Turn over a new leaf.

Learn how to lose weight and improve your health while eating the foods you love.

The Naturally Slim program has the secret to lasting weight loss and it doesn't include starving, counting calories or eating diet food. Baylor University is now offering you, your spouse and adult dependents the chance to learn how to eat to reduce your chances of getting a serious disease, like diabetes or heart disease, and increase your chance at living a longer, healthier life.

Space is limited. Apply between September 4 - September 15, 2017.

www.naturallyslim.com/BAYLOR

The Naturally Slim program starts September 25, 2017.