

**Title:** The Abilene Paradox, 2<sup>nd</sup> Edition

**Production Company:**

CRM Learning

**Reorder Information:**

CRM Learning

1-800-421-0833

**Length:** DVD

**Synopsis:**

The “Abilene Paradox” is when groups of people take actions and contradictions to what they, as individuals, really want and end up defeating the very purpose they set out to achieve. The video demonstrates how the Abilene Paradox may apply to corporations, families, and even couples. The video discusses topics why people take actions contradicting their own beliefs and follow the consensus instead, which include an action anxiety, negative fantasies, the real risk, a fear of separation, and the confusion of fantasy and reality. Signs that you are taking such a trip to Abilene include placing blame on someone or something, collusion, and blaming the leader. To avoid an “Abilene Paradox,” consider the real risks and assess these risks, “own up” to your beliefs, and confront the group.