

On the Baylor Horizon.....a publication of the Division of Student Life

Register for Baylor Formation Winter Retreat

For additional information or to register, visit

www.baylor.edu/spirituallife/index.php?id=870523. The Baylor Winter Retreat for first and second year students will take place on *Friday, January 29, to Sunday, January 31*, at Balcones Springs in Austin. This retreat will be a great opportunity to take a short break from your daily routines and the stresses of school to spend time focusing on the themes of rest, fellowship, and exploration.

Student Activities Hosting Dr Pepper Hour for Student Organizations

Looking for a way to market your student organization this semester? Student organizations are invited to host Dr Pepper Hour on *Tuesday, February 2, 3-4 p.m.* Meet new and returning students, publicize your organization, and recruit new members. Reserve your organization's spot online at <https://orgsync.com/96545/forms/175614>, by *Tuesday, January 19, at 5 p.m.*

Better Together BU First Interest Meetings

Tuesday, January 12, and Wednesday, January 13, 4 p.m. in the Bobo Spiritual Life Center. The #bettertogetherbu movement is starting. Join a national network of people who are passionate about interfaith dialogue, working together to solve global issues, and becoming better leaders and citizens. For additional information, visit www.baylor.edu/spirituallife/index.php?id=929076.

Dr. Martin Luther King Jr. Events

Friday, January 15:

- MLK Day Spaghetti Lunch, 11 a.m.-1 p.m. at St. Luke Ame. The cost is \$5. For additional information, call 254-733-5261.
- Annual Wreath Laying Ceremony, 12 noon at the MLK Park. The keynote speaker will be Reverend Anthony Burrus. Seating is available. For additional information, call Coque Gibson at 254-722-1274.

Saturday, January 16, and Sunday, January 17: MLK Lunch Prep with Campus Kitchen, 2-4 p.m. at Penland Crossroads. You may sign up at www.hotugc.eventbrite.com.

Monday, January 18:

- MLK Lunch Prep with Campus Kitchen, 9 a.m.-12:30 p.m. at Penland Crossroads. You may sign up at www.hotugc.eventbrite.com.
- Annual March and Wreath Laying, 9 a.m.-12 noon at the Suspension Bridge. No cost. This event is sponsored by Zeta Phi Beta Sorority, Inc, and Waco NAACP.
- Mission Waco Play and Lunch Discussion, play at 10 a.m. and lunch discussion at 12 noon at the Jubilee Theatre. No cost. Reserve your ticket by calling 254-753-4900.
- Urban Gardening Coalition MLK Day of Service, 11 a.m.-2 p.m. at various gardens. Lunch will be provided. You may sign up at www.hotugc.eventbrite.com.
- Annual MLK Candlelight Vigil, 6 p.m. at the MLK Park. Bring a candle. Seating is available. The keynote speaker will be Reverend E. Shaun Williams. For additional information, call Coque Gibson at 254-722-1274.

Wednesday, January 20:

- MLK Celebration Luncheon, 12 noon-1:30 p.m. at the Paul L. Foster Campus for Business and Innovation, Room 250. Tickets are \$20. For additional information, call Multicultural Affairs at 254-710-6948.
- MLK Evening Event, 6-8 p.m. at the Paul L. Foster Campus for Business and Innovation, Room 250. This event is free to the public. For additional information, call Multicultural Affairs at 254-710-6948.

Experience Prague

Prague is one of the most beautiful cities in Europe with a rich history and culture. Baylor in Prague is a unique study abroad program offering three courses which cannot be taken on the Baylor Campus. Check out the Baylor in Prague brochure at https://bearsabroad.baylor.edu/index.cfm?FuseAction=Programs.ViewProgram&Program_ID=10159. For additional informational information, contact Michael_Long@baylor.edu.

My HEALTH

My HEALTH is your online portal for access to the Health Center. Go to www.baylor.edu/health_center and click on MY HEALTH in the upper right corner. Log in using your Bear ID (firstname_lastname) to make appointments, receive secure messages, print immunization records, and sign up to receive a reminder text message one hour before your next appointment. Give it a try today.

Monday Healthy Tip from Monday Campaigns

This week, try meditation. When your mind wanders gently bring your focus back to your breath and sit for as long as you're comfortable!

http://www.destressmonday.org?utm_source=Healthy+Monday+Tips&utm_campaign=9f08e7281e-HM_Newsletter_1_410_1_2015&utm_medium=email&utm_term=0_b96fa14bc8-9f08e7281e-67421335.

Hot Opportunities

Student Dining Advisory Committee Applications

Applications are now being accepted for Student Dining Advisory Committee for Spring 2016. Time commitment is three meetings of about an hour each. For Spring 2016, meetings will be on Wednesdays (January 20, February 24, and April 13), 4-5 p.m. This is your opportunity to hear about new things from Baylor Dining and to speak into improvements for on-campus dining processes and programs. There will be free food samplings and/or giveaways at each meeting. For additional information or application materials, contact Jim_Broaddus@baylor.edu.

Baylor Urban Missions Opportunity

Baylor Urban Missions is seeking volunteers for some of their weekly service teams. They have teams that tutor school aged children, play kickball, visit the elderly, or make crafts with people with special needs. If you are interested in serving with a team, visit www.baylor.edu/missions or contact Carole_Meriwether@baylor.edu.

SUPPORT BAYLOR ATHLETICS

Women's Basketball vs. West Virginia

Tuesday, January 12, 7 p.m., Ferrell Center

Men's Basketball vs. TCU

Wednesday, January 13, 7:15 p.m., Ferrell Center

Women's Tennis vs. McNeese State

Thursday, January 14, 2 p.m., Hurd Tennis Center

Women's Tennis vs. UTRGV

Thursday, January 14, 6 p.m., Hurd Tennis Center

For additional information on gameday for students, including Baylor student tickets, visit www.baylor.edu/students/gameday/index.php?id=867021. Keep up with the Bears online at BaylorBears.com and follow on social media @BaylorAthletics for the latest news and information.

Sic 'em Bears!

If you have items you would like to see appear in *On the Baylor Horizon*, submit them for consideration by *Wednesday at 8 a.m.* to StudentLife@baylor.edu. You can find the most up-to-date calendar information at <http://www.baylor.edu/calendar/>.

View past issues of *On the Baylor Horizon* at http://www.baylor.edu/student_life/index.php?id=83704.