

Bachelor of Science in Education - Health, Kinesiology & Leisure Studies (HKLS)

A Suggested Sequence of Required Courses (2016-2017 Catalog)

Freshman Year

Fall		Spring	
_____	0 Chapel (CHA 1088/UNV 1000)	_____	0 Chapel (CHA 1088)
_____	1 HED 1145 <i>Health and Human Behavior</i>	_____	3 History* (see reverse)
_____	3 REL 1310 <i>The Christian Scriptures</i>	_____	3 REL 1350 <i>The Christian Heritage</i>
_____	3 SOC 1305 <i>Introduction to Sociology*</i> (see reverse)	_____	3 Computer Science* (see reverse)
_____	3 MTH 1301 <i>Ideas in Mathematics*</i> (see reverse)	_____	3 General Elective*** (see reverse)
_____	3 ENG 1302 <i>Thinking and Writing</i>	_____	3 ENG 1304 <i>Thinking, Writing and Research</i>
_____	2-3 Fine Arts (art, music or theater arts)	_____	1 LF 1134 or HP 2102
Total:	15-16	Total:	16

Sophomore Year

Fall		Spring	
_____	3 ENG 2301 <i>British Literature</i>	_____	3 PSY 1305 <i>Introduction to Psychology</i>
_____	3 CSS 1301 or 1302 <i>Public Communication</i>	_____	4 Laboratory Science* (see reverse)
_____	4 HP 1420 <i>Human Anatomy</i>	_____	3 HHPR Elective** (see reverse)
_____	3 History* (see reverse)	_____	3 ENG 2304 OR 2306 <i>American Lit. or World Lit.</i>
_____	2 General Elective*** (see reverse)	_____	3 General Elective*** (see reverse)
_____	1 LF 11__	_____	1 LF 11__
Total:	16	Total:	17

Junior Year

Fall		Spring	
_____	3 HED Elective** (see reverse)	_____	3 HED Elective** (see reverse)
_____	3 HP Elective** (see reverse)	_____	3 HP Elective** (see reverse)
_____	3 RLS Elective** (see reverse)	_____	3 RLS Elective** (see reverse)
_____	3 HHPR Elective** (see reverse)	_____	3 HHPR Elective** (see reverse)
_____	3 General Elective*** (see reverse)	_____	3 General Elective*** (see reverse)
Total:	15	Total:	15

Senior Year

Fall		Spring	
_____	3 HED Elective** (see reverse)	_____	3 PSC 2302 <i>American Constitutional Devp't</i>
_____	3 HP Elective** (see reverse)	_____	3 General Elective*** (see reverse)
_____	3 RLS Elective** (see reverse)	_____	3 General Elective*** (see reverse)
_____	3 General Elective*** (see reverse)	_____	3 General Elective*** (see reverse)
_____	3 General Elective*** (see reverse)	_____	3 General Elective*** (see reverse)
Total:	15	Total:	15

*All students must graduate with a minimum of 124 hours,
36 of which must be at the 3000/4000 level.*

Please see reverse side for important information on general requirements.

Updated 05/2016

HKLS in HHPR Notes

* Basic Notes:

Computer Science - Choose from the following courses

- MIS 1305 *Intro. to Inform. Technology & Processing*
- CSI 1430 *Intro. to Computer Science I with Lab.*
- CSI 3303 *Information Technology*

History - Choose from the following courses

- HIS 1305 *World History thru the Fourteenth Century*
- HIS 1306 *World History from 1400-1750*
- HIS 1307 *Modern World Civilization since 1750*
- HIS 2365 *History of the United States to 1877*
- HIS 2366 *History of the United States since 1877*

Laboratory Science - Choose from the following courses

- BIO 1401 *General Biology*
- CHE 1405 *Chemistry and Society*
- ENV 1301 *Introduction to Environmental Studies*
- AND ENV 1101 *Env. Studies Lab*
- GEO 1401 *Earthquakes and Other Natural Disasters*
- GEO 1402 *World Oceans*
- GEO 1403 *Environmental Geology*
- GEO 1405 *The Dynamic Earth*
- PHY 1405 *General Physics*
- PHY 1455 *Descriptive Astronomy*

Mathematics - Choose from the following courses

- MTH 1301 *Ideas in Mathematics*
- MTH 1308 *Pre-Calculus for Business Students*
- MTH 1320 *Pre-Calculus Mathematics*
- MTH 1321 *Calculus I*

Sociology (Other courses may be approved by advisor)

**Major Notes:

HED Recommendations (choose 9 hours from the following courses)

- HED 2313 *Consumer Health (spring)*
- HED 3313 *Nutrition*
- OR NUTR 3314 *Consumer Health*
- HED 3314 *Environmental Health*
- HED 3317 *Mood-Modifying Substances*
- HED 3320 *Stress Management*
- HED 4321 *Human Sexuality*
- HED 4327 *Dying and Death Education*
- HED 4331 *Wellness Intervention & Health Promotion (fall)*

HP Recommendations (Choose 9 hours from the following courses)

- HP 2304 *Advanced First Aid*
- HP 2306 *Kinesiology*
- HP 2420 *Exercise Physiology*
- HP 3346 *Elementary School Human Performance*
- HP 3368 *Adapted Human Performance (fall)*
- HP 3381 *Fundamentals of Human Performance (fall)*
- HP 3382 *Risk Management in HHPR (spring)*
- HP 4368 *Motor Learning and Motor Development (spring)*
- HP 4369 *Psychology of Coaching*
- HP 4370 *Successful Coaching*
- HP 4372 *Sociology of Sport*
- HP 4393 *Facilities and Equipment in HHPR*
- HP 4396 *Religion and Sport*

RLS Recommendations (Choose 9 hours from the following courses)

- RLS 1396 *Introduction to Leisure Services*
- RLS 2301 *Camp Counseling and Administration (fall)*
- RLS 2388 *Leisure and Lifestyle Well-being (fall)*
- RLS 2389 *Lead & Facilitation in Leisure Serv. (fall)*
- RLS 3301 *Outdoor Adventure Activities (spring)*
- RLS 3302 *Prog. Planning in Leisure Services (fall)*
- RLS 3382 *Risk Management in HHPR (spring)*
- RLS 4301 *Outdoor Education (fall)*
- RLS 4331 *Meanings, Culture, and Philosophy of Am. Landscapes*
- RLS 4391 *Leisure Service Management (fall)*
- RLS 4393 *Facilities and Equipment*
- RLS 4395 *Principles of Church Recreation (spring)*
- RLS 4396 *Leisure Services for Persons w/ Disabilities (spring)*

HHPR Electives (Choose 9 hours of professional courses within the HHPR Department)

Courses can be also from any 3000-level demonstration teaching (1000-level activity courses cannot be chosen) as well as the following courses: HP 1202 *First Aid*; HP 1233 *Water Safety Instructor*; HP 1236 *Dance Choreography*; RLS 1234 *Canoeing Instructor*; RLS 1235 *Sailing and Canoeing Instructor*.

***General Elective Notes:

31-32 semester hours to be taken from any academic unit in the University excluding HHPR