Monday Healthy Tip from Monday Campaign

Stay active and you'll feel better! When you're feeling down, try to do something physical. Take a walk, ride a bike, or go for a swim. Focusing on your body can help you feel better in body and mind. #MondayMotivation

**Outdoors Adventure Programs**

Baylor Outdoor Adventure Programs has a wide variety of opportunities for students, including Baylor student tickets, click here for more information.

**The Martin Museum of Art Hosting Conference of Earth & Mind**

The Martin Museum of Art is hosting a conference of Earth & Mind from January 16 - 22, 2017. The conference will explore the intersection of art and science through a series of lectures, workshops, and exhibitions. Visit the Martin Museum of Art website for more information.

**Focus Magazine Interest Meeting**

If you're interested in starting a new magazine or publication at Baylor, visit the Focus Magazine website for more information and to sign up for the November 22, 2016 meeting.

**Baylor School of Music Events**

Visit the Baylor School of Music Events website for more information on upcoming events.

**Outdoor Adventure Programs**

Baylor Outdoor Adventure Programs offers a variety of outdoor adventure programs for students, including Baylor student tickets, click here for more information.

**Health Center Immunization and Flu Shot Command Center**

Visit the Health Center Immunization and Flu Shot Command Center website for more information.

**Summer Semi-Annual Sale at the Baylor Bookstore**

Visit the Baylor Bookstore website for more information on the semi-annual sale.

**Christian Business Leaders (CBL) Interest Meeting**

Christian Business Leaders (CBL) is a Christian group for students interested in business. Visit the CBL website for more information.

**Baylor Student Life Celebration**

Baylor Student Life is celebrating the achievements of its students. Visit the Baylor Student Life website for more information.

**Baylor Student Government (BSG) Open House**

Baylor Student Government is hosting an open house for students interested in learning more about BSG. Visit the BSG website for more information.

**Baylor University  Waco, Texas 76798  1-800-229-5678**

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