# Bachelor of Science in Education - Health, Kinesiology & Leisure Studies (HKLS)

**A Suggested Sequence of Required Courses (2016-2017 Catalog)**

## Freshman Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 Chapel (CHA 1088/UNV 1000)</td>
<td>0 Chapel (CHA 1088)</td>
</tr>
<tr>
<td>1 HED 1145 <em>Health and Human Behavior</em></td>
<td>3 History* (see reverse)</td>
</tr>
<tr>
<td>3 REL 1310 <em>The Christian Scriptures</em></td>
<td>3 REL 1350 <em>The Christian Heritage</em></td>
</tr>
<tr>
<td>3 SOC 1305 <em>Introduction to Sociology</em></td>
<td>3 Computer Science* (see reverse)</td>
</tr>
<tr>
<td>3 ENG 1302 <em>Thinking and Writing</em></td>
<td>3 ENG 1304 <em>Thinking, Writing and Research</em></td>
</tr>
<tr>
<td>2-3 Fine Arts (art, music or theater arts)</td>
<td>1 LF 1134 or HP 2102</td>
</tr>
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Total: 15-16  
Total: 16

## Sophomore Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Spring</th>
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<tbody>
<tr>
<td>3 ENG 2301 <em>British Literature</em></td>
<td>3 PSY 1305 <em>Introduction to Psychology</em></td>
</tr>
<tr>
<td>3 CSS 1301 or 1302 <em>Public Communication</em></td>
<td>4 <em>Laboratory Science</em> (see reverse)</td>
</tr>
<tr>
<td>4 HP 1420 <em>Human Anatomy</em></td>
<td>3 <em>HHPR Elective</em> (see reverse)</td>
</tr>
<tr>
<td>3 History* (see reverse)</td>
<td>3 ENG 2304 or 2306 <em>American Lit. or World Lit.</em></td>
</tr>
<tr>
<td>2 General Elective*** (see reverse)</td>
<td>3 General Elective*** (see reverse)</td>
</tr>
<tr>
<td>1 LF 11__</td>
<td>1 LF 11__</td>
</tr>
</tbody>
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Total: 16  
Total: 17

## Junior Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Spring</th>
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<tbody>
<tr>
<td>3 HED Elective** (see reverse)</td>
<td>3 HED Elective** (see reverse)</td>
</tr>
<tr>
<td>3 HP Elective** (see reverse)</td>
<td>3 HP Elective** (see reverse)</td>
</tr>
<tr>
<td>3 RLS Elective** (see reverse)</td>
<td>3 RLS Elective** (see reverse)</td>
</tr>
<tr>
<td>3 HHPR Elective** (see reverse)</td>
<td>3 HHPR Elective** (see reverse)</td>
</tr>
<tr>
<td>3 General Elective*** (see reverse)</td>
<td>3 General Elective*** (see reverse)</td>
</tr>
</tbody>
</table>

Total: 15  
Total: 15

## Senior Year

<table>
<thead>
<tr>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 HED Elective** (see reverse)</td>
<td>3 PSC 2302 <em>American Constitutional Devp't</em></td>
</tr>
<tr>
<td>3 HP Elective** (see reverse)</td>
<td>3 General Elective*** (see reverse)</td>
</tr>
<tr>
<td>3 RLS Elective** (see reverse)</td>
<td>3 General Elective*** (see reverse)</td>
</tr>
<tr>
<td>3 General Elective*** (see reverse)</td>
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<td>3 General Elective*** (see reverse)</td>
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</tr>
</tbody>
</table>

Total: 15  
Total: 15

All students must graduate with a minimum of 124 hours, 36 of which must be at the 3000/4000 level.

Please see reverse side for important information on general requirements.  
Updated 05/2016
HKLS in HHPR Notes

* Basic Notes:

Computer Science - Choose from the following courses

- MIS 1305 Intro. to Inform. Technology & Processing
- CSI 1430 Intro. to Computer Science I with Lab.
- CSI 3303 Information Technology

History - Choose from the following courses

- HIS 1305 World History thru the Fourteenth Century
- HIS 1306 World History from 1400-1750
- HIS 1307 Modern World Civilization since 1750
- HIS 2365 History of the United States to 1877
- HIS 2366 History of the United States since 1877

Laboratory Science - Choose from the following courses

- BIO 1401 General Biology
- CHE 1405 Chemistry and Society
- ENV 1301 Introduction to Environmental Studies
- ENV 1101 Env. Studies Lab
- GEO 1401 Earthquakes and Other Natural Disasters
- GEO 1402 World Oceans
- GEO 1403 Environmental Geology
- GEO 1405 The Dynamic Earth
- PHY 1405 General Physics
- PHY 1455 Descriptive Astronomy

Mathematics - Choose from the following courses

- MTH 1301 Ideas in Mathematics
- MTH 1308 Pre-Calculus for Business Students
- MTH 1320 Pre-Calculus Mathematics
- MTH 1321 Calculus I

Sociology (Other courses may be approved by advisor)

**Major Notes:

HED Recommendations (choose 9 hours from the following courses)

- HED 2313 Consumer Health (spring)
- HED 3313 Nutrition
- HED 3314 Consumer Health
- HED 3314 Environmental Health
- HED 3317 Mood-Modifying Substances
- HED 3320 Stress Management
- HED 4321 Human Sexuality
- HED 4327 Dying and Death Education
- HED 4331 Wellness Intervention & Health Promotion (fall)

HP Recommendations (Choose 9 hours from the following courses)

- HP 2304 Advanced First Aid
- HP 2306 Kinesiology
- HP 2420 Exercise Physiology
- HP 3346 Elementary School Human Performance
- HP 3388 Adapted Human Performance (fall)
- HP 3388 Leisure and Lifestyle Well-being (fall)
- HP 3389 Lead & Facilitation in Leisure Serv. (fall)
- HP 3382 Risk Management in HHPR (spring)
- HP 4368 Motor Learning and Motor Development (spring)
- HP 4369 Psychology of Coaching
- HP 4370 Successful Coaching
- HP 4372 Sociology of Sport
- HP 4393 Facilities and Equipment in HHPR
- HP 4396 Religion and Sport

RLS Recommendations (Choose 9 hours from the following courses)

- RLS 1396 Introduction to Leisure Services
- RLS 2301 Camp Counseling and Administration (fall)
- RLS 2388 Leisure and Lifestyle Well-being (fall)
- RLS 2389 Lead & Facilitation in Leisure Serv. (fall)
- RLS 3301 Outdoor Adventure Activities (spring)
- RLS 3302 Prog. Planning in Leisure Services (fall)
- RLS 3382 Risk Management in HHPR (spring)
- RLS 3382 Risk Management in HHPR (spring)
- RLS 4301 Outdoor Education (fall)
- RLS 4331 Meanings, Culture, and Philosophy of Am. Landscapes
- RLS 4391 Leisure Service Management (fall)
- RLS 4393 Facilities and Equipment
- RLS 4395 Principles of Church Recreation (spring)
- RLS 4396 Leisure Services for Persons w/ Disabilities (spring)

HHPR Electives (Choose 9 hours of professional courses within the HHPR Department)

Courses can be also from any 3000-level demonstration teaching (1000-level activity courses cannot be chosen) as well as the following courses: HP 1202 First Aid; HP 1233 Water Safety Instructor; HP 1236 Dance Choreography; RLS 1234 Canoeing Instructor; RLS 1235 Sailing and Canoeing Instructor.

***General Elective Notes:

31-32 semester hours to be taken from any academic unit in the University excluding HHPR