

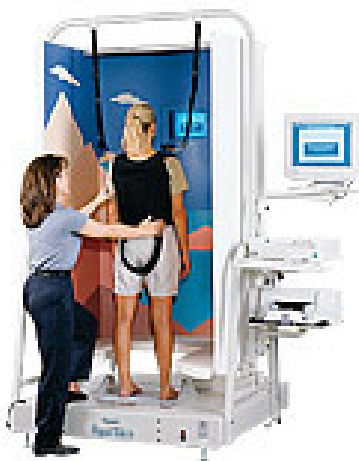
**FREE BALANCE ASSESSMENT!!!
FREE FITNESS ASSESSMENT!!!!
SUPERVISED TRAINING!!!!**

*Researchers at **Baylor University** in the Department of Health, Human Performance, and Recreation are recruiting 30-40 healthy, **moderately active (exercise at least 3 times a week)** men and women **18-35 years old** to participate in a study designed to evaluate the effects of different balance training environments on balance ability.*

Do you want to improve your balance?

For more information call:
Shellie Spiers, ATC, LAT;
Shellie_Spiers@baylor.edu; (cell) 318-455-4637
Rena Marrs McLean Gymnasium Room 117

*Subjects will be required to follow a supervised balance training program and participate in testing sessions during the **6 week** training period.*



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