

B.S. in Education

Exercise Physiology

FRESHMAN YEAR-FALL

- ___ ENG 1302 Thinking and Writing
- ___ REL 1310 The Christian Scriptures
- ___ SOC 1305 Introduction to Sociology
- ___ MTH 1304 Pre-Calc or MTH 1321 Calculus I
- ___ Fine Arts (2-3 hours) (Art, Music, or Theater Arts)
- ___ HED 1145 Health and Human Behavior
- ___ Chapel-Forum

TOTAL: 15-16 hours

SOPHOMORE YEAR-FALL

- ___ PHY 1408 – Gen Phy Nat Behav Sci
- ___ HP 1420 Human Anatomy
- ___ FCS 2351 – Nutrition
- ___ PSY 1305 Introduction to Psychology
- ___ CSI 1303 or ISY 1305

TOTAL: 17 hours

JUNIOR YEAR - FALL

- ___ HP 2304 Advanced First Aid
- ___ HP 2420 Exercise Physiology
- ___ HP 2307 Biomechanics
- ___ HED 2331 Health Concepts and Competencies
- ___ PSC 2302 American Constitutional Government

TOTAL: 16 hours

SENIOR YEAR – FALL

- ___ HP 4371 Clinical Exercise Physiology
- ___ HP 4354 Principles of S&C
- ___ HP 4352 Exercise & Sport Nutrition
- ___ HP 4393 Fac Equip HHPR or BUS 3303 Man Comm
- ___ HP 4369 Psychology of Coaching

TOTAL: 15 hours

FRESHMAN YEAR-SPRING

- ___ ENG 1304 or ENG 3300
- ___ REL 1350 The Christian Heritage
- ___ HISTORY (3 hours)*
- ___ CHE 1300 Introductory Chemistry
- ___ CSS 1301 Fundamentals of Public Comm **or**
___ CSS 1302 Speech for Business & Prof
- ___ HP Activity 11___ (1 hour)
- ___ Chapel-Forum

TOTAL: 16 hours

SOPHOMORE YEAR-SPRING

- ___ PHY 1409 - Gen Phy Nat Behav Sci
- ___ HP 1421 Intro to Human Physiology (New Course)
- ___ HP 2306 Anatomical Kinesiology
- ___ ENG 2301, ENG 2304, or ENG 2306 World Literature
- ___ HP Activity 11_____

TOTAL: 15 hours

JUNIOR YEAR – SPRING

- ___ HP 3320 Fund Exercise Biochem
- ___ HP 3330 Research Methods Design EP
- ___ HP 4350 Principles of HFI
- ___ HP 4368 Motor Learning & Development
- ___ General Division Elective*
- ___ HP Activity 11___

TOTAL: 16 hours

SENIOR YEAR – SPRING

- ___ HP 4375 Ex Programming for Special Pops
- ___ General Division Elective*
- ___ General Division Elective*
- ___ HED 4V80 or HP 4V79 (6 hours)

TOTAL: 15 hours

TOTAL HOURS: 125-126

Note: This program has a comparable number of hours than other HP programs. Good students will have the option of finishing in 8 semesters. Students can take the internship in the summer if they wish or get behind and need another semester to complete coursework.

* General Division Electives must be approved by the academic advisor.