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### Making a Difference

As we enter into the second half of the spring semester, let me say thank you for your continued good work. Although the academic year has not been without its challenges, our ability to speak into the lives of our students on a daily basis, whether it be through the services we provide or the experiences we create, is making a difference. One such example of this is a conversation I had recently with a current Baylor Bear. He spoke of how meaningful his first three years had been and that he desired for his senior year to be a time to give back to the University and the Waco community. It was especially gratifying to hear him talk about his calling; describe how he is striving to live a life of wholeness; relate to being a part of and contributing to a caring community; and declare how he desires to be a person of positive influence both now and in the future. As you may recognize, these are our division strategic goals and to have a student relate them to me in their own words was nothing short of magnificent. And, this is just one of hundreds of conversations I have had that reinforces the importance of the work that we do.

Let me encourage you to keep the faith, remain strong, and run with endurance so that we can help our students, and ourselves, finish the semester strong and well.

My best,



Mid-Spring 2017 Newsletter





### New Staff



Delacy Carpenter

Delacy Carpenter is the new residence hall director in Teal Residential College. Delacy is originally from Georgia. She received her bachelor's degree in psychology from Georgia Southern University and her master's degree in community counseling from Columbus State University. Delacy served as a residence hall director at Sam Houston State University for two years. Last fall, Delacy was in Dublin, Ireland, working with Northeastern University's semester study abroad program. Delacy enjoys reading, theater, and hiking. Upon acceptance of her position, she wrote, "I am so excited to be making the move to Waco and to Baylor University! I'm glad to be back in an RHD role, working with students and helping them to learn and grow alongside other partners in the Teal Residential College. I am looking forward to new adventures at Baylor, and I can't wait to



**Brian Connor** 

Brian Connor began his position as the interim assistant residence hall director at University Parks Apartments on February 6. Brian is originally from Virginia and graduated from Baylor University last May with a BA in English. He also holds an associate's degree from Lord Fairfax Community College. During his time here as an undergraduate student, he was a member of the Transfer Year Experience LLC and also served as a Conference Assistant and Community Leader in University Parks Apartments. Brian's church home is Harris Creek; and he enjoys playing the piano, literature, and sports. To you he writes, "I'm excited to serve as the Assistant RHD out at UParks because it has been my home for the past 2 1/2 years as a student. In this new role I hope to be able to support the CLs anyway I can as well as encourage all the students who live at UParks to succeed and thrive at Baylor University. As a student, I was thankful for those who took time to invest in me and I look forward to being able to invest in the students at UParks!"



Kathleen Haas

Kathleen Haas is a new staff clinician and addictions specialist in Counseling Services. Prior to working at Baylor, Kathleen developed and provided outpatient mental health services for the Department of Navy with a special focus on marital and family resilience. Her extensive work in the mental health field includes many years of work in adolescent and family counseling and educational programming in community based substance abuse services. Kathleen's social work background has provided opportunity for specialized work with the Department of Immigration and the Department of Defense, working collaboratively with psychiatric and behavioral wellness teams. One of her favorite employment settings included a year as adjunct faculty for Social Work at Roberts Wesleyan College in Upstate New York. Kathleen and her husband, Wayne, are East Coast newcomers to Texas; and their son, Matthew, recently started college in Upstate New York. Kathleen began work on February 13.



**Heather Harris** 

Heather Harris (MED, LPC-S, NCC) is the new dialectical behavior therapy specialist in Counseling Services housed in the Dutton Specialist/Trauma Counseling Center. Harris is a PhD candidate (pending dissertation) at TAMU-Commerce and holds a master's degree in counseling and human development from Hardin-Simmons University. She began her career in counseling psychology working in forensic, trauma, and crisis intervention with victims of violent crime. After a brief season in private practice, Harris joined internationally recognized Meier Clinics (formerly Minirth-Meier Clinics) in Dallas. During her years with Meier Clinics, she was privileged to work alongside Christian psychiatrists and psychologists committed to treating the whole person: emotionally, physically, and spiritually. This three-part holistic approach in counseling continues to be her philosophy working with clients at Baylor.



**Amy Palacios** 

Amy is the new mental health appointment associate in the Counseling Center. She has worked at Baylor as a temp since August 2016 and was began her work as a full-time employee on February 27, 2017. Amy is from Waco. Her strengths are positivity, includer, dedicated, responsible, and learner. Her interests are playing softball, going on dates with her husband, and spending time with her family. She is a mommy of six beautiful kids, and she loves watching them grow and participate in all their sports and school events. She enjoys enjoys making crafts for my her kid's classroom, enjoy movie nights, and sitting around the fire roasting marshmallows.





### New Staff Cont.



Renita is the new mental health appointment scheduler in the Health Center. Renita has been living in Texas for seven years, originally from Los Angeles, California. She loves spending time with her husband and children, hiking, camping, riding bikes. Her personal hobbies are running and antique shopping. She is currently working on her bachelor's in social work at Tarleton through



Natalia Rubio

Natalia Rubio began her position as the interim assistant residence hall director at Collins Residence Hall on February 6. Natalia is originally from El Paso. She graduated from Baylor last May with a BA in psychology and a minor in corporate communication. During her years here as an undergraduate student she was a member of the Fine Arts LLC and served in many roles a peer leader, a Welcome Week leader, conference assistant, and community leader in Brooks Flats. Natalia attends Antioch Community Church and enjoys coffee, reading, and theater. To you she writes, "I am so excited to be joining the Collins team! This is such a unique opportunity to live and work alongside a large group of young women who are all striving to impact student lives, an opportunity I had been searching for for quite some time. I am really looking forward to seeing what God does for our team in these upcoming

Food Insecurity Working Group Launches Mobile Food Pantry

### WHAT IS FOOD INSECURITY?

### **FOOD INSECURITY**

A household-level economic and social condition of limited or uncertain access to adequate food. Recent results from a collaborative industry survey showed that as many as 48% of college students in the US are currently experiencing food insecurity, despite financial aid and campus food programs.

### **FOOD INSECURITY LEVELS**

	1-2	Moderate food security: Some level of concern or challenge accessing quality food.	21%
1	2.5	Low food security:	26%

Very low food security:

are negatively impacted.

22%



47% MODERATE-LOW FOOD INSECURITY



22% ACTIVELY HUNGRY WITH VERY LOW FOOD SECURITY

### INSECURITY HARMS EDUCATION



### INSECURITY PERSISTS DESPITE CONVENTIONAL MEANS OF SUPPORT



have meal plans

61% are using assistance programs

Nearly 70% may have some level of food insecurity

Financial aid generally falls short

Students struggle despite traditional support

**Hunger** impacts education





CES Works with Community Partners to Support Healthy Communities







ne head of cauliflower

T. coconut oil

/2 cup finely minced onion

4 t. ground cumin 1/4 c fresh cilantro

114 c presi citatio Salt and pepper, to taste Pulse the cauliflower into 'rice like' consistency. Heat oil on medium-high heat, saute onion until

weneer, add cumin, salt, and pepper. Then add cauliflower and cook for 3-5 minutes, stirring continuously. Remove from heat and stir in cilantro.

The Office of Community Engagement & Service teamed up with the Hispanic Chamber of Commerce and the Waco-McLennan County Public Health District in hosting a Healthy Hispanic Cooking demonstration during the Hearts & Homes Ladies Event, Saturday, February 25, sponsored by the Hispanic Chamber. CES featured Chef Juanita Barrientos of Happy Harvest as she presented three healthy recipes. The recipes included lentil tacos with tangy slaw with corn pico and easy cauliflower rice. AmeriCorps VISTA Henry Byoun, Damian Moncada, president of the Hispanic Student Association, and CES Student Director for Community Engagement, Sydnie Thomas, coordinated the assessment and student volunteer portion of the event. CES's Cooking Demonstrations are a part of the Healthiest Cities and Counties Challenges sponsored by the National Association of Counties, Aetna Foundation, and American Public Health Association. The next CES cooking demonstration will be held on Saturday, April 8, in conjunction with National Public Health Week and Baylor's Steppin' Out. To hear more about the April event, click on the link to Health Wise March 2017 program at <a href="https://wcc.tv/program/health-wise/">https://wcc.tv/program/health-wise/</a>.

### Bear Adventures: Youth Outdoor Adventure TPWD Grant



Through the Texas Parks and Wildlife Department grant partnership with Baylor Campus Recreation, Waco youth from Indian Spring Middle School and from the Mission Waco Afterschool program have been exploring Cameron Park and nearby state parks this spring. The Bear Adventures crew visited Fort Parker to go fishing for trout at the park's annual Trout Clinic. The students brought home their catch to make their families a delicious dinner. The crew also visited Reimer's Ranch where they went rock climbing and hiking in the beautiful hill country

of Austin. Another weekend, after the camp cooking lessons during the afterschool programs, students were able to test their skills at Meridian State Park where they cooked up skillet pizzas after spending the morning hiking around the lake. With the warmer weather, the youth

students will begin to learn mountain biking at Cameron Park from Baylor college students. The programs will also be invited to bring their families out to the Baylor Marina for a day on the Beautiful Brazos. The warmer weather and longer daylight hours are providing many op-







Who's Who was held on Friday, February 24, in Miller Chapel. Congratulations to all the 2017 recipients. For a list of this year's recipients, visit www.baylor.edu/student life/index.php?id=99443.





Outdoor Adventure Spring Break Trips 2017

# Outdoor Adventure

### **Spring Break Trips 2017**

Each fall and spring break, the Outdoor
Adventure team provides students with an
opportunity to learn and develop leadership skills
through safe and exciting outdoor experiences.
Students embark on week-long trips taking them
to some of the most spectacular parks and
wilderness areas our country has to offer. This
year was no exception!

### STUDENT ADVENTURERS

57

students who spent their Spring Break climbing, hiking, and paddling.

## STUDENT

14

trained, Outdoor Adventure student guides assisting on one of the 6 trips.

### 2 IF BY LAND...

200

miles hiked on trails in the Grand Canyon and Paria Canyon, and paddling the Pecos River in Texas.

### CLIMB ON!

80

routes climbed in Joshua Tree NP.



















### NSP Summer 2017 Program Dates

	NSP Summer 2017 Pro	gram Dates
Orientation	Session 1	June 7-8
	Session 2	June 8-9
Combination Sessions	June 12-16	June 12-13 is Orientation portion
(OR+BLC)	June 13-17	June 13-14 is Orientation portion
, ,	June 19-23	June 19-20 is Orientation portion
	June 20-24	June 20-21 is Orientation portion
Orientation	Session 7	June 26-27
	Session 8	June 27-28
	Session 9	June 28-29
	Session 10	June 29-30
Baylor Line Camp	Session 5	July 11-14
	Session 6	July 12-15
	Session 7	July 18-21
	Session 8	July 19-22
	Honors Camp	July 25-28
	Engineering & Comp. Sc.	July 26-29
	Outdoor Adventure	July 22-29
August Orientation		August 16
Welcome Week & Transfer	Welcome Week	August 17-20

Session 1	Day 1		Day 2	
	Wednesday	June 7	Thursday	June 8
2	Thursday	June 8	Friday	June 9
3	Monday	June 12	Tuesday	June 13
4	Tuesday	June 13	Wednesday	June 14
5	Monday	June 19	Tuesday	June 20
6	Tuesday	June 20	Wednesday	June 21
7	Monday	June 26	Tuesday	June 27
8	Tuesday	June 27	Wednesday	June 28
9	Wednesday	June 28	Thursday	June 29
10	Thursday	June 29	Friday	June 30
August	Wednesday	August 16		





### 2017 NASPA and AAHB Presentations



1. Patterson, M. S., Goodson, P., & Gagnon, L. (March 19-22, 2017). The role of ego networks in compulsive exercise behavior among college women. Selected as a poster presentation at the American Academy of Health Behavior (AAHB) 17th Annual Meeting. Tuscon, AZ.

2. Patterson, M. S., Richardson, R., & Jackson, K. (March 11-15, 2017). *Identifying areas of strength and weakness in campus programming, education, and training: A net-*



work analysis. Selected as an oral presentation at the National Association of Student Personnel Administrators (NASPA) 99th Annual Conference. San Antonio, TX.

3. Roshak, J., Madsen, S., & Patterson, M. S. (March 11-15, 2017). *Using social network analysis to evaluate and understand student success: A case study of students in recovery.* Selected as an oral presentation at the National Association of Student Personnel Administrators (NASPA) 99th Annual Conference. San Antonio, TX.

### Cub Corner



Beck August Patterson was born on December 3, 2016! He weighed 6 pounds, 12 ounces, and measured 20.5 inches long. The proud parents are Clint and Megan Patterson.

