February 27 - March 5, 2017

Monday Healthy Tip from Monday Campaigns

Do you have GRIT? Remember there are multiple pathways to success, know when and how to ask for help, work hard even when you fail or want to quit, and stay passionate about your purpose. Join on a journey where we learn to dream big, believe in yourself, and face challenges with grace and tenacity.

Register for Intramural Sports

Monday Healthy Tip from Monday Campaigns

Eating an adequate breakfast may help you avoid overeating throughout the day, lead to better weight management, and improve your mood. The best breakfasts are simple and quick, such as oatmeal, yogurt, or eggs. Try www.eatingwell.com/recipe/272389/greek-yogurt-with-fruit/.

GRIT Workshops

On Wednesday, we will present our screen to the campus. Are you ready to learn the strategies that can help you achieve your goals? GRIT training will start at 8 a.m. from a variety of workshops on campus. To learn more, go to www.businessdependence.com/GRIT/.

Men's Tennis vs. UCF

Monday, February 27, 3 p.m., Noord Tennis Center

Men's Basketball vs. West Virginia

Monday, February 27, 7 p.m., Ferrell Center

Baylor School of Music Events

Monday, February 27, 6:15 p.m., Lupton Center, with compliments of the Lyceum Series: Master Classes with Frank Morelli (bassoon), 11:15 a.m. in Jones Concert Hall, and 5 p.m. and 8 p.m., 2015. For more information, visit www.baylor.edu/music.

Movie Mondays at the Hippodrome

Monday, February 27, 7 p.m., the Hippodrome. Free tickets for entry are available at www.baylor.edu/tickets. For information about Monday Healthy Tip, visit MondayHealthyTip.com.

Baylor School of Music Events

Tuesday, February 28, 7:30 p.m., Baylor School of Music Events. For additional information and future screenings, visit www.baylor.edu/music.

WasteSmart Campaigns

Monday, February 27 - March 5, 2017

Women's Tennis vs. Old Dominion

Tuesday, March 7, 2 p.m., Noord Tennis Center

Equine Ten: vs. Auburn

Friday, March 3, 3 p.m., Studeo Family Equine Center

Baylor Pharmacy Announcement

Baylor Pharmacy is contracted with most prescription insurance plans, so you can bill them directly and your charges are conveniently covered.

SMU vs. Uconn

Tuesday, February 28, 3:30 p.m., O’Keefe Center

Relay for Life: McAllister’s Chilli-Teen Night

Tuesday, February 28, 4-6 p.m., McAllister’s to support the American Cancer Society. Pay for patient waste, feel free to bring your own reusable grocery bag. For more information, visit www.baylor.edu/health_center.

Mobile Food Pantry

Thursday, February 27, 11 a.m.-2 p.m. at the Mobile Food Pantry. For additional information, visit www.baylor.edu/health_center.

Tuesdays

Baylor School of Music Events

Tuesday, March 7, 3:30 p.m., Baylor School of Music Events. For additional information, visit www.baylor.edu/music.

Baylor School of Music Events

Wednesday, March 1, 7:30 p.m., Baylor School of Music Events. For additional information, visit www.baylor.edu/music.

Women's Tennis vs. UCLA

Monday, March 6, 7 p.m., Noord Tennis Center

EQUITY EVENTS AND INFORMATION

Register for Intramural Sports

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Baylor Pharmacy Announcement

Baylor Pharmacy offers a range of services to ensure your health and well-being. Our pharmacists can answer your questions about medications, provide advice on how to manage your illness, and help you make the most of your prescription benefits.

My HEALTH

My HEALTH is designed to give members access to the Tactical Center. Do the right thing and get ahead of health issues. By logging into My HEALTH, you can quickly see the services you have access to and get information about the things you can do to improve your health and well-being.

Stay Connected to Campus Events


If you have any questions you would like to see appear in What’s New BU, submit them to What’s New@baylor.edu.