

# Interested in a Health-Related Career?

Health  
Division

Department of Health, Human Performance, and Recreation – Baylor University – Waco, TX

**THERE HAS NEVER BEEN A MORE EXCITING TIME FOR THE FIELD OF HEALTH EDUCATION...**

Since the U.S. Government officially recognized the profession in 1997, health educators have gained a reputation for excellence by effectively promoting health and quality of life among individuals in work, school, and community settings.

## Employment Options

Though some health educators continue to shape the world's future through public school teaching, many more work in a broader array of settings that includes health care facilities, voluntary health agencies, community organizations, pharmaceutical companies, and government agencies.

**Job Titles** Health educators are employed under a variety of job titles. Some examples include a health educator, health promotion specialist, public or clinical health educator, health information specialist, program director, outreach coordinator, patient or treatment adherence educator, health program manager, community organizer, health intervention specialist.

## Community Health

Baylor University offers a Bachelor of Science Degree in Education with a specialization in Community Health (124 credit hours). This degree prepares students to work in a variety of exciting health education settings.

**Course requirements** include a well-rounded foundation of

- basic studies that prepare our majors for success in the general workforce (social science, psychology, computers, etc.);
- health content courses that equip our majors with knowledge in a variety of areas (stress management, human disease, nutrition, etc);
- skills-based courses that focus on the nationally recognized competencies of the health education profession.

**Internship Opportunities** Community health majors culminate their learning experience with an internship in a community health setting where they apply what they've learned, gain real-world experience, and develop important support networks with potential employers.

**The CHES Exam** Program graduates are eligible to take a national exam to become a Certified Health Education Specialist (CHES).

## Meet the Health Division Faculty...

We are nationally recognized for our strong professional leadership and commitment to quality teaching and research. Our majors benefit from small class sizes that allow them to work side-by-side with the faculty in research and community projects.



Top: Dr. Eva Doyle, Ms. Loeen Irons, Dr. Rodney Bowden.  
Bottom: Ms. Bonnie Luft, Dr. Beth Lanning, Dr. Rusty Pippin.

Visit our web site (<http://www3.baylor.edu/HHPR>) or contact our program director: Dr. Beth, [Beth Lanning](#), 254/710-4027

## **B. S. Ed. in Community Health**

### **124 Total Credit Hours**

### **Degree and Course Requirements**

#### **I. General Requirements**

- A. Minimum 36 hours advanced (“3000” - “4000”) with at least 18 hours in residence
- B. Minimum 60 hours in residence including the last 30 hours
- C. Admission and Graduation Requirements (2.0 GPA overall in major)
- D. No course may be taken pass-fail.

#### **II. Basic Studies (63-72 semester hours)**

- A. ENG 1302, 2301, 3300, & one course: 2304 *or* 2306 (12 hours)
- B. HIS 2365 *or* 2366 (3 hours)
- C. Social Science (9 hours): PSY 1305, SOC 1305 and one of these: ANT 1305, SOC 1306, SOC 4315, or TED 3380
- D. PSC 2302 (3 hours)
- E. REL 1310 and 1350 (6 hours)
- F. Mathematics and Statistics (6-7 hours):  
3-4 hrs: QBA 2305, PSY 2402, STA 1380, or SOC 3402  
3 hrs: “1000+” Math Elective
- G. CSI 3303, 1430, *or* MIS 1305 (3 hours)
- H. CSS 1301 *or* 1302 (3 hours)
- I. Laboratory Science (8 hours): HP 1420 Human Anatomy, BIO 1402 Microbiology
- J. Fine Arts (art, drama, music) (3 hours)
- K. Foreign Language (3-11 hours) 3<sup>rd</sup> semester proficiency in single language must be achieved. See academic advisor for details.
- L. Activity HP (4 hours): HED 1145, HP 1134, & two additional 1-credit-hour activity electives
- M. Chapel (2 semesters)

#### **III. Major (45 semester hours)**

- A. HED Required Courses (24 hours): HED 2330, 2331, 3331, 3350, 3351, 4331, 4333, & 4355
- B. HED Restricted Electives (15 hours) from: HED 2313, 3313, 3314, 3317, 3320, 4321, 4327, 4340, *or* 4341
- C. Internship (6 hours, after HED required courses): HED 4V80

#### **IV. Restricted Electives (6 hours)**

Choose from ANT 3305, BUS 3303, ENV 2376 *or* ENV 4310, MGT 4350, MKT 3305, PSC 3322 *or* 4330, PSY 3310 *or* 4355, UST 2300

#### **V. Supporting Areas (3 hours or as needed to complete 124 hours)**

Choose from CCS 1100, EDP 4340, MGT 3305, MKT 3340, PSY 4312, SWO 3313 or 3382, SOC 4381 or 3322

*NOTE: Certain prerequisites may exist for supporting areas/restricted electives that may increase total hours needed for graduation. Students are responsible for prerequisites or for seeking permission from instructors to enroll in classes requiring such prerequisites.*

# B.S.Ed. in Community Health Degree

## Required HED Courses and Sequences\*

### Required HED Courses for Community Health Majors:

#### Core HED Courses (25 semester hours, includes HED 1145 as core HP activity):

HED 1145 Health and Human Behavior  
 HED 2330 Introduction to Community Health and Health Promotion  
 HED 2331 Health Concepts and Competencies  
 HED 3331 Program Planning in Health Education  
 HED 3350 Human Physiology for Allied Health Professionals  
 HED 3351 Epidemiology/Vital Statistics  
 HED 4331 Intervention Design in Health Education  
 HED 4333 Program Evaluation in Health Education  
 HED 4355 Human Diseases

#### 15 Semester Hours of Required HED Electives (choose 5 courses):

HED 2313 Consumer Health  
 HED 3313 Nutrition  
 HED 3314 Environmental Health  
 HED 3317 Mood Modifying Substances  
 HED 3320 Stress Management  
 HED 4321 Human Sexuality  
 HED 4327 Dying and Death Education  
 HED 4340 International Health Education  
 HED 4341 Cross-Cultural Health Communication

#### Required Internship (6 hours with permission, after HED courses):

HED 4V80 Professional Internship in Health (6 credit hours=320 contact hours)

### Suggested Course Sequence (note course prerequisites):

#### Year 1 Fall Semester

- HED 1145 Health and Human Behavior

#### Spring Semester

- HED 2330 Introduction to Community Health and Health Promotion

#### Year 2 Fall Semester

- HED 2331 Health Concepts and Competencies (Prerequisite: HED 2330)

#### Spring Semester

- HED 3331 Program Planning in Health Education [HE] (Prereq: HED 2330, 2331)
- HED 3350 Human Physiology for Allied Health Professionals
- 1<sup>st</sup> of 5 HED Restricted Electives

#### Year 3 Fall Semester

- HED 3351 Epidemiology/Vital Statistics (Prerequisite: HED 2330)
- HED 4331 Intervention Design in HE (Prerequisites: HED 2330, 2331, 3331)

#### Spring Semester

- HED 4333 Program Evaluation in HE (Prerequisites: HED 2330, 2331, 3331, 4331)
- HED 4355 Human Diseases (Prerequisite: HED 3350)
- 2<sup>nd</sup> of 5 HED Restricted Electives

#### Year 4 Fall Semester

- 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> of 5 HED Restricted Electives

#### Spring Semester

- HED 4V80 Professional Internship in Health (6 credit hours=320 “contact hours”)

\*See Four Year Planner and other sources for additional non-HED course requirements