

On the Baylor Horizon.....a publication of the Division of Student Life

Christian Business Leaders Hosting Canned Food Drive to Support Shepherd's Heart Food Pantry

Monday, November 14, to Wednesday, November 16. Drop-off bins will be placed at the entrances of Foster. It only takes one can to make a difference for someone's Thanksgiving. For additional information, contact CJ_Foster@baylor.edu.

Movie Mondays at the Hippodrome

Join for a screening of the inspirational documentary *Life, Animated* on *Monday, November 14*, 7 p.m. at the Waco Hippodrome. Free tickets for entry are available at www.baylor.edu/tickets. For additional information and future screenings, visit www.baylormoviemondays.com/ or contact student_union@baylor.edu.

Baylor School of Music Events

Monday, November 14: Campus Orchestra: Michael Alexander (conductor), 7:30 p.m. in Jones Concert Hall

Tuesday, November 15: Baylor Symphony Orchestra: Stephen Heyde (conductor), 7:30 p.m. in Jones Concert Hall

Thursday, November 17:

- Early Music Ensembles: Jann Cosart (conductor), 5:30 p.m. in Armstrong Browning Library
- Jazz Ensemble: Alex Parker (director), 7:30 p.m. in Jones Concert Hall

For additional information, visit www.baylor/music or call 254-710-3571.

13th Movie Showing

Monday, November 14, 8:30 p.m. in the Bobo Spiritual Life Center. This documentary, hosted by Baylor Missions, focuses on the way that the 13th amendment impacts racial injustices within the criminal justice system today. Watch the trailer at www.youtube.com/watch?v=V66F3WU2CKk&feature=youtu.be. Popcorn and drinks will be provided. For additional information, contact Alexis_Carlsson@baylor.edu.

Baylor in London FIE Information Session

Wednesday, November 16, 3:30-4:30 p.m. in Hankamer, Room 260, CGE Classroom. For additional information, contact Lexi_English@baylor.edu or call 254-710-1258.

All-University Thanksgiving Dinner and Fall Festival

Wednesday, November 16, 4:30-8 p.m. at Fountain Mall. Join Student Government, Student Foundation, Chamber, and Baylor Dining Services for free food, games, and fun. In case of rain, the dinner will be moved to Penland and East Village, and Fall Festival will be moved to Marrs McLean Gym. For additional information, contact Hallie_Hillebrand@baylor.edu or Stephen_Gentzel@baylor.edu.

Chalk Talk

Thursday, November 17, 12:30 p.m. at the SUB Den. Come enjoy free food and hear Baylor football players breakdown the upcoming home game. Chalk Talk is a great way

to engage in campus spirit. For additional information, contact Clint_Patterson@baylor.edu.

GRIT Workshop

Do you have GRIT? Grit is remembering there are multiple pathways to success, knowing when and how to ask for help, working hard even after you experience failure, or feel like quitting and staying passionate about your purpose even when it is hard. Join to learn more ways that you can get gritty and achieve your goals. Each week will cover different topics. The next session will be held on *Thursday, November 17*, 4 p.m. in the McLane Student Life Center, Room 308. The topic will be "What is Self-Care? Get tips and tricks for recharging in the busiest times. For additional information, contact Sarah_Ritter@baylor.edu or Teran_Yaklin@baylor.edu.

My HEALTH

My HEALTH is your online portal for access to the Health Center. Go to www.baylor.edu/health_center and click on MY HEALTH in the upper right corner. Log in using your Bear ID (firstname_lastname) to make appointments, receive secure messages, print immunization records, and sign up to receive a reminder text message one hour before your next appointment. Give it a try today.

Monday Healthy Tip from Monday Campaigns

Each workweek seems to start with an electronic barrage of emails, text messages, and online posts. This added stimuli can scatter our attention, making it difficult to concentrate. With practice, however, you can learn to improve your focus and tune out distractions. Use this breathing exercise to help center your concentration. Visit www.destressmonday.org/sharpen-your-focus/.

SUPPORT BAYLOR ATHLETICS

Women's Basketball vs. UCLA

Monday, November 14, 6 p.m., Ferrell Center

Men's Basketball vs. Oregon

Tuesday, November 15, 2:30 p.m., Ferrell Center

Men's Basketball vs. Florida Gulf Coast

Friday, November 18, 7 p.m., Ferrell Center

Football vs. Kansas State

Saturday, November 19, 11 a.m., McLane Stadium

Women's Basketball vs. Mississippi Valley State

Sunday, November 20, 2 p.m., Ferrell Center

For additional information on gameday for students, including Baylor student tickets, visit www.baylor.edu/students/gameday/index.php?id=867021.

Sic 'em Bears!

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Wednesday at 8 a.m.* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at <http://www.baylor.edu/calendar/>.

View past issues of *On the Baylor Horizon* at http://www.baylor.edu/student_life/index.php?id=83704.