

Bachelor of Science in Education - Health, Kinesiology & Leisure Studies (BIC)

A Suggested Sequence of Required Courses (2020-2021 Catalog)

Freshman Year			
Fall		Spring	
_____	0 Chapel (CHA 1088)	_____	0 Chapel (CHA 1088)
_____	2 BIC 1212 Examined Life I (=2 LF)	_____	3 BIC 1324 World Cultures II
_____	3 BIC 1314 World Cultures I	_____	3 BIC 1323 Rhetoric II
_____	4 BIC 1413 Rhetoric I	_____	4 Lab Science (see below)
_____	3 Math	_____	3 Computer Science (see below)
_____	3 PSY 1305 Intro to Psychology	_____	3 General Elective (see below)
_____		_____	1 PUBH 1145 Health and Human Behavior
Total:	15	Total:	17
Sophomore Year			
Fall		Spring	
_____	3 BIC 2330 Social World I	_____	3 BIC 2340 Social World II (=SOC 1305)
_____	3 BIC 2334 World Cultures III	_____	3 BIC 2344 World Cultures IV
_____	4 HP 1420 Human Anatomy	_____	3 General Elective (see below)
_____	1 LF 1134 Fitness Theory and Practice	_____	3 General Elective (see below)
_____	3 SOC 1305 Intro to Sociology	_____	3 General Elective (see below)
_____	3 General Elective (see below)	_____	
Total:	17	Total:	15
Junior Year			
Fall		Spring	
_____	3 PUBH Elective** (see below)	_____	3 PUBH Elective** (see below)
_____	3 HKLS Elective** (see below)	_____	3 HKLS Elective** (see below)
_____	3 General Elective (see below)	_____	3 General Elective (see below)
_____	3 General Elective (see below)	_____	3 General Elective (see below)
_____	3 BIC 3358 Biblical Heritage/Ethics	_____	3 General Elective (see below)
Total:	15	Total:	15
Senior Year			
Fall		Spring	
_____	3 PUBH Elective** (see below)	_____	3 HP Elective (see below)
_____	3 HKLS Elective** (see below)	_____	3 HP Elective (see below)
_____	3 RLS Elective** (see below)	_____	3 RLS Elective** (see below)
_____	3 General Elective (see below)	_____	3 RLS Elective** (see below)
_____	3 General Elective (see below)	_____	3 Elective (Variable as needed)
Total:	15	Total:	15

*All students must graduate with a minimum of 124 hours,
36 of which must be at the 3000/4000 level.*

Computer Science: Choose from MIS BUS, CSI 1430, CSI 3303.

Lab Science: Choose from BIO, CHE, ENV, GEO or PHY. Must include lab.

Mathematics: Choose any math or statistics course

Sociology: (Other courses approved by advisor)

****Major Notes**

****PUBH Recommendations: Choose 9 hrs.** PUBH 2313 Consumer Health; NUTR 2351 Nutrition or NUTR 3314 Consumer Health; PUBH 3314 Environmental Health; PUBH 3317 Mood-Modifying Substances; PUBH 3320 Stress Management; PUBH 4321 Human Sexuality; PUBH 4327 Dying and Death Education; PUBH 4331 Wellness Intervention

****HP Recommendations: Choose 9 hrs from the following.** HP 2304 Advanced First Aid; HP 2306 Kinesiology; HP 2420 Exercise Physiology; HP 3346 Elem Sch Human Performance; HP 3368 Adapted Human Performance (fall); HP 3381 Fundamentals of Human Performance (fall); HP 3382 Risk Management (spring); HP 4368 Motor Learning/Development (spring); HP 4369 Psychology of Coaching; HP 4370 Successful Coaching; HP 4393 Facilities & Equipment in HHPR; HP 4396 Religion and Sport

****RLS Recommendations: Choose 9 hours from the following.** RLS 1396 Intro to Leisure Services; RLS 2301 Camp Counseling/Administration (fall); RLS 2388 Leisure/Lifestyle Well-being (fall); RLS 2389 Lead & Facilitation in Leisure Serv (fall); RLS 3301 Outdoor Adventure Activities (spring); RLS 3302 Prog. Planning in Leisure Services (fall); RLS 3382 Risk Management in HHPR (spring); RLS 4301 Outdoor Education (fall); RLS 4331 Meanings, Culture, and Philosophy Am. Landscapes; RLS 4391 Leisure Service Management (fall); RLS 4393 Facilities & Equipment; RLS 4395 Principles of Church Recreation (spring); RLS 4396 Leisure Services for Persons w/ Disabilities (spring)

HHPR Electives: Choose 9 hours of professional courses within the HHPR Dept. Courses can be from any 3000-level in PUBH, HP, RLS.

*****General Elective Notes:** 31-32 semester hours to be taken from any academic unit in the University excluding HHPR.

– Check your degree audit often through Bearweb to ensure that you are making timely progress toward your degree.

– For more information, see the undergraduate catalog.