

The Baylor Panhellenic Council is the unifying, coordinating, and governing body of the nine inter/national women's fraternities on the Baylor campus. These organizations are dedicated to the physical, intellectual, spiritual, and social development of their membership.

## February 2009 Issue

# The Greek Gazette

**Greetings** from the 2009-2010 Panhellenic Council! This January, the newly appointed members of the executive board for the Baylor University Panhellenic Council met for the first time. The enthusiastic young women are already hard at work, creating and implementing new ideas to make Greek life stronger, more organized, unified, and of course more enjoyable than ever before. The new council is proud to announce it's new president, Zeta Tau Alpha junior, Erin Ward.

### Upcoming Events

#### Addresssing

#### Eating Disorders

Join the *Alpha Delta Pi* chapter in the panhellenic chapel on March 4 at 6 p.m. for a speaker addressing the taboo issue of eating disorders.

#### Gaute Game

The women of *Kappa Kappa Gamma* will be hosting a fundraising basketball tournament for their mission trip to Guatemala on March 1st in the Student Life Center from 2-5 p.m.

#### Denim Dash

Fashion and frugality go hand in hand with *Kappa Alpha Theta's* Charity Denim event. Check out great prices on designer jeans March 3 in the Baines room of the SUB from 11-5 p.m.

#### Body IQ Week

Join speakers from across the nation as they present relevant information about health and self-improvement. (See next page for details)

#### Greek Week

Check out next month's issue for details on this year's Greek Week, scheduled to be held on the last week of March.

### Congratulations 2009 Presidents!

Alpha Chi Omega	Kara Deboth
Alpha Delta Pi	Beth Ann Crookshank
Chi Omega	Beth Roller
Delta Delta Delta	Kristen Tekell
Kappa Alpha Theta	Kelsey Howen
Kappa Delta	Laura Glathar
Kappa Kappa Gamma	Katie Kamperman
Pi Beta Phi	Catherine Cook
Zeta Tau Alpha	Kendra Kirkland

### Achievements From Across the Greek Alphabet

Amanda Johnston from **Alpha Chi Omega** received an Order of Omega Scholarship in the fall for her scholastic achievement, campus involvement, leadership, citizenship, and service to the Greek community. Order of Omega is a National Greek Honor Society.

#### Top 3 chapter GPA's for fall 2008

1. Delta Delta Delta
2. Chi Omega
3. Alpha Delta Pi

#### New member class GPA for 2009

1. Delta Delta Delta
2. Chi Omega
3. Pi Beta Phi

### A Note From Tam Dunn

Ladies,  
Congratulations to all of our sororities for the excellent Sing acts this year. Once again, you all continue to amaze me with your incredible creativity in developing your acts as well as the dedication of your members to practice countless hours to make this an extraordinary experience for everyone who attends. Most people do not realize the time and sacrifices that come in putting on a show of this caliber by students. I am grateful for all you do and am very fortunate to be able to work with such outstanding women. Make sure to get a good rest over spring break - you all deserve it!

Tam Dunn  
Associate Director of Student Activities for Greek Life



# Know MARCH 2ND - 5TH YOUR BodyIQ week

## Daily Activities

"A ROOM WITH A VIEW," Art Journaling, &  
"BATTLING EATING DISORDERS" Video  
All Day @ McLane SLC Lounge

Resource Table: All day @ McLane SLC and SUB Lobby

## Monday | March 2nd

**3:00 - 4:00 pm "TRASH THE FAT TALK" WALK**  
@ Baylor Cub Trail (Field behind the Science Building). *Wear your tennis shoes and join us for a positive and uplifting feel-good walk!*

Co-sponsored by: Delta Delta Delta

**7:00 - 8:15 pm "DIAGNOSING AND TREATING EATING DISORDERS AND RELATED BODY IMAGE ISSUES"** Remuda Ranch  
Speaker with David Rogers  
@ Baylor Kayser Auditorium



## Tuesday | March 3rd

**7:00 - 8:15 pm "EATEN ALIVE" with Eva van Dok**



@ Waco Hall (From the mind and heart of Broadway actress Eva van Dok comes a poignant, powerful, and often hilarious portrayal of 5 women struggling

to stay afloat in the emotional storm of an eating disorder.)

*\*Performance addresses: bulimia, obesity, depression, obsession, anorexia nervosa, and compulsive exercise.*

## Wednesday | March 4th

**12:00 - 1:00 pm "YOUR MIRROR IS A LIAR: MALE BODY IMAGE & THE ATTAINABLE SUPERMAN"**  
with Keith Frazee @ Bobo Spiritual Life Center.

- **FREE PIZZA** for the first 50 participants!!!

**5:00 - 6:30 pm "EAT WELL - LIVE WELL" PRESENTATION & COOKING DEMONSTRATION"**  
with Regina Mastin, RD and Monica Serra @ Family Consumer Sciences Building.

- Delicious food sampling
- Healthy goody bags for all participants

Program sponsored by: Team Body I.Q., Panhellenic, Campus Recreation/Fitness Department, Tri Delta, Division of Student Life

[www.baylor.edu/bodyIQ](http://www.baylor.edu/bodyIQ)

**BodyIQ**  
knowledge...health...to life!

Earn spirit points from your council by attending any of these interesting activities or programs!