

BS in Nutrition Science Pre-Health Concentration					
A Suggested Sequence of Required Courses (2021-2022 Catalog)					
F r e s h m a n Y e a r					
Fall			Spring		
	4	NUTR 1401 Intro to Food Science		0	Chapel
	0	Chapel		3	HIS 1300 US in Global Perspective
	3	ENG 1310 Writing & Academic Inquiry		3	REL 1350 The Christian Heritage
	3	REL 1310 The Christian Scriptures		4	CHE 1302/1102 Basic Prin Mod Chem 2
	4	CHE 1301/1101 Basic Principles Mod Chem (Sci Method 1)		3	CFS 1315 Dev Indiv/Family Relationships or CFS 4356
	1	HSD 1104 New Student Seminar in HSD (NSE)		3	PSY/SOC/ANT (Contemp. Social Issues - see options below)
Total:	15		Total:	16	
S o p h o m o r e Y e a r					
Fall			Spring		
	3	NUTR 2351 Nutrition (Sci Method 2)		3	NUTR 2380 Intro to Food Delivery Systems
	4	BIO 1305/1105 Mod Concepts Bioscience		4	BIO 1306/1106 Mod Concepts Bioscience Cont.'d
	3	STA 1380 or 2381 (Formal Reasoning)		4	CHE 1341/1146* Introductory Organic Biochem.
	3,4	Foreign Language & Cultures			or CHE 3332/3238 Organic Chem 2/lab
	1	NUTR 2101 Intro to Profession of Nutrition/Dietetics		3	PSC 1387 US Constitution
	1	Lifetime Fitness		3	ENG 2310 American Literary Cultures
Total:	15-16		Total:	17	
J u n i o r Y e a r					
Fall			Spring		
	3	NUTR 3351 Nutrition Counseling/Education		3	NUTR 3386 Advanced Food Science*
	3	Concentration Course (see options below)		3	CFS 3350 Indiv & Family Financial Mgt.
	3	CHE 3341* (Fall only; prereq to NUTR 4387)		3	Concentration Course (see options below)
		or CHE 4341 & CHE 4342 (Biochem & Topics in Biochem)		4	BIO 1302/1102 Introductory Microbiology
	4	BIO 2401 Human Anatomy & Physiology (Motion/Innerv.)			or BIO 4302/4102 General Microbiology
		or BIO 3322 Human Physiology		4	BIO 2402 Human Anatomy & Physiology (Metab./Processing)
	3	ENG 2301 or 2306 (Research, Writing & Lit Req.)			(not required if BIO 3322 taken)
Total:	16		Total:	17	
S e n i o r Y e a r					
Fall			Spring		
	3	Concentration Course (NUTR 3388* recommended)		3	Concentration Course (NUTR 4388* recommended)
	3	Concentration Course (see options below)		3	NUTR 4351 Life Cycle Nutrition*
	3	Communication & Media Literacy (see options below)		3	Concentration Course (see options below)
	3	Fine Arts & Performing Arts (see options below)		3	MGT 3301 Leadership & Org'l Behavior
	1	Lifetime Fitness		1-3	General Elective (if needed, to reach 124+ total hours)
				1	Lifetime Fitness
Total:	13		Total:	14-16	
				Total:	124 hours

Notes about major requirements:

* Indicates the course is offered only that semester (Fall only or Spring only).

A grade of "C" or better is required in all courses used to complete the degree plan.

The Pre-Health Care Concentration requires 18 hours of Concentration Coursework: Choose from NUTR 3388 (F), 4352 (F), 4386 (S), 4387 (S), 4388 (S); CFS 2355, 3325 (S), 3358, 4363. **Note:** Some courses are only offered Fall (F) or Spring (S).

Contemporary Social Issues: Select from ANT 1306, 1325, 3320, 4311, PSY 1305, 3321, 3341, SOC 1305, 3311

Communication & Media Literacy: Select from CSI 1337, CSS 1301, 1302, 1304, CFS 3354, FDM 1303, 4340, JOU 1303, 3387, 4305, 4380

Fine Art & Performing Art: Select from ADM 1241, ARTH 1300, 2302, 2303, ART 1310, 1314, CLA 3315, ENG 3304, 3306, HSD 1231, FDM 1309, ID 3313, 4313, MUS 1321, 3321, 3322, 3323, 4364, LAS 4364, THEA 1301, 1306