grade of C in NUTR 1401 and NUTR 2351 or consent of the instructor
   NUTR 3351 Nutrition Counseling and Education
      Prerequisite: A minimum grade of C in NUTR 2351
   NUTR 3386 Advanced Food Science (Spring Only)
      Prerequisites: A minimum grade of C in NUTR 1401; BIO 1305, CHE 1301, CHE 1341; and STA 1380 or 2381
   NUTR 3388 Introduction to Medical Nutrition Therapy (Fall Only)
      Prerequisites: BIO 1305, BIO 3322 & 3122, CHE 1301, CHE 1341, NUTR 3188 and a minimum grade of C in NUTR 2351
   NUTR 3435 Food Service Production
      Prerequisites: A minimum grade of C in NUTR 1401, NUTR 2351 and NUTR 2380
   NUTR 4351 Life Cycle Nutrition (Spring Only)
      Prerequisite: A minimum grade of C in NUTR 2351 or consent of instructor
   NUTR 4352 World Nutrition (Fall Only)
      Prerequisite: A minimum grade of C in NUTR 2351 or consent of instructor
   NUTR 4386 Nutrition for Sport and Fitness (Spring Only)
      Prerequisite: A minimum grade of C in NUTR 2351 or consent of the instructor
   NUTR 4387 Advanced Nutrition (Spring Only)
      Prerequisite: A minimum grade of C in NUTR 2351, BIO 1305, CHE 1301, 1341, and 3341.
   NUTR 4388 Medical Nutrition Therapy (Spring Only)
      Prerequisite: A minimum grade of C in NUTR 3388

C. A minimum grade of “C” or better in all courses used for the minor.

Contact Information:
Stanley Wilfong
Lecturer in Human Sciences and Design & Nutrition Sciences, Program Coordinator
Stanley_Wilfong@baylor.edu; Ph. 254-710-3938

Updated: 7.16.21