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Professor and Chair  
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## **Education and Training**

9/1995 Physical Activity and Public Health Research Fellowship,  
University of South Carolina, Prevention Research Center

1/1988-4/1992 Ph.D., University of Pittsburgh, (Exercise Physiology)

1/1989-4/1991 M.P.H., University of Pittsburgh (Epidemiology)

8/1986-12/1987 MS, University of Pittsburgh (Exercise Physiology)

8/1979-4/1983 BA, University of Pittsburgh (Business/Economics)

## **Certification and Licensure**

1989-Present Certified Exercise Specialist for Preventive and Rehabilitative  
Exercise Programs, American College of Sports Medicine

## **Academic, Administrative, and Clinical Appointments**

8/13 – Present **Chair**, Dept of HHPR, School of Education, Baylor University.

8/13 – Present **Professor**, Dept. of HHPR, School of Education, Baylor  
University.

11/08 – 7/13 **Adjunct Associate Professor**, School of Kinesiology, University  
of Michigan.

7/08 – 7/13 **Associate Professor**, Dept. of Physical Medicine and  
Rehabilitation, School of Medicine, University of Michigan.

7/08 – 7/13 **Director**, Laboratory for Physical Activity and Exercise  
Intervention Research, Dept. of PM&R, University of Michigan.

7/01-7/08 **Associate Professor**, Dept. of Human Performance and Exercise  
Science; School of Medicine, West Virginia University.

- 2002                    **Interim Graduate Coordinator**, Dept. of Human Performance and Exercise Science; School of Medicine, West Virginia University. (2002).
- 9/96-6/01            **Assistant Professor**, Department of Human Performance and Exercise Science; School of Medicine, West Virginia University. (September, 1996-2001).
- 4/96-8/96            **Associate Professor**, Department of Health, Physical Education, Recreation and Dance; College of Education, Eastern Michigan University (Tenured -April, 1996- August, 1996)
- 8/94-4/96            **Assistant Professor**, Dept. of Health, Physical Education, Recreation and Dance; College of Education, Eastern Michigan University (August, 1994 - April, 1996)
- 8/92-8/94            **Assistant Professor**, Department of Human Performance; College of Health and Human Performance, Mankato State University (August, 1992- August, 1994)
- 9/88-4/92            **Adjunct Assistant Professor**, Human Energy Research Laboratory; Department of Instruction and Learning; University of Pittsburgh (September, 1988- April, 1992)

## **Grants/Contracts**

### Current

NIH P30 DK089503-01 (Burant, C.) *Nutrition and Obesity Research Center Program*, 2010-2015, \$5,793,750.

UMHS Destination Program and MICHR, (Montgomery, J), *Prehabilitation of Vulnerable Patients Undergoing Cystectomy for Bladder Cancer*. 2011-2014. \$310,000.

### Recent Applications- unfunded or awaiting re-submission

NIMHD/NIH R01 (Israel, B.) *Physical Activity, Communities and Environment: Eliminating Disparities in Asthma Outcomes In Children of Color (PACE-Asthma)*, 2013-2017.

NIH R21 (Gordon, P) *Targeted exercise for function and metabolic health among adolescents with CP*, 2014-2015.

NIH R21 (Rocchini) *Internet-Based Obesity Prevention in Children with Coarctation of the Aorta*, 2013-2014.

NIH R01 (Djurick) *Reducing inflammation in breast cancer survivors* 2013-2017

NICHD/NIH R01 (Gordon) *Exercise Modality, Function, and Cardiometabolic Health in Adolescents with CP* 2012 – 2017

NIDDK/NIH R01 (Gordon) *Resistance Exercise Dosage and Insulin Sensitivity in Obese Adults* 2012 – 2015

DHHS/CMS Innovation Grant (Englesbe) *Michigan Surgical and Health Optimization Program*

NINDS/NIH R01 (Haig) *The Gap between Capacity and Performance among Older Persons with Spinal Stenosis* 2012-2015

Past

NuStep Corporation (Gordon, P.M.) *The Metabolic Cost of Recumbent Exercise at Self Selected and Specified Intensity in Overweight Individuals*, 2010-2012. \$68,000.

Michigan Nutrition and Obesity Research Center (Lumeng, C), *Inflammatory monocytes in childhood obesity*, 2011-2012 \$33,000.

P&F Grant, University of Michigan, Dept. of Surgery (Englesbe, M.) *Developing a surgery bootcamp for older patients: Phase I trial of pre-operative exercise training*. 2011-2013. \$25,000.

Chang, Anne (PI), Gordon, P. *Beta-Cell Function & Exercise In Older People W/ Impaired Glucose*. American Diabetes Association) # N010641 (2007-2010)

Hoffman, E (PI): Gordon, P (Site PI) \$750,000. *Functional SNP's Associated with Human Muscle Size & Strength*. NIH.R01 NS40606-01A1 (2001-2010), \$8,295,195.

Jones D (PI), Kelley G, Goins T, Gordon P: *Efficacy of a Physical Activity Intervention among Patients with Arthritis*. AAMC/CDC MM-0944-06 (2005-2009), \$750,000.

Goins T (PI), Jones D, Gordon P: *Rural Healthy Aging Network: Environmental Opportunities for Physical Activity among Aging Populations*. (2005-2008), \$45,000.

Gordon P. (PI): *Acute and Chronic Gene Expression following Uni-lateral Arm Resistance Training*. NIH: National Center for Medical Rehabilitation Research – Integrated Molecular Core, (2005-2006), \$24,500.

Gordon P (PI): Gender related differences in Gene Expression following Acute and Chronic Uni-lateral Arm Resistance Training. West Virginia University Research Development Grant (2005-2006) \$16,200.

Dino G(PI), Coen D, Tessaro I, Gordon P, et al: Obesity Research Center, DHHS/CDC (2002-2003) \$1,877,594.

Gordon P (PI): Environmental Influences on Physical Activity Levels among West Virginians. (2001-2003) West Virginia Bureau of Public Health / Centers for Disease Control, \$55,103.00.

Krummel D (PI), Gordon P (Co-I, 15%), Larkin K, Tessaro I: Mothers' Overweight Management Study. NIH, RO1 DK57438-01 (2000-2003) \$509,014.00.

Gordon P (PI), R Newcomer. Effects of a Community Walking Trail on Physical Activity Behavior. Centers for Disease Control, (2000-2002) \$68,496.00.

Gordon P (PI): Perceptions of policies and environments for physical activity among high and low risk communities. (2000) WV Bureau of Public Health / Centers for Disease Control, \$35,103.00.

Gordon P (PI): West Virginia Cardiovascular Health Project. West Virginia Bureau of Public Health and Centers for Disease Control, (1999) \$31,997.00.

Gordon P (PI): "Does Apo E Affect the Lipid Response to Exercise". Hartford Hospital, Hartford, Connecticut. (1999) \$6,000.00.

Simon K (PI), Anderson B, Krummel D, Barnett B, Tessaro I, Gordon P (5%) et al: "Prevention Research: Making a Difference in Appalachia". Centers for Disease Control (1998) \$416,000.00.

Gordon P (PI), Heath G, Christy D: "Relationship of Physical Activity with Coronary Artery Disease Risk Factors in Appalachia". CDC Center for Health Promotion and Disease Prevention. West Virginia PRC (1997) \$3,000.00.

Keteyian S (PI), Gordon P: "The Effects of Anaerobic Training on Anaerobic Performance in Patients with Stable Coronary Artery Disease". Medgraphics Corporation, St. Paul, MN (1996) \$7,113.00.

Gordon PM (PI), Welk G: "Assessment of Anaerobic Parameters in Patients with Stable Coronary Artery Disease." Research Grant, Eastern Michigan University. (1995) \$6,000.00.

Gordon PM (PI), Ecker K, Crouch D: "Evaluation of a University-Based Wellness Program." D.O.E.R., State of Minnesota. (1995) \$5,000.00.

Gordon PM (PI): "Validation of a Computerized Exercise Dynamometer and Integrated Exercise Software System." Medgraphics Corporation, St. Paul, MN (1994) \$10,000.00.

Gordon PM (PI): "Effects of Repeated Exercise Bouts on Acute Modifications to HDL-C, and HDL-C Subfractions." University Research Committee Grant, Mankato State University. (1994) \$3,000.00.

Gordon PM (PI): "Effects of Acute Exercise at Different Intensities on HDL-C, HDL-C Subfractions, and Enzyme Activity." School of Education, University of Pittsburgh. (1991) \$4,000.00.

Robertson RJ, Metz KF, Goss FL, Gordon PM (Co-I): "Use of a Simple Run Test in Predicting Fitness Levels." Buhl Grant, University of Pittsburgh. (1990) \$10,000.00.

## **Honors and Awards**

2013	Nationally Recognized Research Expertise-Expertscape
2008 –present	NIH- KNOD Epidemiology Study Section –Ad Hoc Reviewer
2004-2008	NIH- KNOD Epidemiology Study Section Member
2005-present	NIH – Health of the Populations Special Emphasis Panel – Ad Hoc Reviewer
1997	Fellow - American College of Sports Medicine
9/95	Fellow - <u>Physical Activity and Public Health</u> - Centers for Disease Control

## **Memberships and Offices in Professional Societies:**

2009-present	The Obesity Society (TOS) – Professional Member
1992-present	American College of Sports Medicine – Professional Member
2013-present	Texas Chapter of the American College of Sports Medicine
2008-2013	Midwest Chapter of the American College of Sports Medicine

- 1996-2008 Mid-Atlantic Chapter of the American College of Sports Medicine
- 1994-1996 Midwest Chapter of the American College of Sports Medicine
- 1992-1994 Northland Chapter of the American College of Sports Medicine

## **Editorial Positions, Boards, and Peer-Review Service**

### Study Section and Grant Review Committees:

- 2000-present Special Emphasis Panel: Ad Hoc Reviewer, Centers for Disease Control
- 2004-present NIH: NIDDK, KNOD Study Section member/Ad Hoc Reviewer
- 2006-present NIH: Ad Hoc Reviewer, Health of the Populations Special Emphasis Panel
- 2010-present National Science Foundation (NSF): Time-Sharing Experiments for the Social Sciences

### Program Committees and Chairs:

- 2011-present The Obesity Society (TOS) National Conference - Scientific Reviewer
- 2013- Chair, Plenary session on Genetics, American College of Sports Medicine, National Meeting, Indianapolis, IN, May 31, 2013.

### Boards/Consulting:

- 2014- present Health Professional Advisory Board, Advanced Health Solutions, LLC
- 2013-present Fitnessgram consultant, Cooper Institute, Dallas, TX

### Editorial Positions:

- 2012-present Editorial Board, Advances in Physical Education Journal, Scientific Research Publishing, Irvine, CA
- 1996-present Medicine and Science in Sports and Exercise
- 1997-present Research Quarterly

1997-present British J of Sports Medicine  
1998-2001 Journal of Clinical Exercise Physiology  
2003-present American J Preventive Medicine  
2004-present Preventing Chronic Disease  
2005-present Journal of Applied Physiology  
2005-present Obesity  
2005-present J of Physical Activity and Health  
2008-present J Lipid Research  
2008-present J Applied Physiology, Nutrition and Metabolism  
2010-present Am J Physical Med. Rehab.  
2012-present PLOS One  
2012-present BMC Neuroscience

Books/Chapter Reviews:

Dishman, R., R. Washburn, G. Heath. Physical Activity Epidemiology. Human Kinetics, Champagne, IL, 2002

**Teaching**  
**(Since July 2001)**

Graduate Committees and Mentoring:

**West Virginia University:**

Doctoral:

- 1) Committee Member for 6 students
- 2) Primary Mentor:
  - Phoebe Adams – 2005-2006
  - Ed Pistilli – 2001 – 2006
  - Emily Spangler – 1999-2001
- 3) Masters:

Committee Member for 2 students

**University of Michigan:**

Jr. Faculty Mentoring:

- 2/2012-7/2013 Mark Peterson, Ph.D., Assistant Research Professor, PM&R
- 2/2009-7/2013 Heidi B IglayReger, Ph.D., PAEIR Laboratory Supervisor, PM&R

Post-doctoral Mentoring:

- 8/2008-7/2013 Dongmei Liu, Ph.D. post doctoral mentorship in physical activity and exercise research, PAEIR laboratory
- 1/2009-1/2012 Mark Peterson, Ph.D. post doctoral mentorship in physical activity and exercise research, T32 Fellowship.
- 7/2009-2011 Kristof Kipp, Ph.D., post doctoral mentorship in physical activity and exercise research, T32 Fellowship. Asst. Professor, Marquette University

Doctoral Mentoring:

- 2/2010 – 12/2012 Jennifer Sansom, Kinesiology, doctoral dissertation committee

Masters Mentoring:

- 08/2010- 12/2010 Meg Posluszny, MS, Physical Activity and Health, University of Pittsburgh, Project: Sleep Patterns determine metabolic syndrome in obese adolescents. Clinical Research Internship
- 9/2008-5/2009 Mike Borack, MS, Kinesiology, Research Experience

Clinical Research Mentoring:

- 4/2011-8/2011 David Gryniewicz, Medicine, University of Michigan, Summer Biomedical Research Fellowship
- 1/2011-8/2011 Colleen Sullivan, Medicine, Wayne State University, Third Yr. Research Rotation

**Baylor University**

Doctoral Committees:



Shana Walsh- 2014-present  
Zach Papadakis – 2014-present

Courses:

**Baylor University:**

2014:

HED 5v90 MPH Practicum, Course Director/Mentor (100%) (3 credit hours)  
Spring (Enrollment: 6 students)

**University of Michigan:**

2009-present:

MOVESCI 488: Kinesiology Research Experience, Course Director/Mentor  
(100%) (3 credit hours) (Fall/Winter/Summer) (Enrollment: 1-5 students)

MOVESCI 403: UM Field Experience, Course Director/Mentor (100%) (3 credit  
hours) (Fall/Summer/Winter) (Enrollment: 1-5 students)

UROP 280: Undergraduate Research Opportunity Program (UROP) (3 credit  
hours) (Enrollment: 3-4 students) (100%) (Fall/Winter/Summer)

2010-present:

MED: Human Growth and Development: Energy Balance and Metabolism,  
Lecturer (1 hr) (Spring)

MOVESCI 449: Laboratory Rotation, Mentor (100%) (Enrollment: 1-2 students)  
(Fall/Winter)

2010

PMR Grand Rounds: (1 hr) A Clinical Approach to Exercise

PMR T 32 Research Seminar: Physical Activity and Genetic Interactions:  
Methods and Considerations for Research. March 18, 2010 (1 hr)

PMR Resident Lecture: Aerobic Conditioning: Exercise Prescription Guidelines  
(1 Hr)

2011

PMR Grand Rounds: (1 hr) Exercise and the Inflammatory Response. March 3,  
2011

2012

PMR Grand Rounds: (1 hr) Exercise, Aging, Obesity and the Inflammatory Response. March 8, 2012

M1 Physiology Course: Skeletal Muscle Section.

**West Virginia University:**

- 2001-2007 EXPH 365: Exercise Physiology, Course Director/Instructor (100%) (3 credit hours) (Fall/Winter)
- 2001-2007 MED 691: Clinical Aspects of Exercise and Health; IN: Human Function (3 graduate credit hour) Lecturer Instructor (Fall)
- 2002-2003 EXPH 691: Graduate Exercise Prescription; Course Director/Instructor (100%) (3 graduate credit hours) (Winter)
- 2001-2006 EXPH 797: Advanced Doctoral Study, Mentor/Instructor (3 credit hours) (Fall/Winter)
- 2002-2008 EXPH 496: Senior Thesis; Course Director/Instructor (100%) (3 credit hours) (Fall/Winter)
- 2002-2006 EXPH 799: Graduate Colloquium, Course Director/Instructor (100%) (3 credit hours) (Fall)
- 2002-2006 EXPH 791: Advanced Exercise Physiology, Course Director/Instructor (25%) (3 credit hours) (Fall)
- 2003-2008 EXPH 470: Research Methods in Physical Activity; Course Director/Instructor (100%) (3 graduate credit hours)(Winter)
- 2004-2008 EXPH 673: Graduate Exercise Prescription; Course Director/Instructor (100%) (3 graduate credit hours)(Winter)
- 2004-2008 PT 351: PT in the Community, Lecturer Instructor (1 unit)(3 graduate credits) (Winter)
- 2005 EXPH 672; Research Internship (3 graduate credits): Mentoring Instructor (Fall/Winter)
- 2005 CHPR 691: Research Practicum (3 graduate credits): Mentoring Preceptor- MPH students (Winter)
- 2006-2007 MED 733: Clinical Aspects of Exercise and Health; IN: Human Function (3 graduate credit hour) Lecturer Instructor (1 unit)(Fall)

2007-2008 SEP 791: Sports Psychology Doctoral Seminar: Lecturer (1 unit) (3 Graduate Credits) (Fall)

**Eastern Michigan University:**

2009-2012:

SPMD 480: EMU Research Experience, Mentor (100%) (6 credit hours)(1-2 students)(Fall/Winter/Summer)

*Additional Teaching:*

**West Virginia University** CMED 312: Physical Activity and Public Health 1999-2002 (3 graduate credit hour) One unit, Lecturer, Total Enrollment: 60 students

**University of Pittsburgh:** Exercise Specialist Workshop: Epidemiology of Coronary Artery Disease (1997-1999).

**Eastern Michigan University:** (1994-1996) Exercise Physiology, ECG Analysis, Nutrition and Fitness, Lifetime Wellness, Cardiovascular and Respiratory Physiology, Metabolic and Neuromuscular Physiology

**Mankato State University:** (1992-1994) Exercise Physiology, Kinesiology, Graded Exercise Testing and Prescription, Nutrition for Sport and Exercise Techniques of Designing Aerobic Conditioning Programs I & II, Techniques of Designing Resistance Training Programs, Cardiac Rehabilitation, Advanced Exercise Physiology, ECG Interpretation, Graded Exercise Testing and Prescription, Physical Activity and Chronic Disease, Techniques of Research Design, Cardiovascular Physiology

*Undergraduate Advising:*

Freshmen/Transfer Mentoring Program: Advise and mentor 15 new students each year. (1997-2008)

Student Advisor: student counseling and course scheduling for 10% of the approximately 800 undergraduate students (1997-2008)

*Clinical:*

1986-1988. Athletic Trainer; Penn Hills High School, Pittsburgh, PA

- 1988- 1991    Exercise Specialist Consultant; Quality Assurance Programming and Control, Life Style Cardiac Rehabilitation Services
- 1991 – 1992    Program Director, Forbes Regional Cardiac Rehabilitation Program
- 1992-1994    Program Coordinator, Mankato State University Cardiac Rehabilitation Program
- 1996-1999    Faculty Advisor for the West Virginia University “Fitness Over Sixty” Exercise Program (6 hours per week)
- 1996-2008    Faculty Advisor for the West Virginia University Phase III Cardiac Rehabilitation Program (as needed)
- 1996-2008    Faculty Advisor for the West Virginia University Special Population Exercise Program (as needed)

## **Committee, Organizational and Volunteer Service**

### Baylor University

#### Departmental:

- 2013-present    Graduate Faculty Committee
- 2013-present    Exercise Physiology Curriculum Committee

#### School:

- 2013- present    Leadership Council
- 2013-present    PEFX

### University of Michigan

#### Departmental:

- 2010-present    Physical Medicine & Rehabilitation (PM&R) -Research Advisory Committee

### West Virginia University

#### Departmental:

1996-2003 Exercise Physiology Academic Standards Committee  
1996-2008t Exercise Physiology Graduate Admissions Committee  
1998-2001 Promotion and Tenure Committee  
2001-2004 Exercise Physiology Curriculum Committee  
2002 Interim Graduate Coordinator  
2004-2008 Exercise Physiology Professional Ethics Committee: Chair

School:

1997-1999 Rehabilitation Center for Excellence  
1998-2002 Distinguished Teacher Committee  
1998-2008 Scientific Advisory Board, West Virginia Prevention Research Center  
2002-2004 Ph.D. Program Task Force  
2002-2004 Graduate Recruitment Committee  
2202-2005 RDG/Bridge Grant Committee  
2004-2008 Ph.D. Public Health Sciences: Chair of Physical Activity and Nutrition Track  
2007-2008 Van Lier Research Committee – Chair  
2004-2008 Van Lier Research Committee - member  
2005-2008 Ph.D. Public Health Sciences Admission Committee

University:

1996-2008 Graduate Faculty- Mentor Status

Regional:

1997-2008 WV Coalition for Promoting Physical Activity (WVCfPA): Vice President  
1999-2003 WV Cardiovascular Health Steering Committee  
1997-1998 Healthy School Task Force: Data Evaluation Committee. Dept. of Education, State of West Virginia

National Committees and Positions of Service:

- 2001-present Media Referral Network, American College of Sports Medicine
- 1996-2006 Public Information Committee, American College of Sports Medicine
- 2001-2004 Health and Science Policy Committee, American College of Sports Medicine
- 1996-2002 National Coalition for Promoting Physical Activity (NCPA): Chair, State of West Virginia
- 1994-1996 Strategic Health Initiative for the National Health Objectives (SHINHO); Public Health sub-committee Chair, American College of Sports Medicine

Volunteer Service:

"Wellness in the Workplace." presented at the Executive Development Center, University of Pittsburgh, March, 1988.

"Environmental Considerations for Exercising with Heart Disease." Presented at Forbes Health System's Health-O-Rama, September 1989.

"Exercise and Your Heart." American Heart Association, Mayor's Heart Challenge, Key Note Speaker, Monroeville, Pennsylvania, February, 1990.

"Principles of Exercise Prescription," presented at Duquesne Light's Preventive Medicine Seminar. Pittsburgh, Pennsylvania, March, 1991.

Workshop on Anabolic Steroids and Recreational Drug Use, presented at Franklin Regional High School. Pittsburgh, Pennsylvania, October, 1991.

"Exercise and Weight Loss". Weight Management Seminar, presented at Forbes Regional Hospital. Pittsburgh, Pennsylvania, February, 1992.

"Selecting Home Exercise Equipment for the Cardiac Patient", presented to the Mended Hearts support group of the American Heart Association. Pittsburgh, Pennsylvania, March, 1992.

"Careers in Sports Medicine", presented at Woodland Hills High School. Pittsburgh, Pennsylvania, April, 1992.

"The Wellness Perspective", presented to the College of Nursing, Mankato State University, Mankato, Minnesota, May 1993.

"Exercise in the Home", presented to the Mended Hearts Program of the American Heart Association, Immanuel-St. Josephs Hospital, Mankato, MN, August 1993.

"Mr. Bones", presented to the third grade classes of Roosevelt Elementary School, Mankato, MN, February 1994.

"Careers in Sportsmedicine" presented as part of the Explore Eastern program for high school students, Ypsilanti, MI, April, 1995.

"Environmental Considerations in the Cardiac Population" presented as part of the TEACH Training Seminar for Health Professionals, Novi, MI, May 1995.

"The Health Advantages of Exercise" presented as part of the West Virginia University Wellness Lecture Series. October 8, 1996.

"Are Sports Drinks Necessary" interview on the Doctors on Call Show, West Virginia University, April 1997.

"Jumping Rope for Exercise" interview on the Doctors on Call Show, West Virginia University, January 1998.

"Epidemiology of Coronary Artery Disease" presented to the ACSM Exercise Specialist Workshop, Pittsburgh, PA, June 1997, 1998.

"Findings from the Surgeon General's Report on Physical Activity and Health", presented to the Morgantown North Rotary Club, July, 1998.

"Diet and Exercise" Presented on the Doctors on Call show on January 21, 1999.

"Careers in Exercise Physiology" Presented to the Honors Students of WV, Morgantown, WV July, 2000, 2001, 2002.

"Exercise Physiology as a Profession." Presented at Trinity Christian High School, Morgantown, WV, May, 2001, 2002, 2003, 2004, 2005, 2006.

Gordon P. Exercise and Health: Use it or Lose it, Presented at the 2004 Snowshoe Institute, Snowshoe, West Virginia, 2004.

"Exercise Physiology as a Health Profession", presented to the Health Care Fundamentals Class, Williamstown High School, April, 2004.

"Exercise and Health" Presented at Trinity Christian High School, Morgantown, WV. February, 2005.

"Walking for Health" Presented on the Doctor's on Call show on April 14, 2005.

Varsity Athletic Conditioning Programming – Trinity Christian High School – 2005-2008.

Upward Basketball Boys Basketball – 1-2 grade Coach -2010-2011

Older Adults and Resistance Exercise, University of Michigan Health System News, April, 2011

Older but Stronger, Medicine at Michigan, Summer 2011

Upward Basketball Boys Basketball – 1-2 grade Coach -2011-2012

Physical Activity and Exercise Blog, New York Times, March 5, 2012.

### **Visiting Professorships, Seminars, and Extramural Invited Presentations**

1. Visich PS, Michael TJ, Gordon PM, Goss FL, Robertson RJ. Effects of Fasting on Physiological Responses During Maximal Treadmill Exercise. Presented at the American College of Sports Medicine national meeting, Salt Lake City, Utah, 1990.
2. Robertson RJ, Goss FL, Gordon PM, Michael TJ. Optimal Pedal /Crank Rate (PCR) During Arm and Leg Exercise in Water: Perceptual and Metabolic Determinants. Presented at the American College of Sports Medicine national meeting, Orlando, 1991
3. Gordon PM, Goss FL, Warty V, Denys B, Robertson RJ, Metz K. Acute Changes in HDL-C and HDL-C Subfractions Following Exercise at Different Intensities. Presented at the American College of Sports Medicine Mid-Atlantic Regional meeting, Westminster, MD, February 21, 1992.
4. Gordon PM. Thermoregulatory Considerations of Running a Marathon. Presented to the Pittsburgh Marathon Committee, Monroeville, PA. April 10, 1992.
5. Visich P, Goss FL, Warty V, Denys B, Robertson RL, Metz K, Gordon P. The Effect of Caloric Expenditure on Acute Changes in High Density Lipoprotein Cholesterol and High Density Lipoprotein Subfractions. Presented at the American College of Sports Medicine national meeting, Dallas, TX. 1992.
6. Gordon PM, Goss FL, Warty V, Denys B, Robertson RJ, Metz K. The Acute Effects of Exercise at Different Intensities on HDL-C and HDL-C Subfractions. Presented at the American College of Sports Medicine national meeting, Dallas, TX, 1992.
7. Visich PS, Gordon P, Goss F. Acute Changes in HDL-C, HDL-C Subfractions and Lipid Enzymes Following ACSM Exercise Guidelines. Presented at the American College of Sports Medicine national meeting, Seattle, WA, 1993.



8. Gordon PM, Visich PS, Goss FL. Comparison of Exercise and Diurnal Changes on HDL-C, HDL Subfractions and Lipid Enzymes. Presented at the American College of Sports Medicine national meeting, Seattle, WA, 1993.
9. Robertson R, Metz K, Goss F, Kang J, Sprowls C, Moyna NM, DaSilva S, Michaels T, Gordon P, Visich P. Validation of a Run Test to Predict Maximal Oxygen Uptake in Young Men and Women Using Perceived Exertion and Heart Rate as Reference Variables." Presented at the American College of Sports Medicine national meeting, Indianapolis, IN, 1994.
10. Sharma M, Romas J, Gordon P, Slobof H. The effect of Lactobacillus Acidophilus on Blood Lipid in Moderate to Severe Hypercholesterolemia. Presented at the American Public Health Association annual meeting, Washington, D.C., 1994.
11. **Gordon PM.** Determining the Lactate Threshold - Current Techniques. Tutorial Lecture presented at the American College of Sports Medicine regional meeting, St. Cloud, MN, 1994.
12. Goodwin J, O'Mailia M, Eckerson J, Gordon P. Variable Practice: Is There a Point of Diminishing Returns? Presented at the North American Society for Psychology of Sport and Physical Activity Conference, Pacific Grove, CA, 1995.
13. Eckerson J, Stout J, Housh T, Johnson G, Gordon P. Validity of Interlaboratory Bioelectrical Impedance Equations for Estimating Percent Fat in Lean Males. Presented at ACSM National meeting, Minneapolis, MN 1995.
14. Visich, P., P. Gordon, F. Goss, D. Visich, J. Mayhew. Acute Changes in HDL-C Following Similar Caloric Expenditures in a Moderately Versus Highly Trained Runners. Presented at the American College of Sports Medicine national meeting, Minneapolis, MN, 1995.
15. Gordon P, Danduran M, Sullivan JJ, Visich P, Eckerson J, Goodwin J, Ecker K. Effect of Caffeine on Exercise Performance Following Muscle Glycogen Depletion. Presented at the American College of Sports Medicine national meeting, Minneapolis, MN, 1995.
16. Eckerson JM, Gordon PM, Goodwin JE, Welk G. The Reliability of a Computer Automated Wingate Test for Measuring Anaerobic Indices in High Power Athletes. Presented at the AAPHERD national meeting, Atlanta, GA, 1996.
17. Visich P, Gordon PM, Goss F, Warty V, Denys B, Robertson R. The Effect of a 600 Kcal Expenditure on Acute Changes in High Density Lipoprotein Cholesterol. Presented at the American College of Sports Medicine national meeting, Cincinnati, OH, 1996.

18. Fowler S, Gordon PM, Warty V, Visich P, Keteyian S. The Effects of Acute Exercise on HDL-C and HDL-C Subfractions in Moderately Trained Females. Presented at ACSM National meeting, Cincinnati 1996.
19. Brawner, C. A., S.J. Keteyian, P. Gordon, C. Grimes. Heart Rate Kinetics During Sudden Strenuous Exercise in Patients With Coronary Artery Disease. Presented at the American College of Sports Medicine national meeting, Cincinnati, OH, 1996.
20. Keteyian S, Gordon P, Brawner C, Grimes C. Cardiovascular Response to and Safety of Wingate Testing in Patients with Coronary Artery Disease. Presented at the American College of Sports Medicine national meeting, Cincinnati, OH, 1996.
21. Gordon PM, Keteyian S, Grimes C, Brawner C, Goodwin J. Anaerobic Parameters Using a Modified Wingate Test in Patients with Coronary Artery Disease. Presented at the American College of Sports Medicine national meeting, Cincinnati, OH, 1996.
22. Goodwin J, Grimes C, Eckerson J, Gordon P. Practice Makes Perfect in Learning a Closed Motor Skill: Or Does It? Presented at the International Pre-Olympic Scientific Congress, Dallas, TX, 1996.
23. Crespo C, Gordon P. Current Issue: Promoting Health through Physical Activity at the Community Level. Presented at the American College of Sports Medicine national meeting, Denver, CO, 1997.
24. Gordon P. The Effects of Exercise Training on HDL Cholesterol. Invited Speaker at the Mid-West American College of Sports Medicine meeting, South Bend, IN, 1997.
25. Schoenleber JA, Gordon P, Kessinger K, Ecker K, Danduran M, Sullivan J. Comparison of a Wingate Anaerobic Test with a 40-Yard Sprint Test in Football Players. Presented at the American College of Sports Medicine national meeting, Orlando, FL, 1998.
26. Gordon P, Heath G, Christy D, Holmes A. The use of Regular Physical Activity Among Individuals Trying to Lose Weight in Appalachia. Presented at the American College of Sports Medicine national meeting, Orlando, FL, 1998.
27. Gordon PM. Physical Activity and Health in Children and Adolescents. Presented at the Nutrition and Child Health Conference, Fairmont State College, Fairmont, WJ, June 1998.
28. Chetlin R, Schoenleber J, Bryner R, Gordon P, Ullrich I, Yeater R. The Effect of Two Oral Creatine Doses on Aerobic Performance During the Wingate Test. Presented at the National Strength and Conditioning Meeting, June 1998.
29. Chetlin R, Schoenleber J, Bryner R, Gordon P, Ullrich I, Yeater R. The Effect of Two Oral Creatine Doses on Aerobic Performance During the Wingate Test.

Presented at the Mid-Atlantic American College of Sports Medicine meeting, October 1998.

30. Gordon PM. Physical Activity and Osteoporosis. Presented to the Nutrition and Physical Activity Coalitions, Jacksons Mill, WV, October 1998.
31. Gordon P, Krummel D. The Relation Between Leisure-Time Physical Activity and Nutritional Intake. Presented at the American College of Sports Medicine national meeting, Seattle, WA, 1999.
32. Spangler E, Gordon P, Demerath E, Neal W. Correlation of Physical Activity with Cardiovascular Risk Factors in Appalachian Fifth Grade Students. Presented at the American College of Sports Medicine national meeting, Indianapolis, IN, 2000.
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