

Title: How to Give & Receive Criticism

Production Company: Briefings Publishing Group

Reorder Information: (703) 548-3800

Length: 18 Minutes

Synopsis:

Learn how to:

- Avoid confrontations by using the right words
- Pose questions to let others draw the right conclusions
- Harness your vocal power to build a supportive environment
- Focus on specifics to prevent criticism from being taken personally
- Accept criticism with a positive attitude
- Listen without judgment
- Make the most of another's criticism with one simple step
- Get into a problem-solving state of mind

Most people dread giving and receiving criticism because it goes against their natural desire to be respected and liked. But used properly, criticism can be a powerful tool to help you and others improve performance.