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THE BAYLOR

impact
FROM ACTION COMES IMPACT



Dear Alumni and Friends:

Did you know that the School of Education houses one of the University's fastest-growing and most productive departments on the Baylor campus? Over the last four years, the Department of Health, Human Performance and Recreation (HHPR) has more than doubled the size of its undergraduate and graduate programs.

The HHPR department also serves the wider Baylor community by offering a variety of nonmajor human performance activity and health education courses that meet degree requirements for more than 3,500 Baylor students each semester.

In addition to the required content, students in all of these programs acquire critical skills through community-based education and internship programs and/or experiences in the various laboratory facilities:

- exercise and sport nutrition lab
- exercise and biochemical nutrition lab
- athletic training and sports medicine lab
- physical education/recreation lab
- health and wellness lab
- exercise physiology teaching lab

One of the department's newest initiatives, the creation of an Outdoor Adventure Living-Learning Center is highlighted in this issue of the *Impact*.

Visionary leadership by an outstanding faculty, superior academic programs, and significant increases in scholarship and grant funding obtained by the department attracts the highest quality students to the department's programs. We invite you to learn more about the Health, Human Performance and Recreation department at www.baylor.edu/HHPR.

Douglas W. Rogers
Interim Dean of the School of Education

Over 500 undergraduate and 120 graduate students pursue the following programs offered by the HHPR department:

Undergraduate Programs

- athletic training
- community health
- exercise physiology (formerly health/fitness studies)
- general studies
- health science studies (pre-med, pre-dental, pre-physical therapy, and other pre-health profession programs)
- physical education
- recreation and leisure services (church recreation and outdoor recreation)

Graduate Programs

- exercise physiology (strength and conditioning emphasis)
- health education
- sport management
- sport pedagogy
- exercise, nutrition, and preventive health (the nation's only doctoral program in this field)





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FROM ACTION COMES IMPACT



In the F¹IRST PERSON

My season at Baylor, pursuing a doctoral degree in educational psychology, was saying an internal "yes" to a great many fears as well as a time of birthing an internal spaciousness as broad and as beautiful as that great, huge Texas sky I came to love so well. It served as God's transforming preparation for the season of life and sacred calling I am now living as an author, teacher, and practitioner of behavioral medicine on faculty at a Family Medicine Residency Program in Tallahassee, Florida.

After completing my coursework at Baylor, I decided to head back home to Georgia to write my dissertation and prepare for whatever the next stop was to be in my nomadic career, and as I was driving away from Waco, literally, a whole new direction for my life was given.

My dearest friend, Kitty Crenshaw, flew out to help me make the long trek back home. It was somewhere between Waco and Tyler when God blew the hinges off our little trip plans and opened a horizon we couldn't have begun to imagine. We were laughing and musing and catching up on life when our thoughts and words turned toward our spiritual lives, and as always our spiritual mentor, Betty Skinner.

As we spoke of all that she had taught us and all the ways we were trying to put in practice and emulate her wisdom, Kitty very, very simply looked at me and said, "Cath, we have to write her story." Those six words were the true culmination of all that Baylor prepared me to do and to become. All of the writing, all of the

research, all of the work at Truett Seminary – all of it had been a sacred preparation for the most amazing odyssey and collection of miracles I have ever experienced. So, write her story we did and so, so much more.

We began by writing *The Hidden Life*, a book about Betty's transforming encounter with God written from the perspective of one who took the risk of total surrender and passed through the dark night of clinical depression into the ultimate mystery of divine union. Betty's remarkable story of perseverance and hope inspired not only the book but a CD of her prayers and a spiritual direction series on DVD that can be used individually or in groups. We have worked might and main for the past five years to develop materials that disseminate her wisdom and spiritual tools for growth.

It is our privilege to have been given the gift that came from Betty's suffering: a deep and abiding testimony to the existence of a Reality beyond our own, one that will transform the lives of those souls free and open enough to receive it. I use these materials every single day in my clinical practice, seeking to offer help and hope and spiritual direction to others as they walk their path of pain and suffering.

“CATH, WE HAVE TO WRITE HER STORY.”

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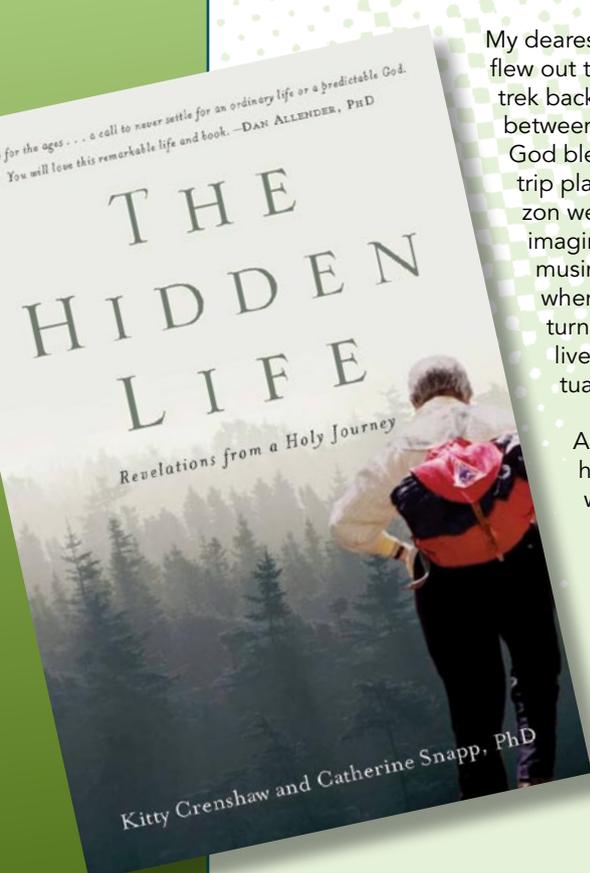
This hidden life has been lived in all the fullness of its pain and joy by our friend and spiritual mentor, Betty Skinner. Her intense yearning for God ultimately led her from terrible suffering with clinical depression into the place of promised peace and rest that we all long for.

I am grateful for all of the tools I learned at Baylor that have so richly equipped me for all of the writing, research, speaking, teaching, and counseling that I am doing now. It is all a sacred gift.

WEB *extra*

(To read an excerpt from *The Hidden Life*, visit *The Baylor Impact* Web site.)

Cathy was able to serve in an assistantship to fund her program. If you would like to find out about ways to assist students like her, please contact the School of Education's Development officer, Carol Menefee, at Carole_Menefee@baylor.edu or 800-BAYLOR-U, option 4.



THE HIDDEN LIFE
Kitty Crenshaw & Catherine Snapp, (PhD '02) Tallahassee, Florida

GEARING UP

For Literacy and Mathematics

Have you eaten a fraction lately? Do you like to let your imagination take an adventure? These are among the questions middle school students, adult learners, and Baylor students address while investigating mathematics and learning English through the GEAR UP Waco project (Gaining Early Awareness and Readiness for Undergraduate Programs). The program is possible through a six-year grant of \$11.3 million from the U.S. Department of Education, the largest grant to a university. It is Baylor's second award. The initiative partners Baylor with the Waco Independent School District and other agencies that prepare at-risk students academically and socially for college.

Learning English Among Friends (LEAF), a family literacy program created by Dr. Randy M. Wood, and Math Super Saturdays, developed by Dr. Trena Wilkerson, are programs offered through the 2006 GEAR UP Waco initiative. Baylor teacher education candidates are able to gain key educational experiences through these two community-based programs.

The grant will expand LEAF to six partner school sites. LEAF already has impacted more than 200 participants and received national recognition. After a core literacy class each week, families eat dinner, and a guest speaker makes a presentation about a topic of interest to participants (e.g.,



Earned Income Tax Credit, preventive health, etc.). LEAF helps parents learn English and how to help their students succeed in school by deepening their understanding of public education and post-secondary systems.

Math Super Saturdays, summer math camps, and teacher institutes provide experiences to make math engaging and relevant to each student, teacher candidate, and classroom teacher. In collaboration with the math department, this ensures that students have access to rigorous coursework to prepare them for post-secondary education. The first GEAR UP grant helped more than 800 middle school students, 30 teachers, and 60 Baylor students. The Texas State GEAR UP Initiative recognized this project in 2002 as an exemplary model program for school and university partnerships.

Visit the LEAF Web site at www.baylor.edu/soe/leaf to learn about how you can become involved in the program or call Dr. Wood at 254-710-2410. For more information about Math Super Saturdays, visit www.baylor.edu/soe/mathedlab or contact Dr. Wilkerson at 254-710-6162.

MASTER OF SCIENCE IN STUDENT SERVICES ADMINISTRATION:

A Successful Blend of Theory and Practice



Recent efforts to revamp and revitalize Baylor's master's degree in student services administration program are paying off. The fruit of this endeavor is especially apparent as recent graduates make headlines for their good work. The *Baylor Line*, for example, highlighted the contributions of Karin Klinger (MSEd '05) and Taryn Ozuna (BA '03, MSEd '05) in a fall 2006 story *Service Masters*. The story outlined how Klinger and Ozuna are putting theory into practice in their respective roles at Baylor as assistant director for student organization development and coordinator for multicultural activities.

"I never realized just how often I would use my theoretical training before becoming a professional in this field," said Klinger. "I see students every day in various developmental stages, am able to identify those stages, and adjust my messaging and work to meet their unique needs. It's very rewarding to see my education impacting my daily work." One of the major projects Klinger helps oversee is Steppin' Out, the University's community service program in which more than 2,500 students take part biannually.

Revisions to Baylor's student services graduate degree include an overall change to the curriculum, course sequence, and programmatic enhancements. The objective was to design a program for students who have leadership potential, a strong commitment to serving undergraduates, and the motivation to improve higher education. The program is open to qualified

students of all academic backgrounds who possess a bachelor's degree from an accredited higher education institution.

Students complete a 42-hour curriculum and a two-year assistantship within Student Life, which was the most noteworthy shift in the program. Assistantships are designed to complement the academic program with practical experience.

Since the academic program prepares students to be scholar-practitioners, courses are a shared responsibility of full-time Student Life administrators and the School of Education faculty. Coursework is taken in a cohort model and in a prescribed sequence that must be completed within 22 months. Each of these changes came from the intentional desire to blend educational theory and practical application. The Baylor program is known as the only one of its size that integrates faith and learning while preparing individuals to become practicing student life professionals in positions throughout the world.

The program has attracted a student cohort that represents diversity of ethnic and racial backgrounds. It is worth noting that with each cohort the average GRE score and average GPA have steadily increased.

During the spring semester of their second year, the University provides financial assistance for students to attend a national conference and interview for positions at other colleges and universities. Placement is another measure of success. Graduates of the program

OUTDOOR ADVENTURE

Living-Learning Center to Open



This fall, Baylor students will have the opportunity to merge their love for the outdoors with academics in an Outdoor Adventure Living-Learning Center (OA-LLC). The OA-LLC will focus on leadership, social, academic, and spiritual aspects of students' lives. The purpose of all Living-Learning Centers is to fuse personal growth with intellectual growth.

The OA-LLC is a joint venture between the Department of Health, Human Performance and Recreation; Campus Recreation; and Campus Living & Learning. Students in the program will be housed in the North Village Residential Community.

"What attracted me to the Outdoor Living-Learning Center was that I had gone on a trip with the (group). We went to Arkansas cave diving and rock climbing, and the people, the leadership graduate students, were amazing," said sophomore Jessica Belmares.

Students involved in the OA-LLC will take part in weekend outdoor trips, take classes together as a cohort, attend evening guest and faculty member lectures, participate in social events, and take part in a semester-long service project. These activities are designed to create a seamless learning environment that builds relationships, fosters insight, develops strengths, and helps students discover more about their passions.

The program is open to students from any major. Dr. Dale Connally, associate professor and director of the recreation and leisure services program, said, "Our majors will be better prepared for outdoor-related professions, and nonmajors will gain leadership skills that will help them to succeed in any profession."

More information can be found at www.baylor.edu/campusrec/oa/llc.



LET US AND OTHER ALUMNI KNOW WHERE YOU ARE AND WHAT YOU ARE DOING.



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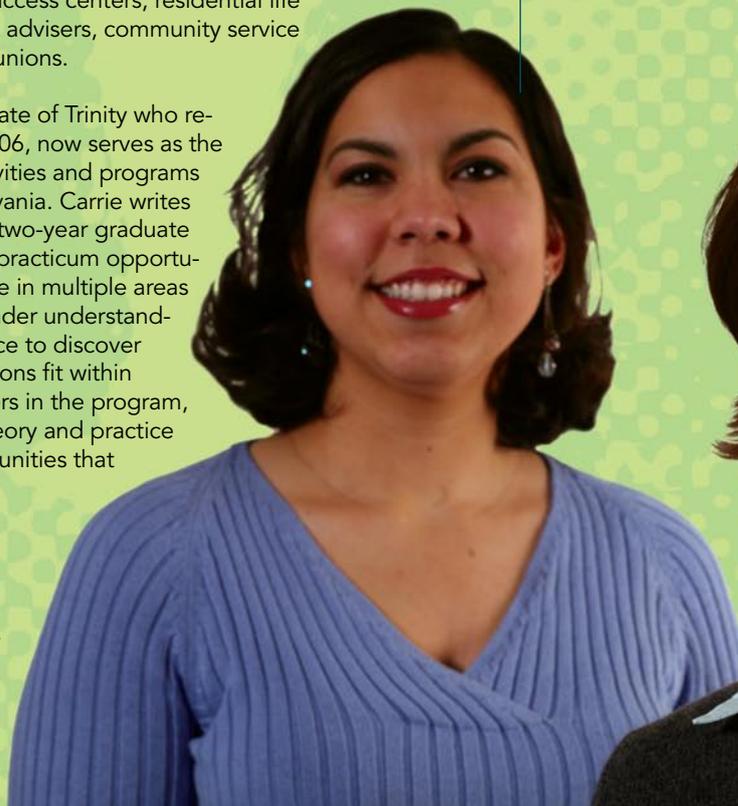


are currently employed as coordinators and directors of orientation programs, special performances, student success centers, residential life programs, intramurals, academic advisers, community service centers, Greek life, and student unions.

Carrie Powell Ingoldsby, a graduate of Trinity who received her master's degree in 2006, now serves as the assistant director of campus activities and programs at Bucknell University in Pennsylvania. Carrie writes that "in addition to an excellent two-year graduate assistantship, I have been given practicum opportunities to gain practical experience in multiple areas of Student Life, giving me a broader understanding of Student Life and the chance to discover how my own strengths and passions fit within this field." Carrie, like many others in the program, immersed herself in blending theory and practice to prepare herself for the opportunities that await her professionally.

Find out more about the master's in student services administration program at www.baylor.edu/soe/ed_admin/msed_studentservices.

TARYN OZUNA
(BA '03, MSED '05)



KARIN KLINGER
(MSEd '05)

